Good to Go

Please call 781-4460 before 12:00 for same day meal service. Deliveries are made between 4:45 and 5:15. Please be home to accept delivery. Pick ups are ready at 4:45 or 6:00 by request.

Delivery charge of \$6.00 per address applies Our appetizers, entrees & side selections sides are prepared on the premises *Please notify us of any allergies at time of order.*

MONDAY

Chicken Noodle Soup (df) \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95 Pork Tenderloin with Cranberry Orange Sauce (gf,df) w/ Two sides \$19.95 Savory Crepes with Leeks & Gruyere w/ Two sides \$19.95 OceanView Burger on a Roll w/ two sides \$19.95 Seared Salmon Filet (qf,df) w/ two sides \$19.95 Israeli Couscous ~ Spinach Sauté (gf,df) ~ Vegetables Julienne (gf,df) Key Lime Pie or Chocolate Cake Bomb \$6.95

TUESDAY

Sweet Pea Soup \$5.95~ Green Salad \$5.95 ~ Fresh Fruit Cup \$5.95 Salmon Burger on Potato Roll w/ Two Sides \$19.95 Roast Turkey Breast with Gravy w/ Two sides \$19.95 OceanView Burger on a Roll w/ two sides \$19.95 Seared Salmon Filet (*gf,df*) w/ two sides \$19.95 Stuffing~ Asparagus (gf,df) ~ Cauliflower (gf,df)Key Lime Pie or Chocolate Cake Bomb \$6.95

May 5-9, Week 6

Kale & Potato Soup (gf,df) \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95 Roasted Sirloin au Jus (*gf,df*) w/ two sides \$19.95 Seafood Quesadilla w/ two sides \$19.95 OceanView Burger on a Roll w/ two sides \$19.95 Seared Salmon *Filet* (*gf,df*) w/ two sides \$19.95 Baked Potato (*gf*,*df*) ~ Broccoli (*gf*,*df*) ~ Succotash (*gf*,*df*) Key Lime Pie or Chocolate Cake Bomb \$6.95

THURSDAY

Lentil Vegetable Soup (gf,df) \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95 Eggplant Parmesan w/ two sides \$19.95 Chicken Marbella (qf,df) w/ two sides \$19.95 Seared Salmon Filet (*gf,df*) w/ two sides \$19.95 OceanView Burger on a Roll w/ two sides \$19.95 Garlic Bread ~ Peppers & Onions (*gf*,*df*) ~ Zucchini Casserole Key Lime Pie or Chocolate Cake Bomb \$6.95 **FRIDAY**

Sweet Corn Soup \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95 Baked Haddock w/ two sides \$19.95 Pork & Vegetable Stir Fry (*qf*,*df*) w/ two sides \$19.95 OceanView Burger on a Roll w/ two sides \$19.95 Seared Salmon Filet (*qf*,*df*) w/ two sides \$19.95 Orange Rice (gf,df) ~ Carrot Raisin Salad (gf,df) ~ Baby Bok Choy (gf,df) ~ Key Lime Pie or Chocolate Cake Bomb \$6.95