

Ocean View Menu Selections

MONDAY

French Vegetable Soup (*gf*) ~ House Salad (*gf,df*) ~ Fresh Fruit Cup(*gf,df*)
Corned Beef with Mustard(*gf,df*)
Broccoli Quiche
Potato Pancakes (*gf,df*) ~ Summer Squash (*gf,df*)~ Green Cabbage (*gf,df*)
Cheesecake Bars ,Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

TUESDAY

Sweet Pea Soup ~ House Salad (*gf,df*) ~ Fresh Fruit Cup(*gf,df*)
Warm Beet & Feta Dinner Salad (*gf*)
Baked Fresh Cod Filet (*gf,df*)
Orzo ~Italian Green Beans (*gf,df*) ~ Coleslaw (*gf,df*)
Lemon Pudding Cake , Cookies and Ice Cream Selections,
Gluten Free and Sugar Free Available

WEDNESDAY

Carrot Ginger Soup ~ House Salad (*gf,df*) ~ Fresh Fruit Cup(*gf,df*)
Roast Beef Sirloin au Jus (*gf,df*)
Chicken Paillard w/ Melon , Prosciutto & Mint (*gf,df*)
Yukon Gold Mashed Potatoes (*gf*)
Butternut Squash (*gf*) ~ Sweet Pepper Sauté (*gf,df*)
Rum Raisin Cake, Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

June 30- July 6, Week 2

THURSDAY

Chicken and Rice Soup (*gf,df*) ~ House Salad (*gf,df*) ~ Fresh Fruit Cup(*gf,df*)
Baked Ham with Raisin Sauce (*gf*)
Asian Salmon & Rice Bowl (*gf,df*)
Baked Sweet Potato (*gf,df*) ~ Cauliflower (*gf,df*) ~ Baby Spinach Sauté (*gf,df*)
Custard Pie, Cookies and Ice Cream Selections, Gluten Free and Sugar Free
Available

FRIDAY

Fish Chowder ~ House Salad (*gf,df*) ~ Fresh Fruit Cup(*gf,df*)
Chicken Satay with Peanut Sauce ~over Rice (*gf,df*)
Meatloaf with Gravy
Twice Baked Potato ~ Broccoli (*gf,df*) ~ Asian Cucumber Salad(*gf,df*)
Mississippi Mud Cake , Cookies and Ice Cream Selections,
Gluten Free and Sugar Free Available

SUNDAY BRUNCH

SATURDAY BREAKFAST

Baked Pastry Selection
Fresh Berries, Greek Yogurt
Old Fashioned Oatmeal
Blueberry Pancakes
Scrambled Eggs
Chef's Special Breakfast
Bacon, Sausage

Hungarian Mushroom Soup~ House
Salad (*gf,df*) ~ Fresh Fruit Cup (*gf,df*)
Duck Breast with Raspberry Sauce
(*gf,df*)
Swordfish with Herb Butter (*gf,df*)
Classic Eggs Benedict
Fingerling Potatoes (*gf,df*) ~ Wax
Beans (*gf,df*) ~
Creamed Spinach