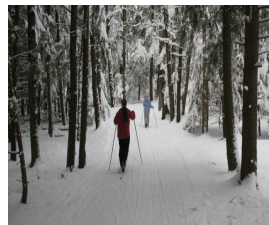


## Twin Brook

The Twin Brook Recreation Facility is a four season park that has grown in use and amenities over the years and now covers over 250 acres. There are over 22 acres of mixed athletic fields, baseball and softball fields, soccer fields, restroom facilities and more than 4 miles of wooded walking trails. In the winter months, many trails are groomed for cross country skiing. Twin Brook is in use



from sun up to sun down by people doing anything from walking their dogs, riding bikes and running the trails to flying kites, playing soccer and eating their lunch.

New for 2013, Twin Brook is now home to a 9 hole Disc Golf Course. Please see Recreation website for more details [www.cumberlandmaine.com](http://www.cumberlandmaine.com)

Twin Brook hosts multiple local and regional events and activities. During the fall, numerous cross country running events are held at the facility. Twin Brook was home to the New England High School Cross Country Championships for Boys and Girls in the Fall of 2012 and is scheduled to host the High School State Cross Country Championships in the Fall of 2013



Of course, it would not be fall without the annual Labor Day Soccer tournament bringing over 3000 people to watch and play soccer over the course of the weekend.



Horse Trails are located around the perimeter of the fields on the Tuttle Road side of the park seasonally, and all year on the gravel road from Tuttle Road through to Greely Road.

Horses are not allowed on the woods trails.

**In winter months,  
dogs are not allowed on the groomed skiing trails  
on the Tuttle Road side of the park.**

For Booking Information, please contact  
Peter Bingham

At the Cumberland Recreation Department, 207-829-2208

### Abbreviated Park Rules

- The use, consumption or sale of alcoholic beverages, tobacco products or illegal drugs at Twin Brook facilities is prohibited.
- The only motorized vehicles permitted in or on Twin Brook facilities are maintenance vehicles.
- Dogs must be on a leash or under the control of the person in charge of the dog at all times, provided that all dogs must be leashed while in the areas of the playing fields when games or practices are in progress. **Dogs are not allowed on the playing fields at any time. Owners are responsible for cleaning up after their dogs.**
- Horses may be ridden along the perimeter of pasture area but not on the playing fields or the trails. Owners are responsible for cleaning up after their horses.
- Mountain biking is permitted only when trails are firm and there are no running or skiing events scheduled.
- Activities such as kiting, model rocket and model airplane flying should take place in open pasture locations well away from any organized activities. The use of incendiary devices, defined as any object or substance likely to cause fires, including explosives, firecrackers, fireworks, and sparklers is prohibited.
- Twin Brook Recreation Area is open to the Public and requests the Publics assistance in keeping our Park clean. Please throw all refuse, including pet waste, into the trash receptacles which are located throughout the park.
- The facilities shall be open from 6:00 AM until 9:00 PM - April 1<sup>st</sup> – October 31<sup>st</sup> and from 6:00 AM until 6:00 PM - November 1<sup>st</sup> – March 31<sup>st</sup> annually.
- No nighttime use shall be permitted without the express written permission of the Cumberland Recreation Department.

**Full Rules & Policies can be found at  
[www.cumberlandmaine.com](http://www.cumberlandmaine.com)**



Any vehicle  
remaining after park hours will be ticketed and/or towed  
at owner expense.

## Twin Brook Recreation Facility

**185 Tuttle Road  
Cumberland, Maine 04021**

### Trail Map



Christopher Bolduc,  
Director of Operations

Ted Bosarge, III,  
Park Superintendent

Laura Neleski, Administrative Assistant Public Services  
207-829-2220

Peter Bingham,  
Recreation Superintendent & Facility Scheduler

Cindy Stennett, Administrative Assistant Recreation  
207-829-2208

Brian Bickford,  
Director of Val Halla/CE&R

### Park Hours

**6:00 AM until 9:00 PM April 1<sup>st</sup> – October 31<sup>st</sup>**

**6:00 AM until 6:00 PM November 1<sup>st</sup> – March 31<sup>st</sup>**



