

# Ocean View Menu Selections

## MONDAY

Chicken Noodle Soup (*df*) ~ Green Salad (*gf,df*) ~ Fruit Cup (*gf,df*)

Herb Roasted Pork Tenderloin (*gf,df*)

Savory Crepes with Leeks and Gruyere

Israeli Couscous ~ Spinach Sauté (*gf,df*) ~ Vegetables Julienne (*gf,df*)

Lemon Bars ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available

## TUESDAY

Sweet Pea Soup ~ Green Salad (*gf,df*) ~ Fruit Cup (*gf,df*)

Asian Salmon & Rice Bowl (*gf,df*)

Roast Turkey Breast with Gravy

Stuffing ~ Asparagus (*gf,df*) ~ Cauliflower (*gf,df*)

Strawberry Rhubarb Pie ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available

## WEDNESDAY

Kale and Potato Soup (*gf,df*) ~ Green Salad (*gf,df*) ~ Fresh Fruit Cup (*gf,df*)

Roasted Ribeye Au Jus (*gf,df*)

Seafood Quesadilla

Baked Potato (*gf,df*) ~ Broccoli (*gf,df*) ~ Succotash (*gf,df*)

Homemade Brownies ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available

# May 18-24, Week 6

## THURSDAY

Lentil Vegetable Soup (*gf,df*) ~ Green Salad (*gf,df*) ~ Fruit Cup (*gf,df*)

Spaghetti with Meat Sauce

Chicken Marbella (*gf,df*)

Garlic Bread ~ Peppers and Onions (*gf,df*) ~ Zucchini (*gf,df*)

Fruit Ambrosia ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available

## FRIDAY

Sweet Corn Soup ~ Green Salad (*gf,df*) ~ Fruit Cup (*gf,df*)

Baked Haddock

Pork & Vegetable Stir Fry (*gf,df*)

Orange Rice (*gf,df*) ~ Carrot Raisin (*gf,df*) ~ Baby Bok Choy (*gf,df*)

Strawberry Shortcake ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available

## SATURDAY BREAKFAST

Baked Pastry Selection

Fresh Berries, Greek Yogurt

Old Fashioned Oatmeal

Blueberry Pancakes

Scrambled Eggs (*gf,df*)

Chef's Special Breakfast

Bacon, Sausage (*gf,df*)

## SUNDAY BRUNCH

French Onion Soup ~ Green Salad (*gf,df*) ~ Fruit Cup (*gf,df*)

Lemon Herb Chicken (*gf,df*)

Huevos Rancheros Casserole

Smoked Salmon Bagel

Orzo ~ Peas (*gf,df*) ~ Carrots (*gf,df*)

Key Lime Pie ~ Cookies and Ice Cream Selections

Gluten Free and Sugar Free Available