

Ocean View Menu Selections

MONDAY

Tomato Soup (*gf*) ~ Green Salad ~ Fresh Fruit Cup

Chicken Cordon Bleu with Supreme Sauce

Sweet Potato & Bean Burrito

Scalloped Potatoes ~ Roasted Carrots (*gf,df*) ~ Peas and Onions (*gf,df*)

Spiced Apple Slices ~ Cookies & Ice Cream Selections,

GF and Sugar Free Available

TUESDAY

Potato Leek Soup (*gf*) ~ Green Salad ~ Fresh Fruit Cup

Roast Turkey with Gravy and Cranberry Sauce

Corned Beef (*gf,df*)

Cornbread Stuffing ~ Braised Red Cabbage (*gf,df*) ~ Green Beans (*gf,df*)

Carrot Cake with Cream Cheese Frosting ~ Cookies & Ice Cream Selections,

GF and Sugar Free Available

WEDNESDAY

Lentil Soup (*gf,df*) ~ Green Salad ~ Fresh Fruit Cup

Roast Sirloin of Beef au Jus (*gf,df*)

Shrimp Curry over Rice (*gf,df*)

Baked Potato (*gf,df*) ~ Spaghetti Squash (*gf,df*) ~ Fresh Beets (*gf,df*)

Cranberry Orange Cake ~ Cookies & Ice Cream Selections, GF and Sugar Free

Available

March 16-22, Week 3

THURSDAY

Chicken and Rice Soup (*gf,df*) ~ Green Salad ~ Fresh Fruit Cup

Maple Glazed Salmon (*gf,df*)

Chicken Dijon (*gf*)

Vegetable Orzo ~ Sautéed Green Cabbage (*gf,df*) ~ Sweet Onion Casserole

Nutella Bread Pudding ~ Cookies & Ice Cream Selections, GF and Sugar Free

Available

FRIDAY

Sauerkraut Soup ~ Green Salad ~ Fresh Fruit Cup

Pork Chop Saltimbocca (*gf*)

Classic Beef Lasagna

Parmesan Risotto (*gf*) ~ Roasted Mushrooms (*gf,df*) ~ Broccoli (*gf,df*)

Apple Caramel Cake ~ Cookies & Ice Cream Selections, GF and Sugar Free

Available

SATURDAY BREAKFAST

Baked Pastry Selection

Fresh Berries, Greek Yogurt

Old Fashioned Oatmeal

Blueberry Pancakes

Scrambled Eggs

Chef's Special Breakfast

Bacon, Sausage

SUNDAY BRUNCH

Split Pea Soup ~ Green Salad ~ Fresh Fruit Cup

Baked Ham with Dijon & Brown Sugar (*gf,df*)

Blueberry Oatmeal Bake (*gf*)

Chicken Broccoli Alfredo

Baked Sweet Potatoes (*gf,df*)

Haricot Vert (*gf,df*) ~ Parsnips (*gf,df*)

Boston Cream Pie ~

Cookies & Ice Cream Selections, GF