

OV & CC LIFESTYLE CALENDAR—MARCH 2026

COLOR CODE:
Red—Entertainment
BLUE—Education/
Informative/ Instruction
GREEN—Wellness
PURPLE—Social
BLACK—Services
ORANGE—@CC/NW

LOCATION CODES:
BBC—Commons Room in
 Blueberry Commons
CC—Cumberland Crossing
CR—Card Rm behind LIB
DR—Dining Room, Main
 Lodge
FH—Falmouth House
FS—Fitness Studio, Hilltop
GG—Gazebo Grille
GR—Game Room
HFP—Hager Fitness Pavilion
HTL—Community Room in
 Hilltop Lodge
HTLa—Hilltop Amenities
 Room, lower level
LIB—Library on ML2
LUNT—Lunt Auditorium
ML1c—Main Lodge 1st
 Floor Conference Room
ML2—Main Lodge
 Activity Room, 2nd Floor
ML3c—Main Lodge
 Conference Room, 3rd floor
ML3s—Main Lodge Salon
 NW—Northwind Farm@CC
SR—Screening Room
WF—Whipple Farm
WO—Wellness Office ML3

RS = Resident-Sponsored
 Private = Reserved for
 Family, Staff, etc.

Religious services
 at Falmouth House
 A Catholic Communion
 Service is offered in the
 Activity Room at Falmouth
 House Tuesdays at 4pm
 Open to all residents

**Whipple
 Farmhouse Dining**
 Thurs-Fri-Sat 4:30-7pm
 Fine Dining & Carry Out
 Order/RSVP **anytime!**
 Call (207) 274-4935

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>1:30 Vans (3)—PSO Sunday Northern Folktales: Copland & Sibelius (Morihiro Conducts) 6:30 Resident Movie TBA SR</p>	<p>2</p> <p>11:00-12:30 Chorus BBC 12:30-1:15 Kindergarten Students Visit HTL 1-3:00 Wellness Clinic WO 3:00 Readers Theater Group HTL 6:30 Bridge CR</p>	<p>3</p> <p>9-10:00 Bath Savings ML3c 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 1:00 Tuesday w/Nancy HTL 1:00 Van—Walmart 3:00 Library Committee LIB 6:30 Game Night CR</p>	<p>4</p> <p>9:30-11 @CC Amy Office Hrs NW 1:00 Mahjong CR 1:00 Caregivers' Support HTL 2:30-3:30 N-2-N Training HTL 4:00 Wine & Cheese Party March Birthdays BBC All Welcome — Please sign up 6:30 Movie: The American President SR</p>	<p>5</p> <p>National "Slam the Scam" Day see updates 9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 10:00 @CC Stitches Group 11:00-12:30 Chorus BBC 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: Song Sung Blue SR 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:00 Van—Kinky Boots 6:30 Bridge CR</p>	<p>6</p> <p>12:30 Duplicate Bridge CR 1:00 S/z! RS Concert Lunt 3:00 Economic Forecast with Sean Martin HTL 4:30-7 Whipple Farmhouse Dining</p>	<p>7</p> <p>1:00 Bridge CR 1:00 Vans—Good Theater 7 Lend Me a Soprano 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB SR 6:30 Movie: Best in Show</p> <p>Set Clocks ~ AHEAD ~ ONE HOUR at bedtime</p> 
<p>8</p> <p>Daylight Savings Time Begins 1:00 Van*—The Great Cross Country Race *tentative, need six to send a van 6:30 Resident Movie TBA SR</p>	<p>9</p> <p>11:00-12:30 Chorus BBC CR 1:00 Handcrafters Group CR 1-3:00 Wellness Clinic WO 3:00 Community Council BBC Neighbor to Neighbor Voting Services after Council HTL 3:30 @CC Matinee Movie Monday The Full Monty NW Doors at 3:00p 6:30 Bridge CR</p>	<p>10</p> <p>9-10:00 Bath Savings ML3c 9:45 Van—Parkinson's Group See Updates 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 10:00 @CC Men's Discussion Grp 2:30 Jack Montgomery Book Talk "From the Holocaust to Maine" HTL 5:00 Schoolhouse BYOB Lunt 6:30 Dance/Opera on Film SR Don Pasquale 6:30 Game Night CR</p>	<p>11</p> <p>Hearing Aid Appts ML3c for appt. call 207-406-2920 9:30-11 @CC Amy Office Hrs NW 10:00 @CC Doc. L for L.G. Steinem 10:00 @FH German Conversation Group 11:00 Women's Discussion Group HTL 1:00 Mahjong CR 3:30 Retirement Party for Dawn Wheeler HTL see Updates 6:30 Movie: Enemy of the State SR</p>	<p>12</p> <p>9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 10:00 AARP Fraud Watch Zoom 11:00-12:30 Chorus BBC 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:00 Balance Screenings HTLa 2:30 Community Read HTL J. Austin's Persuasion w I. Graff 3:00 OV Expans. Resident Drop-in ML1c 3:00 OVRAS Meeting *BBC 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR</p>	<p>13</p> <p>1-5:00 Second Chance Gift Shop Sale BBC 12:30 Duplicate Bridge CR 2:30 Series: The Beatles Anthology, ep 8-9 4:30-7 Whipple Farmhouse Dining 5:00 Blueberry Commons BYOB</p>	<p>14</p> <p>1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining Resident Potluck Dinner 4:45-5:30 Bev. & Appetizers 5:30 Dinner BBC please sign up 5:00 HTL BYOB 6:45 Movie: Downton Abbey: The Grande Finale SR</p>
<p>15</p> <p>12:00 Van—PSO Pops Star Wars: The Empire Strikes Back 6:30 Resident Movie TBA SR</p> <p>Come to the Nook to sign up for Activities! Can also phone or email as needed. RSVP—Reserve at Front Desk</p>	<p>16</p> <p>11:00-12:30 Chorus BBC 1:00 Poetry Group HTL 1-3:00 Wellness Clinic WO 1:30 @CC Cribbage NW 3:00 @CC Coffee w/Don NW 3:00 OV + The Environment HTL 6:30 Irish Music Concert Dan Possumato HTL 6:30 Bridge CR</p>	<p>17</p> <p>St. Patrick's Day Gathering NW 9-10:00 Bath Savings ML3c 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 1:00 Van—Walmart 2:30 Movie: Pirates: Grace O'Malley SR doc 6:30 Game Night CR</p>	<p>18</p> <p>9:30-11 @CC Amy Office Hrs NW 10:00 Caregivers' Support BBC TBA Van—XC Ski or Snowshoe trip—weather depending 11:00 Women's Book Group HTL 11:00 @CC Book Group NW 1:00 Mahjong CR 2:00 Fitness Presentation: "Understanding Parkinson's" BBC 6:30 FCP Travelogue: North Atlantic Azores w/E. Wilcox HTL</p>	<p>19</p> <p>9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 10:00 @CC Stitches Group 11:00-12:30 Chorus BBC 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:00 Van—Portland Stage 1-2:30 OV Writers Group HTL 2:30 Movie: Queen of Chess SR 3:00 OV Expans. Resident Drop-in ML1c 4:00 @CC Women's Group NW 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR</p>	<p>20</p> <p>Spring Equinox 12:30 Duplicate Bridge CR 12:00 Annual Soup Challenge MLDR \$5, space is limited—sign up! 2:00 S/z! RS Concert Lunt 4:30-7 Whipple Farmhouse Dining 6:30 M. Perry Travelogue Out & About Maine HTL all new!</p>	<p>21</p> <p>1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: The Best You Can SR</p>
<p>22</p> <p>1:15 Van*—Midcoast Symphony Ambition & Destiny 1:30 Van*—Kotzschmar Organ Bach Birthday Bash *tentative, need 6 to send a van 6:30 Resident Movie TBA SR</p>	<p>23</p> <p>11:00-12:30 Chorus BBC 11:00 Laughter Yoga HTL 1:00 Handcrafters Group CR 1-3:00 Wellness Clinic WO 4:00 Wine Tasting Group RS BBC Sign-up/Cancel by 3/16 6:30 Bridge CR</p>	<p>24</p> <p>8:30 Men's Breakfast DR 2/20 Sign-up/Cancel by 3/20 9-10:00 Bath Savings ML3c 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 1:00 Grief Support HTL 1:30 Van—Trader Joe's or—WF 2:00 Artists' Dialogue Group ML2 3:00 Falmouth Schools Jazz Bands & Combos Lunt 6:30 Game Night CR</p>	<p>25</p> <p>9:30-11 @CC Amy Office Hrs NW 10:00 @FH German Conversation Group 11:00 Bath Savings "Fraud Squad" Presentation HTL 11:00 Food Forum BBC 1:00 Mahjong CR 1:30 Van—PMA's Art in Bloom 3:30 @CC Speaker Series NW Coast of Maine brands w/C. Quijano 6:30 Movie: You Again SR</p>	<p>26</p> <p>9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 11:00-12:30 Chorus BBC 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:30-3 OV Writers Group HTL SR doc 3:00 OV Expans. Resident Drop-in ML1c 4:00 @CC Women's Group NW 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR</p>	<p>27</p> <p>8:45 sharp! Vans—Maine State House & Blaine House tours 1-5:00 Second Chance Gift Shop Sale BBC 12:30 Duplicate Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 Blueberry Commons BYOB</p>	<p>28</p> <p>1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 5:00 Community Supper BBC "Loaded Baked Potato Bar" RSVP 6:30 Movie: Same Time, Next Year SR</p>
<p>29</p> <p>2:00 S/z! RS Concert Lunt 6:30 Resident Movie TBA SR</p> <p>Please wear your NAME TAG to all social activities! Everyone will find it helpful.</p>	<p>30</p> <p>11:00-12:30 Chorus BBC 1-3:00 Wellness Clinic WO 2:30 Special Screening: Living on One Dollar see Updates SR/HTL 6:30 Bridge CR</p>	<p>31</p> <p>9-10:00 Bath Savings ML3c 10:00 Bible Fellowship HTL 1:00 Van—Walmart 2:00 Resident Travelogue: Rounding Cape Horn with Dan Cheever & Sue Stasiowski 6:00 Vans—PSO Tuesday Double Brahms Concerto 6:30 Game Night CR</p>	<p>MARCH 2026 BIRTHDAYS 1 Cyndi Farquhar, 30 Marion 2 John Scully 42, 2F 2 Mark Willhoite, HTL 2C 3 Noreen Evans, 14 WF 3 Joan Merkwas, 4 Lilac 3 Bob Morang, C25 5 Tom Greig, L346 5 Gil Michaud, 8 Mallard 5 Andre Turanne, C40 6 Marty Scalett, B7402 8 Lew Brown, 3 Homestead 9 Jane Baldwin, C102</p>	<p>9 Julie Woods, C110 9 Cynnie Henriques, C28 9 Bev Thomas, C24 9 John Lightbody, 6 Scholar 10 Mary Jo Carpenter, HFP301 11 Ethel Carmoli, L352 11 Phyllis Givertz, 28 WF 11 Hazel Gustafson, L357 12 Peter Webber, B7102 13 John Wilcox, I Alumni 13 Mollie Heron, 20 Marion 14 Ann Deering, HTL3D 16 Pam Adams, L355</p>	<p>18 Birdie Britton, 27 LAD 18 Paul Butler, C35 18 Dodie Wilcox, C36 19 Lyall Rogers, L231 19 Suzy Deitz, C39 20 Lois Lowry, 9 WF 20 Phillip Thorp, L107 21 John Wilson, 34 Marion 22 John McCall, C44 23 Elliot Larson, 2 Firefly 23 Ed Manuel, C47 24 Len Freeman, C64 24 Bill Laubenstein, 8 Monarch</p>	<p>24 Bill Webster, 2 Mallard 26 Kirk Kreisher, 3 Luna 27 Kate Benson, L217 27 John Rapoport, 5 NWF Rd 27 Norman Stiles, 4 Honeyucke 27 Lyle Voss, 136 LAD 28 Schuler Grant, 13 Periwinkle 28 Sandra McElwaine, 5 WF 29 Roberta Stothart, B3102 31 Marcia Dworak, B3101 31 Carroll Knapp, 16 Mallard 31 Sally Wheeler, L219</p>