

Ocean View Menu Selections

MONDAY

Tomato Soup (*gf*) ~ Green Salad ~ Fresh Fruit Cup

Chicken Cordon Bleu with Supreme Sauce

Sweet Potato & Bean Burrito

Scalloped Potatoes ~ Roasted Carrots (*gf,df*) ~ Peas and Onions

Spiced Apple Slices , Cookies & Ice Cream Selections, GF and Sugar Free Available

TUESDAY

Potato Leek Soup (*gf*) ~ Green Salad ~ Fresh Fruit Cup

Roast Turkey with Gravy and Cranberry Sauce

Kielbasa with Sauerkraut (*gf,df*)

Cornbread Stuffing ~ Braised Red Cabbage (*gf,df*) ~ Green Beans (*gf,df*)

Carrot Cake with Cream Cheese Frosting , Cookies & Ice Cream Selections, GF and Sugar Free Available

WEDNESDAY

Lentil Soup (*gf,df*) ~ Green Salad ~ Fresh Fruit Cup

Roast Sirloin of Beef au Jus (*gf,df*)

Shrimp Curry over Rice (*gf,df*)

Baked Potato (*gf,df*) ~ Spaghetti Squash (*gf,df*) ~ Fresh Beets (*gf,df*)

Cranberry Orange Cake, Cookies & Ice Cream Selections, GF and Sugar Free Available

December 22-28 Week 3

CHRISTMAS DAY

Butternut Squash Bisque (*gf*) ~ Green Salad ~ Fresh Fruit Cup

Poached Salmon with Dill & Hollandaise Sauce (*gf*)

Braised Lamb Shanks with Winter Fruits & Red Wine (*gf, df*)

Mashed Potatoes (*gf*) ~ Brussels Sprouts (*gf,df*) ~ Sweet Onion Casserole

Yule Log ,

Cookies & Ice Cream Selections, GF and Sugar Free Available

Friday

Sauerkraut Soup ~ Green Salad ~ Fresh Fruit Cup

Pork Chop Saltimbocca (*gf*)

Classic Beef Lasagna

Parmesan Risotto (*gf*) ~ Roasted Mushrooms (*gf,df*) ~ Broccoli (*gf,df*)

Apple Caramel Cake , Cookies & Ice Cream Selections, GF and Sugar Free Available

SATURDAY BREAKFAST

Baked Pastry Selection

Fresh Berries (*gf,df*) , Greek Yogurt

Old Fashioned Oatmeal (*gf,df*)

Blueberry Pancakes

Scrambled Eggs, Fried Eggs on

English Muffin

Bacon, Sausage (*gf,df*)

SUNDAY BRUNCH

Split Pea Soup ~ Green Salad ~ Fresh Fruit Cup

Baked Ham with Dijon & Brown Sugar (*gf,df*)

Blueberry Oatmeal Bake (*gf*)

Chicken Broccoli Alfredo

Baked Sweet Potatoes (*gf,df*)

Haricot Vert (*gf,df*) ~ Parsnips (*gf,df*)

Boston Cream Pie ~

Cookies & Ice Cream Selections, GF