

OV & CC LIFESTYLE CALENDAR—AUGUST 2026

COLOR CODE:
Red—Entertainment
BLUE—Education/
 Informative/ Instruction
GREEN—Wellness
PURPLE—Social
BLACK—Services
ORANGE—@CCNW

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Come to the Nook to sign up for Activities!
 Can also phone or email as needed.
 RSVP=Reserve at Front Desk
 FCO=Sign-up online FullCount

Please wear your NAME TAG to all social activities!
 Everyone will find it helpful.



	AUGUST 2026 BIRTHDAYS 2 Don Colburn, 5 Scholar 2 Carl Cowan, 11 Periwinkle 4 Bill Nugent, B3202 5 Molly Morell, C37 6 Peter McCarthy, L238 6 Faith Wilcox, 78 LAD 8 Valerie Loring, 4 Scholar 9 Bruce Saunders, 15 WF 10 Linda Frinsko, 92 LAD 12 Nancy Fearing, B7304 12 Linda MacDougall, L343	12 Karen Thorpe, 33 WF 12 Henry Thomas, FP302 13 Steve Kaufman, L222 14 Gretchen Wetzel, 85 LAD 15 Peter Andersen, 2 Azalea 18 Janet Knapp, 16 Mallard 20 Rita Nugent, B3202 20 Lois Provencher, 6 NWF Rd 20 Karen Timmons, 3 NWF Rd 20 Deena Weinstein, HTL2B 21 Betty-Jane Meader, L334 21 Charley Ann Rhoads, 1 WF	23 Walt Allan, 5 Homestead 23 Sue Ball, 74 LAD 26 Rick Provencher, 6 NWF Rd 27 Margie Thumm, 6 Monarch 29 Pat Cuccaro, 6 Homestead 31 Mary Cowan, 11 Periwinkle			1 11:30-1:30 Lunch at WFH 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: Ordinary Angels SR
2 1:00 S/z/ RS Concert HTL 6:30 Resident Movie TBA SR	3 1-3:00 Wellness Clinic WO 1:30 The President's Hour HTL 3:00 Readers Theater Group HTL 6:30 Bridge CR	9-10:00 Bath Savings ML3c 4 No Parkinson's Group this month Bible Fellowship resumes 9/15 10:00 Art for Fun/Dabblers ML2 11:30 Van—First Run Movie The Odyssey @ Falmouth Flagship 1:00 Van—Walmart 2-4p @CC Music with Don Wessels NW No Library Committee this month 6:30 Game Night CR	No @CC Amy Office Hours today 1:00 Mahjong CR 1:00 Caregivers' Support ML1c 4:00 Wine & Cheese Party August Birthdays HTL FCO All Wel-come—Please sign up! 6:30 Movie: The Choral SR	5 9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 6 10:00 Men's Discussion Group HTL 10:00 @CC Stitches 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: Murphy's Romance SR 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	7 9-11 Second Chance Gift Shop Donations Accepted ML1c 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 12:45 Van—MSMT 1st Friday "Come From Away" 4:30-7 Whipple Farmhouse Dining	8 11:30-1:30 Lunch at WFH 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: Marie Antoinette SR
9 1:30 Van*—Vivid Motion Dance "Fragments in Motion" *tentative; need 6 to send van 6:30 Resident Movie TBA SR	10 9:30 Van—Falmouth Trails Walk "New Town Green" Lunt Rd 1:00 Handcrafters Group CR 1-3:00 Wellness Clinic WO 3:00 Community Council fco HTL after Council Neighbor to Neighbor Voter Registration ML1c 3:30 @CC Matinee Movie Monday The Birdcage NW Doors at 3:00p FCO 6:30 Bridge CR	11 9-10:00 Bath Savings ML3c 10:00 Art for Fun/Dabblers ML2 10:00 @CC Men's Discussion Grp 1:15 Van—Portland Museum of Art Winslow Homer Exhibit 5:00 Schoolhouse BYOB Lunt 6:30 Dance/Opera on Film SR The Marriage of Figaro 6:30 Game Night CR	American Red Cross Lunt Auditorium 12:00-5:00p 12 9:30-11 @CC Amy Office Hrs NW No German Conversation August 11:00 Women's Disc. Group 1:00 Mahjong CR OV Annual Lobster Bake 4:00 Appetizers 5:00 Downeast Feast 6:45 Movie: Magic in the Moonlight SR	13 9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 10:00 AARP Fraud Watch Zoom 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: Raise Hell SR doc 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	14 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 1:00 S/z/ RS Concert Lunt 3:00 Gazebo Concert with Julie Thompson (if rain-HTL) 4:30-7 Whipple Farmhouse Dining 5:00 BBC BYOB in HTL	15 11:30-1:30 Lunch at WFH 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:00 Van—PCMF "Concert II—Rites & Delights" see Updates 6:30 Movie: The Guns of Navarone SR
16 6:30 Resident Movie TBA SR	17 10:45 Van—MSMT Concert DIAMOND: Songs of Neil Diamond 1:00 Poetry Group HTL 1-3:00 Wellness Clinic WO 1:30 @CC Cribbage NW 3:00 @CC Coffee w/Don NW FCO OV + the Environment summer hiatus 6:30 Bridge CR	18 9-10:00 Bath Savings ML3c 10:00 Art for Fun/Dabblers ML2 1:00 Van—Walmart 6:30 Game Night CR	19 9:30-11 @CC Amy Office Hrs NW 10:00 Caregivers' Support ML1c 9:00 Van—Farnsworth Trip see Updates 11:00 @CC Book Group NW FCO 11:00 Women's Book Group HTL 1:00 Mahjong CR 6:30 Movie: A League of Their Own SR	20 9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 10:00 @CC Stitches 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: Paul Simon SR doc 3:00 OV Expans. Resident Drop-in ML1c 4:00 @CC Women's Group NW 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	21 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 12:45 Van—MSMT 3rd Friday "Come From Away" 1:30 Midcoast Humane Society Talk & Visit HTL 4:30-7 Whipple Farmhouse Dining	22 11:30-1:30 Lunch at WFH 1:00 Bridge CR 3:00 S/z/ RS Concert Lunt 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: Out of Africa SR
23 12:00 Van—Sea Dogs Game vs. Reading Fightin' Phis @CC p/u 11:30 6:30 Resident Movie TBA SR	24 1:00 Handcrafters Group CR 1-3:00 Wellness Clinic WO 3:00 Bill Maxwell Lecture Tony Bennett HTL 6:30 Bridge CR	25 8:30 Men's Breakfast DR Sign-up/Cancel by 8/21 9-10:00 Bath Savings ML3c 10:00 Art for Fun/Dabblers ML2 11:00 Food Forum MLDR 1:00 Grief Support HTL 1:30 Van—Trader Joe's or-WF 3:30 Block Party C100-110 6:30 Game Night CR	26 9:30-11 @CC Amy Office Hrs NW 1:00 Mahjong CR 1:30 AARP Fraud Prevention Seminar with Phil Chin HTL Block Party Rain Date 3:30 @CC CC Speaker Series NW FCO From Classroom to River with Stephen & Cheryl Brann 6:30 Movie: Ladies First SR	27 9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10:00 Men's Discussion Group HTL 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:30-3 OV Writers Group HTL 2:30 Movie: Devil/Prada SR 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	28 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 2:00 Who Wants To Be A Millionaire? Fitness Edition HTL 4:30-7 Whipple Farmhouse Dining 5:00 BBC BYOB in HTL 6:00 Van*—Heat Wave Linda Ronstadt Concert *tentative; need 6	29 11:30-1:30 Lunch at WFH 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: The Devil Wears Prada II SR

LOCATION CODES:
 BBC—Commons Room in Blueberry Commons
 CC—Cumberland Crossing
 CR—Card Rm behind LIB
 DR—Dining Room, Main Lodge
 FH—Falmouth House
 FS—Fitness Studio, Hilltop
 GG—Gazebo Grille
 GR—Game Room
 HFP—Hager Fitness Pavilion
 HTL—Community Room in Hilltop Lodge
 HTLa—Hilltop Amenities Room, lower level
 LIB—Library on ML2
 LUNT—Lunt Auditorium
 ML1c—Main Lodge 1st Floor Conference Room
 ML2—Main Lodge Activity Room, 2nd Floor
 ML3c—Main Lodge Conference Room, 3rd floor
 ML3s—Main Lodge Salon
 NW—Northwind Farm@CC
 SR—Screening Room
 WF—Whipple Farm
 WO—Wellness Office ML3

RS = Resident-Sponsored
 Private = Reserved for Family, Staff, etc.

Religious services at Falmouth House
 A Catholic Communion Service is offered in the Activity Room at Falmouth House Tuesdays at 4pm
 Open to all residents

Whipple Farmhouse Dining
 Lunch Fri-Sat 11:30a-1:30p
 Thurs-Fri-Sat 4:30-7pm
 Fine Dining & Carry Out
 Order/RSVP anytime!
 Call (207) 274-4935