



Cumberland crossing

by • Ocean View

Resident Biographies
From A to Z

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Judy and Peter Andersen began their relationship at Bates College. Peter jokes that he majored in the Outing Club at Bates, hiking during most weekends, but he actually graduated with a B.S. in math. He hailed from East Greenwich, RI, where he received his father's and grandfathers' valuable guidance in building woodworking skills that he still enjoys.

Judy lived in Goffstown, NH. She learned of Bates through watching televised student competitions in which clever Bates students excelled. At that time, Bates was a small community, and Judy and Peter met through mutual friends. Judy graduated with a B.S. in biology, soon using it as a research project assistant in physiology.

A year after graduation and working apart, they married in the summer of 1968, settling in Willington, CT where Peter taught high school math. By 1970, Peter joined the Army Reserves and trained as a medic. Judy worked in a research lab at the University of Connecticut. Once Peter resumed teaching, two children eventually arrived and Judy became the "domestic engineer" while Peter became department head at a small regional high school, also involving himself with school accreditations and negotiations. He volunteered with a local land trust and their town's Conservation Commission. With the children in school, Judy returned to part time work at UConn, running Extension Service soil sample tests. In addition, she became a Registrar of Voters, spent 25 years involved in a scholarship foundation, and always spent time gardening.

Peter's woodworking skills were needed designing, engineering, and building an off-the-grid cabin in Bath, NH, amid their hikes of many NH 4000-footers. They treasure summertime at Judy's family cottage in coastal Steuben, ME, where they enjoy gardening and many outdoor activities in the area.

After 50 years in Willington, they decided to move to Cumberland Crossing, near their daughter, Kristen, who lives in Portland and works in leadership gifting for Vassar College. Their son, Eric, has worked in various U.S. embassies, including in Sudan, Ukraine, Egypt, and Pakistan, and is now posted in Mozambique. The Andersens enjoyed travels in Europe and Turkey, and plan to resume travel soon.
(BH, 03/2023)



Sue and Dick Ball met in Baltimore while Sue was studying International Relations at Goucher College and Dick was earning a graduate degree in water resource engineering at Johns Hopkins. Although Sue had grown up amid cows, horses, and sheep in the farming community of Orange, CT, she and her family were not farmers. Instead, Sue developed a passion for ballet that carried her through school. Following their marriage 61 years ago, Sue worked in a variety of jobs, from bookkeeping to bridal gift shops to chocolate candy making. Additionally, her volunteer pursuits took her to Marblehead Arts, the Driftwood Garden Club, and the

League of Women Voters. A powerful League memory is attending the 60th anniversary celebration in Washington, DC with Jimmy Carter and Maya Angelou!

Dick grew up in the planned community of Roland Park in Baltimore; he won the National Junior Doubles in Badminton and continued enjoying that sport as part of his life-long athletic interests, while occasionally joining Sue on the golf links. Dick's work, eventually as COO at the well-known engineering firm Metcalf & Eddy, involved travel across the United States, sometimes through the US Corps of Engineers. The Balls moved to Newton, MA, then to Marblehead, where they lived for 55 years, sailing on their own boat or via charters near Marblehead, as well as in Maine, Cape Cod, and the Caribbean.

While raising their family, Dick and Sue decided to invest in a ski house at Cannon Mountain in NH, where the whole family enjoyed winter trips and still travel there for downhill, cross-country skiing, and mountain climbing. In addition, over the years, Dick hiked the 48 highest NH peaks, often with their children and grandchildren.

Their daughters are established in their careers. Jennifer is a professor and author on Byzantine dress and art in Brooklyn, NY. Anne lives in Yarmouth and oversees the Maine Downtown Center with Maine Development Foundation, a non-partisan, statewide driver of sustainable economic growth in Maine. The Balls remain actively connected to their children's and grandchildren's lives and feel fortunate to live at Cumberland Crossing. (BH, 10/2022) (Sadly, Dick passed away in 2023.)



Annie Bartol (Cumberland Crossing), a native of Massachusetts, spent most of her youth in the seaside Town of Marblehead, where she took advantage of living by the sea. She would also spend summers at her family's residence on Vinalhaven Island in Maine's East Penobscot Bay. In high school, in Providence, RI, she fell in love with modern dance. Encouraged by a teacher, Annie majored in dance at Bennet Junior College in Millbrook, NY, and, after graduating, continued dancing at The Boston Conservatory of Music for two more years.

Beckoned by the Big Apple, Annie moved to New York where she found a job in advertising making radio and TV commercials. But missing the sea air and green trees, she returned to Boston, where she met her husband Sam at a friend's wedding. They moved to South Natick and their passion for cooking together took off! Sam, a finish carpenter, was fascinated with kitchen gadgets, and they both loved to create food for their friends.

After working in advertising for several more years, Annie made the transition into the commercial printing industry, working in customer service for several large metropolitan Boston companies for the next 30-plus years. Working in customer service, she was quickly fascinated with work in the graphics department, getting materials "press ready" and, as computers entered the printing business, she came to love everything "Mac."

Nearing retirement, she and Sam decided to relocate to Cotuit (Cape Cod), where they played lots of golf and racquet sports. Annie continued to build on her "press ready" knowledge and took classes in Photoshop, websites, and graphic design, resulting in her publishing a family cookbook. Always involved in their homeowner's community and volunteering on their board of directors (as social, secretary, and president), she created the community website and produced graphic designs for their community events. When Sam passed suddenly in 2021, Annie decided to move to Maine, closer both to relatives and to

Vinalhaven. She arrived at Cumberland Crossing and immediately began connecting with others, setting up mahjong dates, designing a homeowner booklet, and more. She decided that this is the perfect place to become a “Maineah!” (AB, BH 9/2024)



Born in Bar Harbor, and growing up with four siblings in Presque Isle, **Trisha Brinkman** graduated from the University of Maine at Orono with a degree in Human Development, and then struck out for a whole new environment and new experiences. In San Francisco, she began a career in social work, connecting with people and programs focused on people in crisis, often crisis resulting from domestic violence or sexual harassment. Noting that serendipity has always been part of her life, Trisha commented that as her reputation for her counseling skills spread, companies of all types and sizes, from auto manufacturers to papermills to law firms, wanted her to help them implement changes needed against sexual harassment. Before long, she was in demand as an expert witness in legal cases involving sexual harassment issues; in each of those court cases, the side that Trisha argued for was successful.

After 22 years in San Francisco, Trisha moved to Santa Fe for another 22 years continuing her work against sexual harassment with the Los Alamos National Laboratory, Lensic Performing Arts Center, George Lucas' Star Wars filming company, and more. During that time, the Equal Employment Opportunity Commission was founded, further expanding the need for people in Trisha's line of work. Ready to put her career behind her, Trisha began thinking of returning to Maine, coming back to her family and finding a home near where several of her siblings now live. As she alerted her brothers and sisters to her possible return, her sisters stepped right in; Trisha joyfully explained that they told her what furniture to take, what to give away, what to discard, etc. In fact, her whole family helped to ease her transition to Cumberland Crossing.

As Trisha and I spoke, we watched two fawns, still with their Bambi spots, saunter through her yard. Getting to know this community, Trisha is glad to be connected here. (BH, 10/2022)



A dedicated commitment to helping others has helped define **Sam Broaddus and Sandi Jensen**, as has adventure and a passion for travel.

Sandi grew up in upstate New York, but left to attend Minnesota's St. Olaf College, followed by employment at an environmental learning center and the Voyageur Outward Bound School. Sam grew up in Westbrook, ME, attended Bowdoin College and the University of Vermont College of Medicine, then completed a surgical residency in Seattle - that is where their paths crossed, when Sandi moved there from Minnesota.

Fate would bring them both to Vermont where Sam completed a residency in urology, followed by their marriage in the Green Mountains in 1982. International volunteer medical work was their next adventure. For the ensuing 18 months, they spent time in several developing countries where

Sam volunteered his urologic skills to local surgeons. These countries included St. Lucia, Egypt, Pakistan, Sri Lanka, and Thailand, making the trip of a lifetime and giving them a deep appreciation of service to others. After returning to the US, Sam started work as a staff urologist at Maine Medical Center, where he remained for 30 years, serving in various positions including Director of Urology and as a trustee.

They settled in Gorham, living for 37 years in a 200-year-old farmhouse. Sandi worked her green thumb on her extensive perennial and vegetable gardens and became a potter for a few years. Sam built a shop and began to learn the art of woodworking while continuing to volunteer his medical skills abroad in Haiti, Africa, and Vietnam. He was honored in 2003 by Bowdoin College with their Common Good Award, and in 2010 by the American College of Surgeons with their International Surgical Volunteerism Award for his lifetime of volunteer medical service.

They discovered that the Portland Friends Meetings (Quakers) fit their beliefs and interests, where Sandi has become deeply involved. She continues her environmental efforts, expanding both her knowledge and the gardens surrounding their new home. Sam continues his woodworking, recently building raised beds for Cumberland Crossing's community garden and the new Little Free Library. They have two children and one precious grandchild. (SB & SJ, 1/2024)



Dan Cheever and Sue Stasiowski moved to Cumberland Crossing in July after living in mid-coast Maine for 12 years.

Sue grew up in Springfield, Massachusetts. She worked as a human resources specialist in higher education and Woods Hole Oceanographic Institution where she was a grants administrator. She is also a fiber artist. Using wool, she creates sculptures by continually shaping the roving with sharp needles. Each sculpture requires hours of work; a sculpture of a bald eagle, for example, took over 300 hours. Galleries in Camden, Rockland, Belfast, and Bath have sold

over 200 pieces of Sue's work to collectors across the country.

Sue also served as a board member of Camden's animal shelter and volunteered at Camden's renowned public library, the only public library in Maine to earn a 5-Star rating.

An accomplished knitter as well as fiber artist, Sue led knitting groups in Camden and Lincolnville. She is interested in whether any Cumberland Crossing or Ocean View neighbors would join a knitting group here.

Dan holds three degrees from Harvard University. A contributing author of three books and over twenty articles, including op-ed pieces in *The New York Times*, he also wrote two books for family and friends: *My Grandfather's Trunk*, a family history spanning 400 years, and *Eye of the Beholder*, describing how his and Sue's paintings and sculptures reflect their life experiences.

Dan served for 34 years as the chief executive officer of several organizations ranging from public schools (superintendent of schools in Lincoln and then Weston, MA) and private colleges (president of Wheelock College, and then Simmons University) to a financial services company (ASA). On retirement, he became the independent trustee for four different high net worth family groups around the United States.

He also served as trustee of over 30 public and private organizations. He co-founded a boat building company and the Children's Discovery Museum and was profiled in the PBS TV series *Seasons of Life*.

Sue and Dan have attended cooking schools in Europe and the USA and love to cook for friends. Cooking, boats, gardening, music, art, and fun are central to their lives. (DC & SS 9/2023)



Carl and Mary Cowan in the choir loft of the Bates College Chapel. Carl sang tenor, Mary alto, except when she was playing the organ. Carl majored in physics, while Mary studied English and music.

Carl was born in Muskogee, OK, but grew up in New England, attending Boston Latin School and graduating from Peterborough, NH, High School. A native of Portland, ME, Mary graduated from Westbrook High School. Her father was a papermaker, but if you ever raced down a hill on a Speedway sled, thank his family, who owned and operated Paris Manufacturing Company in South Paris.

Carl and Mary were married two weeks after graduating from Bates, and moved to Rochester, NY, where Carl began a job in research at Eastman Kodak Company. Mary taught piano and organ lessons and volunteered in schools and youth organizations before becoming a Girl Scout council executive. Then she began writing for children. Mary is a member of the Society of Children's Book Writers and Illustrators and of Maine Writers and Publishers Alliance. Her books have received awards and she has written nearly 100 articles, stories, and activities for children's magazines. www.marymortoncowan.com.

After 30 years Carl retired from Kodak, and the Cowans moved to Maine (near Sebago Lake), where Carl worked as a computer technician, serving State Farm agencies in northern New England. The Cowans have two children, four grandchildren, and one grandson-in-law. Their daughter and son-in-law live in Maryland, where Catherine works in computers and David is a health physicist at the Nuclear Regulatory Commission. The Cowans' son and daughter-in-law live in Auburn, ME. Tim is an epidemiologist at MaineHealth, while Marianne works at Bates.

Music is central to Carl and Mary's lives. Carl has sung tenor solos in choirs since high school. He sang in Rochester's 300-voice Oratorio Society and the Gorham (ME) Community Chorus. Now he sings in the OceanView Chorus. Mary was a church organist for years, starting when she was in high school, at First Baptist in Yarmouth. They are members of the First Congregational Church of New Gloucester, where Carl sings in the choir alongside son Tim.

Hobbies include travel—tenting with their children in national parks and forests, from the California redwoods to Acadia National Park. They have toured several European countries by train, bus, and riverboat. You might see them carrying cameras. Between them, they have taken “zillions” of photographs!



As the first resident at newly constructed Cumberland Crossing, it's obvious that **Ron Dillon** is open to new ideas. He had grown up in Arkansas City, Kansas, and received his B.S. Degree in Mathematics with a minor in Computer Science from Kansas State University before joining the Navy. Stationed in Newport, RI for Officer Candidate School, Ron met Rhode Island native Mary Lucey and they were married in 1963. By 1965, Ron had decided to leave active Navy service, but he remained in the Naval Reserves until 1985 when he retired as Captain, concluding over 23 years of service.

During those years, Ron continued to further his education, receiving his M.S. in Statistics in 1967, then an M.B.A. in Production Management in 1989. He put those degrees to work for a wide variety of companies in management and as a computer systems consultant in the US, Canada, and Europe; one of those companies was Haworth, a manufacturer of office

furniture based in Michigan. With Haworth, Ron became Vice-President of Operations in Europe, responsible for ten plants over more than two years, as he traveled and lived in France, Germany, Italy, Portugal and Spain.

Upon Ron's retirement in 2006, he and Mary chose to trailer-camp throughout the US and Canada. Ron and Mary's interest in travel took them on adventures all over Africa and Europe. Back in the US, they chose Cumberland as their retirement spot, building their ideal home on Bruce Hill Road. From 2009 till 2017, Ron volunteered with SCORE, providing guidance for businesses; he served as Director of Maine State SCORE for three years. However, in 2015, just months after their 52nd wedding anniversary, Mary died; four years later, Ron sold that house and moved with his dog, Zoe, to Cumberland Crossing. But no grass grows under Ron's feet, as he continues to plan interesting trips, and visits with his three sons here and at their homes in Ohio, Maryland, and Portland.



Birdy Ellsmore and Sam Johnson met on a blind date in 1980.

Birdy grew up in Erie, PA, earned a B.S. in anthropology-sociology from Eastern College in Philadelphia, including a year studying in the Philippines. She co-founded Youth Enrichment Services (YES) - a Boston non-profit that introduced inner-city youth to hiking and skiing - where she acquired great fundraising skills. Later, she pivoted to the corporate world, travelling across New England, bringing management training programs to companies like GE and Xerox, often earning President's Club sales honors.

Sam's path began in Wisconsin. He earned a B.S. in psychology and an MBA in management at the University of Wisconsin-Madison, also enjoying the freshman golf team and paying his way through college as a student athletic trainer and summer construction worker. As a management consultant, he worked for the New York Stock Exchange, three international compensation firms, and Fidelity Investments.

They love the outdoors. In the 80's and 90's, they were Charles River Wheeler members, often leading Greater Boston bike rides. Sam served as club president for two years. Vacations were active: hiking and

telemark skiing on six continents, climbing 66 northern New England peaks over 4000', many western US high points, skiing the Swiss Haute Route, and five Canadian Rockies hut-to-hut ski trips.

In retirement, they traded South Natick, MA for Bartlett, NH, where their volunteer work blossomed. Birdy guided the Bartlett private preschool to become New Hampshire's first publicly funded, full-day preschool. She also co-led a women's hiking group, delivered Meals on Wheels, volunteered at the Way Station, and founded a Parkinson's support group.

Sam started as a volunteer builder with Mount Washington Valley Habitat for Humanity, later joined its board, and now chairs the Investment Committee. He also volunteered at Memorial Hospital in North Conway for 10 years. Both were named MWV Volunteer of the Year: 2013 (Birdy) and 2022 (Sam).

From 2008 to 2022, they continued exploring: Egypt, Bhutan, China, S. Korea, Vietnam, Chile, Peru, and more. Annually, they visit Sam's daughter, Jennifer, a family therapist, and her husband Tim, a director for The Simpsons in California. (BE, SJ 8/2025)



Any conversation with **Sheri Fistal** proves how optimistic, adaptable, and ready for anything she is! While living in New Jersey and enjoying her friends, she suddenly attracted a tall, handsome man named Mayer Fistal; they soon married and had 48 wonderful years together, traveling in Africa, Alaska, England, Ireland, Scotland, Hawaii, and Australia, as well as all around the United States.

After earning her bachelor's and master's degrees in nursing, Sheri worked first in hospital nursing, then as a home care-private duty nurse, then as a Clinical Nurse Consultant in IV therapy and IV pain management, then, upon moving to Maine in 2006, at LL Bean for eight years performing physical exams for new hires, from which she retired for the third and last time.

Sheri and Mayer lived in New Jersey for 37 years before they decided to move to Maine and build their dream house in Falmouth. Sheri, an active woman who readily finds new friends, studied and received her certification as both a Master Gardener and a Master Preserver. She loves to cook and has taught all types of cooking in community programs for adults and in after school programs for children; she offers private lessons in Chinese/Asian cooking, and classes in gardening and preserving through the Cumberland County Cooperative Extension. In addition, Sheri enjoys many types of crafts, especially needlework. She paints T-shirts and sweatshirts and sells various items at craft shows.

Mayer and Sheri always enjoyed their "adopted fur babies": seven poodles rescued over the years. In 2016 Mayer died of the extremely rare Creutzfeldt-Jacob Disease, and their dog, Bailey, died just two years later. Realizing she needed to find another poodle puppy quickly, Sheri drove eight hours to pick up a handsome white poodle pup, Peyton Manning, who shares her new life at Cumberland Crossing!



Linda Frinsko and her twin sister, Lois, grew up in Chatham, NJ, enjoying many typical twin experiences. Both attended Middlebury College where their life plans diverged and where Linda met her future husband, Paul. Following college, Linda taught third grade in NJ while continuing her education, first attending night school at a local college and then Harvard School of Education, where she earned a master's in education. She and Paul married a couple of months later and moved to Washington, D.C. where he served as a US Army Officer in the Intelligence Department; from there it was on to Boston where Paul worked in the State Department, a job that had him traveling around New England, while she taught second grade in Lincoln.

Following one year in the State Department, Paul applied to the University of Maine Law School and was accepted. They moved to Maine where Linda again taught second grade, her favorite, in Yarmouth until 1970, when their son, Stephen, was born, followed in 1973 by their daughter, Meredith. They purchased an old farmhouse on 43 acres in Gorham where they raised their family. During these years Linda focused on their children and became a skillful and passionate gardener, joining both the Gorham Garden Club and Portland's Longfellow Garden Club.

During the 1980s, Linda became involved in, and then served as president of the Friends of the Maine State Museum where she continues to serve today. She became a docent, serving over 40 years at the Portland Museum of Art where she led student tours among other roles. Thriving on her docent work, Linda initiated an educational travel program for docents, leading trips to destinations like Rome, Sicily, Milan, Po Valley, the French Riviera, St. Petersburg, and Moscow.

Sadly, Paul died in 2020. Linda arrived at Cumberland Crossing in July 2023. Many unusual pieces of pottery and glass found during her travels now adorn her new home which she shares with her orange Manx cat, Abby.

With her children living in Colorado and Idaho, she is pleased to have her granddaughter closer, now studying at Smith College. (BH & LH, 11/2023)



Attracted to coastal Maine, **Don and Evelyn Fulton** recently moved to Cumberland Crossing from their summer home in the Berkshires, choosing to be closer to their daughter's home in Norway, Maine.

Having grown up in Nassau County and Queens respectively, Don and Evelyn met 51 years ago at their first teaching jobs in East Harlem, NY and married two years later. Don was a science teacher and worked steadily toward his doctorate in botanical sciences. Evelyn taught in elementary schools and became a reading specialist, then a staff developer, then an assistant principal, and finally principal. Eventually, she became one of the longest serving principals in the City of New York. Don also became assistant principal and then principal. During these years, they lived in Manhattan, the Bronx, and Chappaqua in Westchester County.

Don retired from his position at age 55 and became Director of Children's Education at the New York Botanical Garden. Evelyn continued to love her work as principal, retiring years later amidst the accolades of colleagues and students alike.

Since retirement, they have spent winters at their condo in Deland, Florida, near Daytona Beach and will continue to do so from their new home in Cumberland Crossing. Although they are heading south in November, they will return to spend Christmas holidays with their family before returning to seek the warmth of Florida until May.

Upon their return, they look forward to more shared time with their daughter, an accomplished young adult novelist, their son-in-law, a master carpenter who built fabulous wall mounted bookshelves and an entertainment center for their cottage, and, of course, their five-year-old and almost seven-year-old grandchildren. They are also eager to connect with more of their new northern neighbors. (BH & LH, 11/2023) (Sadly, Evelyn passed away in January 2025.)



Schuyler (Sky) and Linda Grant originally met at Cornell University, becoming a couple after re-meeting a year later. Their careers began in New York City, where Sky started at Bankers Trust Company, then moved on to head the Investment Banking and Brokerage Division of US Trust Company. Linda was on the staff of McCall's Magazine, then in public relations and marketing. They moved to suburban Glen Ridge, NJ, and began raising a family. Linda volunteered in schools, scouts, Junior League, and mental health organizations, and Sky found time to volunteer in youth sports, in helping to establish a teen center, and in starting early recycling efforts.

As their children, Sarah and Philip, finished grad school and began their career paths, Sky and Linda considered moving to Maine for a different lifestyle, and to begin their many travel adventures. Sky's family had enjoyed summers on Chebeague Island since the early 1900s, but not just the summer cottage attracted them; they were well aware that Maine was proactive in environmental concerns. They moved to Yarmouth, restoring an old farmhouse and enjoying the surrounding meadows – quite a change after thirty years in the NYC metro area.

Upon moving to Maine, they quickly started volunteering and continued to do so through their 25 years in Yarmouth - Sky with the Chebeague Transportation Company and the Osher Map Library Board, and Linda in historic preservation and with the Yarmouth Historical Society at the time of its decision to establish the History Center. She also became a Master Gardener through the University of Maine Extension Service. Both continued their interest in sports, especially tennis, golf, and hiking when possible.

After moving to Cumberland Crossing in May 2021, the Grants continue to travel the world, especially on nature and birding-related trips. They also visit Vermont to enjoy their four grandchildren. Sky still plays tennis; both are often on the golf links; and both have connected into Cumberland Crossing activities - Linda in the Community Garden and Book Discussion Group and Sky in the Men's Discussion Group – when they're not enjoying the nearby trails. (SG & LG, 10/2022)



With thanks to Betsey's brother, who was one of Sam's roommates at Yale, **Sam and Betsey Harding** met while skiing in Jackson, NH, beginning a long family connection with that lovely village in the White Mountains.

Born in Portland, Betsey spent her teens in Falmouth, graduating from Waynflete School, then moved on to Connecticut College. In her forties she earned an MA in city and regional planning and found rewarding work qualifying applicants for workforce housing through New Jersey state government. She has continued her community interests, serving on town planning boards, in community relations, and as a Court Appointed Special Advocate for Children (CASA)—a particularly well designed and active program in Maine.

When Betsey and Sam met in the early 1960s, Sam had graduated from Milton Academy and had taken a break from his Yale studies to join the US Army. At the Defense Language Institute in Monterey, CA, Sam studied Russian with native speakers, gaining a life-long interest in Russian language and people. After two years stationed in Germany, Sam returned to Yale to complete his BA in Russian studies, followed by an MA in Slavic languages at Indiana University.

In 1971, Sam and Betsey moved to The Lawrenceville School in New Jersey with their two young sons. For 28 years Sam taught Russian and German, wearing the many hats of a boarding school teacher: counselor, coach, administrator, and, for 25 years, house (dorm) master. The Hardings participated in all aspects of the school, and their sons thrived on the experience, fitting in as on-campus day students—the best of both worlds. During those years Sam also worked and traveled extensively throughout the USSR/Russia and Asia.

In 1999, the Hardings retired to their vacation home in Jackson, NH, seeking involvement with organizations they valued. Almost immediately they founded a Russian-American nonprofit organization serving the needs of children in orphanages in the thousand-year-old city of Yaroslavl, Russia. Through this program many orphans who are above typical adoption ages gain life skills and self-management abilities. In both New Hampshire and Maine, the Hardings have served in nonprofit organizations that provide a variety of social services.

Betsey and Sam have long enjoyed the Maine coast with its arts, culture, diversity, and facilities, and are glad to be near it all in their new Cumberland Crossing home.



Walter Hildreth grew up interested in anything athletic, anything he could take apart, and anything with a motor. The oldest of four children adopted at birth by Debo and Charles Hildreth, Walter was likely an imp, adored by his parents even as he developed an independent streak. By age 15, he would often strike out on his own. However, his parents regularly drew him back into the fold, usually on sailing trips with family and friends, sometimes flying with his dad as pilot, and other times flying model airplanes or once on a motorcycle trip camping out across the US.

With all those interests, he became a Jack of all trades, fitting naturally into various roles. Walter worked in construction in Topsham, Westbrook, and Windham; he studied culinary arts and enjoyed cooking, and eventually he became a summer cook-and-everything-else-guy at Uncle Don's Spurwink Country Kitchen in Scarborough.

With the help of his late brother, Michael, Walter chose to move to Cumberland Crossing after overcoming some significant health difficulties. He continues to be close to his brother PY, who lives with his family in Virginia. Walter looks forward to family gatherings in a shared summer home in Cundy's Harbor.

(BH, 6/2023)



Arlene Handschuch and Steve Kaufman have built their lives together for 50 years while developing their own careers and pursuing diverse interests. They grew up in Old Bridge, NJ, moved to upstate New York and then to Massachusetts where they lived and worked in the Boston area from 1978 to May 2020. They often vacationed at Acadia National Park, which led them to think about retiring in Maine. They discovered the OceanView community about 15 years ago; and when they read about OV's new Cumberland Crossing community, they decided to make the leap and sign up for a cottage. They are now happy to call Maine home.

Both Steve and Arlene had long careers in their chosen fields. Arlene studied apparel design and patternmaking at Douglas College of Rutgers University and earned a graduate degree in the field from Syracuse University. She taught the subject for 35 years as a professor in the Fashion Design and Retailing Department at Framingham State University in Massachusetts while designing and constructing her own collections of wearable art, historic reproduction costumes for museums and theaters, and more. Her creations have earned awards and appeared in juried exhibitions and publications, and two of her Thai silk pieces are included in Thailand's Institute of Sericulture. Now retired, Arlene is a dedicated walker/hiker, birder, and nature lover. Being new to Cumberland, she enjoys discovering local sources of live theatre, music performances, and vegetarian restaurants. She also enjoys reading mysteries and historical novels. Always a fan of learning, Arlene often participates in courses offered through the Lifelong Learning Institutes and other organizations.

Steve has always been interested in the philosophical and legal aspects of science. He graduated from Rutgers University with a degree in philosophy, earned a Ph.D. in logic and the philosophy of science from the University of Pennsylvania and then taught those subjects at UPenn and Hamilton College. He returned to school to earn his law degree from Yale Law School and practiced law for 27 years with the firm of Ropes & Gray in Boston. He specialized in litigating cases involving complex science and technology including computer hardware and software, aircraft engines, missile guidance systems, electronic medical equipment, and recombinant DNA. He was at various times co-manager of the firm's litigation department and head of its patent practice. Steve likes playing duplicate bridge and reading history, biography, economics, fiction, and just about anything else.



Peter and Judi Kleinman met at the University of Rochester Medical School. They joke about dissecting adjacent cadavers. Despite their different backgrounds, they connected through shared passions: nature, hiking, reading, music, theater, hard work, a commitment to their patients and community, and trying new adventures.

Judi grew up in suburban Cincinnati and attended The College of Wooster and the University of Wisconsin. Her path to medical school included a summer with Crossroads Africa in Liberia, a year working for a family in Germany, and pre-med studies at the University of Cincinnati. Women in medicine were still rare at the time. Peter was raised in a lively community in Great Neck, Long Island. He loved the academic environment of Amherst College and majored in English. Squash and tennis were also important parts of his identity. He began his pre-medical studies while there.

Married after their second year at Rochester, they both pursued psychiatry; Peter in adult psychiatry and Judi in child and adolescent psychiatry. They spent summers in Shiprock, NM, and in Seattle, WA, exploring unique cultures and different parts of the country. They have lived in Pittsburgh, Denver, Camp Pendleton, CA, Ann Arbor, MI, and Boulder, CO for 32 years. Peter had a private practice and directed an outpatient mental health clinic. Judi taught at the University of Michigan and had a part-time practice.

They raised three children and embraced a rich mix of work, family, volunteering, travel, music, theater, and outdoor adventures. After retirement, they moved to Boulder to be back near family, live in an exciting city, and enjoy the mountains. Seventeen years later, facing a new phase of life, they were drawn to Cumberland Crossing cherishing being near their Maine family, including two young grandchildren. Maine is beautiful and full of good memories, and they enjoy the Crossing's independence, activities, new friendships, and beautiful outdoors. Of course, there is also sadness in leaving their western families and the Colorado they love. They plan to make trips west to treasure those relationships and their mountain cabin. To them, this move isn't retirement - it's graduation to a new and fulfilling chapter. (BH, 02/2025)



Growing up in rural Maine, both **Carroll and Janet Knapp** felt the need to break away when they were ready to find good jobs. Jan grew up in West Paris; Carroll came from the small community of Cary Plantation, near Houlton, where nearly all children picked potatoes every year – just ask Carroll about planting and harvesting potatoes! While in his teens, Carroll had developed significant mechanical talents; he decided to seek better employment in Hartford, CT, first on assembly lines at Underwood Typewriter. Though he returned to Maine regularly, Carroll worked at Pratt & Whitney while he added on classes at Hartford Tech, including his favorite, automotive classes. During that time, three daughters were born, but his marriage dissolved, and his daughters

usually lived with him. Increasingly, Carroll focused on his part-time work servicing and repairing cars, eventually developing a 30-year career of it in his own business.

Similarly, Jan moved to Hartford after attending the University of Maine at Orono and graduating from the University of Southern Maine, where she had earned a degree in business administration. In Connecticut, Jan worked at United Technologies, and then at Pratt & Whitney while she received an MBA from the University of Hartford. With thanks to Carroll's sister and United Technologies connections, Carroll and Jan met and married in 1978.

Carroll and Jan had long enjoyed a summer home and boat in Rhode Island, but they were unable to spend much time there, so they began thinking about a return to Maine. A trifecta came in 1989: Jan retired from her job, the youngest daughter got married, and Carroll and Jan began searching for a home somewhere between her parents in West Paris and his near Houlton. They found an ideal house in St. George, spending the next 32 years there. Carroll enjoyed gardening and used a recreational lobster license while Jan was active in several quilting organizations. Both still enjoy listening to and reading books.

Eventually, deciding to move closer to Portland, they chose Cumberland Crossing, pleased to be able to build their home as they wished in the time frame they needed. (BH, 04/2023)



Dick and Jean Leslie are essentially life-long New Englanders.

Dick grew up in Rhode Island, spending summers sailing on Narragansett Bay. He graduated from MIT with two degrees in chemical engineering, leading to a job with Dow Chemical in Michigan. Missing the mountains and ocean of New England, he decided to try teaching chemistry at Tilton School in New Hampshire. The business world appealed more so he earned an MBA from Dartmouth's Tuck School. He then accepted a financial analyst position with L.L. Bean in Freeport. During his 30 years there, Dick improved marketing information systems, grew the international business, and expanded the number of retail stores. He has been on many non-profit boards such as the Portland Symphony, PortTix, Osher Lifelong Learning Institute, and two land trusts.

Jean grew up in New Hampshire, later moved to Boston and worked as a secretary in finance and insurance. She moved to Stowe, Vermont, in her early twenties, waitressing to support her skiing, hiking, and riding habits. Then, to Hanover, NH and employment as an admin at Dartmouth. Ten years later, she bought a Eurail pass and spent some months exploring Europe before returning to Maine with an admin position at L. L. Bean. In her forties, Jean finally finished off her college degree as a full-time student at USM. Since then, she enjoys travel and being outdoors with Dick and continues to dabble in education with courses at the Maine College of Art & Design.

Jean and Dick met on a hiking trip with mutual friends in 1985 and began dating. When Dick decided to join a 525-mile canoe trip down the Yukon River, he asked Jean to join him. They claim this was their honeymoon before their wedding. It is obvious they both have a strong sense of adventure!

In addition to their work, they have enjoyed gardening, hiking (Dick has climbed all the 4000+ foot mountains in New England), backpacking, bicycling, canoeing, kayaking, downhill and cross-country skiing,

and even rollerblading. Now, they enjoy Cumberland Crossing with their yellow lab, Sammy, and their outdoor-loving cat, Coco. (JL & DL 9/2023)



Molly McDuffie is a Mainer through and through! Born and brought up in Portland, Molly met the love of her life, Ed McDuffie, at a high school mixer; she fondly recalled how they loved to jitterbug! Ed knew he would follow in the footsteps of his father and grandfather, as a docking pilot in Portland Harbor, using a tugboat to guide huge ships through the Harbor entrance to their appropriate docks. As Ed prepared for that work, he spent two years in the Army in Virginia, navigating tugboats during the Korean War; then, upon returning to Maine, he commuted to Maine Maritime Academy to further his credentials as Captain Ed McDuffie.

During those years, Molly and Ed raised their two daughters, born ten years apart. Molly served in a variety of volunteer jobs at Maine Medical Center over a 43-year period, starting in the Clinic, and then finally retiring from the Admitting Office. Molly filled additional volunteer roles, in the community of Cumberland and with her daughters; in addition, she continued her active lifestyle, playing tennis until recently.

Together, Molly and Ed designed and built a home on Cumberland Foreside, and bought one in Naples, Florida; they loved their Boston Whaler, and took frequent trips to Europe, including seven Seabourn cruises. The last of their cruises took them through the Panama Canal. Too suddenly, Ed's death in 2019 led Molly to consider new options. With one daughter in Naples and another in Freeport, Molly wanted to continue to spend about half a year in each place, plus she wanted to find a different home in Maine, and finally she needed a dog. All three worked: she moved into a cottage at Cumberland Crossing, found an energetic, engaging Chloe, a Havanese pup that needed a home, and then departed for her home in Naples.



Susan Keech McIntosh moved to Cumberland Crossing in September 2023 after spending most of her career in Houston, Texas. She grew up in the small farming town of Westfield, New York, home of Welch's Grape Juice at the time. She dreamed of becoming a pianist (not talented enough!) or a French translator, but her ambitions began to shift after living in Portugal as an AFS exchange student. Undergraduate classes at Wellesley and University of Pennsylvania led to archaeology as a career path.

Susan earned an M.A in European archaeology from the University of Cambridge, where she met her future husband, Rod, who convinced her to change her geographic specialization to West Africa. She began fieldwork in Mali, where she and Rod excavated large habitation mounds in the interior floodplain of the Niger River. Their finds documented the unexpectedly early growth of towns and trade on the river. She earned a Ph.D. from the University of California (Santa Barbara) based on their

fieldwork. She joined the faculty of Rice University in 1981, combining periodic fieldwork with teaching, writing, and raising children Alex and Annick.

Her fieldwork projects have focused on the Niger Bend region, including the first archaeological survey of the Timbuktu area, and the middle Senegal River floodplain on the border with Mauritania. Although their marriage ended in 2000, she continues to collaborate with Rod on publications. Due to widespread looting of sites in Mali, she became involved with cultural heritage issues and served two terms on the U.S. Cultural Property Committee.

After 42 years teaching classes on archaeology, human evolution, human osteology, and cultural heritage at Rice, plus chairing innumerable university committees and ultimately serving as Dean of Social Sciences during the pandemic, Susan retired in 2023. She moved to Maine to be closer to her daughter and to escape Houston's summer heat and hurricane season, though she returns there in the winter. While in Cumberland, Susan is frequently seen walking with her small pooch, Mali. (SM, 7/2024)



Betty and Gil Michaud, bilingual from an early age, grew up near the Canadian border in Fort Kent. Knowing one another since first grade, they first became a couple in 11th grade. This may hold a record of longevity here in Cumberland Crossing.

Betty's artistic eye is immediately apparent upon entering their cottage. The soft green walls, plants and furnishings coordinate beautifully throughout. Their eye for design and decor, developed over the years of building many homes, is evident.

Hardworking, creative, and adventurous from the beginning, their lives evolved by staying open to change and seizing each new opportunity and challenge. Gil proved himself an invaluable employee rising to supervisory and management positions in the grocery industry. Betty, having moved to Hartford first to work for the Hartford Insurance Company and then to manage and assist in a dental practice, wooed Gil to Connecticut where his skills were quickly employed. There, Betty and Gil married and, in the mid-sixties, had two children. With Gil's promotions at work demanding more travel, they decided to make a change, and in 1973 moved to Portland where Gil supervised over 100 employees at the iconic B&M plant. Betty began 20 years of Civil Service at a dental clinic in Martin's Point, moving to the Portland Social Security office when funding for the clinic was cut.

Interwoven with their busy family and work lives, the Michauds became involved in real estate. Across the years they bought, rented, and managed dozens of units. They have lived in six homes and had four lake houses where the family enjoyed so much of what Maine has to offer. Their visionary skills led to buying a rundown property on Sebago Lake and developing a marina and boat storage business which is now owned and managed by their son, Phil. Phil and his wife, Julie, have two daughters while daughter, Jodi, and her husband, Tom, have a son and daughter.

Betty and Gil enjoy their new cottage in Cumberland Crossing with their beautiful cat, Meiko. (LH & BH, 03/2023)



The more you learn about **Penny Myles** (Cumberland Crossing), the more you see that she is creative to the core! She studied art history at Simmons College where she developed interests in color, texture, and design. She worked around Greater Boston as museum school coordinator and education curator at the Fuller Museum, the South Shore Art Center, and Simmons College Art Department. While at Simmons, she learned of antique quilts in nearby Cohasset that relayed stories of local 19th century women and their families. Her interest culminated in a master's degree in women's history at Simmons, with her thesis drawn from the journals of a woman traveling with her family on a wooden sailing ship.

Penny is a devoted quilter; she started quilting in traditional styles and techniques, then moved on to quilts of her own design, creating modern pieces employing intuitive quilt techniques. She still quilts today!

Penny spent most of her life south of Boston - growing up in Hingham and raising her children in Cohasset - which fostered strong connections to the sea. Her connections to Maine stemmed from childhood years at Camp Arcadia, so it was natural to think of Maine for retirement. With two of Penny's children in Cumberland, she and her second husband, Art, explored Cumberland Crossing, finding it fit their need for an easier lifestyle and provided all they hoped for: a quilting space for Penny and space for Art to grow dahlias and create woodwork. As a nod to Penny's Hingham connections, they recreated her Hingham home's mantelpiece here. Art brought his collection of dahlia tubers, sharing his knowledge, and helping neighbors know best ways to grow dahlias. Sadly, Art died in 2023 after a struggle with Alzheimer's.

Penny's 13 grandchildren help sustain her in this new stage of life. She is known for building connections; as a friend predicted, wherever she puts down roots, she will flower. Penny is regularly found distributing community newsletters, helping anyone in need, and participating in community ventures. Now she is focused on where next to put her talents and energies; her neighbors are eager to watch and learn.

(BH 12/2024)



After 67 years of marriage, **Barbara and Charley Owens** still lovingly support each other in recounting their life stories. They met in their senior year of high school in Wichita, Kansas, where Charley had lived since age six; Barbara had moved there from Missouri, leaving a high school of fewer than 100 to one of more than 2000. A dedicated, inspiring teacher made all the difference with her transition.

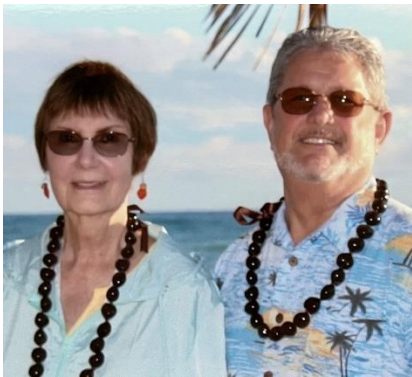
After graduating, both Barbara and Charley attended Colorado College in Colorado Springs. Charley majored in chemistry, while Barbara embarked on a specially designed science program, capped by a year of training at Glockner-Penrose Hospital and resulting in registration as a medical technologist. They married in their junior year, and their first son, now in Florida, was a graduation gift a year and a half later.

After a stint in the army, Charley earned his PhD in physical chemistry at the University of Kansas. Two more sons were born there – one now living in Kittery and one in Arizona. A 26-year appointment to the chemistry faculty of the University of New Hampshire in Durham was followed by service as Vice President

for Academic Affairs and Acting President at Radford University in Virginia. Charley officially retired there; his post-retirement years have included part-time consulting in education and information technology. Their fourth child, their daughter, was born in Dover, NH.

During this time, while mothering four children, Barbara became a “professional volunteer” with NH Public Television, the Red Cross, Salvation Army, NH County Extension, and Oyster River schools, among others. She sold real estate, worked with a designer of fashion clothing in Concord, NH, and still enjoys arts and crafts, especially sewing, drawing, and painting. Charley and Barbara share the hobby of genealogy. As amateur historians, they have particular interest in the detailed lives and times of their ancestors.

Upon retirement they moved to San Diego near their daughter, but soon realized that northern New England better suited them. They moved closer to their son in Kittery, then onward to Cumberland Crossing, where they immediately joined our book group and the newly established writing group. (BH, 5/2023)



A most unusual connection led to **Lois and Rick Provencher’s** move to Cumberland Crossing: their son-in-law encouraged them to explore a retirement community where his father, David Haynes, managed the landscaping. They learned of a cottage becoming available on a short dead end bordering woods with lots of privacy, and they were immediately interested. Deciding to leave their Massachusetts home, they chose a completely fresh start, leaving all their furnishings behind and finding everything new, specifically sized for their new home!

They had met in Massachusetts when both were single with children; Lois had two teenagers, and Rick was left with three young children when his wife died. Lois had been working at St. Ann’s Home, where she cared for children working through problems in troubled families. She easily filled the role of mother to all five children in their newly blended family.

Rick attended an electronics trade school and used the skills he gained there to get a job at Raytheon. Through night school, he eventually earned a BS in electrical engineering.

Soon he began working with production and field-related issues for the Patriot radar defense system, which led him to travel to Kuwait in support of Operation Iraqi Freedom. There, he worked with those systems and assessed a battle-damaged radar. Rick also traveled to Germany, where he trained NATO troops, as well as Saudi Arabia, Israel, Bahrain, and Japan. Thankfully, his frequent travels were usually brief, so he was often able to be home with minimal disruption. Rick enjoyed opportunities to volunteer with their children’s activities, especially sports, between his trips.

Lois enjoys caring for her collection of Catrina dolls, which are elegant Mexican dolls inspired by Día de los Muertos. Two eye-catching, beautifully-dressed Catrina wedding dolls adorn the Provenchers’ front hall!

Both retired, Rick and Lois travel extensively, primarily on cruises and often with long-time friends. Past favorite cruises include the Mediterranean, Hawaii and the South Pacific, Panama Canal, and Trans-Atlantic. This fall, they will travel down the East Coast to the Dominican Republic.

Their five children are widely spread, but one daughter and her family live nearby in Brunswick.
(BH, 08/2024)



Jean and Carlos Quijano (Cumberland Crossing) were born in New York, although Carlos has Maine roots dating back to childhood summers at his grandmother's house in Lincolnville Beach. Both went to high school in NYC and college in NJ; Jean at Douglass (then the women's part of Rutgers) and Carlos at Princeton where they met and married. After graduation and the birth of their first daughter, Carlos joined the old Chase Manhattan Bank and, after a brief spell in NY, was posted abroad: first Tokyo and Hong Kong in the late '60's, then Europe for the next 20 years. They lived in London (on three occasions), Brussels (where their other two daughters were born), Copenhagen, and Athens. They continued to summer in Maine and eventually built a house on North Haven.

In 1990, Carlos took early retirement. The family moved home to Maine, settling first in Camden and then Greater Portland. They worked together at several Maine companies in the '90's, however, it was a consulting project for Great Eastern Mussel Farms to investigate markets for composted mussel waste that led to the founding of Coast of Maine Organic Products in 1997. The new company was to initially produce and distribute bagged marine-waste-based composts as organic garden soils in Maine and perhaps beyond. In the years since, Coast of Maine has expanded from organic soils to mulches and fertilizers and from the East Coast to now national markets.

In 2016, Jean and Carlos sold a majority stake in the company to a private equity firm allowing them to retire and move to Castine in 2019. Post Covid and missing the Portland restaurant scene, they moved back to Cumberland and now split the year between their two homes.

They have three daughters. The eldest is an Emmy-winning filmmaker (as is her husband) living in Cape Elizabeth, the middle a gemologist and appraiser of fine art and jewelry in Piedmont, CA, and the youngest has run undergraduate study abroad programs at Virginia Tech, Johns Hopkins, and now Goucher College in Baltimore. Their nine grandchildren range in age from 12 to 34. (CQ & JQ, 11/2024)



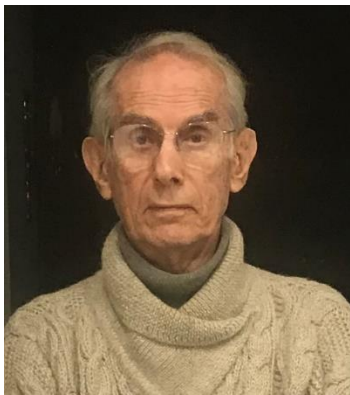
John and Nancy Rapoport's life together reflects a shared love of learning, teaching, volunteering, and being active outdoors. They met while pursuing graduate degrees at the University of Pennsylvania—Nancy with a biology background from the University of Rochester and John, a Dartmouth graduate, already set on becoming an economics professor. After Nancy earned her master's degree and John completed his PhD, they moved to South Hadley, Massachusetts, where John began teaching economics at Mount Holyoke College, focusing on the economics of healthcare and technological change.

Nancy joined Springfield Tech Community College as a biology instructor, specializing in microbiology for nursing and dental students, while also earning a second master's degree from UMass Amherst. Over three decades in that academic mecca, they raised two daughters, explored northern New England's hiking trails, and spent a few weeks each summer with family on the Maine coast.

In 2007, they retired to New Hampshire, immersing themselves in mountain life. They climbed many of the state's 4,000-footers and volunteered in many different ways with the Appalachian Mountain Club, most appreciating their trail maintenance work. Nancy also enjoyed giving evening naturalist talks for AMC trekkers. John continued his healthcare focus, consulting in Canada. They volunteered in forming an adaptive sports program, helping disabled people to participate in a wide range of outdoor activities in all seasons terrain.

Eventually, living on a dirt road in Dalton, New Hampshire became more challenging, prompting a move to Cumberland Crossing. Almost immediately they involved themselves in the community distributing newsletters. Now, Nancy keeps busy with knitting, a quilters group, and the Cumberland Crossing book group, and the couple participate in fitness classes together. John enjoys leading local group hikes, especially with Buddy, their spirited Cavalier King Charles Spaniel. Both Nancy and John have found many area trails to explore around Cumberland Crossing, and they hope to continue trail maintenance work.

With one daughter living just outside Boston, they find the train an easy way to get together. The other daughter and their four grandchildren live in Australia, where they take an annual family adventure down under. (BH, 08/2025)



Someone asked **Roger Rossen** (Cumberland Crossing), "After living in Houston, Texas, for nearly 60 years, whatever prompted you to move to Maine?" The answer, of course, is family. After medical school, he interned at Columbia University's Presbyterian Hospital. That choice was influenced by marriage to "a charming English gal," who had sheltered with her mother's family in New York and Maine during WWII. Their August vacations introduced him to the delights of the Maine coast.

When he landed a fellowship with the National Institutes of Health, they moved to Bethesda and began a family. His three years at the NIH were exciting and productive, providing opportunities to work with inspired people, learning about and investigating the immune system.

Following his fellowship, Roger chose to join Baylor College of Medicine in Houston, expecting to continue studying the immune system's response to respiratory infections. But his new colleagues, led by heart surgeons Drs. Denton Cooley and Michael DeBakey, were starting a heart transplant program, and demanded their help to control the aggressive immunological responses these organs elicit. Managing heart transplant rejection proved more difficult than kidney transplant rejection even after they developed novel treatments. But they learned much about the immune system's methods of attack and, particularly, why damaged heart cells provoke and are exquisitely susceptible to immunological injury. Thus began his academic career odyssey.

With funding by the NIH and the Department of Veterans Affairs, plus the hard work of inventive grad-students, post-doctoral fellows, and technical staff, his laboratory investigated the genetic control and consequences of immune system activation in cardiovascular disease, cancer, and infectious and autoimmune diseases. This new era of immunologic discovery led to the development of new vaccines, better control of allergic and immunodeficiency diseases, asthma, and cancerous malignancies. Engaging in courses to teach medical and graduate students and clinics to help people manage their allergic and other immunological diseases was exciting. Then, one day, he realized that he had recruited his successors, and his sons had their own careers; indeed, two had moved to Portland, Maine. It was time to leave the humid Gulf Coast with its 107-degree hot summer days. (BH, 02/2025)



Fred and Vee (Viola) Sheehan's (Cumberland Crossing) shared curiosity about the wider world began early for each. Vee grew up in Washington, D.C. where her father's international work exposed her to a global perspective. Fred's interest was shaped by his Naval Reserve service in the Mediterranean.

When she attended Milton Academy, Vee's family returned to the Louisville area. She graduated from Bryn Mawr with a major in English and a minor in French. Fred, also from the Louisville area, moved from the Country Day School to Princeton University, where he studied Medieval and American History. He earned a master's degree in regional planning from the University of North Carolina at Chapel Hill.

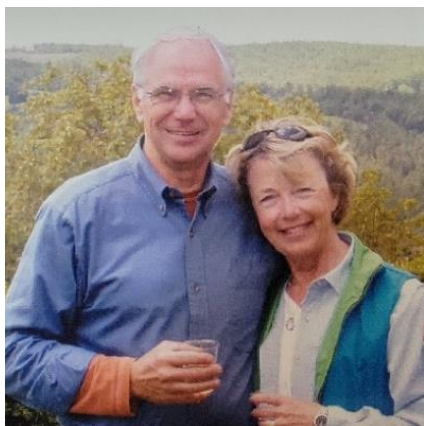
After military service, Fred joined the Jefferson County (KY) Planning Commission. In 1967, he met Vee, who was launching her journalism career at the Louisville Courier-Journal; they married and moved to England, where Fred worked for the Devon County Council in Exeter and Vee wrote features for a local newspaper.

Back in the U.S., they enjoyed summers at Vee's family home in Tenants Harbor, Maine. A brief planning position in Maryland, requiring weekend work in Florida, convinced them to move to Maine. Settling in Buxton, Fred joined the Greater Portland Council of Governments, collaborating with area towns on water quality and planning.

Their love of travel continued. After a winter near Nice, France, they moved to New Orleans. Vee joined a PBS station as Fred began a career in residential and commercial real estate. Seven years later, they returned to Maine. Vee began serving international clients at an ad agency, and together they became active in the Mid-Coast Forum, even hosting visiting Nieman journalists for years.

More winters abroad followed - Mexico, Portugal, and Turkey - further enriching their global outlook. Their ties to Maine's mid-coast led naturally to the Camden Conference. For the past 11 years, Vee has volunteered with its Portland venue, helping to bring conference-related programs to libraries across this region.

Today, the Sheehans remain engaged and active, always connected to the world around them whether through travel, culture, conversation and camaraderie, or the harmonies of OceanView's "Downbeat; *S'forzando*" concert group. (BH, 09/2025)



In 1996, **Bill and Carole Slayton** connected in Connecticut. Carole, who grew up in North Carolina, completed her college degree early in her senior year, so she headed north seeking adventures and a teaching job, landing in Connecticut. Bill, from Vermont, earned two degrees in civil and structural engineering from Rensselaer University and U. Conn. He began working in research and design for submarines at Connecticut's Electric Boat. Bill and Carole met and shared years of fun and adventures with a newly formed group of friends. It was "the best of times."

During the 70's, the gang of friends dispersed for new adventures. Bill returned to Vermont, eventually becoming Vice President of S.T.

Griswold Concrete Co., building bridges, highways, and runways. Carole, meanwhile, had relocated to Fairfax, VA to teach 8th grade and provide a guidance class. Within two years, Bill persuaded Carole to move to Vermont with the plan to marry and chase more adventures in Australia. Instead, they stayed in Vermont nearly 40 years raising their two sons, still having adventures. Vermont proved to be a good place to raise a family and to gain more wonderful friends. Long winters were managed with skiing and snowshoeing; summers were idyllic, brimming with friends and family at their Lake Champlain lake house.

Bill continued innovative concrete projects yet managed time to coach many youth sports. Carole continued teaching and taking courses. Over the years, she developed curriculums in language arts and career development and presented these programs at conferences in New England and Toronto with other faculty. Careers demanded busy years, but family was always first and best.

Time to retire came 40 years later. Bill and Carole moved to NC's Outer Banks for a wonderful 20-year chapter filled with friendships, more adventures, kayaking in warm waters, and trips to Europe and Africa. But family time was missing. They began spending summers on Maine's Lake Umbagog, which led to moving to Cumberland Crossing. Now there's time with sons Ben and Derek and families while cheering on grandkids at varieties of sports fields. The adventures continue! (BH & CS, 7/2023)



Norman Stiles, master of succinct texting, wrote his own bio: "Grew up in Falmouth, Maine. Graduated from Falmouth High School. Purdue veterinary school, 1967. Married Deborah Wachter of East Cleveland, OH. Base veterinarian RAF Wethersfield, England, three years. Three sons. Small veterinary practice, Falmouth, 1971 - 2006. I am here." That short bit tells only part of the story, but perhaps it illustrates his sense of humor!

Living now at Cumberland Crossing, Norman has met a lot of people while walking his three dogs around the neighborhood. As he explains, "Dogs are an icebreaker." Norm moved in August 2020 from a property across the adjacent golf course, where he'd lived with his wife for 45 years. They also enjoyed their camp at Echo Lake in Mt. Vernon, where he still spends much of every summer, often with his sons and their families and, of course, all the dogs.

Before Deborah died, she challenged Norm to become a baker, a role he immediately grasped and now thoroughly enjoys. We are fortunate that he shares his many creations with his neighbors. (BH)



Gonzalo and Ellen Verdugo came to Maine from the seaside village of Annisquam, Massachusetts, after calling Cape Ann home for 17 years, and Lexington and Cambridge for the previous 24.

Gonzalo, a Chilean from Vina del Mar and Santiago, and Ellen, a native of New York and Connecticut, met in Lexington as management consultants for Nolan, Norton & Company (NNC), a business strategy and technology management practice.

After more than a decade on the west coast in information systems design, project management, and planning, Ellen came home to New England. Marrying Gonzalo and his three children in 1982, she then joined BankBoston as an officer in Strategic Planning. The couple welcomed a daughter together in 1984. Today, they share nine grandchildren and three great-grandchildren.

Gonzalo's journey took him from teaching decision sciences and a position as Dean of Academic Studies at the University of Chile's School of Management to Boston and the doctoral program at the Harvard Business School. He subsequently began a 34-year consulting career, joining his former Harvard academic advisor's start-up, NNC. Partnerships at other prominent business consulting firms followed until his retirement as Senior Director at Deloitte Consulting in 2011.

In her "third age" (as Chileans refer to the years after 60), Ellen chose to pursue her love of gastronomy at Boston University's Certificate Program in the Culinary Arts, founded by Jacques Pepin and Julia Child. "Happy cooking" with Chef Pepin was the "highlight" of her time there. Contest cooking, food competitions and some national prizes followed, with Gonzalo, Ellen's avid taster, critic, and sometime "sous chef".

After retiring, Gonzalo returned to teaching - coaching seniors in technology and mentoring new immigrants to help them succeed in their adopted homeland. He looks forward to resuming his volunteer teaching in the Portland area. He is a founding member of Prometheus Endeavor, a "think tank," which focuses on developing perspectives on the impact of information technology on business and society. Turning 70, Gonzalo's adventurous spirit led him to successfully climb Mount Kilimanjaro.

Ellen and Gonzalo plan to make yearly trips to Chile to visit family and explore the country's diverse landscapes. (EV and GV, 04/2024)



Mary Ellen and Bill Webster both grew up in Ohio, Bill near Dayton, and Mary Ellen in Youngstown. They met at Oberlin College and later married while Bill continued his studies in veterinary medicine at Ohio State.

During his undergraduate years, Bill thrived in sports, earning recognition nationally in lacrosse and statewide in soccer. Following advanced degree work at Wake Forest and Ohio State Universities, he joined UMass Medical Center, with appointments in pathology and administration. Bill's devotion to teaching and monitoring the care of animals and their humane use in laboratory programs continued. He has worked in industry, and enjoyed

evaluating animal welfare components of overseas research contracts. For 50 years (and still counting!), Bill has been assessing animal care and use programs nationally. He has also enjoyed freshwater fishing and refinishing furniture.

During all those years, Mary Ellen provided support through her teaching and stability to their home front. She enjoyed teaching at the elementary school level wherever they lived, although their son, Bill, insisted she not teach his fourth-grade class! During their years in Massachusetts, Mary Ellen served on superintendent search committees and was also nominated for Massachusetts Teacher of the Year. She grew up with six siblings; from across the country, those families gathered annually for December holiday fun in reunion at Frost Valley YMCA camp in the Catskills where her brother was executive director.

Their daughter, Anne, lives year-round on Little Diamond Island – with an apartment in Portland available when needed. She and her husband adopted two daughters from China. Their son, Bill, a biomedical engineer, lives in Redwood City, CA, with his wife and teenage daughter.

After retirement, they devoted more time to cross country skiing, hiking, and biking. As they considered where to live in retirement, moving to Cumberland Crossing and being near Anne made sense. That has proven true - as Mary Ellen says, every time Anne visits, she brings delicious meals and treats. Although Mary Ellen's fall just prior to their move to CC has curtailed some of their activities, they are optimistic about their future here at CC. (BH, 03/2023)



Natives of Northern and Southern Ireland respectively, **Helen and Brian Williamson** radiated warmth as we joined them for tea, biscuits and a chat. The musical lilt of their Irish brogue drew us into their interesting, adventurous and creative lives, as they each proudly shared the accomplishments and interests of the other.

They met at Trinity College in Dublin where Brian studied medicine and Helen's studies included English history, and philosophy. Upon graduation they moved closer to her family in Belfast for Brian to train as a radiologist, and there they started their family.

Seeking adventure and following Brian's interest in nuclear medicine, they packed up their little brood and moved to the United States in 1974. After briefly living in Miami and Chicago, they settled down in Charlottesville, Virginia for the next 40 years. Brian joined the radiology faculty at the University of Virginia where he enjoyed practicing radiology and teaching medical students. Helen continued her devotion to gardening, while she was involved in the children's school and in their community, and also taught creative writing. She has written and published several beautifully written and illustrated children's books of prose and poetry. Her writings bring the rich Irish tradition of imaginative and whimsical storytelling to delighted children and adults.

Helen and Brian have traveled extensively and delight in the diversity of the sights, sounds and textures of the various cultures that they have had the privilege to experience.

Their three children (Nicola, Vanessa and John) and four grandchildren (William, Felicity, Alden and Sophie) live in Richmond, Virginia, Falmouth, Maine and Costa Rica. Despite the distance of some, all have become frequent visitors to their new home.

Since arriving in the Spring of 2022, they have enjoyed their family, neighbors and community. Helen has initiated a Cumberland Crossing writers' group and is active in two area book groups.

And for their future? Curiosity continues to widen their horizons. Brian's parting words were "Touch the world, experience everything."



With Mount Chocorua above their fireplace, it's clear that **Dorothy and Stan Wondolowski** appreciate mountain views and wilderness. The two have been ready to adapt to new experiences and travel from the start. Growing up in a Polish enclave in Worcester, both learned the basics of Polish simply conversing with grandparents and in their Polish-Catholic school.

By age 15, and all through Dorothy's studies in education at UMass and Stan's accounting program at Bentley College, they dated; they married soon after graduation and immediately began three years of travel throughout the US with Stan's work as a financial auditor for Uniroyal. Typically, they stayed at least a month in each city, with

Stan auditing company records and Dorothy substitute teaching. New Englanders, they quickly learned of dangers throughout the South during the Civil Rights era before adapting to life in Portland, Seattle, and Mount Hood, delighted with skiing in the Northwest.

Finally deciding to settle down closer to their Massachusetts families, Stan began a fifteen-year job with Honeywell. Dorothy took a permanent teaching position in Dover while they lived in Medfield. Next, they partnered with friends to purchase the Inn for All Seasons in Scituate - for six years of challenges - before resuming Dorothy's teaching and Stan's Honeywell work, while also raising their son, David. At that time, they decided to buy a vacation ski chalet in Madison, NH, enjoying the area's many ski hills.

Again ready to adapt, Dorothy earned a master's in education and accepted a position teaching Gifted and Talented 5th and 6th graders in Cohasset, despite the fact that their house was in Bedford; she spent much of that school year living on their boat in Scituate Harbor through blizzards and whatever else!

In addition to regularly skiing, Stan golfed every chance he got. Retiring there, Stan spent 20 years as a golf starter and acting the role of "C-MORE the Penguin" at Cranmore Mountain ski resort, delighting many children. During that time, Dorothy volunteered as Court Appointed Special Advocate working with children through family difficulties.

Now enjoying Cumberland Crossing, they find all they need right here. (BH, 6/2023)