

~ Good to Go ~

Please call 781-4460 before 12:00 for same day meal service. Deliveries are made between 4:45 and 5:15. Please be home to accept delivery.

Pick ups are ready at 4:45 or 6:00 by request.

Delivery charge of \$6.00 per address applies

Our appetizers, entrees and side selections sides are prepared on the premises from a team of talented and dedicated chefs. Please notify us of any allergies at time of order.

MONDAY

Mushroom Barley Soup \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Southwestern Cobb Salad w/ Avocado Dressing (gf,df) ~ w/ Two sides \$20.95

Raspberry Glazed Grilled Chicken (gf, df) ~ w/ Two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (gf,df) w/ two sides \$20.95

Honey Cornbread ~ Crimson Coleslaw (gf,df) ~ Peas (gf,df)

Key Lime Pie or Chocolate Cake Bomb \$6.95

TUESDAY

Chicken & Wild Rice Soup \$5.95(gf) ~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Baked Haddock with Crumb Topping w/ two sides \$20.95

Barbequed Baby Back Ribs (gf,df) w/ Two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (gf,df) w/ two sides \$20.95

Brown Rice Pilaf ~ Chopped Salad (gf,df) ~ Baked Beans (df)

Key Lime Pie or Chocolate Cake Bomb \$6.95

Week 1, September 15-19

WEDNESDAY

Broccoli Cheese Soup \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Roast Beef Sirloin (gf,df) w/ two sides \$20.95

Seafood Newburg with Toast Points w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (gf,df) w/ two sides \$20.95

Baked Potato (gf,df) ~ Wax Beans (gf, df) ~ Zucchini (gf,df)

Key Lime Pie or Chocolate Cake Bomb \$6.95

THURSDAY

Italian Wedding Soup (df) \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Lamb Meatloaf w/ two sides \$20.95

Mushroom Ravioli w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (gf,df) w/ two sides \$20.95

Mashed Potatoes (gf) ~ Summer Squash (gf,df) ~ Asparagus (gf,df)

Key Lime Pie or Chocolate Cake Bomb \$6.95

FRIDAY

Corn Chowder \$5.95~ Green Salad \$5.95 Fresh Fruit Cup \$5.95

Chicken Florentine Meatballs w/ two sides \$20.95

Maine Mussels with Garlic Bread w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (gf,df) w/ two sides \$20.95

Penne Pasta (df) ~ Broccoli (gf,df) ~ Roasted Mushrooms (gf,df)

Key Lime Pie or Chocolate Cake Bomb \$6.95