





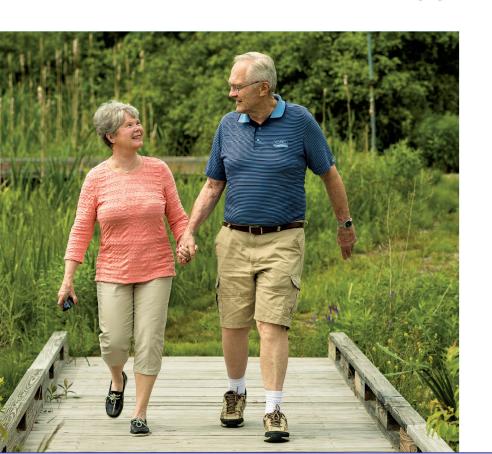
It's about life. It's about time.

As a resident of OceanView, you have more

time to enjoy life because you'll have fewer

responsibilities associated with the upkeep

and maintenance of your home and property. That



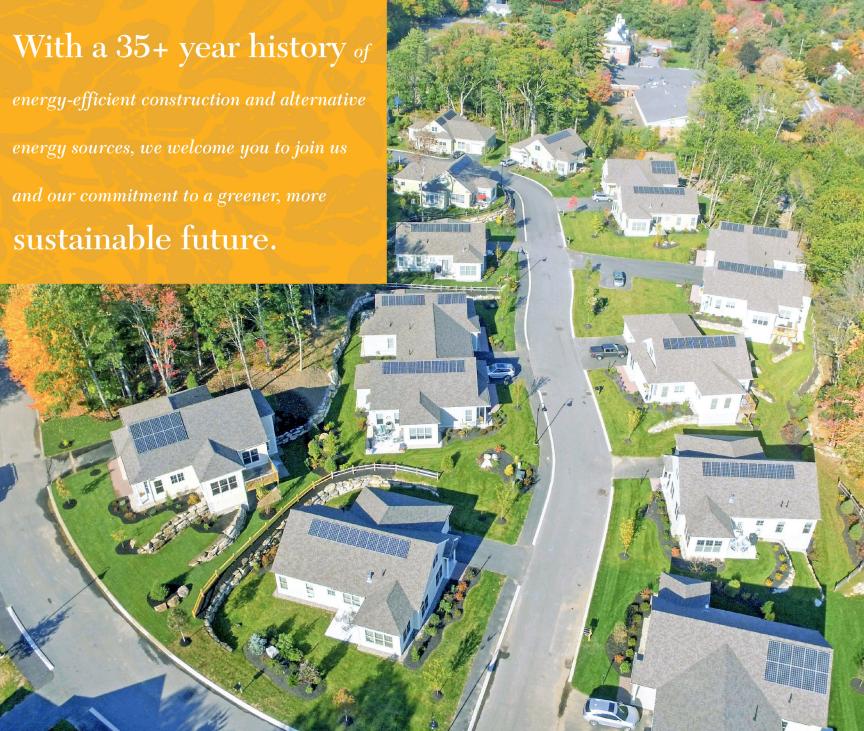
means more time

to spend on the things

you love and the

things you'll learn.







Personal growth is an essential part of life at OceanView. We offer a variety of programs that are designed to enrich your life experience.



At OceanView, community is everything – while respecting your desire for independence and privacy.



he character of a community is ultimately defined by those who live in it. OceanView is a wonderfully diverse group of independent, active, and friendly people from all parts of the country and all walks of life. There are also many residents from the greater Portland area with family and friends nearby.

involved in the planning, development, and operation of OceanView, with a special focus on sustainability and smart growth. It is this level of commitment that earned him the Governor's Award for Business Excellence.

Although OceanView is an adult community, it feels a lot like a neighborhood, situated on wooded hillside. Choosing between living in a cottage or apartment is entirely up to you — your lifestyle and interests will help you decide which will feel most comfortable.

OceanView is also defined by the vision of its builder and owner, John Wasileski. A resident of Maine and an active community leader, Mr. Wasileski has more than 35 years' experience in the design and development of adult communities in Maine. He is closely



Five beautiful acres of conservation land on campus, with trails and benches for enjoyment in any season.



Experience Portland, Maine - catch an island-hopping ferry cruise on Casco Bay or shop and dine in the historic Old Port.

ceanView has created an environment where you can continue to grow personally, and at your own pace. You may choose from a variety of stimulating classes, lectures, and excursions to museums, theaters, concerts, and more. We're just minutes from an abundance of cultural activities because OceanView is only a few short miles from downtown Portland, Maine's largest city. And on campus, with everything from movies in our Screening Room, to painting classes, hiking clubs, and bridge groups, we have something for everyone.

Health and wellness are also a central part of the OceanView community, with exercise programs such as strength training, water aerobics, yoga, and tai chi offered on a frequent schedule.





Stay fit with a wide variety of exercise classes in our new, state-of-the-art Fitness Pavilion, our 4-season heated salt water pool with a unique retractable cover, or individually with one of our personal trainers.

A sense of belonging.

A sense of community. Good neighbors make good friends at OceanView.







OceanView's comprehensive health care
advocacy and case management provides
a supportive link between Independent Living
and our Care Continuum, providing
peace of mind for the future for every resident.





ceanView is situated on more than 80 acres of beautifully wooded and landscaped property overlooking Casco Bay in Falmouth, Maine. Scattered throughout our hillside campus are 148 cottages and 125 apartments in the interconnected Blueberry Commons and Lodge buildings. Within these independent residences you'll find a wide choice of homes of varying sizes and layouts, with the option to customize further if you like.

Our Wellness Director's proactive health care advocacy services allow for an individualized response to each resident's situation should care needs arise.

On-campus resources in our care continuum include:

PRO - OceanView's own personal care agency,

Falmouth House Assisted Living, and Legacy

Memory Care.



The Whipple Farmhouse is one of three dining venues on campus, featuring a delicious, restaurant-style menu in a 1756 saltbox with a beautiful stone patio and gas firepit.







There are so many ways to measure the value of OceanView.

Some might say it's the friendly, welcoming community.

For others, it's the location in southern Maine with your choice of

beautiful cottages and apartments. Some might say it's the

emphasis on wellness and the variety of stimulating programs. Others say it's the community's commitment to sustainability. OceanView residents know it's the sum of all these advantages that defines the true value of OceanView.





Ocean View

Menu of Services

Activities and Residential Affairs

- Speakers, theater programs, musical concerts, seminars, travelogues, and intergenerational programs
- Van transportation and ticketing assistance to local attractions, social, sporting, and cultural events
- Day and overnight trips
- Screening Room with cinema seating for movies, lectures, viewing events, streaming, and cable channels
- Cocktail hours and seasonal parties
- Travel concierge exclusive booking agent
- Discussion, hobby, and book groups
- Bridge, mahjong, and poker groups
- Bible fellowship, non-denominational
- Community Council

Fitness Services

- Fitness Pavilion with certified personal trainers
- 40+ fitness classes per week, like strength and balance, cardio, dance, yoga, tai chi, water aerobics, and more
- Golf FORE Life program free access to multiple local courses
- Initial and annual fitness assessments

Health Care Management

- RN Wellness Office hours
- Weekly lab services on-campus
- Support/advocacy with medical transitions, emergencies, and discharge planning
- Assisted living and memory care priority transitions
- ◆ 24-hour emergency nursing coverage at Falmouth House
- Annual health review
- Balance and blood pressure screenings
- ♦ FOX Rehab PT/OT on-campus and in-home
- Enhanced home health care options PRO
- Emergency response system in every home
- Visiting massage therapist, podiatrist, and hearing aid service
- Registered dietitian for nutrition consultation

Administrative Services

- On-campus ATM and banking hours
- Newspaper, package, and medication delivery
- Fax, scanning, priority mail, and light administrative services
- ♦ On-campus notary
- Private business meeting space

Services and Amenities

- Campus shuttle to classes and events
- Weekly trips to shopping venues with store-to-door delivery
- Personal transportation program
- ♦ METRO bus to Falmouth center and Portland
- Garages above and underground
- Full-time 24-hour emergency maintenance
- ♦ Non-business hours security service
- Landscaping, lawn and garden care
- Snow removal, shoveling, salt/sanding, and winter car care
- Housekeeping and laundry service
- Salon and spa services

- Heated 4-season saltwater pool with retractable enclosure, "endless" water jets, and hot tub with therapeutic jets
- Function spaces available for private use
- ♦ Guest suite
- Library with water views, gas fireplace, and computers
- Wireless internet access hotspots
- Garden beds and walking trails
- Community patio, firepit, gazebo, courtyard, and balconies
- Woodworking shop
- Game room with pool tables, table tennis, darts, card table, shuffleboard table, tournaments, and more

Dining Options

- Main Dining Room
- Whipple Farmhouse fine dining
- The Gazebo Grille Café
- Good-to-Go meal delivery
- Catering for private functions

Priority Waiting List - \$2,500 Deposit

PWL members receive:

- Priority notification of cottage and apartment availability with unlimited penalty-free refusals
- Some access to activities, events, and exercise classes on campus
- Community updates emailed monthly

Voice: (207) 781-4460 · Fax: (207) 781-4479 · www.oceanviewrc.com

Ocean View Palmouth Central Palmouth

Financial Information for Apartments

Effective September 1, 2024

Main Lod	ge Proj	per
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1 bedroom, 1 bedroom/den,2 bedroom, 2 bedroom/den deluxe

Entrance Fee

\$280,000 - \$545,000

Monthly Fee

\$3,073 - \$3,887 per month; \$1,173 per month for 2nd person

- Included: Gold Meal Plan (60 credits per month per person)
- Resident is responsible for: electricity, telephone, cable TV, internet services
- Parking: carport and parking garage spaces for additional entrance fee, if available

Hilltop Lodge & Main Lodge Expansion

1 bedroom, 1 bedroom/den,2 bedroom, 2 bedroom/den

Entrance Fee

\$505,000 - \$830,000

Monthly Fee

\$3,603 - \$4,134 per month; \$1,542 per month for 2nd person

- Included: Gold Meal Plan (60 credits per month per person), electricity, heat, air conditioning
- Resident is responsible for: telephone, cable TV, internet services
- Parking: carport and parking garage spaces for additional entrance fee, if available

Blueberry Commons & Fitness Pavilion

1 bedroom, 1 bedroom/den,2 bedroom, 2 bedroom/den,2 bedroom/den deluxe

Entrance Fee

\$620,000 - \$1,016,000

Monthly Fee

\$3,140 - \$4,450 per month; \$899 per month for 2nd person

- Included: BBC Meal Plan (16 credits per month per person), electricity, heat, air conditioning
- Resident is responsible for: telephone, cable TV, internet services
- Parking: one parking garage space is included

Carports (detached garage): \$25,000 • Parking Garage (attached): \$45,000

Schoolhouse Cottages	Entrance Fee	Monthly Fee
2 bedroom/den, 2 bedroom/den with loft,2 bedroom/den with loft and basement	\$826,000 - \$1,108,000	\$2,647 - \$2,679 per month; \$879 per month for 2nd person
	- •	
Whipple Farm Cottages	Entrance Fee	Monthly Fee
2 bedroom, 2 bedroom/den,	\$653,000 - \$1,215,000	\$2,572 - \$2,603 per month;

Classic Cottages (formerly Cottages II/III)

2 bedroom, 2 bedroom/den

3 bedroom/den, 4 bedroom/den

Entrance Fee

\$500,000 - \$770,000

Monthly Fee

\$2,422 per month; \$741 per month for 2nd person

\$879 per month for 2nd person

For all cottages:

- Included: **Cottages Meal Plan** (8 credits per month per person), attached garage (options for 1 or 2 vehicles)
- Resident is responsible for: propane gas, electricity, telephone, cable TV, internet services
- ◆ Cottages with solar panels will be billed monthly by OceanView for electricity charges.

For all cottages and apartments:

- The Monthly Fee pays for the community's operational expenses and certain supportive services.
- Operational expenses include management, water, sewer, property taxes, insurance, interior and exterior maintenance of buildings for cottages and apartments, reserved parking, groundskeeping, landscaping, trash collection, custodial care, and snow removal. For apartments, snow removal includes car care.
- **Supportive services** include on-site registered nurse, health care management, 24-hour emergency call service, housekeeping, mobile security patrol, van transportation options, a robust activities program, and priority access to Falmouth House assisted living and Legacy Memory Care.

Prices Subject to Change



Main Lodge

at • Ocean View



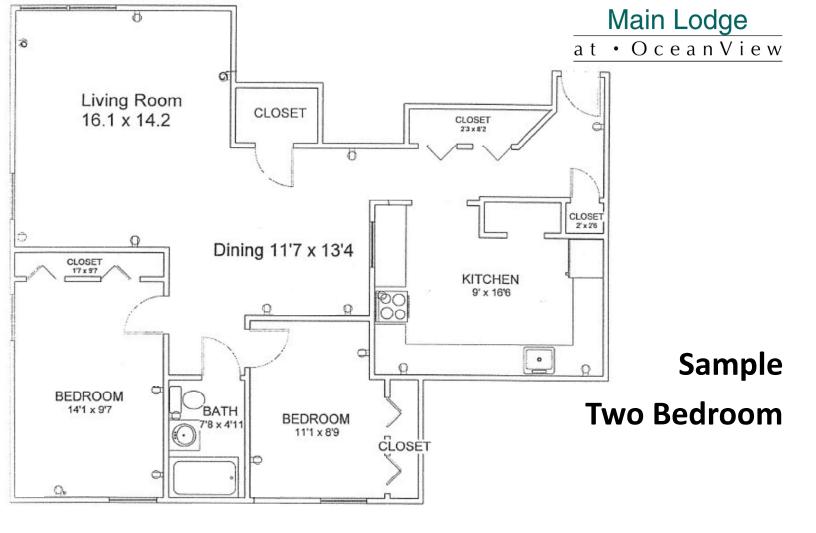
- 520 to 1,350 sq. ft.
- 1 or 2 bedrooms
- 1 or 2 bathrooms
- In-unit storage

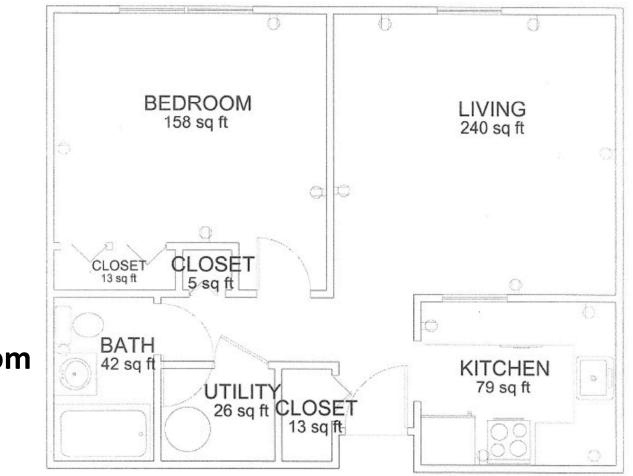
- Reserved parking
- Some in-unit laundry
- Winter car care
- Convenient to dining

See floor plans and a video tour: oceanviewrc.com/homes/lodge









Sample
One Bedroom

Main Lodge Expansion

at • Ocean View



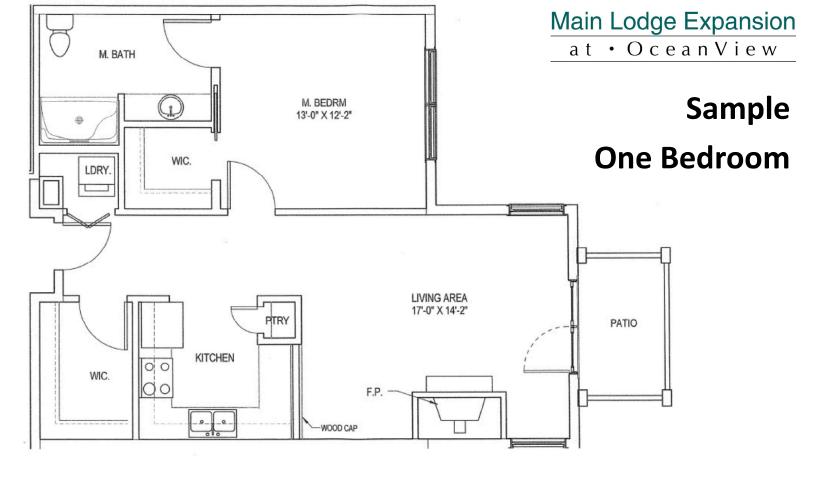
- 800 to 1,625 sq. ft.
- 1 or 2 bedrooms
- 1, 1.5, or 2 bathrooms
- Balconies or patios
- Gas fireplaces

- Reserved parking options
- In-unit laundry
- Air conditioning
- Views of Casco Bay

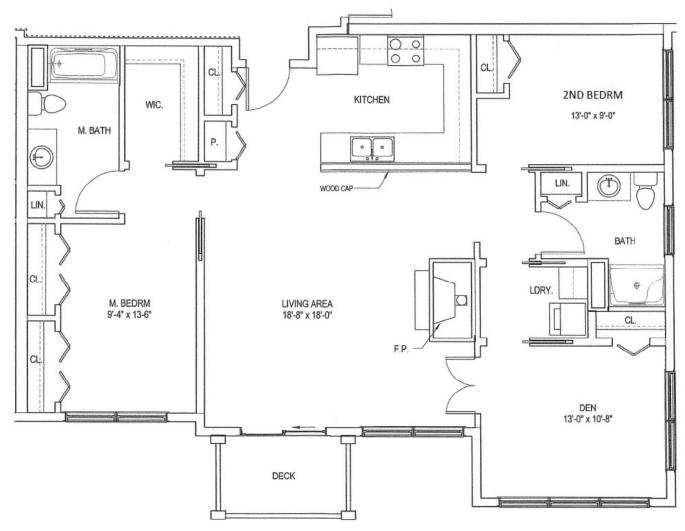
See floor plans and a video tour: oceanviewrc.com/homes/expansion







Sample Two Bedroom with Den



Hilltop Lodge

at • Ocean View



- 800 to 1,550 sq. ft.
- 1 or 2 bedrooms
- 1, 1.5, or 2 bathrooms
- Some gas fireplaces

- Reserved parking options
- In-unit laundry
- Air conditioning
- Easy access to all buildings

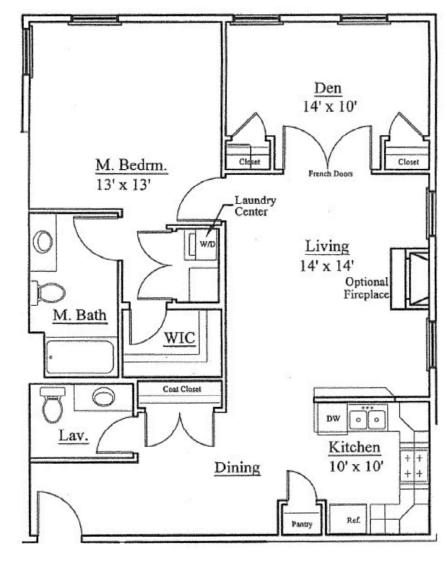
See floor plans and a video tour: oceanviewrc.com/homes/hilltop



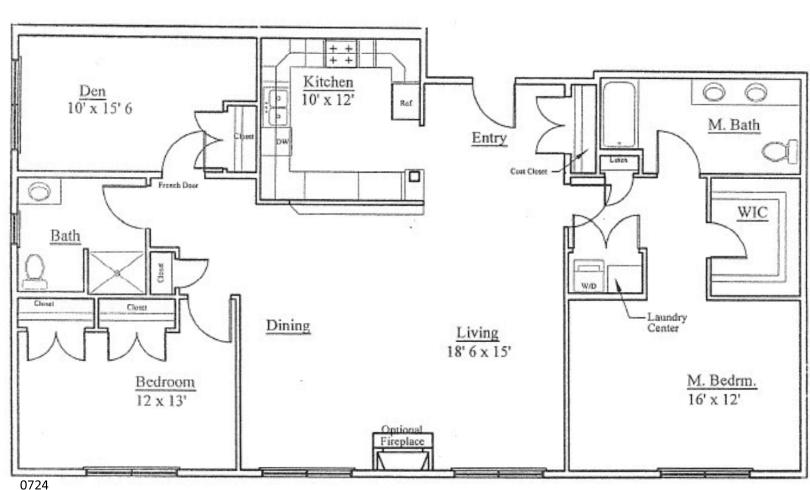


Hilltop Lodge at · Ocean View

Sample One Bedroom With Den



Sample Two Bedroom With Den Deluxe



Blueberry Commons

at • Ocean View



- 1,100 to 1,800 sq. ft.
- 2 or 3 bedrooms
- 1, 1.5, or 2 bathrooms
- Balconies or patios
- Gas fireplaces

- Underground parking included
- In-unit laundry
- Air conditioning
- 9-foot ceilings

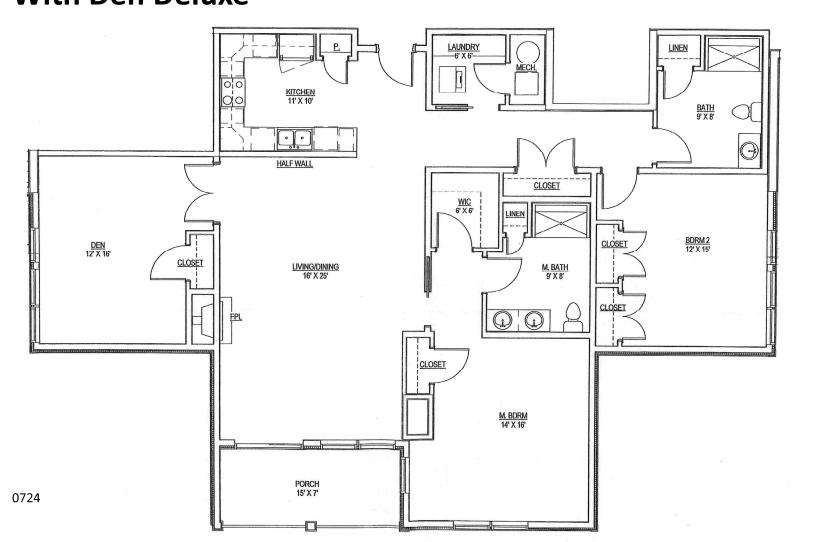
See floor plans and a video tour: oceanviewrc.com/homes/blueberry







With Den Deluxe



Fitness Pavilion

at • Ocean View



- 1,150 to 1,300 sq. ft.
- 1 or 2 bedrooms
- 1.5 or 2 bathrooms
- Balconies
- Some gas fireplaces

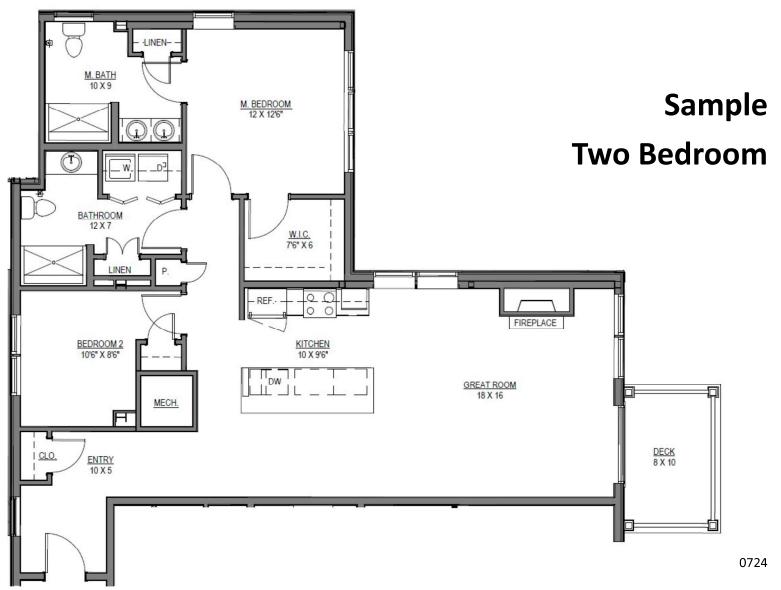
- Underground parking included
- In-unit laundry
- Air conditioning
- Our newest apartments

See floor plans and a video tour: oceanviewrc.com/homes/fitness-pavilion









Schoolhouse Cottages

at • Ocean View



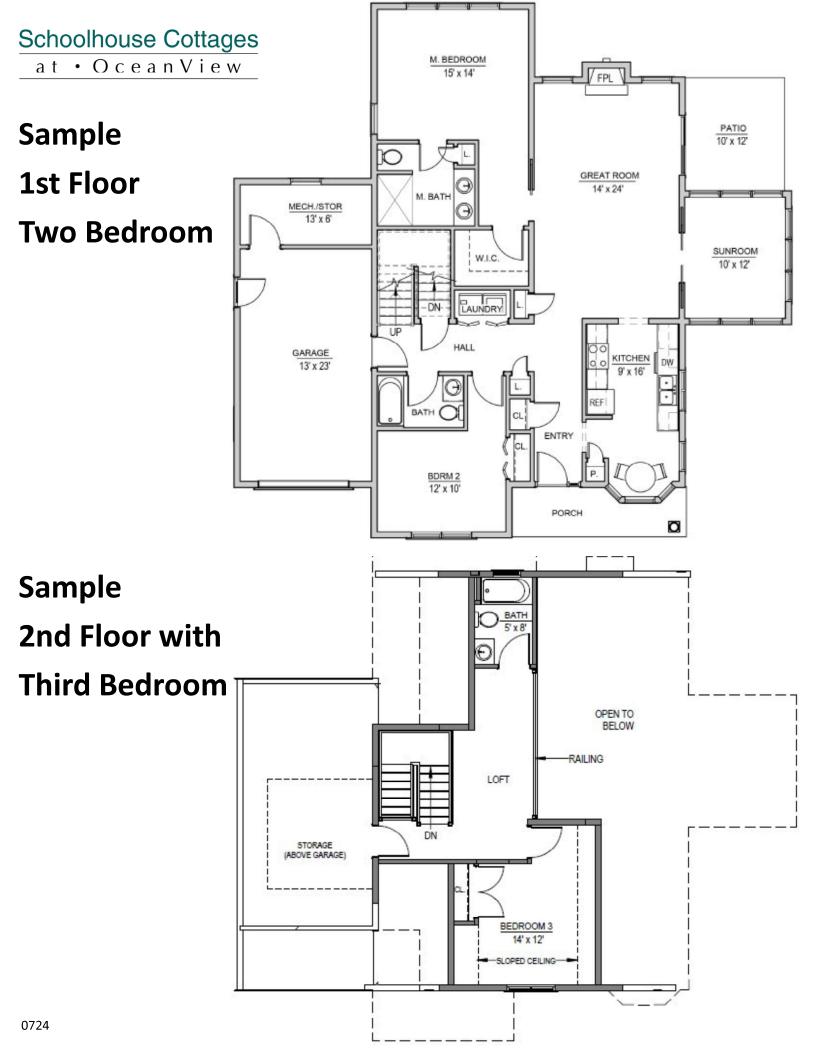
- 1,500 to 2,300 sq. ft.
- 2 or 3 bedrooms
- 2 or 3 bathrooms
- Four-season sunrooms
- Some gas fireplaces

- One and two-car garages
- Some air conditioning
- Automatic full-service generators
- Some finished basements and lofts
- Solar panels

See floor plans and a video tour: oceanviewrc.com/homes/schoolhouse







Whipple Farm Cottages

at • Ocean View



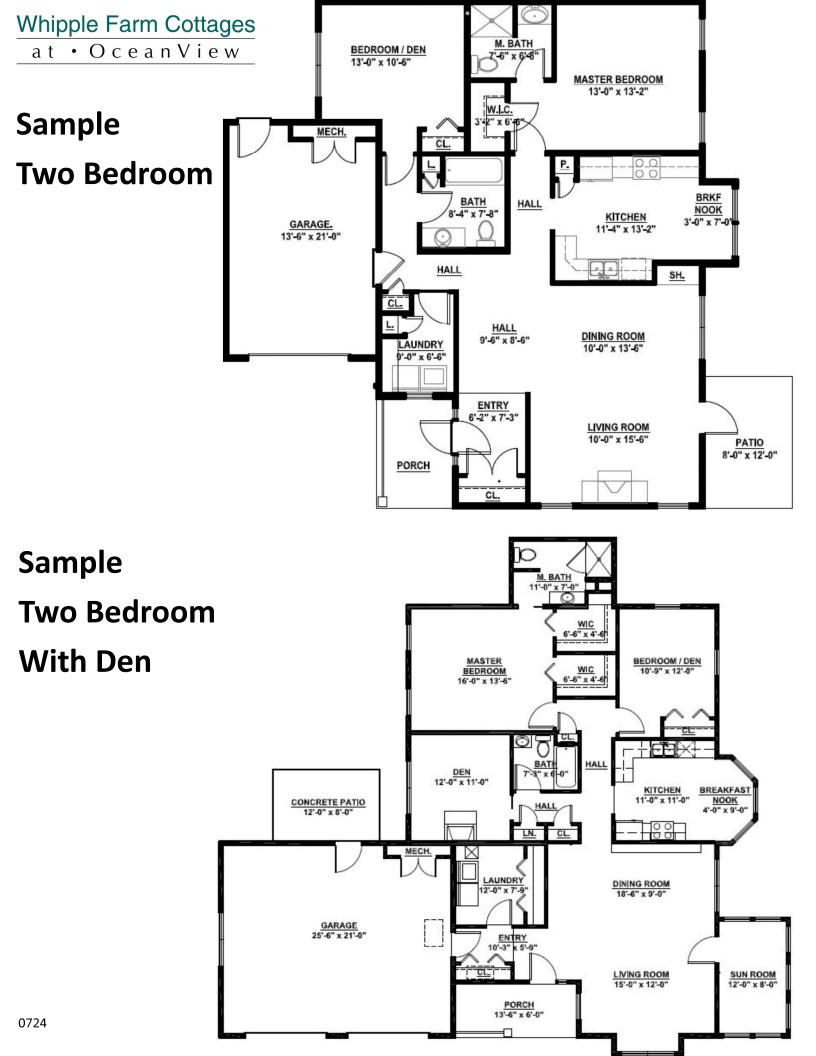
- 1,400 to 2,500 sq. ft.
- 2 to 5 bedrooms
- 2 or 3 bathrooms
- One and two-car garages
- Solar power in most cottages

- Some air conditioning
- Some full-service generators
- Convenient to 4-season pool and
 Whipple Farmhouse restaurant
- Easy walk to Lodge buildings

See floor plans and a video tour: oceanviewrc.com/homes/whipple-farm







Classic Cottages

at • Ocean View



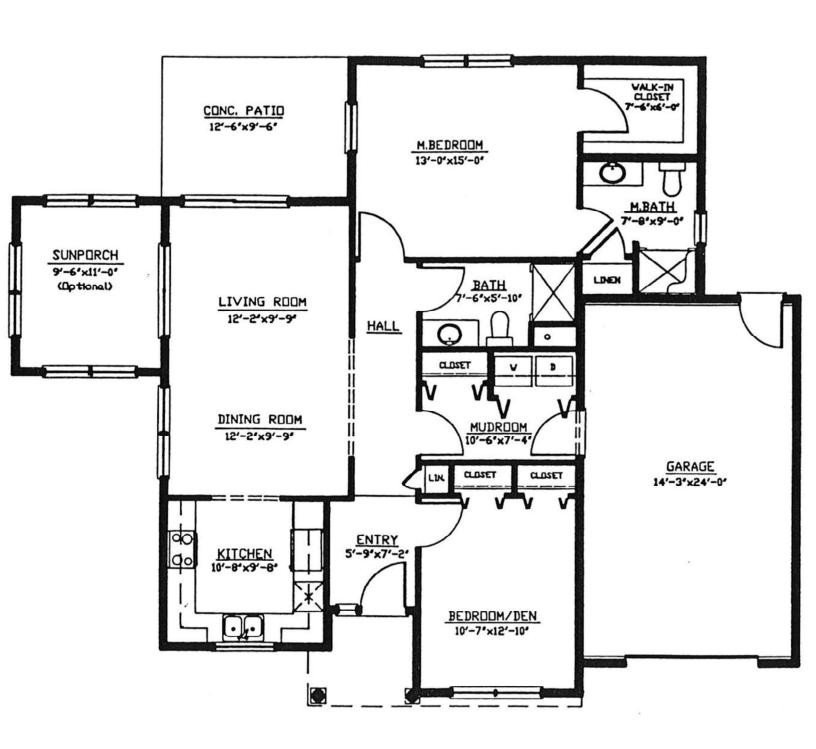
- 1,200 to 1,400 sq. ft.
- 2 bedrooms
- 2 bathrooms
- Patios or decks
- Some gas fireplaces

- Some full-service generators
- Private, wooded area
- Some with sunrooms, screened porches, and/or expanded eat-in kitchens

See floor plans and a video tour: <u>oceanviewrc.com/homes/classic-cottages</u>







Sample Two Bedroom

Destination Dining

at • Ocean View



The Gazebo Grille

Sit and relax for a casual lunch at The Gazebo Grille (or 'Grab and Go'). We serve up soups, salads, sandwiches, house-made desserts, and daily chef specials from friends who will greet you by name! On warm days, enjoy your meal outside on the patio. Located in the Main Lodge, the Grille also offers complimentary muffins and coffee for residents on weekday mornings.

Main Lodge Dining Room

Enjoy your dinner in the Main Lodge Dining Room. Choose a prix fixe meal with options that include upscale delicacies and everyday favorites. Located in the heart of the Main Lodge, dinner is served Monday – Friday along with Saturday breakfast, Sunday brunch, and occasional holiday celebrations.



Whipple Farmhouse

Embrace an evening of fine dining at Whipple Farmhouse. You can enjoy beer and wine outdoors by the fire pit overlooking Casco Bay or cozy up with an elegant multi-course meal in one of our three indoor rooms. This restaurant is located within our historic 1756 home in the center of campus. Our expert chefs serve seasonal menus that highlight local flavor and ingredients. You can also rent Whipple Farmhouse for a private dining experience.

Moveable Feasts

Our catering services are tailor-made for you! You can choose from a menu of specialties or let our dining team design something unique just for you.



Destination Dining

at · Ocean View



Dining at OceanView is More than a Meal

Good food and good company are key ingredients in OceanView's **Enrichment Academy** calendar.

From monthly birthday and holiday celebrations to organized events and themed dinners, our outstanding Dining Services and Activities departments work hard to make sure an excellent dining experience is baked into daily life in our community.





A Taste of Paris



The Brew Crew



Nip & Nosh



The Lobster Bake



The Soup Challenge





Recipes From Our Team

Our team of chefs prepares a monthly recipe for everyone to enjoy. Scan this code to explore recipes!

You can also visit:

oceanviewrc.com/lifestyle/recipe

ENRICHMENT ACADEMY at • Ocean View

An active retirement lifestyle, just outside your door!



With none of the worries or time spent on home ownership and maintenance, OceanView residents are able to live their retirement to the fullest, pursuing interests and discovering new ones, with the ability to be actively involved in the community at whatever level they choose.

Here are just some highlights of our **Enrichment Academy!**

Residents have an **extensive selection of activities** to choose from every day on the OceanView campus with Concierge Van Shuttle service provided for easy access. Parties include a monthly Wine 'n' Cheese to celebrate birthdays, special occasion cocktail parties, and our annual Anniversary Party always makes a splash! Cottage residents host summer Block Parties, and August's Lobster Bake is a summertime favorite.





OceanView musical entertainment draws from the wide variety of talent within our southern Maine community and beyond. We enjoy renowned classical pianists, jazz duets, and ethnic musicians, as well as folks who play the old favorites just for fun! Van transportation is available to many musical and theatrical offerings in southern Maine including Merrill Auditorium, Maine State Music Theatre, Opera Maine, Portland Stage Company, Good Theater, and area community theaters.

In our **Screening Room**, residents can recline in our cinema seating and enjoy a variety of films and shows. We show everything from new releases and old classics to documentaries and college lecture series in addition to live events on cable - all in digital high-definition with surround sound.





Popular day trips include scenic drives, guided nature hikes, Casco Bay Lines cruises, museums, tours of historic sites, and fascinating local attractions such as Pineland Farms, the Maine Classic Car Museum, and the Coastal Maine Botanical Gardens. We have a dedicated group of Portland Sea Dogs baseball enthusiasts, and we also take a multi-day trip to Roosevelt Campobello International Park.

Our exciting **Travel Concierge** service is exclusive to OceanView and Cumberland Crossing. With extensive knowledge, resources, and industry relationships, they plan and arrange your travel anywhere in the world, from hotels, land tours, river cruises, rail trips, small ship ocean cruises, safaris, and beyond. As a member of **Travel Leaders**

Ocean View

TRAVEL CONCIERGE™

Network, our residents have access to exclusive portfolios featuring cruises and hotels, each with a complimentary menu of VIP perks. When you book, you'll receive detailed travel itineraries and travel guides you can share with loved ones by email. You will also have access to proprietary, comprehensive travel insurance (pricing not based on age), and offers from favorite travel brands like Viking River Cruises, Collette Vacations, Tauck Tours, Windstar, and more.



The **Hager Fitness Pavilion** has a selection of equipment available for residents to use on their own or with the guidance of a personal trainer. Our beautiful, heated, **4-season saltwater pool** is host to water aerobics, volleyball, and other swimming options. Our **fitness programs** keep expanding to meet the demands of our residents' active lifestyles. With exercise science degrees and certifications in personal and group training, our fitness staff is excited to help our residents with their exercise goals and to improve their overall health. A full schedule of classes, for every participation level, keeps our residents in shape through aerobics, strength training, stretch & balance, tai chi, yoga, and more.

Our **Game Room** hosts two billiards tables, darts, shuffleboard, and a poker table. Our **Library** is a popular spot for players of Bridge, Canasta, Mahjong and Cribbage; there's always a jigsaw puzzle going, and the card room provides a nice space to play games and enjoy the beautiful water views. Our **Golf FORE Life** program allows OceanView residents to golf at multiple local golf courses free of charge!





A variety of **fascinating presentations and lectures** helps satisfy our residents' desires for continuing a life of learning new things. Subjects include history, travelogues, nature, science, and other topics of interest. Our monthly calendar is packed with resident-led activities and discussions devoted to art, wine, dancing, singing, painting, and handcrafting along with groups dedicated to poetry, writing, and books. OceanView residents also participate in the University of Southern Maine chapter of the Osher Lifelong Learning Institute, and we partner with Falmouth Public Schools for intergenerational programing.



OceanView's Care Continuum

With a commitment to choice, flexibility, and the value of every individual.

Health Care Advocacy Independent Living

ven the most active and independent person needs a little help *staying* well, whether due to a short term illness, a scheduled procedure, or an emergency that may result in a hospitalization. OceanView offers a subtle and unobtrusive **Health Care Advocacy** service for every independent resident as a component of their monthly fee. This includes:

- An introductory visit with each resident shortly after move-in
- File of Life establishment
- Annual wellness visits
- Facilitation of medical and home care services if needed
- Communication with hospital/rehab care managers and attendance at interdisciplinary team meetings
- Liaison with primary care physician
- Scheduled visits when ill
- Weekly wellness clinics
- Coordination of on-site podiatry, occupational/physical therapy, audiology, lab, and massage therapy services

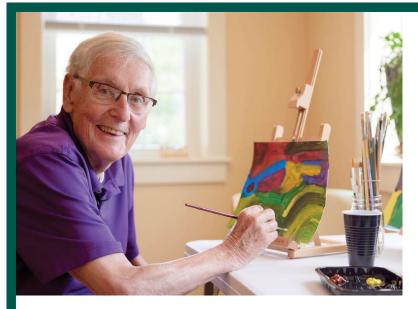
PRO: Preferred
Retirement
Options

ometimes, just a little assistance can help someone remain independent and active longer. The goal of **PRO**, OceanView's own personal care agency, is to provide quality, reliable, personalized care and service to residents based on their individual needs in the privacy of their independent homes.

Under the supervision of our Wellness Director, whether short term or long term, this can include:

Medication management (including set-up, administration and monitoring), respite care, appointment coordination, transportation, shopping and/or meal preparation, light homemaking, grooming, activity coordination, light clerical tasks, and pet care.





FALMOUTH HOUSE

at • Ocean View

Call today for more information!

207-781-4621

32 Blueberry Lane Falmouth, Maine 04105

- Large, spacious apartments ideal for couples
- Beautiful end units with ocean views
- Walk-in closets, dining nooks
- 24-hour licensed nursing staff onsite
- Three chef-prepared meals per day

- Weekly laundry, linen, and housekeeping services
- Visiting board certified geriatrician
- Physical, occupational, and speech therapy onsite
- Life Enrichment Program with intergenerational, wellness, and social programs

Beautifully renovated common areas include an enlarged living room, dining room, and activity room with a new café kitchen!





oceanviewrc.com/falmouthhouse

Legacy Memory Care

at · Ocean View

Learn more about our compassionate programming!

207-781-4621

4 Schoolhouse Drive Falmouth, Maine 04105



With 29 private apartments, this state-of-the-art, secure memory care residence is designed to provide implicit cues to areas of activity through the special use of architecture and color. Amenities include a living room, media room, library, classroom, salon, and garden with a walking path.

Committed to excellence, our team of compassionate caregivers is specially-trained to provide 24-hour assistance. Habilitation Therapy Programming enriches the quality of life of our residents.

With active reassurance, personal engagement, comfortable surroundings, and thoughtful care management, residents in all stages of cognitive impairment, along with their families, experience security and peace of mind.



OceanView amps up sustainability efforts

Excerpt from The Forecaster



New solar panels top a Whipple Farm cottage at OceanView. (Photo taken April 2023)

From planting gardens to installing solar panels and buying electric vehicles, sustainability practices are in full swing at the OceanView at Falmouth retirement community.

The Whipple Farm solar project was completed in June, resulting in more than half of OceanView's cottages becoming fully solar powered. More than 815 solar panels were installed on 38 cottages in that area of the complex.

"The solar panel project is going to put a huge dent in consuming our energy from other sources," OceanView Director Diane Kibbin told The Forecaster. More solar panel installations are planned. Over the next year, OceanView will evaluate roofs across their campus to determine which receive optimal sunlight. Panels will be added to those that can produce the most energy.

OceanView is also planning to go electric with its entire fleet of company vehicles. Daily-use vehicles will be traded in for EVs, and additional charging stations will be installed on the properties.

"We are purchasing two new EVs for our fleet, and they should be ready this week," Kibbin said. "It's exciting for us to be purchasing those." Annuals and perennials have been blooming and bees have been buzzing all summer in the OceanView wildflower meadow, planted this spring.

"We're really tickled with the growth of that. It's really taken off," Kibbin said.

The meadow will be expanded this fall.

OceanView's sustainability initiative gained steam when it hired a sustainability coordinator last year.

Sustainability practices are happening all around Falmouth, according to town Sustainability Coordinator Theresa Galvin.

"We have a lot going on sustainability-wise," Galvin said.

Since updating its Climate Action Plan in April 2021, the town has been working to determine whether it's on target with goals to reduce greenhouse gas emissions and to identify potential climate change hazards and implement practices to reduce those hazards, she said.

OceanView's implementation of sustainability practices is about creating a brighter future, Kibbin said.

"I think given our residents' ages, they want to leave a better world for their kids and grandkids," she said. "Many of them are fully invested and on board knowing that they're helping."

OceanView at Falmouth's wildflower meadow, planted this spring, is part of its ongoing sustainability efforts. It plans to expand the meadow this fall. (Photo taken July 2023)





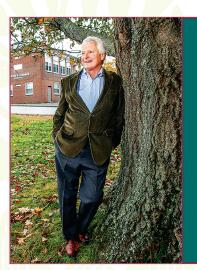
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www.oceanviewrc.com



ceanView at Falmouth is defined by the vision of its builder and owner, John Wasileski. He is a resident of Maine and an active community leader with more than 35 years of experience in the design and development of sustainable adult communities with a care continuum that has earned him multiple awards for business excellence.

