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Creamy Butternut Squash Spaghetti

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"This is a simple and delicious meal good for any fall entrée." – Chef Jean

Ingredients:

- 1 medium **butternut squash**, peeled and cut into 2" cubes (~4 cups once cubed)
- 2 shallots, halved
- 4 cloves garlic, peeled
- 2 tablespoons olive oil
- 1 ½ cup chicken stock
- 1 lb spaghetti
- ¹/₂ cup **heavy cream**
- Pinch of ground **nutmeg**
- Kosher salt and freshly-cracked black pepper

Serve with:

- Grated Pecorino Romano Cheese
- Fresh herbs like thyme, basil, chives, or parsley

You'll also need a **blender** for this recipe.

Instructions:

- 1. Preheat oven to 425°.
- 2. On a large baking sheet lined with parchment paper, arrange the **butternut squash**, **shallots**, **and garlic**, then drizzle with **olive oil** and season with **salt and pepper**.
- 3. Transfer into oven. Roast for **25-30 minutes** until the squash is fork tender.
- 4. While the butternut squash is roasting, cook the **spaghetti** until al dente. Drain, reserving ½ cup of the **cooking liquid**.
- Once the squash is tender, transfer the roasted squash, garlic, and shallots to a blender along with chicken stock. Blend until smooth. Add the cream, nutmeg, and reserved cooking liquid and continue to blend. Once smooth, taste and adjust seasoning as needed.
- 6. Transfer the liquid to a medium pot and keep over low heat to keep warm.
- 7. Spoon some of the sauce onto the pasta and toss to combine. Continue adding sauce until it's as saucy as you want. Serve with **pecorino**, **herbs**, **and freshly cracked black pepper** and enjoy!