

~ Good to Go ~

Please call 781-4460 before 12:00 for same day meal service. Deliveries are made between 4:45 and 5:15. Please be home to accept delivery.

Pick ups are ready at 4:45 or 6:00 by request.

Delivery charge of \$6.00 per address applies

Our appetizers, entrees and side selections sides are prepared on the premises from a team of talented and dedicated chefs. Please notify us of any allergies at time of order.

MONDAY

Wild Mushroom Soup \$5.95 ~ Green Side Salad \$5.95 Fruit Cup \$5.95

Spinach Ricotta "Meatballs" w/ two Sides \$20.95

Baked Haddock with Seasoned Crumbs w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (*gf,df*) w/ two sides \$20.95

Creamy Corn Polenta (*gf*) ~ Peas (*gf,df*) ~ Delicata Squash (*gf,df*)

Cheesecake or Cake Bomb \$6.95

Tuesday

Minestrone Soup (*df*) \$5.95 ~ Green Side Salad \$5.95 Fresh Fruit Cup \$5.95

Chicken Parmesan w/ two Sides \$20.95

Fisherman's Pie w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (*gf,df*) w/ two sides \$20.95

Egg Noodles ~ Baby Spinach (*gf,df*) ~ Braised Red Cabbage (*gf,df*)

Cheesecake or Cake Bomb \$6.95

October 13-17, Week 5

WEDNESDAY

Sweet Potato & Leek Soup(*gf*)\$5.95 ~Green Side Salad \$5.95 Fruit Cup \$5.95

Slow Roasted Sirloin Strip (*gf,df*) w/ two sides \$20.95

Shrimp Scampi over Pasta w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (*gf,df*) w/ two sides \$20.95

Whipped Potatoes (*gf*) ~ Broccoli (*gf,df*) ~ Vegetable Medley (*gf,df*)

Cheesecake or Cake Bomb \$6.95

THURSDAY

Ham and Bean Soup (*gf,df*) \$5.95 ~ Green Side Salad \$5.95 Fruit Cup \$5.95

Roast Pork Loin with Gravy w/ two sides \$20.95

Spinach Quiche w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (*gf,df*) w/ two sides \$20.95

Mashed Sweet Potatoes (*gf*) ~ Stewed Tomatoes (*gf,df*) ~ Sauerkraut (*gf,df*)

Cheesecake or Cake Bomb \$6.95

FRIDAY

Clam Chowder \$5.95 ~ Green Side Salad \$5.95 Fresh Fruit Cup \$5.95

Sausage Cacciatore (*gf,df*) w/ two sides \$20.95

Beef Burgundy (*df*) w/ two sides \$20.95

OceanView Burger on a Roll w/ two sides \$20.95

Seared Salmon Filet (*gf,df*) w/ two sides \$20.95

Red Potatoes (*gf,df*) ~ Green Bean Casserole~ Roasted Cauliflower (*gf,df*)

Cheesecake or Cake Bomb \$6.95