

# OCEAN VIEWS UPDATES

February, 2026 - published January 29, 2026

## ADMINISTRATION MEMOS

### OceanView Regular Front Office Hours

Monday-Friday 8:30a-5:00p  
Saturday & Sunday 10:00a-2:00p

### New & Incoming Residents

Rita & William Nugent	2/3	BBC3202
Dodie Grier	2/10	139 LAD
Mary Jo Carpenter	2/12	FP301
Gano Haine	~2/12	135 LAD
Sharon Blatchford	2/17	L232

### Staff Away

Ed Fertig	2/3-5
Aleks Kazimierczak	2/16-19

### Staff News

It is with mixed emotions that we share an important transition within our Activities/Fitness/Transportation Departments. At 31 years of dedicated service, Director Dawn Wheeler has announced her decision to retire. Her last day will be Friday, March 13. Dawn has been a cornerstone of OceanView from its early days as a much smaller community through its tremendous growth. Her commitment, leadership, and passion have shaped our organization in countless meaningful ways. We are grateful that while Dawn transitions into retirement, she will continue to share her talents with us as a per-diem team member. Thank you, Dawn, for everything you have contributed and for all you will continue to do.

We are very pleased to announce that **Ryan Koenig** is working with Dawn so that he can move into that Director position. Before coming to OceanView, Ryan ran Activities at 75 State Street, which also included Transportation. This experience makes him an ideal fit for the job. Congratulations, Ryan!

The **Activities Assistant** position held by Katie Wagner is still open. The job description includes computer work, physical movement of furniture, and driving the vans. If you know someone who might enjoy this type of work, please ask them to contact Marcia ([marcia@oceanviewrc.com](mailto:marcia@oceanviewrc.com)).

### Thank You!

**Len Freeman & Tom Allen** for another valuable discussion on The Rule of Law with William

Harwood; **Michael Beaudoin** for coordinating a great xc ski day at Riverside on 1/22; thank you to our OV Resident projectionists **Marcia R., Peter W., Brian K., John Y., and Steve P.** for making sure we can enjoy movies in the evenings.

### New Art! New Art!

#### All for One and One from All!

Don't forget to view the new art hanging on the two Gallery Walls in BBC3. Twenty resident artists each contributed one piece, resulting in a fascinating mix of styles, media and subjects. Thanks to **Arlyss Becker** for brainstorming the show, and to Arlyss and **Trudy Winne** for helping to hang it.

### License Plate Collection

Maine is transitioning from the chickadee plate to the new pine tree design. If you'd like to recycle your old plates, please drop them off at the front desk.

Questions? Contact Mitchell at

[mitchell@oceanviewrc.com](mailto:mitchell@oceanviewrc.com)



## CONSTRUCTION UPDATES

### To Stay Informed about Construction:

**New Construction Memos** are sent regularly to the OceanView & Cumberland Crossing Resident email lists. These are the same lists that receive menus, Calendars & Updates, the monthly E-News, and more. If you have not been receiving emails from OceanView, you may have accidentally unsubscribed from our email list.

If you think that is the case, please contact Dustin at [dustin@oceanviewrc.com](mailto:dustin@oceanviewrc.com)

For your safety, do not enter the construction zone. Also, please make use of the weekly informational meetings for residents, held at the Main Lodge First Floor Conference Room across from the Reception, we're there Thursdays, from 3-4:00p for questions and concerns.

—Mitchell DeBortoli

## THE RESIDENT PORTAL

See what's new on **The Resident Portal!**

The Portal is a spot for residents to get easy access to many resources, including **calendars**, the **Resident**

*(Continued on page 4)*

# Updates & Special Dining Events in February

## Super Bowl Pre-Game

### Chili Bar

Super Bowl Pre-Game Party at The Gazebo Grille Sunday, February 8th, 4:30-6:00 pm. Chili Bar (meat or vegetable available), Hot Apple Cider, Corn Bread & More. \$18.00 plus tax or 1 meal plan point for gold, silver and bronze participants. Call the front desk at 781-4460 to reserve a spot, seating is limited.

## Community Supper

at Blueberry Commons Room "Chinese New Year" Saturday, February 28, 5:00 pm. Join your friends and neighbors in the BBC community room. Menu to include: Asian Noodle Bowls with Toppings, Coconut Macaroons, Green Tea. \$18.00 plus tax or 1 meal plan point for gold, silver and bronze participants. Call the front desk at 781-4460 to reserve a spot, seating is limited.

## Whipple Farmhouse Dining

### Valentine's Weekend Special

Join us with your special someone. Chef Michelle will prepare "Marry Me" Chicken for 2 and a special sweet treat to celebrate with your love.

## OceanView Dining Services

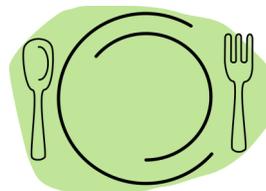
Call OV Front Desk: 207-781-4460

After Hours for questions about your Order or Delivery  
Call the ML Kitchen: 207-781-4464 x 124



Transportation by van or car to and from Whipple Farmhouse or the Main Lodge Dining Room

is now available at no cost for dinner Monday - Friday. RSVP with two days advance notice to the Transport office: 207-781-4460 x109



## HOURS

### GAZEBO GRILLE

Mon.-Fri. 11:00a-5:00p  
Wine and Beer for On-Site  
Meal Plan Points Vary  
Bill to account or Cash only

### MAIN LODGE DINING ROOM\*

Mon.-Fri. 4:30p—1st Seating  
5:30p—2nd Seating  
Sat. Breakfast 8:00-9:15a  
Sun. Brunch 11:45a-1:00p  
2 Meal Plan Points

### WHIPPLE FARM DINING\*\*

Thu./Fri./Sat. 4:30-7:00p  
3 Meal Plan Points

### GOOD-TO-GO

Mon.-Fri. Call before 12:00n  
Pick up at 4:45 or 6:00p (DR)  
or Delivery (\$6)

\*24 Hour Advance Reservations required for: All Residents' Guests; Silver, Bronze, BBC, & Cottage Plans, and No-Plan residents.

\*\*Reservations required—call: 207-274-4935 (for WFD only)

## at The Gazebo Grille:

Celebrate Mardi Gras with Chef Adam's Jambalaya! Tuesday February 17th, while supplies last. Mini "King's Cakes" will also be available. Come join in the fun!



**Donations gratefully accepted the mornings of sale days** in Blueberry Commons Room  
 Upcoming sale dates:  
 Fridays, February 13th & 27th

Residents, families and staff can always see gift items for sale at our display case near the Gazebo Grille in the Main Lodge—Inventory changes regularly.

The Front Desk will hold any item you are interested in until you have paid; please leave exact cash or a check [*confirm to whom to write the check at the Front Desk*].

**Nonprofit recipient for the first half of 2026 is the OceanView Resident Assistance Fund (OVRAF)**

Your suggestions and volunteering are encouraged and welcome because “it takes a village”. Here is a good opportunity to meet and talk with fellow residents and our OV staff.—Eunice W, Donna K, Mabel G, Judy P & Jane H. For inquiries: [eunice.w75@gmail.com](mailto:eunice.w75@gmail.com)

To volunteer: [dknoblock@maine.rr.com](mailto:dknoblock@maine.rr.com)

Thank you for your support—the Gift Shop Committee.

**CUMBERLAND CROSSING UPDATES**

Cumberland Crossing is a winter wonderland but there are no shortages of fun programs to keep busy with new friends and neighbors and stay active! We are excited to have plans for the event space expansion at Northwind Farm PLUS the barn renovation which are now available to see. We’re looking forward to a great year ahead!

**NEW MOVE-INS**

Please help us welcome our newest residents, Gano Haine to 135 Little Acres Drive and Stephanie Leonard Bennett to 15 Monarch Drive!

**PHASE 2 SALES**

There is still a chance to customize a cottage and make it your own, but don’t hesitate as that chance will soon be gone! Call or email TODAY for special details.

**FEBRUARY TOURS**

We are available for tours! Just send an email to: Gloria Walker at [gloria@oceanviewrc.com](mailto:gloria@oceanviewrc.com) or call her at 207-781-4460 ext. 150. Likewise, you can reach out to Shireen Shahawy at [shireen@oceanviewrc.com](mailto:shireen@oceanviewrc.com) or call 207-781-4460 ext. 103.

We would love to show you our beautiful community!

**ACTIVITIES/EVENTS Highlights at OceanView**

(FMI see pp 13 & 14)

Fri., 2/13, 2:00p **Governor Janet Mills** —Lunt

Wed., 2/18, 2:30p **Anni Clark in Concert**— HTL

***Request van transport from Transportation for events above.***

**FEBRUARY ACTIVITIES at Cumberland Crossing**

*at Northwind Farm unless indicted \*please sign up w/Amy*

Monday, 2/2, 3/3:30pm—\*Matinee Movie Monday:

*The Reader*, 2008, R, 124 min. *rescheduled*

Monday, 2/9, 3/3:30pm—\*Matinee Movie Monday:

*Beverly Hills Cop*, 1984, R, 105 min.

Monday, 2/16, 1:30pm—Cribbage

Monday, 2/16, 3:00pm—\*Coffee with Don

Tuesday, 2/10, 10:00am—Men’s Discussion Group

Wednesdays, 9:30-11am—Office Hours with Amy

Wednesday, 2/11, 10:00am—Doc. Wednesday

*Live to Lead*, ep. 4, Jacinta Ardern (desc. p 16)

Wednesdays, 2:30pm—Stretch & Balance Fitness

Wednesday, 2/18, 11:00am - Book Club

*Demon Copperhead* by Barbara Kingsolver

Wednesday, 2/25, 3:30pm - CC Speaker Series

Dan & Sue present *Rounding Cape Horn* (pg 15)

Thursdays, 9:45am – Transportation to Thursday

*Wellness Clinic* hours at OV—pls call for ride

Thursdays, 2/5, 2/19, 10:00am—Stitchers Group

Thursday, 2/19, 4:00p—Women’s Group (loc. Tba)

Thursdays, 4:00pm—Oneness Meditation

w/Anne Dean ([anneldean@gmail.com](mailto:anneldean@gmail.com))

Fridays, 11:00am—Yoga with Grace

Friday, 2/13, 4-6:00p—Valentine’s Social

*Please contact Don Wessels with any questions: (207) 781-4460, ext. 148 or [don@oceanviewrc.com](mailto:don@oceanviewrc.com)*

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**Bulletin Board, The Gazebo Grille Blackboard Specials, and more!**



New this month: **Updated team photos** for Housekeeping and Maintenance as well as new additions for Transportation and Wellness. You can also see these photos on the wall by the Gazebo Grille. **Please bookmark the Portal on your computer or phone** and check it often! The Resident Portal is meant only for current and future residents and members of our Priority Wait List. It is not public on our website, and it is not searchable online.

The link to the Portal is:

[www.oceanviewrc.com/portal/](http://www.oceanviewrc.com/portal/)

—Dustin Bonk

**COVID-19 COMMUNITY UPDATE**

We've had 11 resident and one staff cases on campus in January. We continue to do contact tracing and encourage testing for those who have been in close contact with someone that has tested positive. Testing with any cold or flu symptom continues to be the most effective way to reduce transmission.

—Diane Kibbin



**WELLNESS NOTES**

**Wellness Clinics—Drop-in ML3 WO**

Mondays 1:00-3:00p

Thursdays 10:00a-12:00p

The Wellness Office is staffed during these times to evaluate medical concerns, check blood pressures, or offer advice in navigating the health care system. This service is included in your monthly fees when you visit the Wellness Clinic at these times.

Please do not wait until the clinic to reach out if you are experiencing a health issue, you may contact the Wellness Nurses for a home visit anytime you are experiencing in non-urgent medical issue. There is a fee associated with these visits, but it could save a trip to the emergency room with early intervention.

**We continue to offer a van for Cumberland**

**Crossing residents who would like to come to the either the Monday or Thursday Wellness Clinic hours;** please confirm with Transportation (781-4460) the day before for pick-up.

**Caregivers' Support Group**

Wed., 2/4, 1:00p—HTL

Wed., 2/18, 10:00a—BBC

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is caring for another adult here at OceanView, led by a member of the Community Wellness team.

**Grief Support Group**

Tues., 2/24, 1:00p—HTL

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is grieving, led by a member of the Community Wellness team.

Grief comes in many forms, shapes, and sizes. Let's gather to express our grief, support one another, and lift ourselves up. With all grief, there is loss. In this group we mourn the loss but look to heal, grow, and move forward.

**Garret Cole's Parkinson's Fitness & Support**

Thursdays, 11:00a at Falmouth House

Open to all OV & CC Residents

**Van—Parkinson's Discussion Group**

Tues., 2/10, 10:30-11:30a Departure 9:45a\*\*

Valhalla Recreation Center, Cumberland

Join our Parkinson's Discussion Group to connect

with other people who share similar interests, challenges and hopes. This will be a gathering of people with common experiences or concerns who can provide each other with encouragement, comfort, and advice. Presented by Cumberland Active Living

We will strive to:

\*Talk about your feelings and receive confirmation that there are others dealing with the same challenges

\*Compare common symptoms and ways that each person has handled the symptoms

\*Discuss issues that are unique to care partners and family members of people with Parkinson's disease

\*\**OceanView will send a van to this gathering on the second Tuesday of the month as we look to find a facilitator who can come to OV. We'll confirm a departure time once we know how many are going. Please sign up with Activities.*

**Podiatrist—Dr. Rybka**

Wed., 2/11, 9:00a-3:00p

Please sign up with Activities for a 15 minute appointment.

**Hearing Aid Appts**

Ron Trufant has sold Falmouth Hearing Aids to Miracle Ear, and this has changed his schedule. His next OceanView visit will be on Wednesday March 11th.

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## OTHER SERVICES

**Hair Salon with Jodi Evers ML3S**  
Call for appointment: 561-602-4200

**Nail Services ML3S - on Saturdays**  
Call Elaine Fitz for appointment: 207-956-2962

**Massage with Linda Dillingham HTLa**  
Please call Linda directly to make an appointment:  
207-712-6889

**Traveling nurse Joline L. Pothier** will come to your home for *foot and toenail* care services; she is increasing her days at OV to 2x a month. Call 207-229-7968 or email [jolinelpothier@gmail.com](mailto:jolinelpothier@gmail.com) Let her know you are an OV resident.

**Bath Savings Bank**—Main Lodge 3<sup>rd</sup> floor, ML3c  
A teller from Bath Savings spends one hour at OV on most Tuesdays at 9:00a. For residents they will cash a check, and they bring quarters. For patrons of Bath Savings other services can be performed, as well. **Bath Savings has removed the ATM machine** from the Main Lodge because of low usage.

## OV LIBRARY COMMITTEE

The **Library Committee** meets on the first Tuesday of the month (2/3) at 3:00p in the OV Library. During meetings, residents are welcome to come and share their concerns (or praises) about the Library.

The New Books shelf holds an abundance of **FICTION** this month. Stewart O’Nan’s new book is *Evensong* about a group of women who show that acting with compassion and humor builds a satisfying community. Another group with a decidedly different focus is The Thursday Murder Club in Richard Osman’s *The Impossible Fortune*. Mysteries and police procedurals include the usual suspects: C.J. Box, John Grisham, Donna Leon and John Sandford. From favorite writers you can find Tracy Chevalier’s *The Glass Maker* set in Murano, of course, and Jacqueline Winspear’s *The Comfort of Ghosts* which some may be sad to hear is Winspear’s final Maisie Dobbs. Two best sellers are *The Housemaid*, a psychological thriller by Freida McFadden and *Heart the Lover* by Maine’s Lily King. You may want to try a couple of authors who are not household names. Quiara Alegria Hudes has written *The White Hot*, a novel in the form of a letter from a mother to the daughter that she deserted. Also

# Winter Safety and Deicing

## Why we deice

Resident safety is and will always be a top priority for the staff at OceanView and Cumberland Crossing. As many of you know, wintertime in Maine comes with slick and dangerous walking surfaces. We use salt to mitigate this.



## Types of Deicers

There are multiple types of deicers, most being salt-based products. These products generally work by lowering the freezing point of water; on our campuses we primarily use rock salt to deice our walkways and roads.



## Why we use Rock Salt

Rock salt is the most effective form of deicing for our purposes. Not only does it keep the ice from forming and melt it if it has formed, it also provides traction for the surface. Unlike other deicers, rock salt works well below subfreezing temperatures.



## Rock Salt Alternatives

We have heard from many residents about alternatives to Rock Salt that would be safer for pets and children; however these alternatives provide minimal traction, and are cost prohibitive. Please keep in mind consuming any deicer is somewhat harmful to dog; if you are concerned about their paws, please consider musher’s wax or boots.



## Resident Safety

As stated above, resident safety is our number one priority. Using rock salt gives us the highest chance of keeping our residents upright and moving. Falls are the leading cause of death from injury for people 65 and older, and 1 out of 4 people above 65 who fracture their hip from a fall die within 6 months. While the type of salt we use may not be your first choice, it is the safest choice for our residents.



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consider *Animal Life* by Aude Ava Olafsdottir about an Icelandic midwife musing on her profession. Lots of fiction this month but a nice variety. I hope that multiple copies of *Persuasion* are flying off the shelf, don't forget that Community Read meets in March. Alas, only three works of **NONFICTION**. Two are not new but may offer pleasant memories. *Drinking the Rain* by memoirist Alix Kate Shulman, and Bob Dylan's *Chronicles, V.I.* Finally, *He/She/They: How We Talk About Gender and Why It Matters* by Schuyler Bailar. Bailar was the first transgender athlete to play on an NCAA Division I team. From readers I've heard that this is more than a memoir, it has helped readers understand what it means to be transgender.

Barbara Briggs for the Library Committee

## OCEANVIEW RESIDENT ASSISTANCE FUND

### RAF Special Campaign

The Resident Assistance Fund is continuing its special campaign to raise \$500,000 for residents in need by asking the members of the OV community to consider pledging a sum from their OV Entrance Fees. By asking OV to return the Entrance Fee to their heirs minus the amount they have pledged necessitates no changes in wills and no lawyer's fees--no costs to you. Maggie Philbrick was tasked by the Board of the RAF to begin this campaign in the fall of 2024, and she has given updates and answered questions at the monthly Community Council meetings. The Board encourages residents to consider what they might do for this campaign and be ready with their answers when Maggie writes or calls.



## COMMUNITY COUNCIL REFLECTIONS

Nancy Wanderer, President

I left the January Community Council meeting in a state of euphoria, grateful to be living in a community filled with so many kind and generous people. I have, of course, enjoyed every Community Council meeting over the past three years, even when we struggled to find common ground on difficult issues, but the January meeting felt like a port in the storm. After being so relieved to put 2025 behind us, I had been hoping that 2026 would offer a reprieve from the stress and anxiety many of us experienced all last year. Sadly, that dream was shattered by the invasion of Venezuela, closely followed by the terrifying occupation of Minneapolis and the tragic and unwarranted killing of Renee Good by ICE officers.

Searching for an antidote to the hate and violence, I needed to look no further than my OceanView neighbors, who have been working tirelessly and

without financial compensation to make this world a better place. The breadth and depth of OceanView residents' volunteer activities is amazing and wonderful. People volunteer for countless charitable organizations, including Hospice of Southern Maine, the Falmouth Food Pantry, Maine Historical Society, Falmouth Memorial Library, Furniture Friends, Legal Services for Maine Elders, and the League of Women Voters. On campus, hardworking residents organize voter-registration drives; keep residents informed about opportunities for political participation through Save Democracy; and run the highly successful Gift Shop, helping residents dispose of no-longer-needed possessions while raising thousands of dollars for our employee gift fund and the OceanView Resident Assistance Fund (OVRAF). Other residents step up to lead the OVRAF as well as the OceanView Community Council.

I wish I had enough space to name all the people involved in these activities and describe the work they are doing in detail. For now, however, I will focus on one such resident—Nancy Gordon—who has volunteered with the Southern Maine Agency on Aging (SMAA) in the Medicare Counseling Program since 2010. Last fall alone, Nancy helped 40 clients, including 10 at Oceanview, who needed expert advice in making decisions during Medicare's open enrollment period. Although Nancy does not know exactly how much money she may have saved her clients, she does know she gave them all peace of mind, knowing they had gotten the best coverage for the lowest possible cost. Last year, SMAA awarded Nancy a plaque, recognizing her 15 years of dedicated service. Peggy Gilbert, another dedicated OceanView volunteer, also provided Medicare counseling for many years. We honor both Nancy and Peggy for their valuable service to the community.

As we move further into the New Year, we know many challenges await us. Nevertheless, we can gain strength and courage from recognizing everything OceanView residents have been doing and seek ways to make our own contributions. We can pay attention to the news and contact our state and local representatives to express our opinions. We can register to vote and cast our ballots in the primary on June 9, 2026, and the final election on November 3, 2026. In the meantime, we can reach out to our neighbors and provide friendship and support. There is no doubt; we can make a difference, both on the national scene and right here at OceanView. Together, we will prevail.

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## FITNESS NOTES

### Strong Shoulders: The Key to a Strong Body

Fri., 2/20, 2:00p BBC

Fitness specialist Jamison will discuss how to keep your shoulders strong, pain-free, and moving well with “**Strong Shoulders: The Key to a Strong Body**” a presentation focused on protecting one of your body’s most important joints. We’ll cover how to prevent common problems and chronic pain, maintain mobility, and support independence as you age. You’ll also learn practical exercises and stretches to help you enjoy an active lifestyle for years to come. Don’t miss this opportunity to take charge of your shoulder health!

### Tai Chi in February

Fridays at 11:00am in HTL

**Tai Chi classes in February will be focused on beginner-friendly movements.** Classes will emphasize gentle, low-impact exercises designed to improve balance, mobility, and relaxation. **Most classes are seated**, making them accessible and welcoming for all fitness levels. Wear comfortable clothing and come experience an effective, calming way to move and feel your best. All are welcome!

**Laughter Yoga** *please sign up at the nook*

Mon., 2/16, 11:00a HTL

Class with Chris Chapman, Certified Laughter Yoga Leader. Here is a wonderful website that explains what Laughter Yoga is as well as it’s history of how the practice began.” [www.laughteryoga.org](http://www.laughteryoga.org)

### Oneness Meditation with Anne Dean at OceanView and at Cumberland Crossing

Tuesdays at 11:00a in the Screening Room (SR)

Thursdays at 4:00p, 1 Firefly Ln or Northwind Farm

Anne Dean, [anneldean@gmail.com](mailto:anneldean@gmail.com)

“The form of meditation I teach is a guided meditation and has an active component to it helping the meditator stay focused and present, instead of drifting off to wherever your mind is apt to lead you. There are 5 steps in the meditation and each step has been scientifically proven to shift the body and mind into a more calm and relaxed state. The meditation is 20 minutes long.

If you’ve been told meditation would be good for you and just never tried, or have tried and not succeeded, then this meditation might be the one that launches a positive meditation experience for you. We welcome both experienced and non-experienced meditators.

Come join us as we connect to a higher consciousness, calm our mind, relax our muscles, reduce our stress and lower our blood pressure, leaving us with a sense of overall well-being and deep inner peace.”

### **Residents who are new to Fitness—Which programs are best for you?**

Give the Fitness Department a call to set up your *free* consultation, equipment review and fitness assessment.

### Zoomed Classes

On the Lifestyle Calendar the classes which will be Zoomed are colored **RED and Bold**.

The link remains the same:

<https://us02web.zoom.us/j/6041960161pwd=T3gwK3pMY1gxeUc0bk9uRUZxc2k2dz09>

Fitness also has a lot of *recorded classes* for you to enjoy if you can’t make it in-person or on Zoom.

They can be found here:

<https://www.youtube.com/playlist?list=PL-mw-XsFMrFjXc5IgKa6mPQItNre2QZ9K>

## THEATER & TICKETED EVENTS



### Van—Portland Stage Co

#### *Lend Me a Tenor*

Thurs., 2/12, 1:00p 25 Forest Ave Portland

Tickets \$57-45 *van is full*

The three-time Tony Award winning laugh riot *Lend Me A Tenor* follows the misadventures of

Max and the Cleveland Grand Opera company. After preparing a lovely reception for *Il Stupendo*, the greatest tenor of his generation, for a one-night only performance in Pagliacci Max finds his star on the verge of death, the theatre in potential ruins, and worst of all his fiancé has a thing for tenors! As Max dons the makeup to stand in for *Il Stupendo*, hilarity and mischief ensue. Playwright Ken Ludwig

### Van—PSO Pops

#### *Jurassic Park in Concert*

Sun., 2/15, 12:00p Merrill Auditorium

Tickets \$113-29 Call Porttix to order

*4 van seats remaining*

Featuring visually stunning imagery and groundbreaking special effects, the action-packed adventure of *Jurassic Park* pits man against prehistoric predators in the ultimate battle for survival. Experience it now, as the Portland Symphony Orchestra performs John Williams’ iconic score live to picture.

## UPCOMING TICKETED EVENTS

### Vans—PSO Sunday

**Northern Folktales: Copland & Sibelius**

Sun., 3/1, 1:30p Merrill Auditorium

Tickets \$113-29 Call Porttix to order

*X van seats remaining*

Morihiko Nakahara, Guest Conductor

TAKASHI YOSHIMATSU *Ode to Birds and Rainbow*

COPLAND *Suite from The Tender Land*

SIBELIUS *Symphony No. 5 in E-flat Major*

Sign up sheets are out on the Blue Clipboard; the following are all ticketed through Porttix (please see below for contact info); **if you are signed up, these vans will be going so be sure to order your tickets now for best seat selection.**

### Van—Portland Ovations

**Kinky Boots**

Thurs., 3/5, 6:00p Merrill Auditorium

Tickets: \$55-125 *7 van seats remaining*

### Van\*—Diana Krall in Concert

Fri., 3/27, 7:00p Merrill Auditorium

Tickets: \$70-207 *\*tentative, still need six signed up to send a van. We have a resident who expressed interest—are there more?*

A record-breaking musician, Diana Krall is the only jazz singer to have eight albums debut at the top of the Billboard Jazz Albums chart. *This Dream Of You* garnered critical acclaim and displayed the effortless virtuosity that has become Diana Krall's musical signature. Krall's unique artistry and musicality transcend any single musical style, making her one of the most recognizable artists of our time.



### Van—Portland Ovations

**The Academy of St. Martin in the Fields Wind Ensemble**

Tues., 4/21, 6:00p Merrill Auditorium

Tickets: \$30-75 *3 van seats remaining*

### Van—Portland Ovations

**Meredith Wilson's The Music Man**

Thurs., 5/14, 6:00p Merrill Auditorium

Tickets: \$55-125 *7 van seats remaining*

## ONGOING/REPEAT ACTIVITIES

### OV Community Council

Mon. 2/8, 3:00p BBC

Please email President Nancy Wanderer at [wanders8899@gmail.com](mailto:wanders8899@gmail.com) or call 207-837-4738 with your comments and concerns, and especially if you want to get on a future meeting agenda.

*Tuesday with Nancy* Tues., 2/3, 1:00p HTL

### OceanView Chorus

*Time to plan ahead!*

Thurs., 2/26, 11:00a BBC

Full Chorus Meeting and Music Binder distribution.

Hoping to be in BBC thru the Spring Concert.

We will have a revised Schedule for Practices starting in March on Mondays & Thursdays soon.

Please confirm with Bill Gatchell that you will be participating this spring for the music binders to be prepared. Questions? Please reach out to Bill Gatchell, Chorus Manager 207-781-

5131, or email [wmgatchell@gmail.com](mailto:wmgatchell@gmail.com) Please note new email address. If no answer, please leave a voice message on the phone.

### Handcrafters Group

Second & Fourth Mondays (2/8, 2/23)

1:00-2:30p CR

The Handcrafters Group means to be inclusive of knitters, crocheters, those who do needle-point, cross-stitch, embroidery, who sew and quilt, spin, or any hand-crafts we have not thought of. If this includes you we hope you will try our group out. We encourage and inspire each other and sometimes lend a helping hand or a bit of advice while we work on our own projects. Questions? call Donna Knoblock (797-2909).

### Bible Fellowship

Tuesdays, 10:00a HTL

This is a non-denominational study group led by a rotation of area pastors. Following the New Revised Common Lectionary, we first read and discuss the scriptures that will be used in the upcoming Sunday

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Looking for tickets for a Merrill Auditorium or greater Portland event? **Be sure to start at**

**Porttix!**



**Don't overpay at a 3rd party site**

Porttix is open Mon-Fri 11:00a-3:00p and 90 minutes before shows. 207-842-0800, bookmark <https://www.porttix.com/>

Tickets for **PSO, Portland Ovations, Opera Maine, the Kotschmar Organ**, and even some area companies such as **Portland Ballet** at Westbrook Performing Arts Center and **Portland Conservatory of Music**, use Porttix as their trusted ticket partner.

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church services.

We explore and refresh participants' Bible knowledge that applies to the wide variety of faith backgrounds, beliefs, and experiences of those attending. Discussion is welcomed and encouraged, though not required. Monthly lectionary readings will be available at the Sign-up Nook or delivered by request. You are encouraged to read each passage prior to the meeting; bring your Bible with you. Questions? Please call Tom Simmonds, 781-0044. The monthly lectionary is available on the OV Portal.

### Art for Fun/Dabbler's Group

Tuesdays at 10:00a ML2

*Art for Fun* is our resident dabbler's gathering. No pressure, come and visit while exploring painting or pastels, or in other mediums if they are portable. Please bring your own art supplies.

### Game Night

Tuesdays 6:30p CR

Come to the OV Library to socialize and play games! We have a backgammon set, cribbage boards, a deluxe Scrabble board and more in the storage room. Choose a game or bring a favorite, bring your coloring or your crosswords... and play on!

### German Conversation Group

Meets 2nd & 4th Wednesdays

10:00a @FH

OV staff member Lisa Theiler Ertman facilitates a gathering of German-speaking residents. All levels of proficiency are welcome. Speaking or practicing a foreign language is great brain exercise as well as a lot of fun!

### Women's Discussion Group

Wed., 2/11, 11:00a, HTL

The purpose of The Women's Discussion Group is to engage in civil discourse in order to educate ourselves on subjects of mutual interest, while remembering to respect and encourage different points of view. All women are invited. Please sign up, and come join us.

### Men's Discussion Group

Thursdays at 10:00a HTL

An unscripted discussion on a wide variety of topics of interest among OceanView men from varied backgrounds: businessmen, doctors, professors, soldiers, liberals, conservatives, and men who just want to chat. Please join us!

### AARP Fraud Alert Show w/ Phil & Pam

Thurs., 2/12, 10:00a Zoom

An AARP Fraud Watch monthly update program with (OV resident) Phil Chin and Pam Partridge. To learn more about the program and register: <https://states.aarp.org/maine/monthly-fraud-watch>

### Duplicate Bridge

Fridays at 12:30p CR

In the Card Room of the Library.

If you would like to know more or join in, please contact John Bischof at 781-2391.

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### On-Campus Van Service available to select events!

**Questions? Call Jim at 781-4460**

There is no fee for this service! All we ask is that you be diligent about signing up and cancelling, so that the service can be run efficiently for everyone participating.

**COTTAGE RESIDENTS: During construction, as parking is affected, we are asking that you use this van (or walk) to Activities instead of bringing your car to the Lodges Complex.**

**OV: If you haven't signed up for the van, please call 30 minutes in advance to be picked up: 955-0675.**

***When you sign up: please do so in the special column or slip marked "ON-CAMPUS VAN"***

Pick-ups start approx. 30 minutes before the event starts—please be ready! Return trips will be made when the festivities end.

### FEBRUARY OV ON-CAMPUS VAN

#### **pick-up time:**

- ◆ Thursdays 9:30a Men's Discussion HTL
- ◆ Thu/Fri Movies SR *see list pg. 16*
- 2/2 12:00p Kindergartener's Visit—HTL
- 2/4 3:30p Wine & Cheese Birthday—BBC
- 2/7 12:30p Opera Saturday—Lunt
- 2/9 2:30p Community Council—BBC
- 2/11 10:30a Women's Discussion Group—HTL
- 2/13 1:30p Gov. Janet Mills—Lunt
- 2/18 10:30a Women's Book Group—HTL
- 2/18 2:00p Concert w/Anni Clark—HTL
- 2/19 2:30p Speaker Clara Porter—HTL
- 2/20 1:30p Fitness Presentation—BBC

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**Bridge** Mondays at 6:30p CR  
Thursdays at 6:30p CR  
Saturdays at 1:00p CR

**Mahjong** Wednesdays at 1:00p CR  
**Poker** Thursdays at 1:00p CR

**Van—Grocery Shopping**

Thursdays 2/5, 12, 19, 26  
*Shaw's @ 9:30a*  
*Hannaford @ 12:45p*



Trips to the Falmouth grocery stores usually run 35-45 minutes at the store for basic items pick-up. Personal transportation can be scheduled for other times.

**Van—Walmart**

Tuesdays, 1:00p: 2/3, 2/17  
You can also ask to go to the Falmouth Memorial Library or your Route 1 banking institution instead, please note it when you sign up.

**Van—Trader Joe's –OR– Whole Foods**

Tues., 2/24, 1:30p  
Note: This van will concierge to either store. Please mark your preference when you sign up so that the driver will know how many are going to each place: there is not time for you to visit both stores on one trip. The van drops off at Whole Foods first, then goes to Trader Joe's. Departing from Trader Joe's when shoppers are finished, they will pick up at Whole Foods on the way home. *There are seats to wait at Whole Foods.*



**Resident Photo Wall Photos with Activities**



If you have not had a picture taken for our resident gallery wall, please call/email Activities. Retakes are also available at any time by calling to schedule. Call 207-781-4460 & ask for Activities.

**ACTIVITIES—NEW**

**For any in-person activities, please sign-up at the Nook by the Activities Office,** or call/email ([marcia@oceanviewwrc.com](mailto:marcia@oceanviewwrc.com)). Signing up in advance allows us to efficiently plan set up of seating, refreshments and van needs. Thank you.



**February is Heart Health Month,** a great reminder of how important it is to care for our hearts through regular movement, stress management, and healthy habits. Small,

consistent choices, like staying active and prioritizing wellness, can make a big difference in long-term heart health. Don't forget to **WEAR RED ON FRIDAYS** in February! Wearing red is a simple way to show awareness and encourage conversations around heart health and wellness throughout our community.

**Community Read**

Want to beat the winter blues? Curl up with a good book, such as **Persuasion**. We are encouraging all who are interested to read Jane Austen's **Persuasion** this month in celebration of her 250<sup>th</sup> birthday. On the afternoon of March 12th, Jane Austen scholar Ingrid Graff will give a talk and lead a discussion of the book.



This is an opportunity for residents to read and discuss the motivations, issues, emotions, morality, and communications inherent in human relationships that Austen presents with humor and wisdom in her final complete novel. It might also lead to future Community Reads on a variety of topics and themes.

**Cross Country Skiing Hello Resident Skiers & Snowshoers!**

OV's trails have been groomed for XC skiing— if you use those trails to walk/walk your dog/ snowshoe, please keep to one side of the tracks.

We had a successful trip to Riverside on 1/22. We are working with OV Resident Michael Beaudoin to find additional dates to travel on the van for XC skiing and snowshoeing Please contact Mike: If you'd like to be added to an email list to receive notices about planned van transport or carpooling to places like Pineland, Riverside Golf Course, Payson Park in Portland and Twin Brook Rec in Cumberland. If you are looking for a place to purchase reasonably priced ski gear, such as Gear-Hub.

He would be pleased to meet with all or any who are interested, to work out details if you feel this is a viable group activity: Michael Beaudoin, OV C37, [mbeaudoin@une.edu](mailto:mbeaudoin@une.edu), 207-781-4954

**Kindergarteners Visit**

Mon., 2/2, 12:30-1:15p HTL  
Join in as students from Falmouth Elementary School visit us for some educational adventures—this year we are getting Kindergarteners! Three classes of students will rotate opportunity to visit throughout the school year. Reading together, playing games, just a great opportunity to spend some time with some young people—**please sign up.**

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### Readers Theater Group

Mon., 2/2, 3:00p HTL

What is reader's theater?

Readers Theater is a style of theater in which the actors present dramatic readings of narrative material without costumes, props, scenery, or special lighting. Actors use only their scripts and vocal expression to help an audience understand the story. This "performance of the voice" does not require memorization. At this time, the group will be gathering monthly to read plays and other materials out loud together for themselves, with no planned performances.

### Wine Tasting Group

Mon., 2/2, 4:00p BBC

Rescheduled from 1/26, we will sample *Cremant*, a sparkling wine made in France. Be sure to bring \$5 per person to help cover the expenses as a *Resident Supported* event. *Sign up is already set.*

### Downbeat; S'forzando Sfz! Concert Series PSO String Quartet

Tues., 2/3, 3:00p, Lunt Auditorium

On Tuesday, February 3 at 3:00pm, Portland Symphony Orchestra Concertmaster Charles Dimmick, joined by three other Senior-Level members of the PSO, will perform a String-Quartet dress rehearsal at Lunt Auditorium. That day the ensemble will be rehearsing compositions by Aaron Copland, Dimitri Shostakovich, and Ludwig van Beethoven—works that later in the week will be played to paying audiences in Portland, Boothbay and Freeport. (Tix for those concerts are \$50). This will be a special opportunity to experience -close'up- a series of fun and lively classics performed by Mr. Dimmick; also Sarah Atwood (Principal 2nd Violin); Willine Thoe (viola); and William Rounds (cello), all four "*S'forzando Sfz!* Concert" returnees. Attendees who wish to remain after a mid-rehearsal break are invited to sit in on the entire two-hour-plus session, but last transportation opportunity will depart at 4:30p. This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use and on-campus Transportation [please make reservations with Transportation well in advance if you need a ride], the members of the *Sfz!* group itself financially support their own content. All residents are welcome to join "*S'forzando Sfz!*" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank

### FREE OPERA FILMS for

**OV & CC Residents, Builders & PWLs!**

Opera Maine is excited to partner with OceanView at Falmouth to present a second series of famous opera performances from around the world. Let's come together as a community to enjoy and discuss opera.

**Saturday afternoon beginning at 1:00p:**

**February 7th at 1 p.m. (Doors open at 12:30 p.m.)**

OceanView's Lunt Auditorium

74 Lunt Road, Falmouth, ME 04105

**Total Run Time: 2 hours, 10 minutes.**

**Intermission:** There will be an intermission after Act 1, and OceanView will provide light snacks and beverages.

### Gilbert & Sullivan's *The Mikado*

A sparkling satire packed with wit, melody, and mischief—Gilbert & Sullivan's *The Mikado* remains one of the most beloved works of comic opera. With its topsy-turvy humor, memorable tunes, and delightfully absurd characters, this production captures the timeless charm that has kept audiences laughing for more than a century. From the hilarious antics of Ko-Ko, the Lord High Executioner, to the swooning romance of Nanki-Poo and Yum-Yum, *The Mikado* offers a joyful escape into a world where nothing is quite as it seems and laughter is guaranteed.



**Registration is required. Seating is limited—**

**Residents & PWLs:** sign up with the Front Desk.

**Guests:** RSVP via this link:

<https://www.operamaine.org/events/film-series/>

Opera Maine is selling tickets to its patrons who will also attend these films.

**Coming Up:** Apr. 18—Hamlet

May 16—Capuleti e Montecchi

Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

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**Wine & Cheese Party—February Birthdays**

Wed., 2/4, 4:00p, BBC

Join us for our monthly wine and cheese party and help celebrate those with February birthdays! All residents are invited to attend this monthly gathering—*please sign up*. If you are a cottage resident, sign up in the right-hand column and let us know if you need a ride or are walking to the event. Lodges residents please use the left column.

**Olympics Milano-Cortina Opening Ceremony**

Fri., 2/6, 1:30p Screening Room

Celebrate the world's top athletes and explore the magic of the Milano Cortina 2026 Olympic Winter Games Opening Ceremony on February 6.



**Super Bowl BYOB & Watch Party**

Sun., 2/8, 5:30p Screening Room

Looking forward to the showdown between the Seattle Seahawks and the New England Patriots? Excited for silly commercials? Just want to watch the game together? Bring a bit to share and come on down to the watch the Big Game on our big screen.

**Downbeat; S'forzando Sfz! Concert Series  
PSO String-Duo Soirée**

Mon., 2/9, 1:00p, Hilltop Lodge Community Room

On Monday afternoon, February 9 at 1:00pm, a duo of talented-and-tenured Portland Symphony Orchestra musicians will perform a concert titled "ZING! ...Went the Strings in my Heart" in HTL. Returning to a "S'forzando Sfz!" Concert, (this time, together) will be PSO 1st Violinist Mia Bella D'Agnelli and PSO Violist Kim Lehmann. The pair will introduce us all to a potpourri selection of classical compositions by Emil Kreuz, Anton Hoffmeister, Jacques Chailley, Aleksey Igudesman, Carlos Gardel and Urs Joseph Flury. One bouncy number you can especially look forward to is named "Irish Stew in the Morning" - so before coming to enjoy this tune at HTL, be sure you've "eaten everything in your breakfast bowl". This event is resident sponsored by the "Downbeat; S'forzando Sfz! Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use and on-campus Transportation [please make reservations with Transportation well in advance if you need a ride, and expect the program to extend to 75 minutes or so], the members of the Sfz! group itself financially support their own content. All residents are welcome to join "S'forzando Sfz!" and attend its



**LOCATION CODES:**

<b>BBC</b> —Commons Room in Blueberry Commons	<b>LIB</b> —Library on ML2
<b>CC</b> —Cumberland Crossing	<b>LUNT</b> —Lunt Auditorium
<b>CR</b> —Card Room behind Library	<b>ML1c</b> —Main Lodge 1st Floor Conference Room
<b>DR</b> —Dining Room, Main Lodge	<b>ML2</b> —Main Lodge Activity Room, 2nd Floor
<b>FH</b> —Falmouth House	<b>ML3c</b> —Main Lodge Conference Room, 3rd floor
<b>FS</b> —Fitness Studio - Hilltop	<b>ML3S</b> —Main Lodge Salon, 3rd floor
<b>GG</b> —Gazebo Grille	<b>NW</b> —Northwind Farm CC
<b>GR</b> —Game Room	<b>SR</b> —Screening Room
<b>HFP</b> —Hager Fitness Pavilion	<b>WF</b> —Whipple Farm
<b>HTL</b> —Community Room in Hilltop Lodge	<b>WO</b> —Wellness Office ML3
<b>HTLa</b> —Hilltop Amenities	

concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

**Artist Dialogue Group**

Tuesdays 2/10, 2/24 2:00p ML2

February 10 Art Dialogue Group will meet in the Art Room across from the Library on 2nd

Floor.

Starting a new year with possibilities and new directions, we will discuss programs, excursions, museum visits and any programs available for winter and spring. Please bring ideas, samples of work or information about attending art related events. February 24—To be announced later.

**Women's Discussion Group**

Wed., 2/11, 11:00a, HTL

Rachel Minkovitz from Planned Parenthood in Portland will provide an over view of Planned Parenthood with time for questions and discussion. She will review the different aspects of Planned Parenthood in Maine, including the health centers and the services they provide, and the Action Fund and the work it does in relation to those health centers. This summer, President Trump signed into law the federal reconciliation bill, which effectively defunded PP on a national level. The presentation will include information on the background of the reproductive rights situation in the US and the most recent updates. She will discuss the steps we in Maine can take to

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## OV and the Environment

This lecture series provides an opportunity to hear experts on a large variety of topics about the environment, and to discuss these topics.



**February 16, 3 PM HTL: Bonnie Yelverton** will give an update on the newest you need to know about the "cradle and grave" parts of the lifecycle of **plastics**, based on a course with Judith Enck of Beyond Plastics [www.beyondplastics.org](http://www.beyondplastics.org)

Future scheduled meetings (third Mondays at 3 pm in HTL)

**March 16, Rebecca Dugan, Falmouth Land Trust**

**April 20 Hillary Landfried, Climate Policy and Climate Change Council Coordinator, Governor's Office of Policy Innovation & the Future** will update us on the status of the "Maine Won't Wait" program.

**May 18, Matthew Kearns**, son of OV's Tom Kearns, will talk about work with providing renewable energy to meet datacenter demand, and about working under the current government in DC.

**June 15, Roger Wheeler, Friends of Sebago Lake**, will continue report on research on the effect of large dams on climate.

**Contact :** [bknoblock@maine.rr.com](mailto:bknoblock@maine.rr.com) / [bonnie.yelverton@gmail.com](mailto:bonnie.yelverton@gmail.com)

PLEASE SIGN UP FOR ACTIVITIES & WEAR YOUR NAMETAG!

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safeguard Mainers' access to reproductive health care, and ways that the community can get involved.

## Van—Osher Map Library

Wed., 2/11 1:30p

"Founding Memories: America at 250" September 8, 2025 through June 13, 2026

For America's semiquincentennial (250th anniversary), the Osher Map Library and Smith Center for Cartographic Education at the University of Southern Maine has organized a year-long exhibition that highlights how the iconography of the American Revolution has been incorporated onto a wide variety of maps and cartographic materials from the 1770s to the 1970s.

**FREE, exclusive, behind-the-scenes look at the magic of ANTIQUES ROADSHOW**

Wednesday, February 11,  
5:00 PM to 7:00 PM (Lunt)

**Limited seating for OV & CC Residents ONLY** (we are sharing the space with Maine Public's Guests)



**Maine Public** is offering a special screening of the upcoming episodes that were filmed last summer in **Boothbay, Maine.**

This is your chance to see our local treasures on the big screen before the

rest of the country!

- **The Inside Scoop:** Watch a custom 20-minute compilation reel of the Boothbay episodes.

- **Meet the Experts:** We're Bringing the Pros to You! Join a live panel and Q&A featuring ARS Producer **Sam Farrell** and fan-favorite appraiser, **Nicho Lowry**. Please don't bring antiques to be appraised. No appraisals will be done at this event.



*Residents, please call*

*the Front Desk to sign up for this Marketing Event. We will likely overflow into a Wait List situation.*

## Governor Janet Mills

Fri., 2/13 2:00p Lunt Auditorium *please sign up* John Wasileski has invited Governor Janet Mills to visit our communities at OceanView.

Born and raised in rural Maine, Janet Mills has been breaking barriers her entire life, serving as Maine's first woman District Attorney, first woman Attorney General, and first woman Governor.

All along the way, she has tirelessly fought for the people of Maine. As District Attorney, she kept our communities safe and prosecuted major crimes, like homicide and domestic abuse. As Attorney General, she fought anyone who tried to hurt Maine people, including dishonest mortgage companies trying to kick families out of their homes, Big Pharma companies who fueled the opioid crisis, and politicians who tried to restrict access to health care and abortion. Throughout her two terms as Maine's governor, Janet Mills has kept up the fight, tackling the biggest challenges facing Maine families — and she has delivered historic, unprecedented results.

## Poetry Reading Group

Mon., 2/16, 1:00p, HTL

Join us as we gather to share poetry out loud, either our own or our favorites. We'll be by the fireplace - check around the corner.

## OV & the Environment

Mon., 2/16, 3:00p HTL

See pg 13 for description

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**Cumberland Crossing Monthly Coffee with Don**  
Mon., 2/16, 3:00p Northwind Farm  
Guests Speakers TBD  
*Space is limited—please sign up with Amy.*

**Cumberland Crossing Community Book Group**  
Wed., 2/18, 11:00a, Northwind Farm  
We encourage new residents to join us for our 11 AM discussions at Northwind Farm, which are also offered on Zoom.

February's Book  
*Demon Copperhead* by Barbara Kingsolver  
"A recasting of "David Copperfield," narrated by an Appalachian boy whose wise, unwavering voice relates his encounters with poverty, addiction, institutional failures and moral collapse—and his efforts to conquer them." 2023 Pulitzer Prize winner in Fiction.

**OV Women's Book Discussion Group**  
We alternate fiction and non-fiction and all books are readily available by request at the Falmouth Public Library, most appearing also in Large Print, E-book, Audio Book or Spoken CD. Come and join us for a lively, informative discussion!  
The 2026 reading schedule is available in the OV Library and in the Signup Nook. See you there! Questions? Marta Bent at 781-2912.

February's Book  
Wed., 2/18, 11:00a—HTL  
*The Coldest Winter: America and the Korean War* by David Halberstam, led by Marta Bent  
March's Book  
Wed., 3/18, 11:00a—HTL  
*The Frozen River*, by Ariel Lawhon, led by Cindy Estes  
Maine, 1789: When the Kennebec River freezes, entombing a man in the ice, Martha Ballard is summoned to examine the body and determine cause ... Fictionalized account based on a real-life Martha Ballard diaries.

**Concert with Anni Clark**  
Wed., 2/18, 2:30p, HTL  
Come enjoy a concert of familiar favorites and original music. Maine native Anni Clark has been playing music professionally for over 45 years. She traveled full time for 23 of those years, touring nationally with her 6 and 12 string guitars, her own songs and her passion for connecting with audiences of all ages... When the COVID-19 pandemic dictated that her LIVE shows be put on hold, Anni went to work co-producing her first full studio album in 18 years. Titled "Will It Ever Be the Same", the 12 tracks



on her new album touch on themes of love, loss, transition, hope, social distance & the need to find closeness. Anni's gift for spotting the silver lining even amidst chaos shines through on this new release. Blending folk, pop & blues to share her stories, Anni hits a home run sure to please longtime supporters & new fans alike.

**No FCP Travelogue this month**  
The Falmouth Community Programs *Travelogue Series* offers the opportunity to explore the beauty and customs of lands both far and near, as presented by guest speakers. Do you have a travel adventure to share? Contact Kim Doyon at FCP, 207-699-5302

**OV Writers Group**  
Thurs., 2/19, 1:00-2:30p HTL  
Welcoming OV writers and would-be writers who are willing to share ongoing efforts in finding the right words for writing reminiscences, stories, poetry, or essays. Part of our meeting is actively writing to a prompt, and the other part is sharing our writings with the group without criticism. As we have time to reflect on past experiences and adventures, writing can be a most satisfying activity.



***Working with Immigrant Communities since ICE came to Maine with Speaker Clara Porter from Prevention. Action. Change.***

Thurs., 2/19, 3:00p HTL  
Everyone at Ocean View is invited to a program on Thursday, February 19, at 3:00 pm in HTL led by Clara Porter, the director of the Portland organization, "Prevention. Action. Change." Ms. Porter is the daughter of OV resident Katie Porter. She will speak about the group's work with the Immigrant community and what its experience has been since ICE came to Maine. Presented by OV's Save Democracy Group.  
**Prevention. Action. Change.** works to counter harassment, assault, and abuse through building awareness, verbal and physical prevention and response skills, and the promotion of healing and growth.  
**Clara Porter** (she/her) is the Director of Prevention. Action. Change. A nationally certified instructor in Empowerment Self Defense (ESD) with the National Women's Martial Arts Federation and the Center for Anti-Violence Education with 30 years experience in the field. Porter holds a Masters of Social Work, is a trained Sexual Assault Victim Advocate, and certified in Advanced Trauma First Aide. She has extensive

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experience working with organizations and people of all ages, backgrounds, and identities, including those with physical, mental/emotional, and developmental challenges.

### **Wine Tasting Group**

Mon., 2/23, 4:00p BBC

For February we will most likely sample red wines from the Piedmont section of northwest Italy, such as the Nebbiolo grape. We will purchase enough wine for the residents who have signed up by Monday 2/16—please to cancel by 2/16 if you cannot attend. Be sure to bring \$5 per person to help cover the expenses as a *Resident Supported* event.

### **Men's Breakfast**

Tues., 2/24, 8:30a DR

Breakfast Buffet and Men's Fellowship. OV Chefs will be cooking up fresh omelets, crispy bacon, delicious pancakes or French Toast with Maine maple syrup, and more. *Please sign up by Friday 2/20 for this tasty activity.*

### **Food Forum with Dining Services**

Wed., 2/25, 11:00a BBC

Discussion with Director of Dining regarding cuisine and service for those who partake in any aspect of Dining Services. Also, **Demystify Your Dining Plan**—come with your questions and learn how to get the most out of your meal plan.

### **Cumberland Crossing Speaker Series**

#### ***Rounding Cape Horn with Dan Cheever and Sue Stasiowski***

Wed., 2/25 3:30p Northwind Farm *please sign up*  
Dan and Sue will take us around Cape Horn, one of the world's most treacherous passages. Their presentation, illustrated with vivid maps, photos and a short video, explores the daring voyages of early explorers who first braved these waters and shares highlights from a recent voyage they undertook on a Viking cruise over the 2025 Christmas holidays. A unique perspective that bridges centuries of seafaring, this presentation promises insight, discovery, and a touch of adventure.

### **Save Democracy Group**

Thurs., 2/26, 4:00p HTL

SAVE DEMOCRACY is a group of women who assemble every month to discuss and implement plans for supporting local, state and national pro-democracy efforts. If you want to receive the emailed newsletter, which has lots of info, analysis and action ideas, send

**Bloomberg Middle East Bureau Chief Ethan Bronner Joins Camden Conference Speakers.** The 39th annual Camden Conference, February 20-22, will be held at the Camden Opera House, and live-streamed from OceanView at Falmouth's Lunt Auditorium.



The Camden Conference is delighted to announce the addition of the distinguished journalist Ethan Bronner to our roster of speakers. Bronner, who has covered Israel for more than 25 years, is Israel bureau chief and senior editor for the Middle East at Bloomberg News, and prior to that was with The New York Times for seventeen years. From 2008 to 2012 he ran the Times's Jerusalem bureau, one of the hottest of journalism's hot seats. As a journalist covering the Israeli-Palestinian conflict he absorbs a near-constant barrage of criticism from both sides. He once told *Moment* magazine, an award-winning independent publication, that reporting on the conflict "was all about finding neutral language, but also not being afraid to tell stories that were going to upset one side or the other."

Entitled "**Power, Politics, and Players in Today's Middle East,**" the conference will explore how traditional and emerging powers are reshaping relationships and alliances across one of the world's most strategically vital regions. **Keynote: Vali Nasr**, Majid Khaddouri Professor at Johns Hopkins School of Advanced International Studies. Nasr has been recognized by *The Economist* as "a leading world authority on Shia Islam." **Conference Moderator: Meghna Chakrabarti**, host of NPR's *On Point* and former host of the *Modern Love* podcast. *Israeli journalist Barak Ravid, who was slated to speak at the February Conference, withdrew due to a scheduling conflict.*

Visit [www.camdenconference.org](http://www.camdenconference.org) for details and tickets. See Dawn in Activities who has a few complimentary tickets for the Conference.



an email to [savedemocracyov@gmail.com](mailto:savedemocracyov@gmail.com) and ask to be added to the list.

### **Downbeat; S'forzando Sfz! Concert Series Let It Snow—Jazz Piano Concert**

Thurs., 2/26, 6:30p, Hilltop Lodge Community Room "LET It SNOW!!!" That's an especially appropriate concert title as the Truly Fantastic Jazz Pianist Tom Snow is welcomed to HTL on Thursday evening, February 26 at 6:30pm. Also a composer, prolific and clever arranger, among his peers the down-to-earth and

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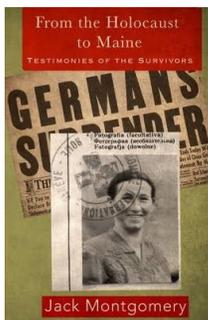
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deeply-sincere Tom is regarded as the Best Jazz-Piano Player in Maine... if not All Of New England. A *Cum Laude* graduate of the New England Conservatory of Music (M.M.) and the Berklee College of Music, as a performer, Tom is well known for his beautiful artistry, stellar technique and endless supply of creative ideas. His concert credentials are extensive; an international tour spanned three continents. Many previous attempts to schedule Tom for a "*Sfz!*" concert have been unsuccessful; Hoo'Ray that he's finally accepted and will explore the HTL Steinway!! This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use, the members of the *Sfz!* group itself financially support their own content. All residents are welcome to join "*S'forzando Sfz!*" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]

## COMING UP IN MARCH

*Rescheduled from January*

### ***From the Holocaust to Maine: Testimonies of the Survivors***



#### **Author Talk with Jack Montgomery Tues, 3/10, 2:30p HTL**

Join us for a program honoring memory, resilience, and community: Jack Montgomery — Maine lawyer turned photographer and the originator of the Maine Jewish Museum/Temple Etz Chaim acclaimed *Soul Survivors* exhibition — will present his new book, *From the Holocaust to Maine: Testimonies of the Survivors*.

Through poignant portraits and firsthand narratives, this beautifully illustrated volume brings to light the lives of Holocaust survivors who rebuilt their lives in Maine.

The event will include:

A presentation by Jack Montgomery on the genesis of *Soul Survivors* and the book's journey.

The opportunity to purchase signed copies of the book  
A powerful opportunity to engage with stories that demand to be preserved, and to witness how art, empathy, and place intersect.

## **Resident Potluck Dinner**

Sat., 3/14, BBC

4:45-5:30p Appetizers/Cocktail Hour

5:30p Dinner

Please mark your calendars—sign up sheets will go out in March.

## **What: Neighbor-to-Neighbor Voter Service Events!**

This is an opportunity for all OV residents to easily...

- Register to vote, if needed, e.g., you are a new Maine resident \*

- Update your voter registration, if needed, e.g., you have a new Maine address

- Request an absentee ballot

\* Please bring your Maine driver's license or state ID card

**When:** Immediately before and after  
Community Council on

Monday, March 9

Monday, April 13

**Where:** at the location of March and April's  
Community Council meeting.

**Why:** Democracy is not a spectator sport - make sure  
your voice can be heard!

The 2026 Maine Primary Election will be June 9, 2026

– and will determine the November General  
Election candidates for federal offices and state  
and county offices.



## **SCREENING ROOM**

**Welcome to the Screening Room!** With full capacity to seat attendees in our 36 seat theater, we have returned to single showings of most films in the Screening Room; showing newer or anticipated popular films twice. ***Please be sure to sign up for movies at the sign-up nook.***

***We want you!*** Do you enjoy coming to the movies? Are you technically inclined? Can you manage your TV remote at home, switching from cable to your DVD or Blu-ray player, or locating streaming services? In just a few short steps [we can teach you how to run the movies in the Screening Room](#)—key to having our night and weekend films up and running. Please talk to Amy or Marcia in Activities if you would like to learn how.

## **At Cumberland Crossing—Northwind Farm**

Northwind Farm's "theater" doors open at 3:00 pm for snacks, drinks and socializing and showtime begins promptly at 3:30 pm. Reservations are required, so notify Amy Cunningham at [AmyC@oceanviewrc.com](mailto:AmyC@oceanviewrc.com) if you plan to attend.

(Continued on page 17)

Postponed from January, a special additional showing in recognition of Holocaust Remembrance Day

Mon., 2/2, 3:30p door at 3:00p

**The Reader**

2008 R (nudity, sexuality) 124 minutes

Post-WWII Germany: Nearly a decade after his affair with an older woman came to a mysterious end, law student Michael Berg re-encounters his former lover as she defends herself in a war-crime trial. **Cast:** *Kate Winslet, Ralph Fiennes, Bruno Ganz, David Kross*

**Matinee Movie Monday**

Mon., 2/9, 3:30p door at 3:00p

**Beverly Hills Cop**

1984 R (language) 105 min.

A freewheeling Detroit cop pursuing a murder investigation finds himself dealing with the very different culture of Beverly Hills.

**Cast:** *Eddie Murphy, Judge Reinhold, John Ashton, Lisa Eilbacher, Ronny Cox, Steven Berkoff, James Russo, Jonathan Banks*

**Documentary series**

Wed., 2/11– 10:00a **Live to Lead**

2022 TV-14 27 min.

Inspired by Nelson Mandela, this series honors influential leaders around the world.

**Episode 4: Jacinda Ardern**

New Zealand Prime Minister Jacinda Ardern focuses on the power of love, kindness and empathy as she navigates national crises and barriers to leadership. 27 min.

**Opera, Dance & Theater on Film**

**Screening Room**

Tues., 2/10 – 6:30p **Crouching Tiger Hidden Dragon**

2000 PG-13 120 min. Action/Adventure

Two master warriors are faced with their greatest challenge when the treasured Green Destiny sword is stolen. A young aristocrat prepares for an arranged marriage but soon reveals her superior fighting talents and her deeply romantic past. As each warrior battles for justice, they come face to face with their worst enemy - and the inescapable, enduring power of love.

**Cast:** *Chow Yun-Fat, Michelle Yeoh, Ziyi Zhang, Chang Chen, Sihung Lung, Pei-Pei Cheng*

Marcia says—

*This gorgeous film won 4 Academy Awards, and the fight scenes with wire work are almost like dancing.*

**Series: The Beatles Anthology**

The Beatles Anthology is Apple Corps' landmark, UK-produced documentary series exploring the life and

times of the most influential and beloved band of all time, as told by The Beatles themselves. John Lennon, Paul McCartney, George Harrison, and Ringo Starr take us along for the ride as they revisit the highs and lows and twists and turns of The Beatles' long and winding eight years as a band.

**Fri., 2/27 – 2:30p**

**Episode 6:** Rumors of decline are exaggerated as The Beatles spend 1967 recording some of their biggest hits. (58m)

**Episode 7:** A leap into transcendental meditation results in the creation of “The White Album”. (60m)

**Olympics Milano-Cortina**

**Fri., 2/6 – 1:30p Opening Ceremony**

Celebrate the world's top athletes and explore the magic of the Milano Cortina 2026 Olympic Winter Games Opening Ceremony on February 6.

We can watch the Olympics in the Screening Room any time we don't have a scheduled movie or other event—please talk to Activities if you would like to tune in.

**Quick Reference List**

- Sun., 2/1 – 6:30p Resident Movie: Miss Congeniality 2: Armed & Fabulous
- Wed., 2/4 – 6:30p **The Devil Wears Prada** 2006 Comedy
- Thurs., 2/5 – 2:30p **The Unlikely Pilgrimage of Harold Fry** 2024 Drama
- Fri., 2/6 – 2:00p **Olympics Milano-Cortina Opening Ceremony**
- Sat., 2/7 – 6:30p **Ray** 2014 Drama
- Sun., 2/8 – 6:00p **Super Bowl BYOB**
- Tues., 2/10 – 6:30p **Crouching Tiger Hidden Dragon** 2000 Drama
- Wed., 2/11 – 6:30p **We Grown Now** 2023 Drama
- Thurs., 2/12 – 2:30p **Join or Die** 2023 Doc
- Sat., 2/14 – 6:30p **Downton Abbey: A New Era** 2022 Comedy
- Sun., 2/15 – 6:30p Resident Movie TBA
- Tues., 2/17 – 2:30p **A King Like Me** 2024 Doc
- Wed., 2/18 – 6:30p **The Best of Enemies** 2019 Drama
- Sat., 2/21 – 6:30p **Dr No** 1962 Classics
- Sun., 2/22 – 6:30p Resident Movie TBA
- Wed., 2/25 – 6:30p **Glory Road** 2006 Drama
- Thurs., 2/26 – 2:30p **Disneyland Handcrafted** 2026 Doc
- Sat., 2/28 – 6:30p **Eleanor the Great** 2025 Drama



(Continued from page 17)

**Wed., 2/4 – 6:30p** *The Devil Wears Prada*

2006 PG-13 111 min. Comedy  
With an aspiration to become a journalist, Andy, a smart but sensible young graduate, travels to New York. She starts working as an assistant to one of the city's biggest high fashion magazine editors, the cynical Miranda Priestly. **Cast:** Anne Hathaway, Meryl Streep, Adrian Grenier, Emily Blunt, Stanley Tucci, Simon Baker, Tracie Thoms, Rich Sommer

**Thurs., 2/5 – 2:30p** *The Unlikely Pilgrimage of Harold Fry*

2024 TV-MA 108 min. Drama  
When a man learns that an old friend is seriously ill, he resolves to walk the length of England to see her and inspires a nation along the way. **Cast:** Jim Broadbent, Penelope Wilton, Linda Bassett, Earl Cave, Joseph Mydell, Daniel Frogson, Monika Gossmann, Naomi Wirthner

**Sat., 2/7 – 6:30p** *Ray*

2004 PG-13 152 min. Music/Bio Pic  
The story of the life and career of the legendary rhythm and blues musician Ray Charles, from his humble beginnings in the South, where he went blind at age seven, to his meteoric rise to stardom during the 1950s and 1960s. **Cast:** Jamie Foxx, Regina King, Kerry Washington, Clifton Powell, Harry Lennix, Bokeem Woodbine

**Wed., 2/11 – 6:30p** *We Grown Now*

2023 PG 93 min. Drama  
Tragedy tests the youthful optimism of two 10-year-old boys at a Chicago housing project and leaves their families seeking hope among the turmoil. **Cast:** Blake Cameron James, Gian Knight Ramirez, S. Epatha Merkerson, Lil Rel Howery, Jurnee Smollett, Avery Holliday, Giovanni Chambers

**Thurs., 2/12 – 2:30p** *Join or Die*

2023 TV-PG 96 min. Documentary  
This documentary examines social scientist Robert Putnam's "Bowling Alone" theory of how declining community engagement created an American civic crisis. **Cast:** Robert Putnam

**Sat., 2/14 – 6:30p** *Downton Abbey: A New Era*

2022 PG 125 min. Comedy  
Glitz. Glamour. All the decadence of Hollywood - and the drama too. Dive into the Roaring Twenties as the Crawleys and their staff return to Downton. **Cast:** Nathalie Baye, Hugh Bonneville, Laura Carmichael, Jim Carter, Raquel Cassidy, Brendan Coyle, Hugh

Dancy, Michelle Dockery, Kevin Doyle, Michael Fox, Joanne Froggatt, Harry Hadden-Paton, Laura Haddock, Rob James-Collier, Allen Leech, Phyllis Logan, Elizabeth McGovern, Sophie McShera, Tuppence Middleton, Lesley Nicol, Maggie Smith, Imelda Staunton, Dominic West, Penelope Wilton, Johathan Zaccai

**Tues., 2/17 – 2:30p** *A King Like Me*

2024 TV-MA 89 min. Documentary  
They've helped keep the heart of Mardi Gras beating for over 100 years. Meet New Orleans' Zulu Club in this portrait of resilience, joy, and brotherhood.

**Wed., 2/18 – 6:30p** *The Best of Enemies*

2019 PG-13 120 min. Drama  
Civil rights activist Ann Atwater faces off against C.P. Ellis, Exalted Cyclops of the Ku Klux Klan, in 1971 Durham, North Carolina over the issue of school integration, sparking an unlikely friendship. **Cast:** Taraji P. Henson, Sam Rockwell, Babou Ceesay, Anne Heche, Wes Bentley, Nick Searcy, Bruce McGill, John Gallagher Jr., Nicholas Logan

**Sat., 2/21 – 6:30p** *Dr. No*

1962 PG 109 min. Action/Adventure  
A resourceful British government agent seeks answers in a case involving the disappearance of a colleague and the disruption of the American space program. **Cast:** Sean Connery, Ursula Andress, Joseph Wiseman, Jack Lord, Bernard Lee, Anthony Dawson, Zena Marshall, John Kitzmiller, Eunice Gayson, Lois Maxwell

**Wed., 2/25 – 6:30p** *Glory Road*

2006 PG 120 min. Drama  
Texas Western Coach Don Haskins leads the first all-Black basketball team to NCAA victory during the 1966 season. **Cast:** Josh Lucas, Derek Luke, Jon Voight, Austin Nichols, Evan Jones, Schin A.S. Kerr

**Thurs., 2/26 – 2:30p** *Disneyland: Handcrafted*

2026 R 79 min. Documentary  
Through rare archival footage, experience the labor and love that built Disneyland. **Cast:** Walt Disney, Roy E. Disney, Dick Irvine, Roger E. Broggie, Harriet Burns, Bob Gurr

**Sat., 2/28 – 6:30p** *Eleanor the Great*

2025 R 98 min. Drama  
After a devastating loss, witty and proudly troublesome Eleanor Morgenstein, 94, tells a tale that takes on its own dangerous life. **Cast:** June Squibb, Erin Kellyman, Chiwetel Ejiofor, Jessica Hecht, Rita Zohar, Will Price, Lauren Klein, Stephen Singer

(Continued on page 19)



## FEBRUARY 2026 BIRTHDAYS

1 Josie Scully, 42 WF  
2 Tom Belknap, 2 Weathervane  
2 Prudence Blake, 3 Principal  
2 Liz Maier, 4 Primary  
2 Susan McIntosh, 2 Lilac  
3 Norm Wilson, B5202  
4 Marion Hopkins, 2 Principal  
7 Jean Lundman, 33 Marion  
7 Betsy Tipper, 2 Primary  
8 Arlyss Becker, 21 Marion  
8 Nell Colburn, 5 Scholar  
9 Larry Nixon, 20 WF  
10 Malcolm Poole, C48  
10 Lana Johnson, C27  
11 Tom Kearns, L114  
11 Nancy Freeman, HTL3F  
14 Terry Freeman, C64  
17 David Wilcock, C21  
19 Jim Nadal, 25 LAD  
20 Merry Farnum, 132 LAD  
20 Carolyn Jenks, 45 WF  
21 Paul Pappas, L335  
21 Vee Sheehan, 4 Mallard  
22 Judy Andersen, 2 Azalea  
22 Sam Broaddus, 2 Hickory  
22 Marilyn McDowell, L234  
22 Gerald Nicklaus, 7 NWF Rd  
26 Pam Yale, L118  
27 Deb Swallow, L344  
28 Mary Hart 36, WF  
28 Sandi Jensen, 2 Hickory  
29 Susan Whitford, 33 WF

## BEYOND OCEANVIEW

### Falmouth Community Programs

Join Beth Benson for Tech Lab every Thursday from 10-11:30am.

Bring your questions, devices and any passwords that you need to get into them. PRE-REGISTRATION IS REQUIRED as space is limited.

FMI contact Beth in the FCP office, 699-5302.

### The OLLI [Osher Lifelong Learning Institute] Spring 2026 Catalog is out

For programs being held March 16th to May 8th  
Registration opens on Wednesday, February 18th.

Some interesting courses include:

Monday afternoons – *Women's Activism in Conflict Situations*

Wednesday mornings – *Getting Old is Not for Sissies*

Wednesday afternoons – *Star Trek: The Original Series & What it Says About Us*

Thursday afternoons – *Exploring Portland's Historic Neighborhoods-On Foot*

And the Tuesday morning SAGE Lecture series has some wonderful guests.



Please note that many classes are available remotely or presented in hybrid form, so you can zoom in from the comfort of your home. There's a copy of the Spring course offerings at the Signup Nook, and it's available online for review at <https://usm.maine.edu/osher-lifelong-learning-institute/>

It wasn't about our better potatoes. **Prudence Blake** and **Roger Brink** (Schoolhouse) moved here from Idaho to be closer to family and England. Prudence has three married daughters, six grandchildren, and two great grandchildren. One daughter and her family live in Hallowell, which is close.



Roger started life in Afton, MN, where he was one of five children. His early education took place there, with a two-year interruption in Fort Lauderdale, FL, during high school. After a year of college, Roger enlisted in the Coast Guard. Completing his enlistment, he began pursuing a career in surveying. That effort included several locales, including Orono, ME. He earned his degree in surveying from the Oregon Institute of Technology.

Roger's career started with surveying companies in Maine, California, and finally in Idaho. In 1990, he founded his own surveying/mapping company, doing major work in Guatemala and Glacier National Park. He then became a realtor/broker, a career he pursued until retiring here at OceanView. His focus was on land sales that represented development opportunities.

Prudence and her brother grew up in Winchester, England, during World War II. They lived on a large, idyllic farm. She attended the Roedean boarding school for eight years and actively participated in many sports. Next was Oxford for "finishing." While there, she met an American Rhodes Scholar who became her husband. That stay completed, they ended up at Yale for two years, with him earning a law degree. It was then on to a law firm in Washington, DC, and life in Great Falls, VA, in an old farmhouse.

When her marriage ended, Prudence left for Idaho. Through some convoluted circumstances, she met Roger and they married. They settled in Stanley, and, over a period of many years, they built two log homes in Sun Valley. Finally, they moved to Tetonia, near Jackson Hole, where they built their dream house.

Moving east was emotional, leaving what they loved. Prudence and Roger are both outdoors people, pursuing activities on both land and water. They are adapting to life here, seeking opportunities to enjoy everything Maine and OceanView have to offer. (FF, 1/2026)

**Frances Thayer** (Main Lodge), nicknamed "Fluff" after her great-aunt, grew up on Long Island, NY, with a passion for sailing, Great Britain, the environment, and her family. At age eight, she began sailing in the Atlantic with her father. She loved the technical aspects of sailing, and as she got older, loved sailing competitively and teaching in junior sailing programs. Most of all, Fluff loved being outdoors, overcoming the sea's challenges – and the camaraderie which develops among a boat's crew.



Following graduation from Northwestern University with a B.A. in English, Fluff took a "hobo tour" of Europe, backpacking from Holland to Italy to England. This remarkable experience set the stage for her work in NYC with the English-Speaking Union (ESU), whose goal was to promote friendship between the United States and British Isles. Fluff interviewed ESU participants visiting the U.S. – fascinating people, such as a Scottish shepherd, an Irish poet, and a member of Britain's Parliament – then, with the U.S. Government Affairs Institute, developed a plan for each visitor to meet with Americans sharing similar interests. It was rewarding work, and Fluff became a confirmed Anglophile, especially enjoying later trips to Britain and reuniting with her ESU visitors.

Fluff married Alec Thayer, also of Long Island, in 1959, and as his Wall Street career blossomed, she raised their three children in Oyster Bay, NY, and continued sailing, now with her family. Fluff also participated in numerous volunteer activities, chief of which was with the local chapter of Garden Clubs of America (GCA). She was an early environmental advocate for clean water, air, and land in her community, and after Alec retired and the couple moved to Casey Key, FL, Fluff's advocacy expanded to include meetings with her congressional delegation in D.C. She also founded and published a quarterly newspaper in Casey Key and volunteered with the island's library.

Widowed in 2011, Fluff began spending summers with daughter Ann in Yarmouth, with son Seth close by in Northport, and daughter Jennifer and two grandchildren in Albany. Moving to OceanView with her devoted Westie, Janney, naturally followed, and Fluff is delighted to be here. (MF 12/2025)

**Pat Ryan** came to Cumberland Crossing from Enfield, New Hampshire, in March 2025 with her golden retriever, Murphy. Pat and Murphy are frequently seen walking around Cumberland Crossing on the many trails in the area.



Pat was born in Massachusetts and moved to Connecticut with her family in the 4th grade. She received her Bachelor of Science from Salve Regina in 1976 and her Master of Science from Boston University in 1989. After graduate school, her first position was in an outpatient clinic at Brockton Hospital as a pediatric nurse practitioner. Her career as a pediatric nurse began at Yale New Haven Hospital followed by time on the hematology/oncology floor at Children's Hospital in Boston. Pat changed jobs several times, from the hematology/oncology clinic at Massachusetts General Hospital to Harvard Community Health, and eventually, desiring to return to primary care, she moved to New Hampshire. For the next 27 years, she worked in the adolescent primary care clinic at Dartmouth Hanover Medical Center.

Throughout her professional career, Pat volunteered at several children's camps serving children with chronic illnesses, including diabetes, hematology, and arthritis. After retirement, Pat volunteered at DHMC's hospice and palliative care center. She has also had several fun part-time jobs, such as catering for weddings at the Woodstock Inn and working in the kitchen at a local farmstand. Prior to moving to Cumberland Crossing, Pat enjoyed working at The Woolly Thistle—a yarn shop (where she spent most of her paycheck).

Pat also loves the outdoors and enjoys gardening, swimming, cycling, and snowshoeing, but especially walking with her golden retriever. She has had many biking adventures and has traveled throughout Europe and the U.S.

Along the way, Pat has developed many important friendships but also wanted to live near family, friends, and great-nieces and great-nephews, while remaining active and independent in her own home. Cumberland Crossing was the best fit and met her requirements for a retirement community. Living near the water was an added bonus. She looks forward to more adventures as she explores the Maine coast. (PK, 11/2025)

**Steve and Cheryl Bronn** (Cumberland Crossing) have led rich lives. Steve grew up in rural Nebraska, graduated from the University of Nebraska, and received a doctorate in mathematics from Northwestern University. Cheryl grew up in southwest Chicago, receiving an early childhood education degree from Pestalozzi-Froebel Teachers College. They were married in 1966, and the adventurous couple spent 10 weeks driving around Europe in 1968. Cheryl taught in Evanston, Illinois, while Steve completed his PhD. They moved to Milwaukee in 1969. Cheryl taught in Whitefish Bay, and Steve taught mathematics at the University of Wisconsin–Milwaukee.



In 1970, they moved to Pueblo, Colorado. Steve had a long career with Colorado State University–Pueblo, first in mathematics and then as chief financial and planning officer. Cheryl had a career with the Pueblo Public Schools, first as an elementary teacher and then as school principal. They had two children, Greg and Justin.

In the early 1970s, they owned and operated the first whitewater rafting company located on the Upper Arkansas River in Colorado. The rafting business was a summer occupation, but after two years the demands for planning and setting up the summer season dictated a choice between full-time tourism or education—they chose education. In 1979, both took sabbaticals from their positions in Pueblo to study at Purdue University in Indiana, where Cheryl earned a master's degree in education and Steve a Master of Science in industrial administration.

After 30 years in Colorado, Steve and Cheryl moved to Pennsylvania, where both worked for Mansfield University. Steve was the chief financial officer, and Cheryl was on the faculty, supervising student teachers. The Bronns retired from Mansfield in the summer of 2004 and moved to Orlando, Florida. Unfortunately, 2004 and 2005 were high-intensity hurricane seasons. In 2007, fed up with hurricane threats, they moved to a retirement community near Austin, Texas. After 18 years in Texas, they moved to Cumberland Crossing, close to their son's home in Portland.

Cheryl and Steve enjoy taking cruises regularly and love to swim, walk, and read. They are active with a variety of Oceanview activities. (PK, 11/2025)

**Bill Laubenstein**

(Cumberland Crossing) grew up in Moorestown, New Jersey, spending summers with his grandparents in Medford Lakes. Following graduation from Moorestown High School, Bill followed his sister, Virginia, to American University,



where he was recruited for the swim team. Swimming became his life-sustaining exercise, which he continues at the Freeport YMCA. He has also coached for the Kennebec Valley YMCA for the swim, soccer, and Little League baseball teams.

Bill writes, “Bearing in mind that ‘Discretion is not the better part of biography’ (Lytton Strachey), that ‘Biography tends to death a new terror’ (Oscar Wilde), and that ‘To write an autobiography is to etch the words on your own gravestone’ (Carlos Fuentes).”

Bill graduated from Cornell Law School in 1968 in time to be drafted and then enlisted in the U.S. Navy. He served four years as lieutenant in the JAG Corps, with tours of duty in Iceland and Washington, D.C. After his discharge, Bill and Maija lived for a year in a village near Chinon, France, reading, writing, traveling, cooking, and enjoying hours drinking local wine with neighboring French couples. After a summer camping in Great Britain, Bill and Maija returned to reality in New York City, where Bill was a law clerk in the New York City Family Court. Expecting a child, they moved to Brunswick, Maine, in 1976, where their son, Trevor, was born. Bill served many years as an Assistant Attorney General in the Office of the Attorney and as Assistant General Counsel for Central Maine Power Company. In November 2024, Bill moved to Cumberland Crossing after living in Manchester, Maine, on Cobbosseecontee Lake. Trevor lives in Westwood, MA, along with Bill’s two grandsons.

Leisure time found Bill biking, camping, hiking here and abroad, downhill skiing, and rafting and canoeing above the Brooks Range in Alaska. In recent years, he has volunteered with Global Volunteers, helping students with conversational English in several countries, including Tanzania, India, Crete, Italy, Portugal, and the Cook Islands. Twice, Bill has been to Vietnam, working in the Vietnam Institute for Development Strategies with Institute researchers. (PK, 01/2026)