

# Ocean View Menu Selections

## MONDAY

Mushroom Barley Soup ~ Green Salad ~ Fruit Cup (*gf,df*)

California Veggie Burger with Corn Guacamole (*df*)

Raspberry Glazed Grilled Chicken (*gf,df*)

Honey Cornbread ~ Crimson Coleslaw (*gf,df*) ~ Peas (*gf,df*)

Baked Vanilla Custard (*gf*) ~ Cookies and Ice Cream Selections

Sugar Free & Gluten Free Available

## TUESDAY

Chicken & Wild Rice Soup (*gf*) ~ Green Salad ~ Fruit Cup (*gf,df*)

Baked Haddock with Crumb Topping

Barbequed Baby Back Ribs (*gf,df*)

Brown Rice Pilaf ~ Chopped Salad (*gf,df*) ~ Baked Beans (*df*)

Greek Honey Cake ~ Cookies and Ice Cream Selections

Sugar Free & Gluten Free Available

## WEDNESDAY-

Broccoli Cheese Soup ~ Green Salad ~ Fresh Fruit Cup (*gf,df*)

Roast Beef Rib Eye au Jus (*gf,df*)

Seafood Newburg with Toast Points

Baked Potato (*gf,df*) ~ Wax Beans (*gf,df*) ~ Zucchini (*gf,df*)

Lemon Blueberry Streusel Pie ~ Cookies and Ice Cream Selections,

Sugar Free & Gluten Free Available

# April 13-19, Week 1

## THURSDAY

Italian Wedding Soup (*df*) ~ Green Salad ~ Fruit Cup (*gf,df*)

Lamb Meatloaf

Pasta Primavera

Mashed Potatoes (*gf*) ~ Summer Squash (*gf,df*) ~ Fresh Asparagus (*gf,df*)

Brownie a la Mode ~ Cookies and Ice Cream Selections

Sugar Free & Gluten Free Available

## FRIDAY

Corn Chowder ~ House Salad ~ Fruit Cup (*gf,df*)

Turkey Pesto Panini on Ciabatta Roll

Maine Mussels with Garlic Bread

Penne Pasta (*df*) ~ Broccoli (*gf,df*) ~ Roasted Mushrooms (*gf,df*)

Strawberry Rhubarb Crisp ~ Cookies and Ice Cream Selections,

Sugar Free & Gluten Free Available

## SATURDAY BREAKFAST

Baked Pastry Selection

Fresh Berries (*gf,df*), Greek Yogurt  
& Homemade Granola (*gf*)

Old Fashioned Oatmeal (*gf,df*)

Blueberry Pancakes

Scrambled Eggs (*gf,df*)

Chef's Special Breakfast

## SUNDAY BRUNCH

Cream of Celery Soup ~ Green Salad ~  
Fruit Cup (*gf,df*)

Roast Beef Tenderloin (*gf,df*)

Salmon with Mustard & Herbs (*gf,df*)

Banana Bread French Toast

Whipped Potato

Cauliflower (*gf,df*) ~ Green Beans (*gf,df*)

Lemon Meringue Pie

Sugar Free & Gluten Free Available