

# OCEANVIEWS UPDATES

April 30, 2025

## ADMINISTRATION MEMOS

### OceanView Regular Front Office Hours

Monday-Friday 8:30a-5:00p  
Saturday & Sunday 10:00a-2:00p

### New & Incoming Residents

Stephen & Cheryl Bronn	4/2	4 Monarch Dr
Betsy Kyle	5/1	HTL3G
Ave & Glenn Glasstetter	5/1	7 Monarch Dr
Jane Smith & Byron Borst	early May	HTL 1F
Toby & Stacie Webb	May 15-June 1	4 Whipple Farm
Katherine Benson	mid-late May	ML217

### Staff Away

Mitchell DeBortoli 4/28-30, 5/30  
Gloria Walker 4/28-30  
Katie Wagner 5/1-2  
Ed Fertig 5/3-11  
Tim Walker 5/21-31  
Dustin Bonk 5/22-23, 27-28

### Thank You!

**Penny Myles** for reprising her slice quilting talk; the on-campus **Save Democracy** group for setting up a Town Hall Meeting with U. S. Rep. Chellie Pingree, and also for bringing training to register voters with the League of Women Voters, and registering their neighbors to vote; **Eunice & John Wilcox** for hosting Marston-Kotzschmar Club Concert; **Gonzalo Verdugo** for a discussion about AI with the Men's Group; **Bob Nottle** for his AI discussion; **John & Bonnie Yelverton** and **Brian Knoblock** for hosting our Earth Day documentary; and **Len Freeman** with **Tom Allen** for their talk and discussion of "*Is Our Democracy Failing?*".

A big thank you to **Tom Belknap**, for his work creating a two-part foot platform for the Steinway at Lunt. For those pianists unused to playing the pedals where the piano is on a raised rolling dolly, Tom came up with a perfect solution. We're in gratitude for his wood-working genius.

### Maintenance/Landscaping

Atlantic Turf Care is scheduled on Wednesday, May 7<sup>th</sup> (weather permitting) to do the preemergent crabgrass control and fertilizer treatment at both properties. This is the first application of the season. It

is recommended to keep pets off treated areas for the first 24 hours.

The Maintenance Crew will pick up **yard debris** every Wednesday this season, starting May 7th.

### OV Guest Suite

Unfortunately, the guest suite renovation is taking longer than expected. We will work to have this ready for occupancy prior to the end of summer. At this point in time, we will need to cancel reservations through June. We are sorry for the inconvenience and we hope to have it ready for guests beginning in July.

## CONSTRUCTION UPDATES

**To Stay Informed about Construction:** The best way to get construction updates is through our email list. If you're not on it, contact Dustin at [dustin@oceanviewrc.com](mailto:dustin@oceanviewrc.com). For your safety, do not enter the construction zone. Blasting schedules will be shared as soon as they're available, our goal is to include a sheet with expected days and time ranges.

### Scheduled Activities:

#### **Blasting for Foundations** (*Detailed schedule to come*)

*Location:* C1-10/Evergreen Commons

*Note:* This will be a roughly 5-week process. We are taking all necessary precautions to minimize noise and disruption.

#### **Tree Cutting/Trimming**

*Location:* Fence Line Parking Lot along Marion Way

*Dates:* Tentative May 1 – May 6

#### **Revision to Install EV Charger Infrastructure in Lunt Lot**

*Location:* Lunt Lot

*Dates:* April 28 – May 1

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**American  
Red Cross**

## BLOOD DRIVES

**Wednesdays 5/14 & 5/28**

**10:00-2:30p @ Lunt Auditorium**

**Volunteers & Donors - Critical Need!**

**Call 1-800 RED CROSS**



**Donations gratefully accepted during  
sale hours in Blueberry Commons Room  
1:00-5:00p Fridays  
May 9th & 30th**

Residents, families and staff may visit us on sale days, and also see gift items at our display case near the Gazebo Grille in the Main Lodge—Inventory changes often. The Front Desk will hold any item you are interested in until you have paid; please leave exact cash or a check [*confirm to whom to write the check at the Front Desk*].

**Nonprofit recipient for the first half of 2025 is  
OceanView Resident Assistance Fund [OVRAF]**

Your suggestions and volunteering are encouraged and welcome because “it takes a village”. Here is a good opportunity to meet and talk with fellow residents and our OV staff.—Eunice W, Donna K, Mabel G, Judy P & Jane H. For inquiries: [eunice.w75@gmail.com](mailto:eunice.w75@gmail.com)

To volunteer: [dknoblock@maine.rr.com](mailto:dknoblock@maine.rr.com)

Thank you for your support.

### **CUMBERLAND CROSSING UPDATES**

Our Community Garden raised beds are very popular and a great way to meet fellow gardening enthusiasts. With beautiful landscape plans being installed at our newest cottages, and our beautiful salt water, heated pool and hot tub opening at the end of this month, spring is really taking shape here at Cumberland Crossing!

#### **NEW MOVE-INS**

We are excited to welcome new residents, Stephen and Cheryl Bronn to 4 Monarch Drive, Glenn and Ave Glasstetter to 7 Monarch Drive, and Diane Neveu to 142 Little Acres Drive! They are just in time to settle in for a fun, maintenance-free summer!

#### **PHASE 2 SALES**

There are only a few sites left to build a customized cottage at Cumberland Crossing. Don't hesitate if you or anyone you know is interested. Call today!

#### **TOURS**

Just call or email for more information or to schedule a tour: Gloria Walker at 781-4460 ext. 150 or [gloria@oceanviewrc.com](mailto:gloria@oceanviewrc.com) or Shireen Shahawy at 781-4460 ext. 103 or [shireen@oceanviewrc.com](mailto:shireen@oceanviewrc.com). We are available any time by appointment!

#### **ACTIVITIES/EVENTS Highlights at OceanView**

(FMI see pp 13 & 6 in this Updates)

Thurs., 5/15, 3:00p **Lincoln's Peace Author Talk** HTL

Wed., 5/21, 1:30p **Fitness Talk—A Joint Effort** BBC

***Request van transport from  
Transportation for events above.***

### **MAY ACTIVITIES at Cumberland Crossing**

*at Northwind Farm unless indicted*

Monday, 5/19, 1:30pm - Cribbage

Monday, 5/19, 3:00pm - Coffee with Don  
welcoming speakers TBA

Tuesday, 5/13, 10:00am - Men's Discussion Group

Tuesdays, 1:00pm - Mahjongg (location changes)

Wednesdays, 2:30pm - Stretch & Balance Fitness

Wednesday, 5/21 11:00am - Book Club  
*Brave the Wild River*, by Melissa Sevigny

Wednesday, 5/28, 3:30pm - CC Speaker Series  
speaker TBA

Thursdays, 9:45am – Transportation to Thursday  
*Wellness Clinic* hours at OV—call for ride

Thursdays, 5/1, 5/15, 10:00am – Stitchers Group

Thursday., 5/8, 4:00pm – **Celebrate CC!** at 89 LAD  
*raindate Fri., 5/9*

Thursdays, 4:00pm – Oneness Meditation w/ Anne  
Dean ([anneldean@gmail.com](mailto:anneldean@gmail.com) for location)

Thursday, 5/15 4-6:00p Women's Group (location TBA)

Fridays, 11:00am – Yoga with Grace

*Please contact Don Wessels with any questions:*

(207) 781-4460, ext. 148 or [don@oceanviewrc.com](mailto:don@oceanviewrc.com)

# Updates & Special Dining Events in May

## OceanView Dining Services

Call OV Front Desk: 207-781-4460

**After Hours for questions about your Order or Delivery**

Call the ML Kitchen: 207-781-4464 x 124

### Mother's Day Brunch Buffet

Sunday May 11<sup>TH</sup>, 12:00-1:00p

Main Lodge Dining Room

Complimentary Mimosas will be available! Menu will feature: French Onion Soup, Chicken Caprese, Seafood Stuffed Sole, Blueberry/

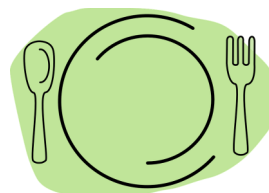
Cottage Cheese

Breakfast Bake &

Key Lime Pie. RSVP

to the front desk at

781-4460.



### HOURS

#### GAZEBO GRILLE

Mon.-Fri. 11:00a-5:00p

Wine and Beer for On-Site

Meal Plan Points Vary

Bill to account or Cash only

#### MAIN LODGE DINING ROOM\*

Mon.-Fri. 4:30p—1st Seating

5:30p—2nd Seating

Sat. Breakfast 8:00-9:15a

Sun. Brunch 11:45-1:00p

2 Meal Plan Points

#### WHIPPLE FARM DINING\*\*

Thu./Fri./Sat. 4:30-7:00p

3 Meal Plan Points

#### GOOD-TO-GO

Mon.-Fri. Call before 12:00n

Pick up at 4:45 or 6:00p (DR)

or Delivery (\$6)

\*24 Hour Advance Reservations required for: Residents' Guests; Silver, Bronze, BBC, & Cottage Plans, and No-Plan residents.

\*\*Reservations required—call: 207-274-4935 (for WFD only)

### Community Supper

Sat. May 17th, 5:00p (BBC)

**Mexican Fiesta!** Join your friends and neighbors in the Blueberry Commons Community Room for an array of Chef Keegan's Mexican influenced dishes & dessert. \$18.00 plus tax or 1 meal plan point for gold, silver and bronze participants. RSVP to the front desk at 781-4460 to reserve a spot, seating is limited.

Transportation by van or car to and from Whipple Farmhouse or the Main Lodge Dining Room is now available at no cost for dinner Monday - Friday. RSVP with two days advance notice to the Transport office: 207-781-4460 x109

### Nip & Nosh Tasting Series

continues with Wine and Food of France. Join us in The Gazebo Grille on Tuesday May 27th. Price is \$35. + tax and an additional \$5.00 for 3 wine samples. Join Chef Keegan Drinkert & wine enthusiast Rileigh Bayard for an informative and fun event! (one limited 4:00p seating) RSVP to the front desk at 781-4460





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Please know that we are working closely with contractors to limit disturbances and maintain safety at all times, all dates listed above are subject to change. As a reminder, please do not approach or walk through the construction zone. —*Mitchell DeBortoli*

### COVID-19 COMMUNITY UPDATE

We have had no cases on the campuses since our April Update! On Thursday, 4/10, we vaccinated over 180 residents and staff with their spring C-19 booster shot. We continue to do contact tracing and encourage testing for those who have been in close contact with someone that has tested positive. Testing with any cold or flu symptom continues to be the most effective way to reduce transmission. — Diane Kibbin

### WELLNESS NOTES

#### Wellness Clinics—Drop-in ML3 WO

Mondays 1:00-3:00p

Thursdays 10:00a-12:00p

The Wellness Office is staffed during these times to evaluate medical concerns, check blood pressures, or offer advice in navigating the health care system. This service is included in your monthly fees when you visit the Wellness Clinic at these times.

Please do not wait until the clinic to reach out if you are experiencing a health issue, you may contact the Wellness Nurses for a home visit anytime you are experiencing in non-urgent medical issue. There is a fee associated with these visits, but it could save a trip to the emergency room with early intervention.

**We are now offering a van for Cumberland Crossing residents who would like to come to the Thursday Wellness Clinic hours;** please confirm with Transportation (781-4460) the day before for pick-up between 9:30-9:45a.

**OceanView's Wellness Nurses** are your medication management professionals! If you need or want help filling pill boxes, reordering prescriptions, and picking up prescriptions call us! Every week a nurse will come to your home to refill your medication pill box, call providers as needed for refills or prescription changes, and reorder prescriptions for you. Call the Wellness Office at x118. *\*Medication management charges are noted on your concierge fee schedule and are included in your monthly bill.*

### Lab Services

*on hiatus until we find a new provider*

Anyone from either campus can use this service; you just need to have the order from your doctor's office and your insurance card.

OVML Fax 207-781-4128

### Caregiver's Support Group

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is caring for another adult here at OceanView, led by a member of the Community Wellness team.

Wed., 5/7, 1:00p—HTL

Wed., 5/21, 10:00a—BBC

### Grief Support Group

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is grieving a spouse or otherwise, led by a member of the Community Wellness team.

Tues., 5/27 1:00p HTL

### Garret Cole's Parkinson's Fitness & Support

Thursdays, 11:00a at Falmouth House



### OTHER SERVICES

#### Hair Salon with Jodi Evers ML3S

Call for appointment: 561-602-4200

#### Nail Services ML3S - on Saturdays

Call Elaine Fitz for appointment: 207-956-2962

#### Massage with Linda Dillingham HTLa

Please call Linda directly to make an appointment: 207-712-6889

**Traveling nurse Joline L. Pothier** will come to your home for *foot and toenail* care services; she is increasing her days at OV to 2x a month. Call 207-229-7968 or email [jolinelpothier@gmail.com](mailto:jolinelpothier@gmail.com) Let her know you are an OV resident.

#### Bath Savings Bank—Main Lodge 3<sup>rd</sup> floor, ML3c Services resuming May 6th!

A teller from Bath Savings spends one hour at OV on most Tuesdays at 9:00a. For residents they will cash a check, and they brings quarters. For patrons of Bath Savings other services can be performed, as well.

### THE RESIDENT PORTAL

See what's new on **The Resident Portal!**

The Portal is a spot for residents to get easy access to

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many resources, including **Calendars**, the **Resident Bulletin Board**, **The Gazebo**

**Grille Blackboard Specials**, and more!

**New this month is an updated OceanView campus map!** This new map reflects the new construction plan for Evergreen Commons and the Blueberry Commons Expansion. In the weeks ahead, you will see more on our website and the Portal reflecting new construction. **Please bookmark the Portal on your computer or phone** and check it often! The Resident Portal is meant only for residents and members of our Priority Waiting List. It is not listed on our website, and it is not searchable online.

The link to the Portal is:

<https://oceanviewrc.com/portal/>

—Dustin Bonk

## COMMUNITY COUNCIL REFLECTIONS

Nancy Wanderer, President

Monday, April 14, 2025, was a landmark day at OceanView. Early in the afternoon, dozens of women from OceanView's *Save Democracy* group welcomed Congresswoman Chellie Pingree to our campus, where she held a well-attended town hall. We should all be grateful to Susan Pines, who arranged the town hall; Arlyss Becker, who made the fabulous welcome signs; and Pixie Kubeck, who has steered the *Save Democracy* group so skillfully. After an hour of thoughtful, civil discussion about the state of our country, you might think everyone would have gone home to rest for the afternoon. Fortunately, OceanView residents are too committed to civic engagement for that.

Instead of curling up on their couches to recover from all the excitement at the town hall, OceanView residents caught their breath and headed to Blueberry Commons for our Community Council meeting. Moving from national to local affairs, residents showed up to elect new Council officers and thank those who had served so ably over the past two years.

We are grateful to both outgoing and incoming Council officers. Secretary Donna Knoblock was the quintessential Council secretary, taking accurate and detailed minutes at every Council meeting, and submitting them for distribution within days of the meeting. Treasurer Karen Thorpe handled every responsibility with utter competence and, when necessary, total brilliance. None of us will ever forget her magnificent presentation, complete with statistics and PowerPoint slides, explaining why it was possible

to provide gratuities to all hourly, resident-facing staff. Luckily, neither of these women will be leaving us entirely. They will be with us at Council meetings and available for advice and assistance. Similarly, our hard-working microphone passers, Eunice Wilcox and Brian Knoblock, will continue in their roles, enabling all of us to hear questions and answers at Council meetings. We are eternally grateful to all these people, who make our lives at OceanView so much better.

Even as we bid farewell to Donna and Karen as outgoing Council officers, we are celebrating our incoming Council officers: Secretary Cathy McDowell and Treasurer Len Freeman. Cathy, who is also a member of the Bio-writing Team, is an outstanding writer who will bring her own style to the job. Len understands finance and has already provided leadership in numerous areas on our campus, most recently by co-costing discussions on our democracy with Tom Allen. Also, how can we forget his tireless efforts to resolve the challenges we faced when the Town's new recycling and garbage bins were delivered.

I rejoice that everyone I have mentioned above has been willing to step up and provide the leadership we need to keep OceanView residents informed and engaged with our community and our country. I celebrate them all and look forward to serving with them in the year to come.



## OV LIBRARY COMMITTEE

The Library Committee meets on the first Tuesday of the month (5/6) at 3:00p in the OV Library. During meetings, residents are welcome to come and share their concerns (or praises) about the Library.

## FROM THE NEW BOOKS SHELF

Often, when reading, we recognize that the events and ideas expressed are universal, not limited by place or culture, at home anywhere. The books received this month represent many cultures and places. Which may strike a familiar chord with you?

Among the cultural diversity in **FICTION** are: *The Magnificent Ruins* (Calcutta) by Roy; *Aria* (Iran) by Hozar; *A Thousand Splendid Suns* (Afghanistan) by Hosseini. Dystopia is definitely a different world, here represented by *Land of Milk and Honey* by Zhang and *When the English Fall* by Williams.

In **NON-FICTION** there is geographical diversity: *Breaking the Mayan Code* (Peru) by Coe; *The Barn: the murder of Emmett Till* (Mississippi) by Thompson; *Rats: observations on the history and habitat of the city's rats* (NYC) by Sullivan; *The Shepherd's Life* (England's Lake District) by Rebanks; and *A Sand County Almanac* (chiefly Wisconsin) by Leopold.

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Back home among our **MAINE** books are *PitchDark* by Doiron; *Tell Me Everything* by Strout; *Officer Friendly and other stories* by Robinson; *Everyone Knows but You* by Ricks; and *Deering: a Social and Architectural History* by Bill Barry and Patricia Anderson. If you love Portland and don't know this publication by Portland Landmarks, scoop it up, it's a treasure.

Also on the new books shelf are a new batch of mysteries both gentle and violent for whodunit fans. Finally, this month's classic, *A Death in the Family* by James Agee.

Barbara Briggs for the Library Committee

## FITNESS NOTES

### Fitness Presentation

#### ***A "Joint" Effort: Managing Osteoarthritis with Exercise***

Wed., 5/21 1:30p BBC

Osteoarthritis is the most common form of arthritis with an estimated 80% of adults over the age of 85 developing it. However, you can still do the physical activities you enjoy with osteoarthritis, and may even find that movement relieves symptoms of joint pain and tightness. Come join the fitness team in BBC on May 21st at 1:30pm to learn about causes and risk factors for osteoarthritis, as well as exercises you can incorporate into your daily life to slow the progression of osteoarthritis or even improve your condition.



### **Fitness Assessments**      Ongoing

It's time for your annual free OceanView Fitness Assessment! Our fitness team will assess your physical fitness compared to others in your age group, recommended classes, personal training or custom exercise programs, and determine the overall fitness level of OceanView residents—all in about 20 minutes. Best of all, if you participated in previous assessments, we'll be able to compare your progress from last year (or even two or three years ago)! Call, email or stop by the Fitness Department to schedule your fitness assessment today!

**Residents who are new to Fitness—Which programs are best for you?** Give the Fitness Department a call to set up your *free* consultation, equipment review and fitness assessment.

### **Fitness Hike—Wolfe's Neck State Park**

Tues., 5/29, 12:45p *muster at point TBD*

On May 29<sup>th</sup> we will be taking a fitness hike to Wolfe's Neck State Park! This hike will be 2.1 miles long with

an elevation gain of about 200ft. There will be roots and rocks to look out for on the trails so make sure to bring proper footwear and hiking sticks if you have them! This hike is limited to 14 people. We will be meeting at 12:45pm at a location to be determined. Sign up at the nook to reserve your seat on the van!



### **Oneness Meditation with Anne Dean at Cumberland Crossing and at OceanView**

Tuesdays at 11:00a in the Fitness Studio (FS)

Thursdays at 4:00p, 5/1, 8, 22, 29; 5/15 @ 3:00p

1 Firefly Ln or Northwind Farm

Anne Dean, anneldean@gmail.com

The simple art of meditation, even 5 minutes a day, has the potential to alter your life in profound and beautiful ways. Meditation can help you to be more authentic and less conditioned in your response to life, and to those in your life. Meditation changes your brain waves, your creativity patterns and your ability to love and be compassionate to yourself and to others.

The form of meditation I teach is a guided meditation and has an active component to it helping the meditator stay focused and present, instead of drifting off to wherever your mind is apt to lead you. There are 5 steps in the meditation and each step has been scientifically proven to shift the body and mind into a more calm and relaxed state. The meditation is 20 minutes long.

If you've been told meditation would be good for you and just never tried, or have tried and not succeeded, then this meditation might be the one that launches a positive meditation experience for you. We welcome both experienced and non-experienced meditators. Come join us as we connect to a higher consciousness, calm our mind, relax our muscles, reduce our stress and lower our blood pressure, leaving us with a sense of overall well-being and deep inner peace.

### **Get Added to the Buddy List!**

Here at OceanView we encourage everyone to make fitness a part of their lives. We also want everyone to stay safe when participating in fitness while using the Hager Fitness Pavilion and the OceanView Pool during unstaffed times. When the Fitness Pavilion and Pool are not staffed we expect residents to have another adult or "buddy" with them for safety. If you are in search of a workout or swim buddy let the Fitness Department know and we will add you to the Buddy List to connect with other like-minded residents!



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**Please remember to use earbuds or headphones** while enjoying the exercise equipment in the Hager Fitness Pavilion. Thank you.

### Zoomed Classes

On the Calendar the classes which will be Zoomed are colored **RED and Bold**.

The link remains the same:

<https://us02web.zoom.us/j/6041960161pwd=T3gwK3pMY1gxUc0bk9uRUZxc2k2dz09>

Fitness also has a lot of **recorded classes** for you to enjoy if you can't make it in-person or on Zoom.

They can be found here:

<https://www.youtube.com/playlist?list=PL-mw-XsFMrFjXc5IgKa6mPQItNre2QZ9K>

## THEATER & TICKETED EVENTS

Looking for tickets for a Merrill Auditorium or a greater Portland event?

Be sure to start at **Porttix!**

Tickets for PSO, Portland Ovations, Kotzschmar Organ, Opera Maine, and even some area performances such as Portland Ballet at Westbrook Performing Arts Center and Portland Conservatory of Music, use Porttix as their ticket partner. **Don't overpay at a 3rd party site.** Porttix is open M-F 11:00a-3:00p and 90 minutes before shows. 207-842-0800, bookmark <https://www.porttix.com/>

PORTTIX



As various theaters and groups begin asking for season ticket renewals, please remember to reserve your seat on the van with Activities when you renew, if you need a ride to get to your show. Activities starts with a new sign-up for van seats each year/season—it is the only way to ensure that new residents have the same opportunities to ride a van to a show as those who have been here longer. Thank you.

### Van—I'll Drink to That

#### Good Theater Grand Re-Opening Gala

Fri., 5/2, 6:00p

Tickets \$50

4 van seats remaining

Stevens Square Theater, Portland

Raise a glass and join us for an unforgettable concert event at Good Theater's Grand Re-Opening Gala!

This dazzling celebration will feature Broadway stars and local favorites in a dazzling cabaret dedicated to Broadway and booze. Set in the newly

transformed Stevens Square Theater, *I'll Drink to That!* is a toast to our vibrant community and the magic of live theater.

### Van\* - Requiem & Renewal

#### Portland Community Chorus Concert

Sat., 5/3, 1:00p

\*need 6 to send a van

South Portland High School, 637 Highland Ave

Tickets \$15, [https://](https://www.portlandcommunitychorus.org/events.html)

[www.portlandcommunitychorus.org/events.html](https://www.portlandcommunitychorus.org/events.html)

We are filled with gratitude for the opportunity to celebrate community through music. Life is a beautiful journey - full of highs and lows - and none of us are exempt from its challenges. Yet, there is comfort in knowing we walk this path together. Through difficult times, we can find solace in shared experiences and the strength of human connection. Our hope is that this concert brings our audience a sense of peace and reflection, uplifted by the magic of the music.

### Vans - PSO Pops

#### Star Wars: A New Hope in Concert

Sun., 5/4, 1:30p

Merrill Auditorium

Tickets \$28-101

3 van seats remaining

"May the force be with you."

When *Star Wars: A New Hope* premiered in 1977, its unforgettable characters, visual spectacle, and mythic storytelling captured the imagination of moviegoers around the world. Experience the beginning of the saga as never before as the first chapter of the original Star Wars trilogy is projected on the big screen at Merrill Auditorium, with every note of John

Williams's famous score performed live by the Portland Symphony Orchestra.

### Van—The Legendary Count Basie Orchestra

Thurs., 5/8, 6:00p

Merrill Auditorium

Tickets \$70-35

6 van seats remaining

Pianist and bandleader William James "Count" Basie was and still is an American institution that personifies the grandeur and excellence of jazz. The Count Basie Orchestra, today directed by Scotty Barnhart, has won every respected jazz poll in the world at least once, garnered 18 Grammy Awards, performed for kings, queens, and other royalty, and appeared in several movies, television shows, at every major jazz festival and major concert hall in the world.

### Van\*—Vivid Motion Dance

#### Grania: Pirate Queen

Sat., 5/10, 6:30p

\*need 6 to send a van

Tickets \$25/\$30 (20% discount code available)

<https://thehillarts.ticketspice.com/grania-pirate-queen-presented-by-vivid-motion-dance>

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## Voting in the June Primary

**June 10, 2025**

Residents can (and are encouraged to) vote absentee – just call Town Hall Clerk's Office: Falmouth 699-5320 Cumberland 829-5559 and ask for a ballot to be mailed. The last request date to have ballot mailed is Wed., June 4.

Information online is here: [https://www.maine.gov/portal/government/edemocracy/elections\\_voting.html](https://www.maine.gov/portal/government/edemocracy/elections_voting.html)

Absentee Ballot Applications are often available online; either apply online or print a copy of the request to mail in: <https://www.maine.gov/sos/cec/elec/voter-info/absent.html>

Once you have requested, Absentee Ballots will be mailed/available 30 days before the election.

Mail to return, or take to:

Falmouth Town Hall, 271 Falmouth Rd., or  
Cumberland Town Hall, 290 Tuttle Rd.

A copy of the Falmouth Sample Ballot will be available in the OV Library to peruse at your leisure as soon as we receive it - please leave it in the library. You may also view it online once it's been posted.

If you have moved to OV/CC since the last election and need assistance registering to vote in Maine/your new home, it is very easy. Maine has same-day voter registration; learn more here: <https://www.maine.gov/sos/cec/elec/voter-info/votereg.html>

We also now have a team of trained resident volunteers on campus to help you register, the next opportunity is after Community Council (see page 13). You may also go to your Town Hall and register in advance if you wish to complete an Absentee Ballot as well. They are both open Mon-Thu, at the addresses above.

OV will send a van to the polls (at Falmouth High School) on Election Day.

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The Hill Arts, (formerly St. Lawrence Arts)  
76 Congress St., Portland  
Vivid Motion Dance's spring show tells the tale of Grania "Grace" O'Malley, a woman born from a seafaring western Irish clan who becomes the most feared chieftain and pirate captain of the Irish seas. Her spirit and passion for adventure are representative of the country that she eventually finds herself struggling to preserve.

Family, friends, and foes alike ebb and flow with the tides that she sails—all while she and her people fall under the lengthening shadow of the English Empire. Grania eventually comes face to face with the formidable Queen Elizabeth I, her greatest rival... and perhaps the only person who could understand her. *Told in the inimitable Vivid Motion style with a mix of dances and music genres, this production is a reprisal of last year's show, with new casting and new dances. Activities Manager Marcia is performing in this show.*

### **Vans - PSO Tuesday Classical Classical Romance**

Tues., 5/13, 6:00p Merrill Auditorium  
Tickets \$15-98 4 van seats remaining

Eckart Preu, Music Director

Mimi Stillman, flute

Portland Stage, Portland Ballet

PROKOFIEV - Selections from Romeo and Juliet

Zhou TIAN - Flute Concerto (PSO Co-Commission)

TCHAIKOVSKY - Suite from Sleeping Beauty

### **Van—Portland Sea Dogs**

Tues., 5/20, 5:00p

vs. Reading Fighting Phils

*We have two extra tickets for this event—please connect with Activities if you would like to use one or both, \$12 each. There are seats available on the van.*

### **Van\*—Midcoast Symphony**

#### **III. Passionate and Fiery Compositions**

Sun., 5/18, 1:00p Orion PAC, Topsham

Tickets \$25 in adv.; \$30 at the door

*\*tentative, need 6 to send a van,*

*complimentary tickets available, see sign up*

Music Director Rohan Smith leads the MSO in three pieces that have been on the orchestra's to-do list for quite some time. Selections include an early piece by the jazz-influenced composer Coleridge-Taylor Perkins, an operatic Haydn symphony, and Prokofiev's uniquely significant and crowd-pleasing Fifth Symphony.

(Continued on page 9)



(Continued from page 8)

**Van - Who's Afraid of Virginia Wolf  
Portland Stage Company**

Thurs., 5/29, 1:00p 25a Forest Ave Portland  
Tickets \$57-53 *1 van seat remaining*  
Exploring truth and illusion in the American nuclear family, this Tony Award-winning play follows the unraveling marriage of Martha and George on the night of a university faculty party. When newly-wed guests Nick and Honey get caught in the couple's crossfire, the two relationships threaten to implode. This edition of the script, edited by the late playwright, casts Black actors in all four roles, raising new questions about the American Dream and how rigid idealism can lead to our own destruction. This play is right out of the theater cannon and not to be missed!

**UPCOMING THEATER & TICKETED EVENTS**

**Van\* - Wait... Wait... Don't Tell Me! Live**

Thurs., 6/26, 6:30p *\*need 6 to send a van*  
*Wait... Wait... Don't Tell Me!* is coming to Maine for two show recordings on June 26 and 27 and YOU have a chance to be in the live studio audience! *Wait, Wait... Don't Tell Me!* is NPR's weekly hour-long quiz program. Each week on the radio you can test your knowledge against some of the best and brightest in the news and entertainment world while figuring out what's real news and what's made up.

*We have 2 who have requested a van ride—  
do we have 4 more for this date?*

**Maine State Music Theater**

Summer 2025 Season

Professional Theater at Pickard Theater on the Bowdoin College Campus in Brunswick.

The 2025 Senior Matinée season price is \$448-\$316 for four shows; we send vans to the First and Third Friday Matinée shows. \$131-85 single tickets, available in April. Please talk with Activities if you'd like to add on to these trips. *We have (4) four seats available on each van—priority will be given to season ticket holders.*

**2025 Mainstage Season:**

1st Fri	3rd Fri	
06/06/25	06/20/25	<i>Anastasia</i>
06/27/25	07/11/25	<i>Tootsie</i>
07/18/25	08/1/25	<i>Footloose</i>
08/08/25	08/22/25	<i>West Side Story</i>

**2025 Concert Series:**

*Need 6 to send a van*

Monday 2:00p Matinée Performances  
06/16/25 *Diamond: Songs of*

7/7/25

Neil Diamond  
Sidesaddle Stampede:  
Country Divas

7/28/25

*The Ultimate Elvis Experience*

2024 Concert Series season price is \$145-\$243 for three shows. *Learn more:* <https://msmt.org/>

**Opera Maine—**

**Paul's Case**

Sun., 6/29, Van 1:30p

Stevens Square Theater

(Continued on page 10)



**On-Campus Van Service  
available to select events!  
Questions? Call Jim at  
781-4460**

There is no fee for this service! All we ask is that you be diligent about signing up and cancelling, so that the service can be run efficiently for everyone participating.

**COTTAGE RESIDENTS: During construction, as parking is affected, we are asking that you use this van (or walk) to Activities instead of bringing your car to the Lodges Complex. OV: If you haven't signed up for the van, please call 30 minutes in advance to be picked up: 955-0675.**

***When you sign up: please do so in the special column or slip marked "ON-CAMPUS VAN"***

Pick-ups will start approx. 30 minutes before the event starts—please be ready!  
Return trips will be made when the festivities end.

**MAY ON-CAMPUS VAN**

**pick-up time:**

- ♦ All Rehearsals 10:30a Chorus Singers BBC
- ♦ Thursdays 9:30a Men's Discussion HTL
- ♦ Thu/Fri *see list* Movies SR
- ♦ *See Calendar* Sfz Concerts (HTL/Lunt)
- 5/5 2:30p Genealogy Talk/Ann Levy—HTL
- 5/7 3:30p Wine & Cheese Birthday—BBC
- 5/12 2:30p Community Council—BBC
- 5/13&27 1:30p Artists' Dialogue—ML2
- 5/14 10:30a Women's Discussion—HTL
- 5/14&16 2:30p Chorus Concerts—BBC
- 5/15 2:30p 'Lincoln's Peace' Talk—HTL
- 5/21 10:30a Women's Book Group—HTL
- 5/21 1:00p Exercising w/Osteoarthritis—BBC
- 5/22 1:30p New Resident Welcome—BBC
- 5/27 8:15a Men's Breakfast—MLDR
- 5/30 12:30p Dedication Chris B Garden—BBLane

**Sweeney Todd: The Demon Barber of Fleet Street**

Thurs., 7/24, van 6:30p Merrill Auditorium

Sun., 7/27, van 1:30p Merrill Auditorium

*We will send a van to each performance  
with 6 interested. Please sign up.*

**PSO Summer Series**

Concerts at Seaside Pavilion in OOB

**Piano Men: The Music of Elton & Billy**

Sat., 6/28, van 5:30p

**Beyond the Stars**

Sat., 7/12, van 5:30p

*Sign-up sheets are out now on the blue clipboard for  
these upcoming events. Need 6 to assure van service.*

**ONGOING/REPEAT ACTIVITIES**

**Library Committee**

The Library Committee meets on the first Tuesday of the month (5/6) at 3:00p in the OV Library. During meetings, residents are welcome to come and share their concerns (or praises) about the Library.

**Bible Fellowship**

Tuesdays, 10:00a HTL

This is a non-denominational study group led by a rotation of area pastors. As most area churches follow the New Revised Common Lectionary each week in their services, our first objective is to read and discuss the readings that will be used in the following Sunday church services.

Our second objective is to explore and refresh participants Bible knowledge that apply to the wide variety of faith backgrounds, beliefs, and experiences of those attending. Discussion is welcomed and encouraged; though there is no pressure to participate, and you may just listen. Monthly lectionary readings will be available at the Sign-up Nook or delivered by request. You are encouraged to read each passage prior to the meeting; bring your Bible with you. Questions? Please call Tom Simmonds, 781-0044. *The monthly lectionary is available on the OV Portal.*

**Art for Fun/Dabbler's Group**

Tuesdays at 10:00a—ML2

*Art for Fun* is our resident dabbler's gathering. No pressure, come and visit while exploring painting or pastels, or in other mediums if they are portable. Please bring your own art supplies.

**OV Community Council**

Mon. 5/12, 3:00p BBC

Please email President Nancy Wanderer at

[wanders8899@gmail.com](mailto:wanders8899@gmail.com) or call 207-837-4738 with your comments and concerns, and especially if you want to get on a future meeting agenda.

*No "Tuesday with Nancy" scheduled this month.*

**OV Chorus**

OV Chorus rehearsals for the Spring Concert Season will be as follows, all in Blueberry Commons Room. Questions? Reach out to Bill Gatchell, Chorus Manager 781-5131. *Concerts on Wed., 5/14 & Fri., 5/16.*

Mondays 11:00a-12:30p All voices

Thursdays 11:00a-12:30p All voices

**Men's Discussion Group**

Thursdays at 10:00a HTL

An unscripted discussion on a wide variety of topics of interest among OceanView men from varied backgrounds: businessmen, doctors, professors, soldiers, liberals, conservatives, and men who just want to chat. Please join us!

**Women's Discussion Group**

Wed., 5/14, 11:00a, HTL

The purpose of The Women's Discussion Group is to engage in civil discourse in order to educate ourselves on subjects of mutual interest, while remembering to respect and encourage different points of view. All women are invited. Please sign up, and come join us.

**Handcrafters Group**

Second & Fourth Mondays (5/12, *no 5/26-holiday*)

1:00-2:30p CR

The Handcrafters Group means to be inclusive of knitters, crocheters, those who do needle-point, cross-stitch, embroidery, who sew and quilt, spin, or any hand-crafts we have not thought of. If this includes you we hope you will try our group out. We encourage and inspire each other and sometimes lend a helping hand or a bit of advice while we work on our own projects. Questions call Donna Knoblock (797-2909).

**Game Night**

Tuesdays 6:30p CR

Come to the OV Library to socialize and play games! We have a backgammon set, cribbage boards, a deluxe Scrabble board and more in the storage room. Choose a game or bring a favorite, bring your coloring or your crosswords... and play on!

**Duplicate Bridge**

Fridays at 12:30p CR

In the Card Room of the Library.

If you would like to know more or join in,

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(Continued from page 10)

please contact John Bischof at 781-2391.

### Bridge

Mondays at 6:30p CR

Thursdays at 6:30p CR

Saturdays at 1:00p CR

**Mahjong** Wednesdays at 1:00p CR

**Poker** Thursdays at 1:00p CR

### German Conversation Group

Meets 2nd & 4th Wednesdays 10:00a @FH

Meeting 5/14, 5/28

OV staff member Lisa Theiler Ertman facilitates a gathering of German-speaking residents. All levels of proficiency are welcome. Speaking or practicing a foreign language is great brain exercise as well as a lot of fun!

### Artist Dialogue Group

Tuesdays, 5/13, 5/27, 2:00-4:00p, ML2

### Van—Grocery Shopping

Thursdays 5/1, 5/8, 5/15, 5/22, 5/29

*Shaw's @ 9:30a*

*Hannaford @ 12:45p*



Trips to the Falmouth grocery stores usually run 35-45 minutes at the store for basic items pick-up. Personal transportation can be scheduled for other times.

### Van—Walmart

*(can also ask to go to the Falmouth Memorial Library instead, please note it when you sign up)*

Tuesdays @ 1:30p: 5/6, 5/20

### Van—Trader Joe's –OR– Whole Foods

Tues., 5/27, 1:30p

Note: This van will concierge to either store. Please mark your preference when you sign up so that the driver will know how many are going to each place: there is not time for you to visit both stores on one trip. The van drops off at Whole Foods first, then goes to Trader Joe's. Departing from Trader Joe's when shoppers are finished, they will pick up at Whole Foods on the way home. *There are seats to wait at Whole Foods.*

### Van—Falmouth Farmers Market

Wed. 5/28, 10:00a Shop fresh, shop Local!

### AARP Fraud Alert Show w/ Phil & Pam

Thurs., 5/8, 10:00a Zoom

## FREE OPERA FILMS for OV & CC Residents & PWLs!

Opera Maine is excited to partner with OceanView at Falmouth to present a second series of famous opera performances from around the world. Let's come together as a community to enjoy and discuss opera.

### FINAL FILM OF THIS SERIES!

**Saturday afternoon beginning at 1:00p:**

June 7, 2025—CANDIDE by Leonard Bernstein

*We will welcome you beginning at 12:30 p.m.*



Leonard Bernstein's operetta *Candide* is based on Voltaire's 1759 novella of the same name. *Candide* runs 160 minutes and there will be an intermission between acts I and II at about 75 minutes.

Release date: May 17, 2005

Composer: Bernstein, Leonard

Writers: Leonard Bernstein, Hugh Wheeler, Richard Wilbur, Stephen Sondheim

Director: Rolando Villazón

Cast: Kristen Chenoweth – Patti LuPone – Paul Grove – Sir Thomas Allen – Marin Alsop

Language: English

### Seating is limited—

Residents & PWLs: sign up with the Front Desk.

Guests: RSVP via this link <https://www.operamaine.org/events/film-series/>

**Lunt Auditorium, 74 Lunt Rd., Falmouth**

OceanView will provide light snacks and beverages, and there will be an intermission at each opera. Opera Maine is selling tickets to its patrons who will also attend these films.



An AARP Fraud Watch monthly update program with (OV resident) Phil Chin and Pam Partridge. To learn more about the program and register: <https://states.aarp.org/maine/aarp-maine-fraud-watch-a-virtual-monthly-scam-awareness-with-local-fraud-fighters>

### Resident Photo Wall Photos with Amy

If you have not had a picture taken for our resident gallery wall, please call/email Amy. Retakes are also available at any time by calling to schedule. Call 207-781-4460 & ask for Activities, or email [AmyC@oceanviewrc.com](mailto:AmyC@oceanviewrc.com)



### ACTIVITIES—NEW

For any in-person activities, please sign-up at the Nook by the Activities Office, or call/email ([marcia@oceanviewrc.com](mailto:marcia@oceanviewrc.com)). Signing up in advance allows us to efficiently plan set up of seating, refreshments and van needs. Thank you.

### Fifth Graders Visit

Mon., 5/5, 12:30-1:15p HTL

Join in as children from Falmouth Elementary School visit us for some educational adventures. Reading together, playing games, just a great opportunity to spend some time with some young people—*please sign up*.

### Who Do You Think You Are?

#### Discussion on Genealogy Research

Mon., 5/5, 3:00p

Please join OV Resident Ann Levy, who is a 35-year veteran researcher and former volunteer at the Family History Center at Jupiter FL, along with her daughter, Cindy Andrews, for a talk about free online programs *Family Search* and *Find A Grave* to start or continue your journey to help you find out who you are.

### Wine & Cheese Party—May Birthdays

Wed., 5/7, 4:00p, BBC

Join us for our monthly wine and cheese party and help celebrate those with May birthdays! All residents are invited to attend this monthly gathering—*please sign up*.

### Downbeat; S'forzando Sfz! Concert Series Olde-Tyme Piano Concerts with Adam Swanson

Thurs., 5/8, 2:00p Hilltop Community Room

Sat., 5/10, 2:00p Lunt Auditorium

"Olde-Tyme Piano" Concerts: On Thursday and Saturday, May 8 & 10, a pair of "GoldRushSaloon

#### LOCATION CODES:

**BBC**—Commons Room in Blueberry Commons  
**CC**—Cumberland Crossing  
**CR**—Card Room behind Library  
**DR**—Dining Room, Main Lodge  
**FH**—Falmouth House  
**FS**—Fitness Studio - Hilltop  
**GG**—Gazebo Grille  
**GR**—Game Room  
**HFP**—Hager Fitness Pavilion  
**HTL**—Community Room in Hilltop Lodge  
**HTLa**—Hilltop Amenities

Room, lower level  
**LIB**—Library on ML2  
**LUNT**—Lunt Auditorium  
**ML1c**—Main Lodge 1st Floor Conference Room  
**ML2**—Main Lodge Activity Room, 2nd Floor  
**ML3c**—Main Lodge Conference Room, 3rd floor  
**ML3S**—Main Lodge Salon, 3rd floor  
**NW**—Northwind Farm CC  
**SR**—Screening Room  
**WF**—Whipple Farm  
**WO**—Wellness Office ML3

PLEASE SIGN UP  
FOR ACTIVITIES  
& WEAR YOUR  
NAMETAG!

*PianoPlay'in"* concerts featuring popular ragtime-stride -boogie-woogie piano-wiz Adam Swanson will be performed, at HTL on Thursday May 8th, and at Lunt Auditorium on Saturday May 10th. Each session will start at 2:00pm. During a Maine concert tour away from his regular nightly home base in the historic *Diamond Belle Saloon* in the Rocky-Mountain-Gold-Country town of Durango, Colorado, Adam's return will bring

OceanView audiences two completely different shows. While concerts for participants in the "Downbeat; S'forzando Sfz! Concert Series", both sessions with Adam will also be open to other OV'ers and CC'ers who make advance contributions that will reward Adam (suggested \$25 for one gig or \$40 for both). As usual when Adam performs at OV, large enthusiastic crowds are expected-- He's Fun; Consider Being There! This event is resident sponsored by the "Downbeat; S'forzando Sfz! Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use and on-campus Transportation [please make reservations with Transportation in advance if you need a ride, and expect the program to extend to 75 minutes or so], the members of the Sfz! group itself financially support their own content. All residents are welcome to join "S'forzando Sfz!" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

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### **Van—Dolphin Restaurant, South Harpswell**

Fri., 5/9, 10:00am [SHARP!] Rain or shine.

In order to accommodate a group of our size, we must arrive there at 11:00a, so please eat a very early breakfast and prepare for the best haddock chowder in the state, served with a heavenly blueberry muffin! There is also a full menu which includes landlubber options and daily specials. We are limited to one van of residents – we will be seated in groups of 4-6, and have separate checks. If we have a number of folks on the wait list we will try to do a second trip in July. We will take the scenic Mountain Rd & Harpswell Island Rd back to Brunswick.

### **Help Make Democracy Work by Ensuring You Can Vote!**

#### **May's Neighbor-to-Neighbor**

#### **Voter Registration Opportunity:**

First, huge thanks to the many OV volunteers who helped their OV neighbors with voter-registration activities in April! But they aren't done.

#### **Next Neighbor-to-Neighbor Voter Registration Opportunity:**

**When:** Monday, May 12 – immediately following Community Council

**Where:** BBC

**Why:** Trained OV volunteers will be available to help their OV neighbors...

Register to vote, if needed, e.g., you are a new Maine resident

Update your voter registration, if needed, e.g., you have a new Maine address since you last voted

Request an absentee ballot

Check to make sure you are correctly registered to vote

**Help make democracy work by ensuring you can  
vote in the June 10<sup>th</sup> Falmouth municipal elections!**

### **Van—Maine Mall Trip**

Tues., 5/13, 10:00p

Please indicate your store preference when you signup

### **Artists' Dialogue Group**

Second and Fourth Tuesdays (5/13, 27) 2:00p ML2  
Activity for upcoming meetings is TBA.

Please reach out to Arlyss Becker FMI 266-9423.

### **Women's Discussion Group**

Wed., 5/14, 11:00a, HTL

The time for long leisurely summer reading is (almost) upon us. What will you read this



PLEASE SIGN UP  
FOR ACTIVITIES  
& WEAR YOUR  
NAMETAG!

## **SAVE THE DATES!**

## **OV & CC CAMPOBELLO & ST. ANDREWS TRIP**

**AUGUST 18-21,  
2025**



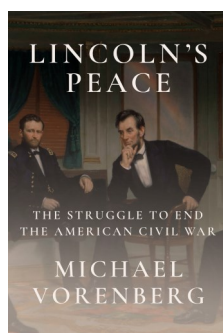
summer? Where do you get your book recommendations? Do you read both fiction and nonfiction? Do you seek out particular genres? Follow particular authors? Do you feel you have to finish a book once you start? Do you ever reread books? What was the best book you read this year? Join us for a lively discussion of all things books and reading. Perhaps you'll leave with a summer reading list!

### **OV Chorus 2025 Spring Concert: *Memories***

Wed., 5/14, 3:00p

Fri., 5/16, 3:00p BBC

Please join your friends and neighbors and hear the lovely melodies the singers have been working on all spring. Two opportunity to attend—please choose one so that all may be accommodated.



### **Book Talk and Signing**

***Lincoln's Peace* by Michael Vorenberg**

Thurs., 5/15, 3:00p

Michael Vorenberg is Maggie Philbrick's son-in-law. Letterpress Books of Portland will be onsite with books available for purchase.

**Author Bio:** MICHAEL VORENBERG is a professor of history at Brown University, in Providence, Rhode Island. He is the author

of *Final Freedom: The Civil War, the Abolition of Slavery, and the Thirteenth Amendment*, which was a finalist for the Lincoln Prize and a key source for Steven Spielberg's 2012 film, *Lincoln*. He is also the author of *The Emancipation Proclamation: A Brief History with Documents*, as well as a number of essays on slavery, emancipation, and the U.S. Constitution. His writings have appeared in the *Chicago Tribune*, *The New York Times*, *Politico*, and *The Washington Post*.

### Poetry Reading Group

Mon., 5/19, 1:30p, HTL

Join us as we gather to share poetry out loud, either our own or our favorites. We'll be by the fireplace - check around the corner.

### OV & the Environment

This lecture series provides an opportunity to hear experts on a large variety of topics about the environment, and to discuss these topics.

**May**, no meeting because of schedule conflict.

**Future meetings** (third Mondays at 3 pm in HTL)

**June 16, Roger Wheeler**, President, **Friends of Sebago Lake** <https://friendsofsebago.org/> will talk with us about the environmental effect of dams.

### Downbeat; S'forzando Sfs! Concert Series

#### Cul de Sax

Mon. 5/19, 3:00p Lunt Auditorium

Did'ya ever hear saxophones play the Benny Hill TV-Show theme, "Yakety-Sax", ....live and in person? On Monday, May 19 (3:00) at Lunt Auditorium, the Cul de Sax Quartet will play that -And Lots More- at 3:00pm. Cul de Sax features the major members of the saxophone family - soprano, alto, tenor, and baritone - played with style by professional musicians. All local Portland-area musicians, the group performs stylistic performances of music from Baroque to Broadway and Joplin to Jazz; They Are F-U-N.

This event is resident sponsored by the "Downbeat; S'forzando Sfs! Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use and on-campus Transportation [please make reservations with Transportation in advance if you need a ride, and expect the program to extend to 75 minutes or so], the members of the Sfs! group itself financially support their own content. All residents are welcome to join "S'forzando Sfs!" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

### Cumberland Crossing Monthly Coffee with Don

Mon., 5/19, 3:00p – Northwind Farm

May speakers to be announced. Dustin Bonk from the Marketing Department will also be in attendance to take resident photos for the bio books.

### OV Women's Book Discussion Group

We alternate fiction and non-fiction and all books are

readily available by request at the Falmouth Public Library, most appearing also in Large Print, E-book, Audio Book or Spoken CD. Come and join us for a lively, informative discussion!

Book schedules for 2025 are available in the nook, in the OceanView library and on the Portal. Take a look and join us! We still need volunteers to lead discussions in July and December. Let Marta Bent know at 781-2912 if you are interested.

#### May's Book

Wed., 5/21, 11:00a—HTL

**Lady Tan's Circle of Women** by Lisa See, led by Mollie Heron

#### June's Book

Wed., 6/18, 11:00a—HTL

**The Demon of Unrest: A Saga of Hubris, Heartbreak, and Heroism at the Dawn of the Civil War** by Eric Larson, led by Pixie Kubeck

This book brings to life the pivotal five months between the election of Abraham Lincoln and the start of the Civil War—a slow-burning crisis that finally tore a deeply divided nation in two.

### Cumberland Crossing Community Book Group

Wed., 5/21, 11:00a, Northwind Farm

Discussing **Brave the Wild River: The Untold Story of Two Women Who Mapped the Botany of the Grand Canyon** by Melissa L. Seigny

### OceanView New Residents Introduction Gathering

Thurs., 5/22 2:00p, BBC

Please join us as we gather to welcome and introduce newcomers to the OceanView community. Invitations to speak will go out to our new residents—please be sure to RSVP. Any resident can sign up to attend the event. Refreshments will be served.

### OV Writers Group

Thurs., 5/22, 2:00p HTL

Welcoming OV writers and would-be writers who are willing to share ongoing efforts in finding the right words for writing reminiscences, stories, poetry, or essays. Part of our meeting is actively writing to a prompt, and the other part is sharing our writings with the group without criticism. As we have time to reflect on past experiences and adventures, writing can be a most satisfying activity.

### Wine Tasting Group

Mon., 5/26, 4:00p BBC (yes, on the holiday)

We will sample 3 Pinot Grigio wines - a popular varietal - to identify and enjoy a few selected bottles among the many choices available.

PLEASE SIGN UP  
FOR ACTIVITIES  
& WEA YOUR  
NAMETAG!



(Continued from page 14)

We will purchase enough wine for the residents who have signed up by Thursday, 5/22—please be sure to cancel by 5/22 if you cannot attend. Please bring \$5 per person to help cover expenses as a Resident Supported event.

### Men's Breakfast

Tues., 5/27, 8:30a DR

Breakfast Buffet and Men's Fellowship. OV Chefs will be cooking up vegetable omelets, crispy bacon, delicious pancakes with Maine maple syrup, and more. *Please sign up by Friday 5/23 for this tasty activity.*

### Food Forum with Dining Services

Wed., 5/28, 11:00a BBC

Discussion with Director of Dining regarding cuisine and service for those who partake in any aspect of Dining Services. Also, **Demystify Your Dining Plan**—come with your questions and learn how to get the most out of your meal plan.

### Cumberland Crossing Resident Speaker Series

Wed., 5/28, 3:30p – Northwind Farm

May speaker to be announced.

### Falmouth Town Council Candidates Meet & Greet

Wed., 5/28, 5:30p Lunt Auditorium

Learn about the candidates and the Town Council itself in time to vote on June 10<sup>th</sup>. Your Falmouth town ballot will include 4 candidates for 3 positions on the Town Council. Come meet the candidates in-person and ask them your questions. Featuring these candidates: Dos Diaz, Bob Kline, Andrew Sharp and Danielle Tracy.

This nonpartisan event is sponsored by the League of Women Voters of the Portland Area, in partnership with the Falmouth Memorial Library and OceanView at Falmouth. It is designed to allow Falmouth residents to learn more about the candidates in this election. The League does not endorse any political party or candidate for elective office. Activities will find out if there's a preferred way for you to register for this event.

### UPCOMING IN JUNE

#### iZōsh

Mon., 6/2, 7:00p BBC

All OV and CC women are invited to come to a meeting of iZōsh, 7:00 on June 2, 2025.

iZōsh is a gathering of women who come together to do good together. We meet to learn about the lives of women living in poverty around the world and then



offer a hand up through micro loans funded by our members. That's always cause for celebration! Our speaker is Kim Wiggin, co-founder of *Lillies of the Field* in Ghana. Kim will talk about the lives of women in Ghana and the work of a fascinating school which includes the performing arts. She will also share incredible handiwork from this country. There's no financial obligation so come check it out - we would love to have you as a guest. For more information, contact Sally Dunning or [izoshmaine@gmail.com](mailto:izoshmaine@gmail.com)

### SCREENING ROOM

**Welcome to the Screening Room!** With full capacity to seat attendees in our 36 seat theater, we have returned to single showings of most films in the Screening Room; showing newer or anticipated popular films twice. ***Please be sure to sign up for movies at the sign-up nook.***

***We want you!*** Do you enjoy coming to the movies? Are you technically inclined? Can you manage your TV remote at home, switching from cable to your DVD or Blu-ray player, or locating streaming services? In just a few short steps we can teach you how to run the movies in the Screening Room—key to having our night and weekend films up and running. Please talk to Amy or Marcia in Activities if you would like to learn how.

### New Series from National Geographic!

#### *Incredible Animal Journeys*

Fridays at 2:30p

This is a planet on the move - animals in every landscape are embarking on epic migrations in search of food, shelter, and love.

Fri., 5/2 1 Ocean Odysseys (47m)  
Fri., 5/9 2 Chasing the African Rains (45m)  
Fri., 5/23 3 Alaska's River Race (47m)  
Fri., 5/30 4 Home at the End of the Earth (45m)

Last ones in June, tbd.

5 Polar Parenting (45m)

6 Frequent Fliers (45m)

### Opera, Dance & Theater on Film

**Tues., 5/6 – 6:30p A Comedy of Errors**

1980's? NR 150 min. Opera/Dance/Theater on Film  
The Flying Karamazov Brothers bring this Shakespeare comedy to the stage with juggling, dancing, and all manners of humor. See if you recognize our local pre-show vaudevillian comedian. *Marcia says, "This production was apparently shown just once on PBS Great Performances, but is a favorite of my husbands, so I bring it to you."*

(Continued on page 16)

### Quick Reference List

Thurs., 5/1 – 2:30p **Pollyanna** 1960 Disney  
Sat., 5/3 – 6:30p **Conclave** 2024 Drama  
Sun., 5/4 – 6:30p Resident Movie TBA  
Tues., 5/6 – 6:30p **A Comedy of Errors**  
2009 Theater/Vaudeville  
Wed., 5/7 – 6:30p **The Room Next Door**  
2009 Drama  
Thurs., 5/8 – 2:30p **Jane** 2017 Doc  
Sat., 5/10 – 6:30p **Terms of Endearment**  
Resident Movie TBA  
Sun., 5/11 – 6:30p  
Wed., 5/14 – 6:30p **Ever After: A Cinderella Story**  
1998 Fantasy/Romance  
Sat., 5/17 – 6:30p **Joyride** 2022 Drama/Comedy  
Sun., 5/18 – 6:30p Resident Movie TBA  
Wed., 5/21 – 6:30p **True Lies** 1994 Action/Com  
Sat., 5/24 – 6:30p **The Best Years of Our Lives**  
1946 Classics  
Sun., 5/25 – 6:30p Resident Movie TBA  
Wed., 5/28 – 6:30p **The Age of Innocence**  
1993 Drama  
Thurs., 5/29 – 2:30p **Jojo Rabbit** 2019 Dark Comedy  
Sat., 5/31 – 6:30p **Tombstone** 1993 Western

**Thurs., 5/1 – 2:30p Pollyanna**  
1960 G 135 min Disney/Classics  
An orphan brings sunshine into the lives of everyone she meets, despite her stifling aunt. **Cast:** Jane Wyman, Richard Egan, Karl Malden, Nancy Olson, Adolphe Menjou, Donald Crisp

**Sat., 5/3 – 6:30p Conclave**  
2024 PG 120 min Drama  
When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the center of a web of conspiracies and intrigue that could shake the very foundation of the Catholic Church. **Cast:** Ralph Fiennes, Stanley Tucci, John Lithgow, Isabella Rossellini

**Wed., 5/7 – 6:30p The Room Next Door**  
2024 PG-13 116 min. Drama  
Ingrid and Martha were close friends in their youth when they worked together at the same magazine. After years of being out of touch, they meet again in an extreme but strangely sweet situation. A richly layered story of friendship, memory, and mortality. **Cast:** Tilda Swinton, Julianne Moore, John Turturro; **Director:** Pedro Almodóvar

**Thurs., 5/8 – 2:30p Jane**  
2017 PG 107 min. Documentary  
Drawing from over 100 hours of previously unseen archival footage, director Brett Morgen tell the story of JANE, a woman whose chimpanzee research revolutionized our understanding of the natural world. Set to a rich orchestral score from legendary composer Philip Glass, the film offers an intimate portrait of Jane Goodall - a trailblazer who became one of the world's most admired conservationists.

**Sat., 5/10 – 6:30p Terms of Endearment**  
1983 PG 132 min. Drama  
Widow Aurora Greenway juggles her own struggles with a new romantic interest while trying to sort out the emotional problems of her daughter who's married to a philandering husband. **Cast:** Shirley MacLaine, Debra Winger, Jack Nicholson, Danny DeVito, Jeff Daniels, John Lithgow

**Wed., 5/14 – 6:30p Ever After: A Cinderella Story**  
1998 PG-13 122 min. Romance/Comedy  
A young woman, forced into servitude by her evil stepmother, falls in love with a prince while pretending to be a princess. She must then struggle to hide her true identity even as one of her stepsisters prepares to marry the prince. **Cast:** Drew Barrymore, Anjelica Huston, Dougray Scott, Patrick Godfrey, Megan Dodds, Melanie Lynskey

**Sat., 5/17 – 6:45p Joy Ride**  
2022 NR 95 min. Drama/Comedy  
A headstrong solicitor's plan to offload her new born baby to her sister is derailed when a vulnerable but opinionated teenager steals their taxi. **Cast:** Olivia Colman, Charlie Reid, Lochlann O'Mearàin, Elaine Kennedy, Seamus Kennedy, Tim Landers

**Wed., 5/21 – 6:30p True Lies**  
1994 R 141 min. Adventure/Comedy  
Secret Lives collide when Harry and Helen find themselves in the clutches of terrorists. **Cast:** Arnold Schwarzenegger, Jamie Lee Curtis, Tom Arnold, Bill Paxton, Tia Carrere, Art Malik

**Sat., 5/24 – 6:30p The Best Years of Our Lives**  
1946 NR 170 min. Drama  
Three World War II veterans, two of them traumatized or disabled, return home to the American Midwest to discover that they and their families have been irreparably changed. **Cast:** Myrna Loy, Dana Andrews, Fredric March, Teresa Wright, Virginia Mayo, Cathy O'Donnell, Hoagy Carmichael

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**Wed., 5/28 – 6:30p    *The Age of Innocence***

1993 PG 139 min.                      Drama

New York aristocrat Newland Archer strains the intransigent mores of Gilded Age society when he falls for his fiancée's scandalous cousin. **Cast:** *Daniel Day-Lewis, Michelle Pfeiffer, Winona Ryder, Geraldine Chaplin, Michael Gough, Richard E. Grant, Mary Beth Hurt, Robert Sean Leonard*

**Thurs., 5/29 – 2:30p    *Jojo Rabbit***

2019 PG-13 108 min.                      Dark Comedy

A young German boy in the Hitler Youth, whose hero and imaginary friend is the country's dictator, is shocked to discover that his mother is hiding a Jewish girl in their home. **Cast:** *Roman Griffin Davis, Thomasin McKenzie, Scarlett Johansson, Taika Waititi, Sam Rockwell, Rebel Wilson, Alfie Allen, Stephen Merchant*

**Sat., 5/31 – 6:30p        *Tombstone***

1993 R 130 min.                              Western

A successful lawman's plans to retire anonymously in Tombstone, Arizona, are disrupted by the kind of outlaws he was famous for eliminating. **Cast:** *Kurt Russell, Val Kilmer, Sam Elliott, Bill Paxton, Dana Delany, Powers Boothe, Michael Biehn, Charlton Heston, Jason Priestly*



**MAY 2025 BIRTHDAYS**

1 Fran Johnson, L345  
1 Gloria Otley, L229  
2 Merle Marie Troeger, 3 Principal  
3 Jon Weiss, C108  
4 Dorie Salzman, 6 Scholar  
5 Trisha Brinkman, 1 Ivy  
6 Penny Myles, 1 Honeysuckle  
7 Bonny Yelverton, L333  
7 Sherlyn Morrisette, HTL2D  
7 Jerry Morris, B5301  
8 Evelyn Burckle, WF23  
8 Vicki Webster, B5303  
8 Tom Sharpless, HL7  
8 Diana Allen, 3 WFL  
9 Mike Cassidy, B7201  
9 Nancy Rapoport, 5 NWF Rd  
10 Bill Allanach, L101  
13 Linda Grant, 13 Periwinkle  
14 Nancy Evans-Bennett, C58  
14 Cindy Halliday, 85 LAD  
14 Walther Hildreth, 6 Mallard  
15 Sue Schmitt, L353  
16 Ilga Harrington, WF17  
17 Gina Grier, 1 NWF Rd  
18 Jeannette Sowles, L348  
22 Martin Feldman, C55  
22 Mary Zeilon, 4 Collegiate  
22 Pat Chesebro, 4 Principal  
22 Anita Jones, C47B  
22 Cynthia Mahoney, L228  
23 Don Fulton, 15 Mallard  
23 Jim Maier, 4 Primary  
23 Terry Moore, 1 Collegiate  
24 Jacques Larochelle, 4 Periwinkle  
24 Jim Messersmith, C58  
25 Bob Kent, B7303  
25 Glen Wildes, B7104  
25 Bill Gatchell, 6 Principal  
26 Margot Gatchell, 6 Principal  
26 Bart Dunning, 5 Principal  
27 Ann Sanborn, C46  
30 Marsha Jewett, 2 English  
31 Christine Bradbury, 42 Marion  
31 Jane Briggs, L349



**Mary Ireland (Main Lodge)**

comes from Louisville, KY, and still watches the Kentucky Derby every year. Her father was an accountant with Hurdler Brothers, and her mother--ahead of her time in the 1920s--wore pants, rode a motorcycle, and ran a beauty salon in the famous Seelbach Hotel.



Often called “Dr. Mary” or “Nurse Mary” by her friends, Mary earned her B.S. in nursing at Spaulding College in Louisville and her M.A. and Ph.D. in nursing from New York University. Her doctoral thesis focused on young children living with HIV/AIDs. Mary moved to New York City in 1962, remaining there for more than 50 years. She married the father of her two daughters, who was a professor of medicine and pioneer in cancer and stem-cell research. She raised her daughters, Laura and Marguerite, in Greenwich Village while pursuing her nursing career.

Mary worked in the early years of the HIV/AIDS crisis in New York City, conducting research and volunteering at the Gay Men's Health Crisis. She taught community-health nursing at Rutgers University and Long Island University and spent a year abroad in Madrid, Spain, assisting St. Louis University in developing their nursing-abroad program.

Her 40+ years of nursing service are her legacy.

Mary's second husband of 33 years, Jack Ireland, now deceased, ran his father's electrical and trades business, which was responsible for the installation of lights when Rockefeller Center was being built in 1939. His family immigrated at the turn of the century through Ellis Island from Scotland and made their home in the Bronx.

Mary and Jack loved the culture of New York City while enjoying summer and early fall at their summer home in the Catskills. Jack was an avid golfer although Mary seldom got on the green. She preferred to swim and garden in their upstate Catskills summer home. Mary loves a decaf cappuccino and a good Venice murder mystery. She would love to live in Venice if she could.

(MI & NW, 10/2024)