

# OceanView's **Falmouth Food Pantry \$ Fundraiser** Is On Now!

**Yes! Even Falmouth has families experiencing food insecurity.**

**We can make a difference!** For 16 years, OceanView residents have generously supported the **Falmouth Food Pantry**. Please donate today. You'll be providing crucial assistance to about 200 "families" from populations that—right now, urgently—need your help.

- working poor families with children
- disabled and elderly individuals living on low fixed incomes
- people with catastrophic medical bills
- emergency situations



**Your Donation Goes Directly To Where It's Needed.** Food is brought to and packed at the food pantry (next door to Falmouth Town Hall) and delivered once a month to family homes in the area. Home delivery by volunteers, like John, Ray and Arlyss, started during Covid and continues today.

**Please Help. No donation is too small or too big!** Bring your donation - check (payable to Falmouth Food Pantry) or cash - to reception at the Main Lodge; or mail your check directly to Falmouth Food Pantry, 279 Middle Road, Falmouth, ME 04105 and indicate OceanView on the memo line. Falmouth Food Pantry is a 501(c)(3) charity and entirely volunteer run.



**Thanks to OceanView**, 4 raffle prizes will be awarded each week in June to the previous week's donors. June 1-30.

For more information: Molly Morell, [mmorell@maine.rr.com](mailto:mmorell@maine.rr.com) or 207-747-9257.

# **Campobello Island & St. Andrews, New Brunswick, Canada**

## **OV & CC Residents (& Builders!) Trip — 4 days, 3 nights—August 18-21**

### **Itinerary, subject to change:**

#### **Monday, 8/18:**

- ⇒ Depart (~10:00a) with OV staff, boxed lunch
- ⇒ Arrive Campobello (3:30-4:00 US/4:00-4:30 CN time)
- ⇒ Dinner
- ⇒ After-Dinner Speaker (approx. 7:30 CN)

#### **Tuesday, 8/19:**

- ⇒ Narrated tour of Island on coach
- ⇒ Explore Campobello on your own w/boxed lunch
- ⇒ Dinner
- ⇒ After-Dinner Speaker (approx. 7:30 CN)

#### **Wednesday, 8/20:**

- ⇒ Breakfast & Morning Boat Nature Excursion across Passamaquoddy Bay/Bay of Fundy w/boxed lunch (*rain or shine*)
- ⇒ Arrive at dock in St. Andrews (Algonquin Resort)
- ⇒ Sightseeing
- ⇒ Dinner
- ⇒ After-Dinner Speaker (approx. 7:30 CN)

#### **Thursday, 8/22:**

- ⇒ (time tba) Bags out and Breakfast
- ⇒ Stops on the way home TBD, boxed lunch
- ⇒ Arrive home late afternoon

### **Included in the Trip**

- Motorcoach Transportation and driver by VIP Tours (restroom on coach)
- One room two nights at one of the five cottages on the Campobello Roosevelt property, and one room one night at The Algonquin Resort in St. Andrews.
- Meals: 4 boxed lunches, 3 served dinners, 3 breakfast buffets, dining gratuities
- Canadian sales tax and Destination Fees
- Speakers, Narrated Island tour, Boat Excursion, Cottage tours, Walk/Hike (weather permitting), Sightseeing (tbd) in St. Andrews
- Accompanying OV staff/trip facilitator

### **Not Included:**

- Housekeeping gratuities

All of the bedrooms at Campobello are **2nd floor walk-ups—no elevator**. There are also a few 3rd fl walk-ups if you don't mind stairs. Each of these rooms has an inside bathroom. There are only a few King rooms.

All the bedrooms at the Algonquin Resort are Queen or Doubles, and there is an elevator.

### **Pricing:**

**For 2 people= \$2,560** (\$1280/pp ):

King room Campobello, Queen room Algonquin

**For 2 people= \$2,446** (\$1223/pp ):

Double Twin or Queen room Campobello,

Double room Algonquin

**For 1 person = \$1,684**

Double room at Campobello, Queen room Algonquin

*(There are also a few discounted rooms at*

*Campobello with unusual amenities—such as 4th floor walk up or bathroom across the hall—ask Dawn)*

In order to accommodate as many residents as possible in the Campobello rooms, 2 people in a double twin, queen or king room will be given priority over 1 person in a double twin, queen or king room.

**A deposit of \$600/pp** will go on your July bill.

The remainder will be on your August bill.

**Cancellation:** The deposit can be reimbursed until **July 18**, please speak to Dawn.

### **Roommates Wanted:**

If you are willing to share a double room, but do not have a roommate, please let Dawn know and she will try to match you with one.

### **REGISTRATION:**

Beginning **THU June 5th**, please **call or email** Dawn with your room preference. Rooms will be assigned in order from the date-stamp of the voice/email.

Please do not line-up outside Dawn's door, that has not worked well in the past.

**PASSPORT REQUIRED:** If you are participating in this trip you must have **a valid passport through 9/1/25** which usually takes around 6 weeks to get.

# OCEAN VIEWS UPDATES

May 30, 2025

## ADMINISTRATION MEMOS

### OceanView Regular Front Office Hours

Monday-Friday 8:30a-5:00p  
Saturday & Sunday 10:00a-2:00p

### New & Incoming Residents

Betsy Kyle	5/1	HTL3G
Ave & Glenn Glasstetter	5/1	7 Monarch
Frances Thayer	5/9	L109
Jane Smith & Byron Borst	5/15	HTL1F
John Workman & Merle Marie Troeger	5/21	3 Collegiate
Katherine Benson	late May	L217
Diane Neveau	6/2	142 LAD
Toby & Stacie Webb	mid-June	4 WFL

### Staff Away

Shireen Shahawy	5/30
Mitchell DeBortoli	5/30, 6/6, 6/27-7/4
Ed Fertig	6/11-13, 6/27
Diane Kibbin	6/12-17
Dustin Bonk	6/20
Katie Wagner	6/24-25
Don Wessels	6/30-7/11

### Thank You!

**Anne Levy** with her daughter who gave a helpful class for those pursuing online genealogy resources; all members of the **OV Chorus**, with **Tom Greig** at the directing helm and able Chorus Manager **Bill Gatchell** with **Margot Gatchell** for a wonderful spring chorus concert full of *Memories*, and **Brian Knoblock** filming the concert; **Maggie Philbrick** for letting us know her author son-in-law Michael Vorenberg was going to visit, so we could have him for an author talk and fascinating lecture on the end of the Civil War; Thank you to the Neighbor-to-Neighbor volunteers who assisted OV residents with absentee ballot applications and voter registrations after Community Council: **Arlyss Becker**, **Cindy Estes**, **Meg Flack**, **Pixie Kubeck**, **Sandra McElwaine**, **Judith Moll**, **Mary Beth Morris**, and **Susan Pines**.

### Service Notice

There will be a formal memorial service for Priscilla on June 14<sup>th</sup> at 1:00 at the First Universalist Church, 97 Main Street, Yarmouth ME. The family is hoping that those who knew and loved Priscilla will plan to attend. There will be a (free) van available for those

who don't want to drive. Please let Cathy McDowell ([cmcdowell643@gmail.com](mailto:cmcdowell643@gmail.com)) know if you want a van ride.

Ocean View residents are invited to a BYOB at the fire pit on Friday June 6<sup>th</sup> 4:00-5:00 to gather, share stories and celebrate the life of Priscilla Platt.

Appetizers will be provided. Rain date Sunday June 8<sup>th</sup>.

### Name Change

You will notice that we have chosen a new title for our Activities and Fitness calendar. We believe that 'Lifestyle Calendar' better represents what Active Independent residents are looking for, and what we strive to offer. Whether it is planning traditional favorites, or assistance coordinating resident-run programs, your Activities Team is here for you!

### Wood Shop Use

Please let us know about your use of the OV Wood/Workshop.

There is a reply form at the nook. Please indicate::

- Your Name
- How often you use the shop
- If you want to use it but don't, what is the reason you don't?
- Was the Wood Shop a draw for you to move to Oceanview?

You may also call or email Activities and let them know: ext. 114, [katie@oceanviewrc.com](mailto:katie@oceanviewrc.com)



### Maintenance/Landscaping

The Maintenance Crew will pick up yard debris every Wednesday this season.

(Continued on page 6)



**American  
Red Cross**

### BLOOD DRIVES

**Wednesdays 6/11 & 6/25**

**10:00-2:30p @ Lunt Auditorium**

**Volunteers & Donors - Critical Need!**

**Please Call 1-800 RED CROSS**





**Donations gratefully accepted during  
sale hours in Blueberry Commons Room  
1:00-5:00p Fridays  
June 13th & 27th  
No Sale Dates in July or August**

Residents, families and staff may visit us on sale days, and also see gift items at our display case near the Gazebo Grille in the Main Lodge—Inventory changes often. The Front Desk will hold any item you are interested in until you have paid; please leave exact cash or a check [*confirm to whom to write the check at the Front Desk*].

**Nonprofit recipient for the first half of 2025 is  
OceanView Resident Assistance Fund [OVRAF]**

Your suggestions and volunteering are encouraged and welcome because “it takes a village”. Here is a good opportunity to meet and talk with fellow residents and our OV staff.—Eunice W, Donna K, Mabel G, Judy P & Jane H. For inquiries: [eunice.w75@gmail.com](mailto:eunice.w75@gmail.com)

To volunteer: [dknoblock@maine.rr.com](mailto:dknoblock@maine.rr.com)

Thank you for your support.

### **CUMBERLAND CROSSING UPDATES**

It feels like summer has begun at Cumberland Crossing - the pool is open! We are so happy to have our beautiful, salt water heated pool open for the season. Keys and release forms for Residents and Builders can be obtained at Northwind Farm Community Center. Please call Don Wessels at 207-781-4460 ext. 148 to schedule a good time.

### **PHASE 2 SALES**

There is still a chance to customize a cottage in our last neighborhood, but don't wait! There are only a few sites left....call today!

### **TOURS**

Just call or email for more information or to schedule a tour: Gloria Walker at 781-4460 ext. 150 or [gloria@oceanviewrc.com](mailto:gloria@oceanviewrc.com) or Shireen Shahawy at 781-4460 ext. 103 or [shireen@oceanviewrc.com](mailto:shireen@oceanviewrc.com). We are available any time by appointment!

### **ACTIVITIES/EVENTS Highlights at OceanView**

(FMI see pp 17 & 18 in this Updates)

Mon., 6/16, 2:00p **Fred Moyer in Concert** Lunt RSVP

Wed., 6/18, 1:00p **Opera Maine Talk** HTL

Tues., 6/24, 2:00p **Maine State Music Theatre Singers**  
Lunt RSVP

***Request van transport from  
Transportation for events above.***

### **JUNE ACTIVITIES at Cumberland Crossing**

*at Northwind Farm unless indicted*

Monday, 6/16, 1:30pm—Cribbage

Monday, 6/16, 3:00pm—Coffee with Don

Amy Cunningham, Activities Assistant;

Laura Neleski, Cumberland Town trash maven to discussing the switch to automated trash pick-up;

Jesse Lamarre-Vincent, discussing the orchards and the pollinator garden behind Town Hall

Tuesday, 6/10, 10:00am—Men's Discussion Group

Tuesdays, 1:00pm—Mahjonn (location changes)

Wednesdays, 2:30pm—Stretch & Balance Fitness

Wednesday, 6/18, 11:00am - Book Club

*Madame Fourcade's Secret War*, by Lynne Olson

Wednesday, 6/25, 3:30pm - CC Speaker Series

Sam Johnson, on Habitat for Humanity

Thursdays, 9:45am – Transportation to Thursday

*Wellness Clinic* hours at OV—call for ride

Thursdays, 6/5, 6/19, 10:00am – Stitchers Group

Thursdays, 4:00pm—Oneness Meditation (location TBA)

w/ Anne Dean ([anneldean@gmail.com](mailto:anneldean@gmail.com))

Thursday, 6/19 4-6:00p Women's Group (location TBA)

Fridays, 11:00am—Yoga with Grace

Saturday, 6/14, 7-9:00pm, Bingo Night BYOB *sign up!*

*Please contact Don Wessels with any questions:*

(207) 781-4460, ext. 148 or [don@oceanviewrc.com](mailto:don@oceanviewrc.com)

# Updates & Special Dining Events in June

## Community Supper

BBC Community Supper ~  
**“Strawberry Celebration”**: Saturday  
 June 28th, 5:00 pm. Join your  
 friends and neighbors in the  
 Blueberry Common’s Community  
 Room. Menu to include: Tortilla  
 Chips with Strawberry Salsa, Cobb  
 Salad with Chicken, Avocado &  
 Strawberries and Strawberry Ice  
 Cream Sundaes.  
 \$18.00 plus tax or 1 meal plan point  
 for gold, silver and bronze  
 participants. Call the front desk at  
 781-4460 to reserve a spot, seating  
 is limited.

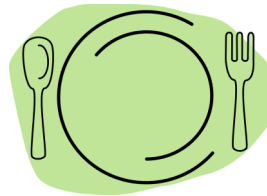
## Have you been diagnosed with a Food Allergy?

OceanView’s ordering technology  
 enables us to track allergens and  
 create an alert to dining staff when  
 you order. If you have been  
 diagnosed with a food allergy and  
 would like to activate that alert as a  
 preventative measure, please send  
 an email to  
[diningdirector@oceanviewrc.com](mailto:diningdirector@oceanviewrc.com).  
 Please continue to notify your server  
 when ordering, and we will take the  
 necessary precautions.  
*Note: not all menu items can be  
 adjusted. Our kitchens do process  
 foods with allergens and your  
 information helps us prevent cross  
 contamination.*

## OceanView Dining Services

Call OV Front Desk: 207-781-4460

**After Hours for questions about your Order or Delivery**  
 Call the ML Kitchen: 207-781-4464 x 124



**Transportation by  
 van or car to and  
 from Whipple  
 Farmhouse or the  
 Main Lodge  
 Dining Room**

is now available  
 at no cost for  
 dinner Monday -  
 Friday. RSVP with  
 two days advance  
 notice to the  
 Transport office:  
 207-781-4460  
 x109

## HOURS

### GAZEBO GRILLE

Mon.-Fri. 11:00a-5:00p  
 Wine and Beer for On-Site  
 Meal Plan Points Vary  
 Bill to account or Cash only

### MAIN LODGE DINING ROOM\*

Mon.-Fri. 4:30p—1st Seating  
 5:30p—2nd Seating  
 Sat. Breakfast 8:00-9:15a  
 Sun. Brunch 11:45-1:00p  
 2 Meal Plan Points

### WHIPPLE FARM DINING\*\*

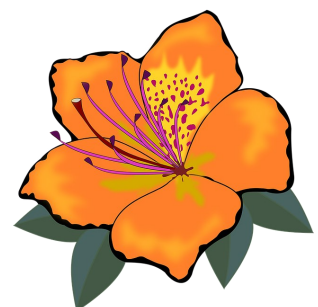
Thu./Fri./Sat. 4:30-7:00p  
 3 Meal Plan Points

### GOOD-TO-GO

Mon.-Fri. Call before 12:00n  
 Pick up at 4:45 or 6:00p (DR)  
 or Delivery (\$6)

**\*24 Hour Advance Reservations  
 required for: Residents’ Guests;  
 Silver, Bronze, BBC, & Cottage  
 Plans, and No-Plan residents.**

**\*\*Reservations required—call:  
 207-274-4935 (for WFD only)**



## CONSTRUCTION UPDATES

**To Stay Informed about Construction:** The best way to get construction updates is through our email list. If you are not on it, please contact Dustin at [dustin@oceanviewrc.com](mailto:dustin@oceanviewrc.com)

For your safety, do not enter the construction zone. Blasting schedules will be shared as soon as they're available, our goal is to include a sheet with expected days and time ranges.

Also, please make use of the weekly informational meetings, held at the Main Lodge First Floor Conference Room across from the Reception, we're there every Thursday from 3-4:00p for questions and concerns. —*Mitchell DeBortoli*

## COVID-19 COMMUNITY UPDATE

We have had no cases on the campuses since our April 2025 Update! We continue to do contact tracing and encourage testing for those who have been in close contact with someone that has tested positive. Testing with any cold or flu symptom continues to be the most effective way to reduce transmission.

—Diane Kibbin

## WELLNESS NOTES

### Wellness Clinics—Drop-in ML3 WO

Mondays 1:00-3:00p

Thursdays 10:00a-12:00p

The Wellness Office is staffed during these times to evaluate medical concerns, check blood pressures, or offer advice in navigating the health care system. This service is included in your monthly fees when you visit the Wellness Clinic at these times.

Please do not wait until the clinic to reach out if you are experiencing a health issue, you may contact the Wellness Nurses for a home visit anytime you are experiencing in non-urgent medical issue. There is a fee associated with these visits, but it could save a trip to the emergency room with early intervention.

**We are now offering a van for Cumberland Crossing residents who would like to come to the Thursday Wellness Clinic hours;** please confirm with Transportation (781-4460) the day before for pick-up between 9:30-9:45a.

**OceanView's Wellness Nurses** are your medication management professionals! If you need or want help filling pill boxes, reordering prescriptions, and picking up prescriptions call us! Every week a nurse will come

to your home to refill your medication pill box, call providers as needed for refills or prescription changes, and reorder prescriptions for you. Call the Wellness Office at x118. *\*Medication management charges are noted on your concierge fee schedule and are included in your monthly bill.*

**Lab Services** on hiatus until we find a new provider

### Caregiver's Support Group

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is caring for another adult here at OceanView, led by a member of the Community Wellness team.

Wed., 6/4, 1:00p—HTL

Wed., 6/18, 10:00a—BBC

### Grief Support Group

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is grieving a spouse or otherwise, led by a member of the Community Wellness team.

Tues., 6/24, 1:00p—HTL

### Garret Cole's Parkinson's Fitness & Support

Thursdays, 11:00a at Falmouth House



### Hearing Aid Appts

Thurs., 6/12, ML3c

For an appointment call Falmouth Hearing Aids at 207-541-9295.

### Balance Screenings

Thu., 6/12 1:00-2:00p—HTLa

(Amenities Room, lower level Hilltop Lodge)  
Please sign up for a 10-minute appointment with the Physical Therapist from Fox Rehab. *Please add your name to the Wait List if all appointments are full, so we know and are able to address additional interest.*  
Quarterly, Mar/Jun/Sep/Dec

## OTHER SERVICES

### Hair Salon with Jodi Evers ML3S

Call for appointment: 561-602-4200

### Nail Services ML3S - on Saturdays

Call Elaine Fitz for appointment: 207-956-2962

### Massage with Linda Dillingham HTLa

Please call Linda directly to make an appointment: 207-712-6889



**Traveling nurse Joline L. Pothier** will come to your home for *foot and toenail* care services; she is increasing her days at OV to 2x a month. Call 207-229-7968 or email [jolinelpothier@gmail.com](mailto:jolinelpothier@gmail.com). Let her know you are an OV resident.

**Bath Savings Bank**—Main Lodge 3<sup>rd</sup> floor, ML3c. A teller from Bath Savings spends one hour at OV on most Tuesdays at 9:00a. For residents they will cash a check, and they bring quarters. For patrons of Bath Savings other services can be performed, as well.

### THE RESIDENT PORTAL

See what's new on **The Resident Portal!**

The Portal is a spot for residents to get easy access to many resources, including **calendars**, the **Resident Bulletin Board**, **The Gazebo Grille Blackboard Specials**, and more!

**New this month: The OceanView Chorus Spring Concert!** There is a link to the Chorus photos and YouTube video on the Portal. Do you see a photo of yourself you'd like to have? Email me and I can send it to you!

**Please bookmark the Portal on your computer or phone** and check it often! The Resident Portal is meant only for residents and members of our Priority Waiting List. It is not listed on our website, and it is not searchable online. The link to the Portal is:

<https://oceanviewrc.com/portal/>

—Dustin Bonk



### OV LIBRARY COMMITTEE

The Library Committee meets on the first Tuesday of the month (6/3) at 3:00p in the OV Library. During meetings, residents are welcome to come and share their concerns (or praises) about the Library.

### FROM THE NEW BOOKS SHELF

New to **FICTION** this month is *The Mighty Red*, i.e., the Red River Valley, by Louise Erdrich; *In the Woods* by Tana French, the first of her very popular thrillers; and *The Rachel Incident* by Caroline O'Donoghue. *Rachel* was a TIME and NPR Book of the Year and USA Today bestseller, WOW! Our classic novel is *All the King's Men* by Robert Penn Warren. In **NONFICTION**, we've added two books of essays. David Remnick has written *Holding the Note* which features essays on musicians including Aretha Franklin,

Paul McCartney, Keith Richards, and Bruce Springsteen. The other book of essays, *The Art of the Myth*, is in the **MAINE COLLECTION**. These are a collection of columns by Michael Burke which originally appeared in Down East and Yankee magazines. New to the library is *Rin Tin Tin* by Susan Orlean. Orlean finds unique approaches to important subjects, i.e., *Saturday Night* about how Americans spend their Saturday nights; and *Orchid Thief* which revealed loopholes in rare species law; and *The Library Book* about the function and use of libraries through a case of arson. Her writing is captivating; I wonder what broader issue *Rin Tin Tin* will reveal. *When Women Ran 5<sup>th</sup> Avenue* by Julie Satow is about the women who ran Bonwit Teller, Lord & Taylor and Henri Bendel. A timely subject as I write this is *Vatican Spies* by Yvonnick Denoel. It promises to uncover entertaining incidents of Vatican 'moles', secret negotiations and other various intrigues. Readers of Heather Cox Richardson's daily column may enjoy *Democracy Awakening*. Finally, in **BIOGRAPHY**, is Katie Couric's *Going There*. It looks as engaging, optimistic and fun loving as its author.

Barbara Briggs for the Library Committee

### COMMUNITY COUNCIL REFLECTIONS

Nancy Wanderer, President

Some people believe in angels, signs, and miracles. Others rely almost entirely on rationality and science. All my life, I have believed in everything: angels, signs, miracles, rationality, and science. Sometimes, things have happened to me that made sense, like enjoying the success that came from being an honest, hardworking, reliable person. Other times, life threw me a curve ball that seemed to make no sense at all in the most heart-breaking way, like when my baby was born with a heart defect and lived only three days. At age 25, I learned the difficult lesson that things will not always work out, no matter how good you are, no matter how hard you try, no matter what you do. This year, life has thrown us all some curve balls. Our financial foundation seems to be crumbling, even as we are relying more and more on our retirement accounts and investments. Our children and grandchildren are being fired from their jobs in the federal government through no fault of their own. Funding for vital medical research is being slashed. Vaccines for diseases we thought had been eradicated like polio are being disparaged. Universities and law firms are being attacked. Medicaid is on the chopping block. How do we carry on in times like these? What can we believe in? In answer to these monumental questions, I offer a simple story that is giving me hope today. The

(Continued on page 8)

subject of the story—a lost car key—is inconsequential when compared to the disasters I listed above. Nevertheless, what happened with that car key is giving me the hope I need to carry on.

A few weeks ago, Susan and I had dinner with friends. We drove to their OceanView cottage with the key safely tucked in my pocket. The next day, we went to church and then to Fieldstone Gardens in China, Maine. The day after that, when I reached for my key on the little rack by the door, I was stunned to find it gone. For the next two weeks, Susan and I searched high and low for that key. We knew it had to be in our house because we used it to drive home, but where could it go? The following few weeks were filled with matters more important than that key. I had thoracic surgery in Boston for suspected lung cancer. Luckily, the mass in my lung turned out to be the product of an infection, not cancer. We celebrated that news after the surgery and yesterday when we drove to Boston for my post-op appointment, where I was declared to be in fine shape. On the way home from the doctor's office, I needed some lip gloss and dug into my backpack, a backpack I rarely use anymore because I have such deep pockets in all my pants. While digging around in the bottom of the backpack, I saw what I thought, at first, was an apparition. Attached to a hook was the missing key. It took me a moment to accept that I wasn't seeing things. I had found the missing key!

Was finding the key a miracle? Could I have found it through rational thinking if I could have just retraced my steps a few weeks before? Were there angels protecting me from cancer and lost keys? I can't answer these questions, but I am taking to heart what I learned from this experience. We can't always know what will happen, no matter how much rationality we bring to a situation. The most important thing is to resist despair and continue to hope for a miracle, if that's what it takes, to address the potential disasters we face. An hour, day, week, or month from now, my son and his partner might have new jobs and be able afford tuition for our grandson when he starts college in the fall. Republicans in Congress might join with Democrats to put an end to the devastation in Washington. The power of the people might force our government to prioritize the environment, health care, and protection for marginalized people. Finding my keys, when I had almost given up thinking I would ever see them again, has taught me to hope all this could happen. I hope this story will have the same effect on you.



## OCEANVIEW RESIDENTS ASSISTANCE FUND

### OV Shredding Event Fundraiser

Wed., 6/4, 12:00-3:00p

Fri., 6/6, 1:00-4:00p

Mon., 6/9, 12:00-2:30p HTL

Bring your items for shredding, make a donation and put them in the bins—couldn't be easier! We'll be in HTL Community Room, or on the patio if the weather is good. Suggested donation is \$10, but other amounts are also welcome.



### OVRAF MEETING

Thurs., 6/12, 3:00p HTL

Any resident is welcome to attend in the Gallery.

## FITNESS NOTES

### Fitness Hike to Wolfe's Neck State Park

Thurs., 6/26, 12:45p Muster

On June 26th we will be taking a fitness hike to Wolfe's Neck State Park! This hike will be 2.1 miles long with an elevation gain of about 200ft. There will be roots and rocks to look out for on the trails so make sure to bring proper footwear and hiking sticks if you have them! This hike is limited to 14 people. We will be meeting at 12:45pm at a location to be determined. Sign up at the nook to reserve your seat on the van!

### Fitness Assessments

Ongoing



It's time for your annual free OceanView Fitness Assessment! Our fitness team will assess your physical fitness compared to others in your age group, recommended classes, personal training or custom exercise programs, and determine the overall fitness level of OceanView residents—all in about 20 minutes. Best of all, if you participated in previous assessments, we'll be able to compare your progress from last year (or even two or three years ago)! Call, email or stop by the Fitness Department to schedule your fitness assessment today!

### Water Aerobics at Cumberland Crossing/ Northwind Farm Pool

Wednesdays, 1:15p beginning 6/4

Water aerobics begins for the summer season on Wednesday, June 4th at 1:15 PM at Cumberland Crossing at Northwind Farm and continues every Wednesday after that! This gentle, joint-friendly class is perfect for improving strength, flexibility, and endurance, all while enjoying the water.



**Residents who are new to Fitness—Which programs are best for you?** Give the Fitness Department a call to set up your **free** consultation, equipment review and fitness assessment.

**Oneness Meditation with Anne Dean at Cumberland Crossing and at OceanView**

Tuesdays at 11:00a in the Fitness Studio (FS)  
Thursdays at 4:00p, 6/5, 12, 26; 6/19 @ 3:00p  
1 Firefly Ln or Northwind Farm  
Anne Dean, anneldean@gmail.com

“The simple art of meditation, even 5 minutes a day, has the potential to alter your life in profound and beautiful ways. Meditation can help you to be more authentic and less conditioned in your response to life, and to those in your life. Meditation changes your brain waves, your creativity patterns and your ability to love and be compassionate to yourself and to others.

The form of meditation I teach is a guided meditation and has an active component to it helping the meditator stay focused and present, instead of drifting off to wherever your mind is apt to lead you. There are 5 steps in the meditation and each step has been scientifically proven to shift the body and mind into a more calm and relaxed state. The meditation is 20 minutes long. If you’ve been told meditation would be good for you and just never tried, or have tried and not succeeded, then this meditation might be the one that launches a positive meditation experience for you. We welcome both experienced and non-experienced meditators. Come join us as we connect to a higher consciousness, calm our mind, relax our muscles, reduce our stress and lower our blood pressure, leaving us with a sense of overall well-being and deep inner peace.”

**Zoomed Classes**

On the Calendar the classes which will be Zoomed are colored **RED and Bold**.

The link remains the same:

<https://us02web.zoom.us/j/6041960161pwd=T3gwK3pMY1gxUc0bk9uRUZxc2k2dz09>

Fitness also has a lot of **recorded classes** for you to enjoy if you can’t make it in-person or on Zoom. They can be found here:

<https://www.youtube.com/playlist?list=PL-mw-XsFMrFjXc5IgKa6mPQItNre2QZ9K>



**THEATER & TICKETED EVENTS**

**Looking for tickets** for a Merrill Auditorium or a greater Portland event?

Be sure to start at **Porttix!**

Tickets for PSO, Portland Ovarions, Kotzschmar Organ, Opera Maine, and even some area performances such as Portland Ballet at Westbrook Performing Arts Center and Portland Conservatory of Music, use Porttix as their ticket partner. **Don't overpay at a 3rd party site.** Porttix is open M-F 11:00a-3:00p and 90 minutes before shows. 207-842-0800, bookmark <https://www.porttix.com/>

**Van— Maine State Music Theater**

**Anastasia: The Musical**

**1st Friday**

Fri., 6/6, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$125-80, 2 *van seats remaining*

Anastasia: The Musical is a captivating journey of self-discovery and adventure inspired by the legend of the lost Russian princess. Set against the backdrop of the Russian Revolution and 1920s Paris, the story follows Anya, a young woman with amnesia, as she uncovers her true identity. The musical features a rich score by Lynn Ahrens and Stephen Flaherty (Ragtime, Once on this Island), including beloved songs like “Journey to the Past” and “Once Upon a December.” With a mix of historical and fictional elements, the show explores themes of memory, belonging, and the search for family. *Anastasia: The Musical* is a visually stunning and emotionally resonant production that enchants audiences of all ages.

*New England Regional Premiere, produced in partnership with Fulton Theatre.*

**Vans - PSO Tuesday Classical**

**New World Symphony**

Tues., 6/17, 6:00p Merrill Auditorium  
Tickets \$15-98 4 *van seats remaining*

Eckart Preu, Music Director

Tai Murray, violin

ELLINGTON - Harlem

KORNGOLD - Concerto in D major for Violin and Orchestra

DVOŘÁK - “Goin’ Home” based on Symphony No. 9

DVOŘÁK - Symphony No. 9 in E minor (“From the New World)

**Van— Maine State Music Theater**

**Anastasia: The Musical**

**3rd Friday**

Fri., 6/20, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$125-80, 3 *van seats remaining*

*See description above.*

## Voting in the June Primary

**June 10, 2025**

Residents can (and are encouraged to) vote absentee – just call Town Hall Clerk's Office: Falmouth 699-5320 Cumberland 829-5559 and ask for a ballot to be mailed. The last request date to have ballot mailed is Wed., June 4.

Information online is here: [https://www.maine.gov/portal/government/edemocracy/elections\\_voting.html](https://www.maine.gov/portal/government/edemocracy/elections_voting.html)

Absentee Ballot Applications are often available online; either apply online or print a copy of the request to mail in: <https://www.maine.gov/sos/cec/elec/voter-info/absent.html> [online application not available this cycle as there are no state-wide elections; only municipal elections.]

Once you have requested, Absentee Ballots will be mailed/available 30 days before the election.

Mail to return, or take to:

Falmouth Town Hall, 271 Falmouth Rd., or  
Cumberland Town Hall, 290 Tuttle Rd.

A copy of the Falmouth Sample Ballot will be available in the OV Library to peruse at your leisure as soon as we receive it - please leave it in the library. You may also view it online once it's been posted.

If you have moved to OV/CC since the last election and need assistance registering to vote in Maine/your new home, it is very easy. Maine has same-day voter registration; learn more here: <https://www.maine.gov/sos/cec/elec/voter-info/votreg.html>

We also now have a team of trained resident volunteers on campus to help you register. You may also go to your Town Hall and register in advance if you wish to complete an Absentee Ballot as well. They are both open Mon-Thu, at the addresses above.

OV will send a van to the polls (at Falmouth High School) on Election Day (see page 13).

(Continued from page 9)

### Van—Portland Sea Dogs

Sun., 6/22, 12:00p

vs. Akron Rubberducks



### Van\* - A Baroque Finale

#### Bach Virtuosi Festival

Tues., 6/24, 6:30p

St. Albans, Shore Rd Cape Elizabeth

Tickets: \$55.20 \*need 6 to send a van

<https://bachvirtuosifestival.org/maine/>

Trio Sonata in B flat H.578 CPE Bach

Allegro

Adagio ma non troppo

Allegretto

Ach Herr, lass deine lieben Englelein Tunder

Jesu, meine Freud und Lust Buxtehude

Domine Deus from Mass in G, BWV 236 JS Bach

der alte Bund Matthew Schultheis

(Commissioned by Aeolian Chamber Players, Inc.)

Triple Concerto BWV 1044 in A minor JS Bach

Allegro

Adagio ma non tanto e dolce

Tempo di Allabreve

### Van\* - Wait... Wait... Don't Tell Me! Live

Thurs., 6/26^, 6:30p \*need 6 to send a van

Fri., 6/27^, 6:30p

*Wait... Wait... Don't Tell Me!* is coming to Maine for two show recordings on June 26 and 27 and YOU have a chance to be in the live studio audience!

*Wait, Wait... Don't Tell Me!* is NPR's weekly hour-long quiz program. Each week on the radio you can test your knowledge against some of the best and brightest in the news and entertainment world while figuring out what's real news and what's made up.

^We have 2 who have requested a van ride—do we have 4 more for 6/26?

+JBW has gotten complementary tickets for us to offer for the 6/27 event. Please sign up if interested and if you need a van ride to the event. We will draw names (if needed) by 6/16.

### Van— Maine State Music Theater

#### Tootsie: The Musical 1st Friday

Fri., 6/27, Van 12:45p, Pickard Theater, Brunswick

Single Tickets: \$125-80, 4 van seats remaining

*Tootsie* is a hilarious and heartwarming musical comedy about actor Michael Dorsey, who disguises himself as a woman, Dorothy Michaels, to land a role in a Broadway show. Based on the iconic Dustin Hoffman film of the same name, *Tootsie* explores themes of identity, gender roles, and the challenges of navigating personal and professional life. With a witty book by Robert Horn and a lively score by David

(Continued on page 11)

Yazbek, the show delivers laughter and insight. As Michael's new persona takes on a life of her own, he learns valuable lessons about honesty, love, and self-acceptance. Tootsie is a clever and entertaining production that resonates with audiences through its sharp humor and relatable themes.

**Van—Seaside Pavilion, Old Orchard Beach  
PSO Summer Concert Series**

**Piano Men—The Music of Elton and Billy”**

Sat., 6/28, 5:30p 8 van seats remaining

Ticket \$51-42, purchase at Porttix

“Piano Men—The Music of Elton and Billy” is an unforgettable tribute to the legendary songs of Billy Joel and Elton John. This one-of-a-kind concert features a four-piece pop group with Joe Boucher on piano and vocals bringing these iconic hits to life, backed by the orchestral power of the PSO. Don't miss this unique opportunity to experience their timeless classics like never before!

**Van\*—Paul's Case**

**Opera Maine Studio Artist Program**

Sun., 6/29, Van 1:30p Stevens Square Theater  
Tickets \$35 \*tentative, need 6 to send a van

The 2025 Studio Artist Program will present two performances of *Paul's Case*, a two-act opera based on the short story by Willa Cather.

*Paul's Case* follows a high school student living in Pittsburgh at the turn of the century. After getting expelled from school his father forces him to give up being an usher at Carnegie Music Hall, which he loves, and get a paying job. Feeling confined by his teachers, his father, and the dull middle-class life in Pittsburg, he steals the company's weekend deposit and takes a train to New York City. He uses the money to buy a new wardrobe and books himself a room at the Waldorf-Astoria Hotel. In the city Paul meets a freshman from Yale who takes him around the city. He is enthralled with the luxuries and excitement of city life, but it doesn't take long for his escape to come to an end.

**UPCOMING THEATER & TICKETED EVENTS**

**Opera Maine**

**Sweeney Todd: The Demon Barber of Fleet Street**

Thurs., 7/24, van 6:30p Merrill Auditorium

Sun., 7/27, van 1:30p Merrill Auditorium

*We will send a van to each performance with 6 interested. Please sign up.*

*Opera Maine Dramaturg Calien Lewis will be here at OV on 6/18 to discuss both Sweeney Todd and Paul's Case—see page 18.*

**ONGOING/REPEAT ACTIVITIES**

**Library Committee**

The Library Committee meets on the first Tuesday of the month (6/3) at 3:00p in the OV Library. During meetings, residents are welcome to come and share their concerns (or praises) about the Library.

**Bible Fellowship**

Tuesdays, 10:00a HTL

6/3, 6/10 then on hiatus for summer

(Continued on page 12)



**On-Campus Van Service available to select events!  
Questions? Call Jim at 781-4460**

There is no fee for this service! All we ask is that you be diligent about signing up and cancelling, so that the service can be run efficiently for everyone participating.

**COTTAGE RESIDENTS: During construction, as parking is affected, we are asking that you use this van (or walk) to Activities instead of bringing your car to the Lodges Complex. OV: If you haven't signed up for the van, please call 30 minutes in advance to be picked up: 955-0675.**

***When you sign up: please do so in the special column or slip marked “ON-CAMPUS VAN”***

Pick-ups will start approx. 30 minutes before the event starts—please be ready!  
Return trips will be made when the festivities end.

**JUNE ON-CAMPUS VAN**

**pick-up time:**

- ♦ Thursdays 9:30a Men's Discussion HTL
- ♦ Thu/Fri see list pg 18 Movies SR
- 6/4 3:30p Wine & Cheese Birthday—BBC
- 6/9 2:30p Community Council—BBC
- 6/10 2:00p Wise Zambia Discussion—HTL
- 6/11 10:30a Women's Discussion—HTL
- 6/18 10:30a Women's Book Group—HTL
- 6/18 12:30p Opera Maine Talk—HTL
- 6/20 10:30a Bach Virtuosi Fest Concert—HTL
- 6/24 8:15a Men's Breakfast—MLDR
- 6/25 1:30p Jim Bunting Talk—HTL
- 6/27 12:30p Dedication Tree for M MacDonald—  
Location off path from Main Lodge to the 60's



This is a non-denominational study group led by a rotation of area pastors. As most area churches follow the New Revised Common Lectionary each week in their services, our first objective is to read and discuss the readings that will be used in the following Sunday church services.

Our second objective is to explore and refresh participants Bible knowledge that apply to the wide variety of faith backgrounds, beliefs, and experiences of those attending. Discussion is welcomed and encouraged; though there is no pressure to participate, and you may just listen. Monthly lectionary readings will be available at the Sign-up Nook or delivered by request. You are encouraged to read each passage prior to the meeting; bring your Bible with you. Questions? Please call Tom Simmonds, 781-0044. *The monthly lectionary is available on the OV Portal.*

### **Art for Fun/Dabbler's Group**

Tuesdays at 10:00a—ML2

*Art for Fun* is our resident dabbler's gathering. No pressure, come and visit while exploring painting or pastels, or in other mediums if they are portable. Please bring your own art supplies.

### **OV Community Council**

Mon. 6/9, 3:00p BBC

Please email President Nancy Wanderer at [wanders8899@gmail.com](mailto:wanders8899@gmail.com) or call 207-837-4738 with your comments and concerns, and especially if you want to get on a future meeting agenda. *Tuesday with Nancy* Tues., 6/3, 1:00p HTL

### **OV Chorus**

*On hiatus for the summer.* Questions? Reach out to Bill Gatchell, Chorus Manager 781-5131.

### **Men's Discussion Group**

Thursdays at 10:00a HTL

An unscripted discussion on a wide variety of topics of interest among OceanView men from varied backgrounds: businessmen, doctors, professors, soldiers, liberals, conservatives, and men who just want to chat. Please join us!

### **Women's Discussion Group**

Wed., 6/11, 11:00a, HTL

The purpose of The Women's Discussion Group is to engage in civil discourse in order to educate ourselves on subjects of mutual interest, while remembering to respect and encourage different points of view. All women are invited. Please sign up, and come join us.

### **Handcrafters Group**

Second & Fourth Mondays (6/9, 6/23)

1:00-2:30p CR

The Handcrafters Group means to be inclusive of knitters, crocheters, those who do needle-point, cross-stitch, embroidery, who sew and quilt, spin, or any hand-crafts we have not thought of. If this includes you we hope you will try our group out. We encourage and inspire each other and sometimes lend a helping hand or a bit of advice while we work on our own projects. Questions? call Donna Knoblock (797-2909).

### **Game Night**

Tuesdays 6:30p CR

Come to the OV Library to socialize and play games! We have a backgammon set, cribbage boards, a deluxe Scrabble board and more in the storage room. Choose a game or bring a favorite, bring your coloring or your crosswords... and play on!

### **Duplicate Bridge**

Fridays at 12:30p CR

In the Card Room of the Library.

If you would like to know more or join in, please contact John Bischof at 781-2391.

### **Bridge**

Mondays at 6:30p CR

Thursdays at 6:30p CR

Saturdays at 1:00p CR

**Mahjong** Wednesdays at 1:00p CR

**Poker** Thursdays at 1:00p CR

### **German Conversation Group**

Meets 2nd & 4th Wednesdays 10:00a @FH

Meeting 6/11, 6/25

OV staff member Lisa Theiler Ertman facilitates a gathering of German-speaking residents. All levels of proficiency are welcome. Speaking or practicing a foreign language is great brain exercise as well as a lot of fun!

### **Artist Dialogue Group on hiatus for summer**

Usually 2nd and 4th Tuesdays, 2:00-4:00p, ML2

### **Van—Grocery Shopping**

Thursdays 6/5, 12, 19, 26

*Shaw's* @ 9:30a

*Hannaford* @ 12:45p

Trips to the Falmouth grocery stores usually run 35-45 minutes at the store for basic items pick-up. Personal transportation can be scheduled for other times.



### **Van—Walmart**

(can also ask to go to the Falmouth Memorial Library instead, please note it when you sign up)  
Tuesdays @ 1:30p: 6/3, 6/17

### **Van—Trader Joe's –OR– Whole Foods**

Tues., 6/24, 1:30p

Note: This van will concierge to either store.

Please mark your preference when you sign up so that the driver will know how many are going to each place: there is not time for you to visit both stores on one trip. The van drops off at Whole Foods first, then goes to Trader Joe's. Departing from Trader Joe's when shoppers are finished, they will pick up at Whole Foods on the way home. *There are seats to wait at Whole Foods.*

### **Van—Falmouth Farmers Market**

Wed. 6/18, 10:00a

Shop fresh, shop Local!

### **AARP Fraud Alert Show w/ Phil & Pam**

Thurs., 6/12, 10:00a **Zoom**

An AARP Fraud Watch monthly update program with (OV resident) Phil Chin and Pam Partridge. To learn more about the program and register: <https://states.aarp.org/maine/aarp-maine-fraud-watch-a-virtual-monthly-scam-awareness-with-local-fraud-fighters>

### **Resident Photo Wall Photos with Amy**

If you have not had a picture taken for our resident gallery wall, please call/email Amy. Retakes are also available at any time by calling to schedule. Call 207-781-4460 & ask for Activities, or email [AmyC@oceanviewrc.com](mailto:AmyC@oceanviewrc.com)

### **ACTIVITIES—NEW**

**For any in-person activities, please sign-up at the Nook by the Activities Office,** or call/email ([marcia@oceanviewrc.com](mailto:marcia@oceanviewrc.com)). Signing up in advance allows us to efficiently plan set up of seating, refreshments and van needs. Thank you.

### **Fifth Graders Visit**

Mon., 6/2, 12:30-1:15p HTL

Join in as children from Falmouth Elementary School visit us for some educational adventures. Reading together, playing games, just a great opportunity to spend some time with some young people—*please sign up.*

## **FREE OPERA FILMS for OV & CC Residents & PWLs!**

Opera Maine is excited to partner with OceanView at Falmouth to present a second series of famous opera performances from around the world. Let's come together as a community to enjoy and discuss opera.

### **FINAL FILM OF THIS SERIES!**

**Saturday afternoon beginning at 1:00p:**

June 7, 2025—CANDIDE by Leonard Bernstein

*We will welcome you beginning at 12:30 p.m.*



Leonard Bernstein's operetta *Candide* is based on Voltaire's 1759 novella of the same name. *Candide* runs 160 minutes and there will be an intermission between acts I and II at about 75 minutes.

Release date: May 17, 2005

Composer: Bernstein, Leonard

Writers: Leonard Bernstein, Hugh Wheeler, Richard Wilbur, Stephen Sondheim

Director: Rolando Villazón

Cast: Kristen Chenoweth, Patti LuPone, Paul Grove, Sir Thomas Allen, Marin Alsop

Language: English

### **Seating is limited—**

Residents & PWLs: sign up with the Front Desk.

Guests: RSVP via this link <https://www.operamaine.org/events/film-series/>

**Lunt Auditorium, 74 Lunt Rd., Falmouth**

OceanView will provide light snacks and beverages, and there will be an intermission at each opera.

Opera Maine is selling tickets to its patrons who will also attend these films.



## iZōsh

Mon., 6/2, 7:00p BBC

All OV and CC women are invited to come to a meeting of iZōsh, 7:00p.m. on June 2, 2025.

iZōsh is a gathering of women who come together to do good together. We meet to learn about the lives of women living in poverty around the world and then offer a hand up through micro loans funded by our members. That's always cause for celebration! Our speaker is Kim Wiggin, co-founder of *Lillies of the Field* in Ghana. Kim will talk about the lives of women in Ghana and the work of a fascinating school which includes the performing arts. She will also share incredible handiwork from this country. There's no financial obligation so come check it out - we would love to have you as a guest. For more information, contact Sally Dunning or [izoshmaine@gmail.com](mailto:izoshmaine@gmail.com)

## Resident Sponsored Concert

**Brad Terry, clarinet & Peter Herman, guitar**

Wed., 6/4, 3:00p @CC, Northwind Farm  
Northwind Farm will again host two easy jazz performers: legendary clarinetist Brad Terry and amazingly talented guitarist Peter Herman! Fee: \$20/ per person - please reserve and pay in advance, by contacting Betsey Harding (603-264-9068). Because the concert is shortly before Brad's 88th birthday, we will have a post-concert time to relax and celebrate with the musicians, and share some BYO snacks, birthday cake, and beverages!

## Wine & Cheese Party—June Birthdays

Wed., 6/4, 4:00p, BBC

Join us for our monthly wine and cheese party and help celebrate those with June birthdays! All residents are invited to attend this monthly gathering—***please sign up. If you are a cottage resident, use the right column and let us know if you need a ride or are walking to the event.***

## Falmouth Town Council Candidates Forum/ Meet & Greet

Wed., 6/4, 7:00p Lunt Auditorium

Learn about the candidates and the Town Council itself in time to vote on June 10<sup>th</sup>. Your Falmouth town ballot will include 4 candidates for 3 positions on the Town Council. Come meet the candidates in-person and ask them your questions.

Featuring these candidates: Dos Diaz, Bob Kline, Andrew Sharp and Danielle Tracy.

### LOCATION CODES:

**BBC**—Commons Room in Blueberry Commons  
**CC**—Cumberland Crossing  
**CR**—Card Room behind Library  
**DR**—Dining Room, Main Lodge  
**FH**—Falmouth House  
**FS**—Fitness Studio - Hilltop  
**GG**—Gazebo Grille  
**GR**—Game Room  
**HFP**—Hager Fitness Pavilion  
**HTL**—Community Room in Hilltop Lodge  
**HTLa**—Hilltop Amenities

Room, lower level  
**LIB**—Library on ML2  
**LUNT**—Lunt Auditorium  
**ML1c**—Main Lodge 1st Floor Conference Room  
**ML2**—Main Lodge Activity Room, 2nd Floor  
**ML3c**—Main Lodge Conference Room, 3rd floor  
**ML3S**—Main Lodge Salon, 3rd floor  
**NW**—Northwind Farm CC  
**SR**—Screening Room  
**WF**—Whipple Farm  
**WO**—Wellness Office ML3

This nonpartisan event is sponsored by the League of Women Voters of the Portland Area, in partnership with the Falmouth Memorial Library and OceanView at Falmouth.

It is designed to allow Falmouth residents to learn more about the candidates in this election. The League does not endorse any political party or candidate for elective office.

**PLEASE SIGN UP  
FOR ACTIVITIES  
& WEAR YOUR  
NAMETAG!**

## Downbeat; *S'forzando Sfz!* Concert Series

**Chiharu Naruse, piano & Zen Kuriyama, baritone**

Thurs., 6/5, 1:30p HTL

A "Double-Header" Concert by two members of the Bates College Music Faculty: On Thursday, June 5, a return-concert featuring Concert Pianist Chiharu Naruse will be performed at HTL, starting at 1:30pm. Chiharu's previous several performances at HTL have truly "Wow'd" audiences. The accomplished pianist will play Frédéric Chopin's *Prelude Opus 28*. Then, for some piano/vocal duets, she will accompany another member of the Bates Music Faculty, Zen Kuriyama, Director of the Bates College Choir. The holder of five music degrees (including a Masters from Notre Dame and a Ph.D. from Brandeis) the baritone will sing a half-dozen numbers by various composers, including works by Franz Schubert, Ralph Vaughn Williams and Benjamin Britten.

This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities



## Take Me Out To Fenway—Boston Red Sox Trip!



Sun., 8/3 – 11:35a (coach departs 9:00a)

Game vs Houston Astros

OceanView is subsidizing half of the cost, bringing the resident cost down to \$138 per person. This includes the private VIP Charter Coach with restroom and your ticket. This will be rain or shine with seats under cover.

Any refreshments or souvenirs purchased at the park are 'on your own'. You may bring snacks on the coach, but ONLY plastic water bottles into the ballpark. We have 22 tickets for OV, CC & HLG - see the view from the seats >>. There will be one or two Activities employees accompanying, depending on how many residents we have.

To sign up, please leave an email ASAP for [katie@oceanviewrc.com](mailto:katie@oceanviewrc.com) or a phone message (781-4464 x114)



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with scheduling of room use and on-campus Transportation [please make reservations with Transportation in advance if you need a ride, and expect the program to extend to 75 minutes or so], the members of the *Sfz!* group itself financially support their own content. All residents are welcome to join "*S'forzando Sfz!*" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

PLEASE SIGN UP  
FOR ACTIVITIES  
& WEAR YOUR  
NAMETAG!

### Vans to Polls for Voting

Tues., 6/10 9:00a & 3:00p

If you have not arranged to vote absentee in advance, we are happy to give you a ride to the polls at Falmouth High School for this Municipal-only election.

### Artists' Dialogue Group *on hiatus for June, July*

Second and Fourth Tuesdays 2:00p ML2

Please reach out to Arlyss Becker FMI 266-9423.

### Wise Zambia Talk with Joanne Bollinger

Tues., 6/10, 2:00p HTL

WISE Zambia —Women's Initiatives that Strengthen and Empower

Initially formed as an NGO by women living in a remote corner of Zambia in 2004, WISE Zambia's mission is to promote self-sustaining lives for vulnerable women and children in Zambia's Western Province. Under the direction of local leaders, the

program provides educational support and agricultural and entrepreneurial training throughout the region. The project grew out of a Habitat for Humanity "build" with people from Maine and now has NGO status in both the US and Zambia, the US arm being tasked with raising funds and visibility. In Zambia, WISE evolved (2023) into two organizations, both run entirely by local staff—a Community Based Organization (CBO) which provides women earning potential and the NGO, which is solely focused on educating young people and women, mostly girls from remote villages, enabling them to reach the highest levels of schooling possible.

### Women's Discussion Group

Wed., 6/11, 11:00a, HTL

A opportunity to discuss end of life choices.

### Van—Osher Map Library

*"A World on Display: Anthropology and World's Fairs, 1851-1904"*

Wed., 6/11, 12:30p

A World on Display: Anthropology and World's Fairs, 1851-1904, was organized and curated by the twenty students enrolled in the spring 2025 University of Southern Maine course ANT 320: Anthropology and the Museum, taught by Dr. David Shane Lowry, Assistant Professor of Anthropology in the Department of Geography-Anthropology. Professor Lowry, alongside Dr. Libby Bischof, guided and assisted the students in the organization and curation of the exhibition.

This dynamic show, which focuses on five World's Fair groupings, is on view until August 22, 2025.

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After we visit the exhibit we'll stop for ice cream (on your own \$) at a shop, tbd.

### **Vans—Coastal Maine Botanical Gardens**

Fri., 6/13 10:00a departure

\$21 per person, billed back to participants (please note if you are a CMBG member on the sign-up sheet)

Max. 28 residents in 2 vans

Rain or shine, unless torrential rain expected.

Please eat a late breakfast and bring a water bottle and a snack. This will allow you the most touring time. We will be self-touring. We will plan on getting lunch on your own at The Market on-site. The Market offers grab-and-go lunches, sandwiches and salads, drinks, pastries, and organic and locally produced snacks every day.

Maps and directional signs will guide you through the garden. If you have any questions about plants, art exhibits or garden history, we encourage you to ask one of the many roving ambassadors throughout the gardens. They wear a green button that says, "Ask Me."

Free shuttle service to 6 stops throughout the gardens every 20 to 25 minutes (shuttle seats 6).

A limited number of motorized scooters are available for rent on a first-come-first-served basis. Wheelchairs are provided complimentary. Restrooms can be found at the Visitor's Center, the Market, and in the Children's Garden.

For Gentle Walkers—there is quite a bit to see right nearby the Welcome Center, you do not have to do long walks.

You will want to dress in layers, as it could be very warm, or very breezy. A hat, sunglasses and walking shoes are recommended.

### **Downbeat; S'forzando Sfz! Concert Series Chamber Music Concert—Assisi (Italy-bound)**

Fri., 6/13, 2:00p Lunt Auditorium

Professional Musicians: Friday, June 13, 2:00pm, Lunt. A sextet of musicians will perform a bon-voyage event prior to embarking for a summer festival that for more than 20 years has annually been performed in Italy. Members of the instrumental faculty of "The Assisi Festival" delighted **Sfz!** audiences the last two years, (five are **Sfz!** returnees, and three have many years of PSO service) and this year will again play classical ensemble works. The group is led by violinist Dr. Robert Lehmann, Director of Strings at the USM Osher School of Music. The musicians respectively play violin, viola, cello, clarinet, flute and piano. Works to be performed will include compositions by Rebecca Clark, Max Bruch and Ferde Grofé. The main work will be Austrian conductor and

### **OV and the Environment**

This lecture series provides an opportunity to hear experts on a large variety of topics about the environment, and to discuss these topics.



**June 16, 3 pm** in HTL **Roger Wheeler**, President, **Friends of Sebago Lake** <https://friendsofsebago.org/> will talk with us about the environmental effect of **dams**.

**Future meetings** (third Mondays at 3 pm in HTL)

**September 15 (tentative.)** **Bea Johnson** of [www.EcoMaine.org](http://www.EcoMaine.org) will give us her **Recycling101** talk, setting it in the broader spectrum of how to dispose of things by Reducing, Reusing, Recycling, Composting/ Digestion, Waste to Energy, leaving only a small amount to go to a landfill.

We are also looking into an excursion to EcoMaine about that time, so you can see in real life what happens with our recycling and trash.

**October 20. Allen Ewing-Merrill**, Executive Director, The **BTS Center** [www.thebtscenter.org](http://www.thebtscenter.org), organizational successor to the former Bangor Theological Seminary, focused on cultivating and nurturing "spiritual leadership for a climate-changed world," with application beyond the religious community. He will look at climate change through the eyes of religious leaders.

**November 17. Bonnie Yelverton** will give an update on the newest to know about plastics—to recycle and avoid, based on a course with Judith Enck of Beyond Plastics [www.beyondplastics.org](http://www.beyondplastics.org)

**Contact :** [bknoBLOCK@maine.rr.com](mailto:bknoBLOCK@maine.rr.com) / [bonnie.yelverton@gmail.com](mailto:bonnie.yelverton@gmail.com)

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composer Franz Xaver Süssmayer's *Quintet in D Major, for flute, clarinet, violin, viola and cello* (note: "Xaver" is not a typo). In addition to classical music performances at the **Sfz!** concert, lively Q&A is also planned as members of the audience enjoy getting to know the personal sides of the professional musicians many of us see in Merrill Auditorium or at other concert stages in Maine.

This event is resident sponsored by the "Downbeat; S'forzando **Sfz!** Music Series" group; resident music lovers who support classical music performances. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

**Van—Falmouth Land Trust/Falmouth Trails Walk**  
Mon. 6/16, 10:00a Location TBA  
Guided walks through various Falmouth Trails throughout the summer.

(Continued on page 17)

(Continued from page 16)

### Marketing Event—

#### Frederick Moyer, piano

Mon., 6/16, 2:00p Lunt Auditorium

RSVP required

Please join us for a performance from pianist Frederick Moyer!

Frederick Moyer's concerts are a popular annual treat for our community, and we are expecting this event to reach capacity quickly. A wait list may be required. If you register and are added to a wait list, we will inform you as quickly as we can. This year, seating for this free concert is by invitation only. It is not open to the general public. We welcome all members of our Priority Waiting List, those who are building at either OceanView or Cumberland Crossing, and all current residents.

Due to new construction on our campus, parking is limited, and we need parking spaces available for our visitors. We ask that all residents attending to use OceanView Transportation or to walk to Lunt Auditorium if they are able.

Registration in advance is required. If we reach capacity for registrations, we will create a wait list.

To register, please visit

<https://oceanviewrc.com/fredmoyer/>

and fill out all of the required portions in the form and click "Submit." If done correctly, you will be taken to a new confirmation web page.

You will not receive an automated email response.

You may also call the Front Desk at (207) 781-4460.

Concert pianist Frederick Moyer has excited and delighted audiences in 44 countries — from the Sydney Opera House to Windsor Castle to Carnegie Recital Hall to the Kennedy Center. His performances exhibit impeccable training and exacting artistry in both classical music and jazz.

### Poetry Reading Group

Mon., 6/16, 1:00p, HTL

Join us as we gather to share poetry out loud, either our own or our favorites. We'll be by the fireplace - check around the corner.

### Cumberland Crossing Monthly Coffee with Don

Mon., 6/16, 3:00p – Northwind Farm

**Amy Cunningham, Activities Assistant; Laura Neleski**, Cumberland Town trash maven to speak about switch to automated trash pick-up; **Jesse Lamarre-Vincent**, to speak about actions, plantings and plans for the orchard and pollinator/butterfly garden behind the Cumberland Town Hall



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### Downbeat; *S'forzando Sfz!* Concert Series

#### Lidija Peno Kelly & Richard Kelly

Tues., 6/17, 2:30p Lunt Auditorium

Meet a PSO "Power Couple": violinist Lidija Peno Kelly and percussionist Richard Kelly. The two longtime PSO'ers will appear at Lunt Auditorium on Tuesday, June 17 at 2:30pm. Recently seated at the 1st-stand of PSO second-violinists, Lidija will perform some Bach Violin Sonatas. Then the always-entertaining Richard will bring and demonstrate some instruments from "his toy-box", an encore-reprise following a similar fun-trip on which the *"he's not just a bass-drummer"* took a ***Sfz!*** audience back in 2021 when the series was getting underway. Also expect to learn some insights about Antonín Dvořák's glorious and acclaimed Symphony No. 9 (*"From the New World"*) that will later at Merrill be performed in the evening as The PSO wraps up its centennial season. In addition, the personable couple will share some funny-and-sad airline-travel stories experienced this season as they've begun commuting to PSO Concert assignments from their mountain-view retirement home near Albuquerque in New Mexico.

This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music

lovers who support classical music performances. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

### OV Women's Book Discussion Group

We alternate fiction and non-fiction and all books are readily available by request at the Falmouth Public Library, most appearing also in Large Print, E-book, Audio Book or Spoken CD. Come and join us for a lively, informative discussion!

Book schedules for 2025 are available in the nook, in the OceanView library and on the Portal. Take a look and join us! We still need volunteers to lead discussions in July and December. Let Marta Bent know at 781-2912 if you are interested.

#### June's Book

Wed., 6/18, 11:00a—HTL

*The Demon of Unrest: A Saga of Hubris, Heartbreak, and Heroism at the Dawn of the Civil War* by Eric Larson, led by Pixie Kubeck

#### July's Book

Wed., 7/16, 11:00a—HTL

*The Last Green Valley* by Mark Sullivan, led by Margery Parks

A new historical novel inspired by one family's incredible story of daring, survival, and triumph. In late March 1944, as Stalin's forces push into

(Continued on page 18)



Ukraine, young Emil and Adeline Martel must make a terrible decision: Do they wait for the Soviet bear's intrusion and risk being sent to Siberia? Or do they reluctantly follow the wolves—murderous Nazi officers who have pledged to protect “pure-blood” Germans?

### **Cumberland Crossing Community Book Group**

Wed., 6/18, 11:00a, Northwind Farm

***Madame Fourcade's Secret War: The Daring Young Woman Who Led France's Largest Spy Network Against Hitler*** by Lynne Olson  
July's Book

Wed., 7/16, 11:00a, Northwind Farm

***The Girl with Seven Names: A North Korean Defector's Story*** by Hyeonseo Lee & David John (Primary Contributor)

An extraordinary insight into life under one of the world's most ruthless and secretive dictatorships – and the story of one woman's terrifying struggle to avoid capture/repatriation and guide her family to freedom.

### **Opera Maine Talk—Exploring Sweeney Todd & Paul's Case with Calien Lewis, dramaturg**

Wed., 6/18, 1:00p HTL

Join Us for a Special Preview of Opera Maine's Upcoming Season!

Come hear Calien Lewis, Opera Maine's dramaturg, share exciting insights into Opera Maine's upcoming season. Featuring the powerful chamber opera *Paul's Case* and Stephen Sondheim's thrilling *Sweeney Todd*, this is a unique opportunity to learn about the productions, the music, and the stories behind these compelling works. Whether you're a seasoned opera lover or simply curious, all are welcome!

### **OV Block Party**

Wed., 6/18, 3:30p 30-32 Marion Way

*Rain Date Thurs., 6/19*

It's time for our summer neighborhood parties! Residents Cyndi & Fritz Farquhar and their neighbors invite residents from across the OceanView community to join them for a Block Party outside their cottage, supported by Activities. Refreshments will be served. Please sign up to attend. Residents are encouraged to use the Concierge van or walk to the party to reduce the number of vehicles parked on the road.

### **OV Writers Group**

Thurs., 6/19, 2:00p HTL

Welcoming OV writers and would-be writers who are willing to share ongoing efforts in finding the right words for writing reminiscences, stories, poetry, or essays. Part of our meeting is actively writing to a prompt, and the other part is sharing our writings with the group without criticism. As we have time to reflect on past experiences and adventures, writing can be a most satisfying activity.

### **String Quartet Concert—Bach Virtuosi Festival**

Fri., 6/20, 11:00a HTL (*exercise in BBC today*)

Bach Virtuosi Festival guest artists will play selections for residents.

### **Wine Tasting Group**

Mon., 6/24, 4:00p BBC

The wine group will boldly taste Greek white wines to identify and enjoy a few selected bottles among the many choices available.

We will purchase enough wine for the residents who have signed up by Thursday, 6/19—please be sure to cancel by 6/19 if you cannot attend. Be sure to bring \$5 per person to help cover the expenses as a Resident Supported event.

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### **Men's Breakfast**

Tues., 6/24, 8:30a DR

Breakfast Buffet and Men's Fellowship. OV Chefs will be cooking up vegetable omelets, crispy bacon, delicious pancakes with Maine maple syrup, and more. *Please sign up by Friday 6/20 for this tasty activity.*

### **Marketing Event**

***Maine State Music Theatre Performs!***

RSVP required

Tues., 6/24, 2:00p Lunt Auditorium

Please join us for Maine State Music Theatre Performs!

This concert is a popular annual treat for our community, and we are expecting this event to reach capacity quickly. A wait list may be required. If you register and are added to a wait list, we will inform you as quickly as we can.

This year, seating for this free concert is by invitation only. It is not open to the general public. We welcome all members of our Priority Waiting List, those who are building at either OceanView or Cumberland Crossing, and all current residents.

Due to new construction on our campus, parking is limited, and we need parking spaces available for our visitors. We ask that all residents attending to use OceanView Transportation or to walk to Lunt Auditorium if they are able.

Registration in advance is required. If we reach capacity for registrations, we will create a wait list.



To register, please visit

<https://oceanviewrc.com/msmt/>

and fill out all of the required portions in the form and click “Submit.” If done correctly, you will be taken to a new confirmation web page. You will not receive an automated email response.

You may also call the Front Desk at (207) 781-4460.

Experience the harmonious talents of the MSMT Singers live in concert! This ensemble of talented young artists will take you on a melodious journey through their own repertoire of songs, as well as some special previews of what you’ll see on the MSMT Mainstage this summer! From soul-stirring ballads to upbeat anthems, the MSMT Singers promise an unforgettable afternoon.

### **Food Forum with Dining Services**

Wed., 6/25, 11:00a BBC

Discussion with Director of Dining regarding cuisine and service for those who partake in any aspect of Dining Services. Also, **Demystify Your Dining Plan**—come with your questions and learn how to get the most out of your meal plan.

### **Lecture with OV Resident Jim Bunting “What’s Going on with Birthright Citizenship?”**

Wed., 6/25, 2:00p HTL

The concept of birthright citizenship has been much in the news of late, including a Presidential Executive Order and a Supreme Court hearing with a decision pending. What do we mean by “birthright citizenship”? Why do we have it and where did it come from? This session will attempt to address these questions and place the current legal and political controversy in historical context. After some background on this extremely important issue, we will have a decent amount of time available for questions and discussion.

### **Cumberland Crossing Resident Speaker Series**

Wed., 6/25, 3:30p – Northwind Farm

Habitat for Humanity – Sam Johnson will provide an overview of Habitat for Humanity International, including its founding, mission, and growth. More specifically, he will convey his experience as a volunteer builder and board member for a Habitat affiliate.

### **Save Democracy Group**

Thurs., 6/26, 4:00p HTL

SAVE DEMOCRACY is a group of women who assemble every month to discuss and implement plans for supporting local, state and National pro-democracy efforts.

### **SCREENING ROOM**

**Welcome to the Screening Room!** With full capacity to seat attendees in our 36 seat theater, we have returned to single showings of most films in the Screening Room; showing newer or anticipated popular films twice. *Please be sure to sign up for movies at the sign-up nook.*

*We want you!* Do you enjoy coming to the movies? Are you technically inclined? Can you manage your TV remote at home, switching from cable to your DVD or Blu-ray player, or locating streaming services? In just a few short steps we can teach you how to run the movies in the Screening Room—key to having our night and weekend films up and running. Please talk to Amy or Marcia in Activities if you would like to learn how.

### **The Tony Awards Watch Party & BYOB**

Sun., 6/8, 7:30p

Enjoy Musical Theater? Let’s watch the Tony Awards on Sunday 6/8. BYOB and vote for your favorites!

### **Opera, Dance & Theater on Film**

Tues., 6/10 – 6:30p *Madama Butterfly*

1986 NR 150 min. Opera/Dance on Film

*Madama Butterfly* is one of the most-performed stage works in the world and is considered the pivotal opera of Puccini’s career. This exquisite and highly acclaimed production from La Scala presents the tragic tale of a woman’s relentless struggle within a traditionally conformist society and a loveless marriage. **Cast:** Yasuko Hayashi, Hak-Nam Kim, Peter Dvorsky, Giorgio Zancanaro, Chorus & Orchestra of Teatro Alla Scala, Milan;  
**Conducted by** Lorin Maazel, **Director:** Keita Asari

### **Quick Reference List**

Wed., 6/4 – 6:30p

Thurs., 6/5 – 2:30p

Sat., 6/7 – 7:00p

Sun., 6/8 – 7:30p

Tues., 6/10 – 6:30p

Wed., 6/11 – 6:30p

Thurs., 6/12 – 2:30p

Sat., 6/14 – 6:30p

Sun., 6/15 – 6:30p

Wed., 6/18 – 6:30p

Thurs., 6/19 – 2:30p

Fri., 6/20 – 2:30p

Sat., 6/21 – 6:45p

*Down with Love* 1993 Comedy

*Greyfriars Bobby* 1961 Family

*Good Night & Good Luck*

*Stage Play Live on CNN*

*THE TONY AWARDS BYOB*

*Live on CBS*

*Madama Butterfly* 1986 Opera

*A Complete Unknown* 2024

*Nonnas* 2025 Comedy

*Three Men & A Baby*

1987 Comedy

Resident Movie TBA

*The Last of the Mohicans* 1992

*The Muppet Movie* 1979

*Sea Lions of the Galapagos*

*The Devil Wears Prada* 2006



(Continued on page 20)

Sun., 6/22 – 6:30p Resident Movie TBA  
Wed., 6/25 – 6:30p *A League of Their Own* 1992  
Thurs., 6/26 – 2:30p *A Trip to Infinity* 2022 Doc.  
Sat., 6/28 – 6:30p *Charlie Wilson's War* 2007  
Sun., 6/29 – 6:30p Resident Movie TBA

**Wed., 6/4 – 6:30p *Down with Love***  
2003 PG-13 101 min. Comedy  
In 1962 New York City, love blossoms between a playboy journalist and a feminist advice author, in the campy style of those Doris Day/Rock Hudson films. Beautiful sets and ever-changing costumes, and the snappy, tongue-in-cheek dialogue of the era. **Cast:** Renée Zeilweger, Ewan MacGregor, Sarah Paulson, David Hyde Pierce, Rachel Dratch

**Thurs., 6/5 – 2:30p *Greyfriars Bobby***  
1961 G 92 min. Family  
The remarkable veritable story of a terrier named Bobby and the enduring friendship he forges with a tenderhearted shepherd known simply as Old Jock---unbroken even by the kindly old man's death. **Cast:** Donald Crisp, Laurence Naismith, Alex Mackenzie, Duncan Macrae

**Sat., 6/7 – 7:00p *Good Night, and Good Luck***  
2024 PG 120 min? Stage Play Live on CNN  
CNN announced that *Good Night, and Good Luck*, the critically acclaimed new play by George Clooney and Grant Heslov that has shattered box office records and is now nominated for five 2025 Tony Awards, will air its penultimate performance at Broadway's Winter Garden Theatre live on Saturday, June 7 at 7pm ET across CNN, CNN International and streaming on CNN.com. This announcement marks a historic Broadway first: never before has a live play ever been televised.  
Mr. Clooney commented, "I can't tell you how exciting it is to do something that's never been done. CNN is the perfect place to bring this story of courage to so many more people than we could have ever hoped. Live TV. No net. Buckle up everyone."  
In this landmark theatrical and live television event, two-time Academy Award® winner and Tony Award® nominated George Clooney makes his Broadway debut as Edward R. Murrow, showcasing his legendary, history-altering, on-air showdown with Senator Joseph McCarthy. As McCarthyism casts a shadow over America, Murrow and his news team choose to confront the growing tide of paranoia and propaganda, even if it means turning the federal government and a worried nation against them. *Good Night, and Good Luck* closes its theatrical run with a

matinee performance on Sunday, June 8 in New York City.

**Wed., 6/11 – 6:30p *A Complete Unknown***  
2024 R 141 min. Docu-Drama  
New York, 1961. Against the backdrop of a vibrant music scene and tumultuous cultural upheaval, an enigmatic 19-year-old from Minnesota arrives with his guitar and revolutionary talent, destined to change the course of American music. He forges intimate relationships with music icons of Greenwich Village on his meteoric rise, culminating in a groundbreaking and controversial performance that reverberates worldwide. Timothée Chalamet stars and sings as Bob Dylan in James Mangold's *A Complete Unknown*, the electric true story behind the rise of one of the most iconic singer-songwriters in history. **Cast:** Timothée Chalamet, Edward Norton, Elle Fanning, Monica Barbaro, Joe Tippett

**Thurs., 6/12 – 2:30p *Nonnas***  
2025 PG 116 min. Drama  
After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual grandmothers as the chefs. **Cast:** Vince Vaughn, Lorraine Bracco, Talia Shire, Brenda Vaccaro, Susan Sarandon, Linda Cardellini, Joe Manganiello

**Sat., 6/14 – 6:30p *Three Men and a Baby***  
1987 PG 104 min. Comedy  
Jack Holden and his friends, Peter and Michael, spend most of their time having flings with several women in their apartment. Their life changes when a mysterious baby appears at their doorstep. **Cast:** Tom Selleck, Steve Guttenberg, Ted Danson, Nancy Travis

**Wed., 6/18 – 6:30p *The Last of the Mohicans***  
1992 PG-13 122 min. Drama  
Three Mohican trappers agree to protect the daughters of a British Colonel in the midst of the French and Indian War. **Cast:** Daniel Day-Lewis, Madeleine Stowe, Russell Means, Eric Schweig, Jodhi May, Steven Waddington, Wes Studi, Maurice Roëves

**Thurs., 6/19 – 2:30p *The Muppet Movie***  
1979 G 96 min. Family/Comedy  
Kermit and his newfound friends trek across America to find success in Hollywood, but a frog legs merchant is after Kermit. **Cast:** Jim Henson, Frank Oz, Charles Durning, Edgar Bergen, Milton Berle, Mel Brooks, James Coburn, Dom DeLuise, Elliot Gould, Bob Hope, Madeline Kahn, Carol Kane, Cloris Leachman, Steve Martin

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**Fri., 6/20 – 2:30p     *Sea Lions of the Galapagos***

2025 G 83 min.                      Disneynature

In the heart of the Pacific Ocean lies a magical cluster of islands, home to a unique collection of castaways found nowhere else on earth. Narrated by Brendan Fraser, Disneynature's "Sea Lions of the Galapagos" dives underwater with Leo, a handsome sea lion pup who's learning how to navigate life alongside his mother, Luna.

**Sat., 6/21 – 6:45p     *The Devil Wears Prada***

2006 PG-13 111 min.                      Drama/Comedy

With an aspiration to become a journalist, Andy, a smart but sensible young graduate, travels to New York. She starts working as an assistant to one of the city's biggest high fashion magazine editors, the cynical Miranda Priestly. **Cast:** *Anne Hathaway, Meryl Streep, Emily Blunt, Stanley Tucci*

**Wed., 6/25 – 6:30p     *A League of Their Own***

1992 PG 128 min.                      Classics

During World War II, sisters Dottie and Kit join the first female professional baseball league and struggle to help it succeed amid their own growing rivalry.

**Cast:** *Geena Davis, Lori Petty, Tom Hanks, Madonna, Rosie O'Donnell, Megan Cavanaugh, Anne Ramsay, David Strathairn, Jon Lovitz, Gary Marshall*

**Thurs., 5/29 – 2:30p     *A Trip to Infinity***

2022 TV-PG 99 min.

Documentary

In this science documentary, scientists and thinkers draw on calculus, theoretical physics and philosophy to reflect on the puzzle of infinity.

**Sat., 6/28 – 6:30p     *Charlie Wilson's War***

2007 R 102 min.                      Drama

A drama based on Texas congressman Charlie Wilson's covert dealings in Afghanistan, where his efforts to assist rebels in their war with the Soviets have some unforeseen and long-reaching effects. **Cast:** *Tom Hanks, Julia Roberts, Philip Seymour Hoffman, Amy Adams*



**JUNE 2025 BIRTHDAYS**

2 Larry Kolkhorst, 2 Ivy  
3 John O'Brien, B5101  
4 Marta Bent, B5304  
4 David Ledlie, WF 35  
4 MJ Whitney, 2 Alumni  
5 Valerie Greenberg, C26  
6 Brian Knoblock, C49  
6 Mabel Gerquest, B7103  
7 Lee Reynolds, 35 Marion  
7 Heather Thorp, L107  
8 Stephen Shane, HL 1  
9 David Wood, 37 Marion  
10 Stephen Bronn, 4 Monarch  
10 Jim Bunting, 42 Marion  
10 Lise Kirk, 37 Marion  
11 Charles Butts, B5104  
11 Frances Thayer, L109  
11 Ruby Parker, 121 LAD  
12 Patti Poole, C48  
13 Anne Spencer, WF 13  
13 Julia Poppell, L112  
15 Cathy McDowell, 4HL  
16 Paule French, 40 Marion  
18 Beverly Hochberg, B7101  
19 Betsy Kent, B7303  
19 Dick Strabley, L230  
19 Fred Winne, WF 46  
19 Linda Hanna, T3  
20 Florence DeGennaro, L342  
20 Judith Moll, FP303  
21 Polly Campbell, L216  
22 Arlene Handschuch, 57 LAD  
23 Pixie Kubeck, L224  
24 Ann Allan, HL 5  
24 Janice McCue, WF 25  
24 Judith Nadal, 25 LAD  
26 Meg Flack, 36 Marion  
26 Hope Putnam, HTL3B  
27 Marlene Russell, T1  
27 Tom Morrisette, C45  
28 Grace Lashua, L232  
30 Gail Geisenhainer, 5 Mallard  
30 Katie Porter, 3 Weathervane

Writer, traveler, hiker, and volunteer

**Miriam Congdon** (Blueberry Commons) brings a wealth of life experiences to OceanView. While she was growing up in the Boston area, her high school English teacher encouraged her to write. After graduating from Brandeis University and acquiring some career experience at Har-



vard, Miriam moved to Washington, DC, where she worked for Congressman Alphonzo Bell, answering constituent letters and writing speeches and newsletters.

At a party, Miriam met her future husband, Don, also a Congressional staffer. During the Vietnam War, Don enlisted, received Army Intelligence training, and was posted to Oberammergau in the Bavarian Alps, where the Congdons' daughter, Deborah, was born.

After Don began working at AT&T in Atlanta, GA, Miriam took a job on Jimmy Carter's paid campaign staff. She answered letters from key Democrats as well as old friends from Plains. At one point, the Carters needed to send daughter Amy home from a campaign trip, so Miriam and Deborah met Amy at the airport and effected the transfer to her grandmother, Miss Lillian.

After Don moved to AT&T in New Jersey, Miriam worked as a freelance writer. She was active in the Morristown Unitarian Church and volunteered in the chaplain's office of the regional hospital, where she found immense satisfaction in helping a diverse population of patients.

Given the opportunity to open a new AT&T office in New Zealand, Don and Miriam lived there for three years, learning to avoid sheep in the road as they drove. They hiked regularly with a group of New Zealanders and traveled widely in Asia.

Next stop: AT&T Belgium. For seven years, the Congdons traveled and hiked throughout Europe. Miriam volunteered on an English-language help line set up by the British to answer expat questions ranging from availability of familiar foods to suicide prevention.

In 2004, shortly after their return to Morristown, Don died. In 2010, Miriam relocated to Scarborough, ME, and became active in OLLI. She enjoys being near her daughter and granddaughter, both psychotherapists based in greater Portland. Throughout her life, Miriam has continued to write short stories and poems.

(NS, 5/2025)