

~ Good to Go ~

Please call 781-4460 before 12:00 for same day meal service. Deliveries are made between 4:45 and 5:15. Please be home to accept delivery.

Pick ups are ready at 4:45 or 6:00 by request.

Delivery charge of \$6.00 per address applies

Our appetizers, entrees and side selections sides are prepared on the premises from a team of talented and dedicated chefs. Please notify us of any allergies at time of order.

MONDAY

French Vegetable Soup \$5.95(*gf*) ~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Corned Beef with Mustard (*gf,df*) w/ Two Sides \$19.95

Broccoli Quiche w/ two sides \$19.95

OceanView Burger on a Roll w/ two sides \$19.95

Seared Salmon Filet (*gf,df*) w/ two sides \$19.95

Potato Pancakes (*gf,df*) ~ Summer Squash (*gf,df*) ~ Green Cabbage (*gf,df*)

Key Lime Pie or Chocolate Cake Bomb \$6.95

TUESDAY

Sweet pea Soup \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Warm Beet & Feta Dinner Salad (*gf*) w/ Two Sides \$19.95

Baked Fresh Cod Filet (*gf,df*) w/ two sides \$19.95

OceanView Burger on a Roll w/ two sides \$19.95

Seared Salmon Filet (*gf,df*) w/ two sides \$19.95

Orzo ~ Italian Green Beans (*gf,df*) ~ Coleslaw (*gf,df*)

Key Lime Pie or Chocolate Cake Bomb \$6.95

June 30- July 4, Week 2

WEDNESDAY

Carrot Ginger Soup \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.50

Roast Beef Sirloin au Jus (*gf,df*) w/ two sides \$19.95

Chicken Paillard with Melon, Prosciutto, & Mint (*gf,df*) w/ two sides \$19.95

OceanView Burger on a Roll w/ two sides \$19.95

Seared Salmon Filet (*gf,df*) w/ two sides \$19.95

Mashed Potatoes (*gf*) ~ Butternut Squash (*gf*) ~ Sweet Peppers Sauté (*gf,df*)

Key Lime Pie or Chocolate Cake Bomb \$6.95

THURSDAY

Chicken & Rice Soup \$5.95(*gf,df*) ~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Baked Ham with Raisin Sauce (*gf*) w/ two sides \$19.95

Asian Salmon & Rice Bowl (*gf,df*) w/ two sides \$19.95

OceanView Burger on a Roll w/ two sides \$19.95

Seared Salmon Filet (*gf,df*) w/ two sides \$19.95

Baked Sweet Potato (*gf,df*) ~ Cauliflower (*gf,df*) ~ Baby Spinach Sauté (*gf,df*)

Key Lime Pie or Chocolate Cake Bomb \$6.95

FRIDAY

NO "GOOD TO GO" MEAL SERVICE DUE TO HOLIDAY