

# Ocean View Menu Selections

## MONDAY

Mushroom Barley Soup (*df*) ~ House Salad~ Fresh Fruit Cup (*gf,df*)  
Vegetable & Whole Grain Buddha Bowl (*gf,df*)  
Raspberry Balsamic Chicken (*gf,df*)  
Honey Cornbread ~ Crimson Coleslaw (*gf,df*)~ Peas (*gf,df*)  
Baked Custard (*gf*), Cookies and Ice Cream Selections  
Sugar Free & Gluten Free Available

## TUESDAY

Chicken & Wild Rice Soup (*gf*)~ House Salad~ Fresh Fruit Cup (*gf,df*)  
Baked Stuffed Haddock  
Barbeque Baby Back Ribs (*gf,df*)  
Brown Rice Pilaf ~Spinach Chopped Salad (*gf,df*) ~ Baked Beans (*gf,df*)  
Pineapple Upside Down Cake, ~ Cookies and Ice Cream Selections  
Sugar Free & Gluten Free Available

## WEDNESDAY-

Broccoli Cheese Soup ~ House Salad~ Fresh Fruit Cup (*gf,df*)  
Roast Beef Rib Eye au Jus (*gf,df*)  
Seafood Newburg  
Yukon Gold Mashed Potatoes ~Wax Beans (*gf,df*)~ Zucchini (*gf,df*)  
Lemon Blueberry Streusel Pie, Cookies and Ice Cream Selections,  
Sugar Free & Gluten Free Available

# April 29- May 5, Week 1

## THURSDAY

Italian Wedding Soup ~ House Salad~ Fresh Fruit Cup (*gf,df*)  
Lamb Meatloaf  
Mushroom Purses in Broth  
Baked Potato (*gf,df*) ~ Summer Squash (*gf,df*)~ Fresh Asparagus (*gf,df*)  
Brownie a la Mode ~ Cookies and Ice Cream Selections  
Sugar Free & Gluten Free Available

## FRIDAY

Corn Chowder ~ House Salad~ Fresh Fruit Cup (*gf,df*)  
Spaghetti and Meatballs  
Mussels with Vermouth Cream & Tarragon (*gf*)  
Garlic Bread~ Broccoli (*gf,df*)~ Roasted Mushrooms (*gf,df*)  
Strawberry Rhubarb Crisp, Cookies and Ice Cream Selections,  
Sugar Free & Gluten Free Available

## SATURDAY BREAKFAST

Baked Pastry Selection  
Fresh Berries (*gf,df*), Greek Yogurt  
(*gf*)  
Old Fashioned Oatmeal (*gf,df*)  
Blueberry Pancakes  
Scrambled Eggs (*gf,df*)  
Chef's Special Breakfast  
Bacon, Sausage (*gf,df*)~

## SUNDAY BRUNCH

Cream of Celery Soup ~ House Salad~  
Fresh Fruit Cup (*gf,df*)  
Roast Beef Tenderloin (*gf,df*)  
Salmon with Mustard & Herbs (*gf,df*)  
Classic Eggs Benedict  
Whipped Potato  
Cauliflower (*gf,df*) ~Green Beans(*gf,df*)  
Lemon Meringue Pie  
Sugar Free & Gluten Free Available