

# OCEAN VIEWS UPDATES

July, 2026 - published June 29, 2026

## ADMINISTRATION MEMOS

### OceanView Regular Front Office Hours

Monday-Friday 8:30a-5:00p  
Saturday & Sunday 10:00a-2:00p

### Independence Day Observed Friday July 3, 2026

OV Offices/Front Desk Closed  
Gazebo Grille Closed  
No Mail, No Bank

5:00p Dinner as usual for Meal Plan Residents

### Independence Day Saturday July 4, 2026

Front Desk Closed  
No Mail, No Metro, No Bank  
8:00a Breakfast as usual for Meal Plan Residents

### Recent & Incoming Residents

John & Nancy Lightbody	6 Scholar,	June
Lisa & Stephen Schiffman	3 Principal	6/12
Ralph Menikoff	B7104	6/15
Jim and Kathy Helming, 137 Little Acres Dr		6/24
Judith Levin	L342	7/8
Marvin Ellison & Frank Brooks	C60	7/15
Margaret & Charles Emmons	L230	7/31

### Staff Away

Marcia Emerson	7/8-12
Grace Libby	7/20-21
Ed Fertig	6/30-7/1, 7/27-31
Grace Minkin	7/29-31
Ryan Koenig	7/31-8/3
Don Wessels	7/1-14

### Staff News:

We are excited to announce that **Hannah Damron** will be taking on the new role of Personal Trainer. Congratulations, Hannah!

I wanted to send a heartfelt thank you to everyone at OceanView and Cumberland Crossing who have made my 21+ years there so happy and so rewarding. A special thank you to John and the staff for the amazing retirement party and allowing me to be able to see so many residents and friends before my last day. The thoughtful decorations, cake, and especially the many friendly faces who were there to help Tim, Callie,

Winnie and me celebrate were humbling and overwhelming, in the most beautiful way. I was so happy to see all of you and give you a hug and thank you for the honor of working together. From residents to colleagues, it has been such a pleasure being part of your lives at both campuses. Our residents are true inspirations to Tim and me as we start our own retirement journey and we will think of you all often and the wonderful memories of our times together. With our warmest regards, Gloria and Tim Walker

**Thank you to: Phil Chin** for his informative program as an AARP Volunteer on Avoiding Scams: **Fritz & Cyndi Farquhar** and **Debbie Carr** for hosting our June Block Party; all the residents who walked or rode in the **Portland Pride Parade** with our staff to celebrate our diversity and community.

### Services

#### Elisabeth Crowley

Sat., July 11, 11:00am  
Holy Martyrs Catholic Church, Falmouth  
<https://www.legacy.com/us/obituaries/name/elisabeth-crowley-obituary?id=61817906>

#### Nancy Evans Bennett

The memorial service for Nancy Evans Bennett will be held on Saturday, July 11th at 2:00p in Hilltop Community Room  
<https://www.boothbayregister.com/article/nancy-e-bennett/270783>

### Good to Go—Main Lodge Dining Room

As of July 1, the “Good to Go” program will no longer be available. We will be offering take out and delivered meals from the Main Lodge dining room, Monday–Friday. The entire dinner menu is available as a Prix fixe meal for \$37.95 or two meal plan points. It includes one beverage, one appetizer, one entrée with side selections & one dessert. A la Carte priced items are available from The Gazebo Grill Monday–Friday.

For questions about meal plans, please call Ed Fertig at 207-781-4428. For general questions, please call the Front Desk at 207-781-4460.

### Maintenance/Landscaping

The Maintenance Crew will pick up **yard debris** every other Wednesday this season, July 1 & 15.

(Continued on page 4)

# Updates & Special Dining Events in July

## Lobster Dinner at the Farmhouse

Thursday & Friday, July 2nd & 3rd,  
One seating at 6:00pm.  
Featuring a special 1 ¼ pound lobster, corn on the cob, potato salad, cup of chowder & seasonal dessert, and lemonade. Seating available on the deck (weather permitting) . \$50.00 per person or 3 meal plan points.  
Call the front desk at 207-781-4460 to reserve a spot, seating is limited.

## Happy Hour at The Farmhouse

Thursday July 30 4:00-5:00p  
Music with Jim Gallant, Appetizers & Wine Specials Pricing Available

## at The Gazebo Grille

**Lobster Roll Fridays** returns for the summer—Maine lobster meat tossed in seasoned mayonnaise, served in a toasted Brioche roll, *Market price*.  
Wednesday's **Cookouts** on the grill will feature grilled Pineland Farm's burgers, jumbo hotdogs, chicken & more.

### Happy Hour at the Grille

Tues. July 21, 2:00-4:00p  
Appetizers & Wine Specials, Music with Gary Richardson

### New extended hours

The Grille will now offer a "Lite Fare" menu, 2:00-4:00pm, Monday - Friday. Full lunch service from 11:00-2:00pm, open for Grab'n'Go items until 5:00 pm.

## OceanView Dining Services

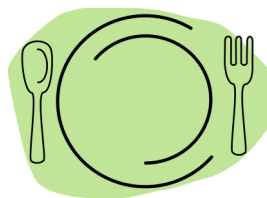
Call OV Front Desk: 207-781-4460

**After Hours for questions about your Order or Delivery**  
Call the ML Kitchen: 207-781-4464 x 124



## Transportation by van or car to and from Whipple Farmhouse or the Main Lodge Dining Room

is now available at no cost for dinner Monday - Friday. RSVP with two days advance notice to the Transport office: 207-781-4460 x109



## HOURS

### GAZEBO GRILLE

Mon.-Fri. 11:00a-5:00p  
Wine and Beer for On-Site  
Meal Plan Points Vary  
Bill to account or Cash only

### MAIN LODGE DINING ROOM\*

Mon.-Fri. 4:30p—1st Seating  
5:30p—2nd Seating  
Sat. Breakfast 8:00-9:15a  
Sun. Brunch 11:45a-1:00p  
2 Meal Plan Points

### WHIPPLE FARM DINING\*\*

Thu./Fri./Sat. 11:30a-1:30p  
2 Meal Plan Points *Prix Fixe*  
Thu./Fri./Sat. 4:30-7:00p  
3 Meal Plan Points

### GOOD-TO-GO

Mon.-Fri. Call before 12:00n  
Pick up at 4:45 or 6:00p (DR)  
or Delivery (\$6)

\*24 Hour Advance Reservations required for: All Residents' Guests; Silver, Bronze, BBC, & Cottage Plans, and No-Plan residents.

\*\*Reservations required—call: 207-274-4935 (for WFD only)

## Lunch at the Farmhouse

### with Whipple Farmhouse Dining

Join us for Lunch at the Farmhouse on Fridays & Saturdays from 11:30am-1:30pm. Menu will be a *Prix Fixe* 3 course meal for 2 meal plan points and will include lighter fare entrees, pizza & sandwiches. Closed July 4th.

## CUMBERLAND CROSSING UPDATES

### ACTIVITIES/EVENTS Highlights at OceanView

(FMI see pg. 14)

Thurs., 7/16, 2:00p **Bowdoin Fest Community Concert** — HTL

Fri., 7//17, 3:00p **Bill Maxwell: Johnny Cash** — HTL

**Request van transport from Transportation for events.**

### JULY ACTIVITIES at Cumberland Crossing

at Northwind Farm unless indicated

*\*please sign up w/Amy or at*

<https://portal.fullcount.net/customer-portal/>

7/13, 3/3:30pm—\*Matinee Movie Monday:

*The Hunt for Red October*, 1990, PG, 135 min.

*Rescheduled* The height of the Cold War, in Tom Clancy's "The Hunt for Red October" a Soviet nuclear submarine captain is trying to sneak his entire ship and missiles into US waters so he can defect. Filmed in 1990 and winner of an Oscar, the cast includes Sean Connery, Alec Baldwin, Scott Glenn, James Earl Jones and Sam Neill. Doors open at 3pm for snacks, showtime promptly at 3:30p.

Monday, 7/20, 1:30pm—Cribbage

Monday, 7/20, 3:00pm—\*Coffee with Don guests TBA

Tuesday, 7/14, 10:00am—Men's Discussion Group

Wednesdays, 9:30-11am—Office Hours with Amy

Wednesday, 7/1, 10:30am—Sara from *Casco Bay Trail Alliance*, at Amy's Office Hours

Wednesday, 7/8, 3:30pm—\*America at 250 Party

Join festivities at Northwind Farm's "Community Center" & Pool. Picnic-style finger food & beverages, followed by fun and games in and around the pool: Water Volleyball, Noodle Raced, Badminton, Corn Hole and more! Reserve your spot for a celebratory afternoon in honor of our country's 250th!

Wednesdays, 2:30pm—Stretch & Balance Fitness

Wednesday, 7/22, 11:00am - Book Club

*The Lion Women of Tehran* by Marjan Kamali. As a novel covering the lives of two women over three decades of societal and political upheavals in Iran, it seems like a timely book in our current world.



Wednesday, 7/22, 4:00pm—**Cumberland Crossing Lobster Bake—RSVP with Front Desk**

Wednesday, 7/29, 3:30pm - CC Speaker Series

*Connecting North America & Europe by Wire* with Mary Morton Cowan

Thursdays, 7/2, 7/16, 10:00am—Stitchers Group

Thursday, 7/16, 4:00pm—Women's Group (loc. TBA)

Thursdays, 4:00pm—Oneness Meditation w/Anne Dean

Fridays, 11:00am—Yoga with Grace

## CUMBERLAND CROSSING NEWS

On June 1st at the Cumberland Crossing Community Association Annual Meeting, the following officers were elected: William Laubenstein, Chair for two years; Susan Saltonstall, Secretary for two years; Merry Farnum, Vice Chair/Treasurer for one year. Thank you to the outgoing Board officers: Chair Annie Bartol, Vice Chair Elisabeth Crowley, Secretary Linda Grant, Treasurer Mary Cowan, and Member at large, Sue Ball.

The community supports the Community Food Pantry each year with a June collection to help offset the Pantry costs during the summer, which increase because of school breakfast and lunch programs being stopped. This year the CC Food Pantry Committee is pleased by the generosity of residents providing a total of \$6500. Great thanks to John Wasileski for matching these funds and adding to the CC gift to this community effort serving over 150 families. There will be two more opportunities for CC residents to help the Pantry, starting with a Backpack collection in July. This venture is to help fill backpacks with necessary supplies for students to begin the school year. In late Fall, a third collection will be held at CC for a Holiday Market, which allows food pantry recipients to select gifts for their families. The CC Community Garden is thriving with 18 raised beds filled to the brim with vegetables, herbs and flowers. Gardeners look forward to the harvest, which already has begun with lettuce and sugar snap peas in many a bed. Many residents enjoy the garden as a peaceful place to just spend some time in one of the chairs, enjoying the gardens, birds and friendship of others.

The monthly June Book Group meeting enjoyed a visit and discussion with Shannon Bowring, author of the popular Dalton Trilogy which takes place in Maine. This coed book gathering meets on the 3rd Wednesdays at 11 AM at Northwind Farm to discuss books, authors, bestsellers, books of yore, nonfiction, poetry, biographies and more. All are invited and the book is listed each month in the newsletter.

On the CC monthly agenda of activities are weekly games of Mahjong, Meditation, Tai Chi, Water Aerobics, Yoga and Chair exercise. Amy Cunningham of the Activities Staff holds weekly Office Hours to discuss whatever comes up. CC Concierge Don Wessels holds monthly meetings to discuss maintenance needs, issues along with a speaker on informative topics, such as Identity Theft, held in June by staff from Bath Savings Bank. Most fun of all this time of year is the outdoor pool and spa enjoyed by residents, family members and friends. There is nothing like a cool swim on a hot day. The pool is open to all OV and CC residents.

Fridays, 3:00pm—Tai Chi with Anne Dean

*Please contact Don Wessels with any questions:  
(207) 781-4460, ext. 148 or [don@oceanviewrc.com](mailto:don@oceanviewrc.com)*

(Continued from page 1)

## Lobster Bakes 2026

RESIDENTS/BUILDERS—Watch for your email invitation!

### Cumberland Crossing –

Wed., July 22, 4:00p, Northwind Farm

### OceanView –

Wed., August 12, 4:00p, Homestead Lane

Our Lobster Bakes are events for our Priority Wait List members, those building in the community, as well as residents. It's a wonderful way for future neighbors to meet our residents. *As in years past, there is a dining charge for residents not on a meal plan.*

## Full Count

We are excited that residents are starting to use our new online reservation and sign-up system – FullCount. In addition to calling the Front Desk, you now have the ability to manage your dining reservations and some of your Activities sign-ups online. You will be able to reserve for the Main Lodge Dining Room and Whipple Farmhouse Dining, for which the same “reserve by” times apply (indicated on page 2), as well as sign up for a few Activities. There is more information regarding the Activities rollout on page 11. The link to utilize this service will be available in the OV Portal, and we recommend bookmarking it for easy access:

<https://portal.fullcount.net/customer-portal/>

This is a long asked-for service, and we hope that this phased rollout will allow us to provide support, gather feedback, and make any necessary adjustments along the way.

While we're so excited that people are using FullCount, with regards to Dining—Please be aware that you cannot request to reserve times that are not available in the system. If you find yourself unable to reserve the time you want, please either try again for another date or call the Front Desk.

## CONSTRUCTION UPDATES

### To Stay Informed about

### Construction:

**New Construction Memos** are sent regularly to the OceanView & Cumberland Crossing Resident email lists. These are the same lists that receive menus, Calendars & Updates, the monthly E-News, and more. If you have not been receiving emails from OceanView, you may have accidentally unsubscribed from our email list. If you think that is the case, please contact Dustin at [dustin@oceanviewrc.com](mailto:dustin@oceanviewrc.com)



For your safety, do not enter the construction zone. Also, please make use of the weekly informational meetings for residents, held at the Main Lodge First Floor Conference Room across from the Reception, we're there Thursdays, from 3-4:00p for questions and concerns. —Mitchell DeBortoli

## THE RESIDENT PORTAL

See what's new on **The Resident Portal!**

The Portal is a spot for residents to get easy access to many resources, including **calendars**, the **Resident**

**OceanView**  
AT • FALMOUTH  
RESIDENT PORTAL

**Bulletin Board, The Gazebo Grille Blackboard Specials,** and more!

New this month: updated

**Community Council officers**, updated photos of the **Maintenance Team**, the **Whipple Farmhouse LUNCH menu**, and **photos from the OV Chorus Spring Concert**. If you see a photo of yourself that you would like to have, please email me and I can send you a high-res image file.

([dustin@oceanviewrc.com](mailto:dustin@oceanviewrc.com))

**Please bookmark the Portal on your computer or phone** and check it often! The Resident Portal is meant only for current and future residents and members of our Priority Wait List. It is not public on our website, and it is not searchable online. The link to the Portal is: [www.oceanviewrc.com/portal/](http://www.oceanviewrc.com/portal/)



—Dustin Bonk

## WELLNESS NOTES

### Wellness Clinics—Drop-in ML3 WO

Mondays 1:00-3:00p

Thursdays 10:00a-12:00p

The Wellness Office is staffed during these times to evaluate medical concerns, check blood pressures, or offer advice in navigating the health care system. This service is included in your monthly fees when you visit the Wellness Clinic at these times.

Please do not wait until the clinic is open to reach out if you are experiencing a health issue. You may contact the Wellness Nurses for a home visit anytime you are experiencing in non-urgent medical issue. There is a fee associated with these visits, but it could save a trip to the emergency room with early intervention.

**We continue to offer a van for Cumberland Crossing residents who would like to come to either the Monday or Thursday Wellness Clinic hours;**

(Continued on page 5)

(Continued from page 4)

please confirm with Transportation (781-4460) the day before for pick-up.

**Caregivers' Support Group**

Wed., 7/1, 1:00p—ML1c

Wed., 7/15, 10:00a—ML1c

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is caring for another adult here at OceanView, led by a member of the Community Wellness team.

**Grief Support Group**

Tues., 7/28, 1:00p—HTL

Drop ins welcome, no sign-ups required. This is an informal, confidential support group for any resident who is grieving, led by a member of the Community Wellness team. Grief comes in many forms, shapes, and sizes. Let's gather to express our grief, support one another, and lift ourselves up.

With all loss, there is grief. In this group we mourn the loss but look to heal, grow, and move forward.

**Garret Cole's Parkinson's Fitness & Support**

Thursdays, 11:00a at Falmouth House

Open to all OV & CC Residents



**Van—Parkinson's Support Group**

Tues., 7/7, 10:30-11:30a Departure 9:45a

Valhalla Recreation Center, Cumberland

Join our Parkinson's Discussion Group to connect with other people who share similar interests, challenges and hopes. This will be a gathering of people with common experiences or concerns who can provide each other with encouragement, comfort, and advice. Presented by Cumberland Active Living

*OceanView will continue to send a van to this gathering as we look to find a facilitator who can come to OV. Please sign up.*

**Balance Screenings**

Thu., 7/9 1:00-2:00p—HTLa

(Amenities Room, lower level Hilltop Lodge)

Please sign up for a 10-minute appointment with the Physical Therapist from Fox Rehab.

**OTHER SERVICES**

**Hair Salon with Jodi Evers** ML3S

Call for appointment: 561-602-4200

**Linda Dillingham** has retired. We are actively seeking a new on-site Massage Therapist. If you have anyone in mind, please have them reach out to Diane Kibbin.

**Traveling nurse Joline L. Pothier** will come to your home for *foot and toenail* care services; she is increasing her days at OV to 2x a month.

Call 207-229-7968 or

email [jolinelpothier@gmail.com](mailto:jolinelpothier@gmail.com)

Let her know you are an OV resident.

**Bath Savings Bank**—Main Lodge 3<sup>rd</sup> floor, ML3c  
Tuesdays at 9:00a

A teller from Bath Savings spends one hour at OV on most Tuesdays at 9:00a. For residents they will cash a check, and they bring quarters. For patrons of Bath Savings other services can be performed as well.

**OCEANVIEW RESIDENT ASSISTANCE FUND**

**RAF Special Campaign Update**

RAF Special Campaign The special capital campaign of the Resident Assistance Fund has now reached \$409,000 or 81.8% of its \$500,000 goal. If you would like to be a part of this effort by pledging an amount from your OceanView Entrance Fee, please contact Maggie Philbrick at [mdphil07@gmail.com](mailto:mdphil07@gmail.com) or 617-721-0464.

**OV LIBRARY COMMITTEE**

The **Library Committee** is on hiatus during July and August, next meeting 9/1/26.

**From the New Bookshelf**

I have just one NONFICTION book for you this month. It is *One of Us: The Story of Anders Breivik*.

(Continued on page 6)



**American Red Cross**

**BLOOD DRIVE**

**Next drive Wednesday 7/8**

**12:00-5:00p @ Lunt Auditorium**

Volunteers & Donors - Critical Need!

<https://www.redcrossblood.org>

Please Call **1-800 RED CROSS**

(Continued from page 5)

Breivik is the Norwegian terrorist who killed 8 people in Oslo and then traveled to an island where he killed teenagers at a youth camp.



Among lighter fare are a clutch of FICTION. Representing popular authors, we have Paula McLain's

*Skylark*. McLain is the author of *The Paris Wife*. Elizabeth Strout's latest, *The Things We Never See* and Anna Quinlan's most recent, *More Than Enough* round out the contemporary American fiction.

As promised last month, in the crime and police procedural genre, there are 4 Ann Cleeves, 3 Donna Leon, 3 Archer Mayor, 2 Peter Robinson, 1 Ian Rankin, 1 John Grisham, and 1 Robert Parker.

The committee takes a break for the summer and looks forward to an accumulation of donations from you to peruse in September.

Barbara Briggs for the Library Committee

## FITNESS NOTES

### General Fitness Reminders:

Shoes- With sandal weather upon us, please remember to wear closed toe shoes to all fitness classes and in the Hager Fitness Pavilion. This is to decrease the possibility of accidental injury to your feet (dropping of weight, stubbing of toes). There are some classes where shoes are optional (Yoga and Pilates) and we encourage that you wear shoes in all fitness areas when not participating in these specific classes.

Phones- Please remember to turn off the ringer (put on vibrate or silent) during classes and presentations to minimize distractions.

### Golf Fore Life News

In addition to being able to play at Val Halla and HG, residents will now be able to play golf at Falmouth Country Club! For questions or to make a tee time please check in with Ryan Koenig or the Fitness Department.

### New Class

Water Aerobics classes at Cumberland Crossing's North Wind Farm are now taking place on Mondays and Wednesdays at 1:15pm! Come join us for a fun, outdoor workout that includes high-intensity cardio, core, and strength training while being low in impact. All fitness levels are welcome!

### Fitness Talk: Fitness Jeopardy!

Fri., 7/17, 1:30pm, HTL

Ready to stretch and exercise your brain? Come join Hannah Damron and Grace Minkin on July 17th at 1:30pm in the Hilltop Community Room for an interactive game of Jeopardy to test your knowledge on topics such as blood pressure, nutrition, anatomy, balance, and more! No physical activity required- just bring your thinking caps! You can sign up for Fitness Jeopardy at the nook.

### Fitness Hike at Pratt's Brook Park

Thurs., 7/23, 12:45pm, Muster location: Main Lodge Join us for a hike at Pratt's Brook Park in Yarmouth this July! The Bear, Chipmunk, and Moose Trail Loop is around 3 miles long and has an elevation gain of ~200 ft. Expect to experience piney woods, open meadows, and some gentle hills. If you are looking to increase your cardiovascular fitness while enjoying fresh air and the peacefulness of the forest, this hike is for you! Don't forget to sign up for a spot on the van at the nook.

### Fitness Assessments

Annual Fitness Assessments at OceanView are a great opportunity to check in on your health, track progress, and set personalized goals for the year ahead. These assessments are free of charge, take approximately 20 minutes, and evaluate key areas such as strength, balance, flexibility, and overall mobility. The results help our Fitness team provide personalized recommendations for classes or personal training, and you'll also be able to compare your results year to year, as well as see how you compare to other men or women in your age range. Whether you are just getting started or maintaining an active routine, this is a simple and valuable way to stay on track. Call or stop by the Fitness Department to sign up today!

### Residents who are new to Fitness—Which programs are best for you?

Give the Fitness Department a call to set up your *free* consultation, equipment review and fitness assessment.

### Zoomed Classes

On the Lifestyle Calendar the classes which will be Zoomed are colored **RED and Bold**.

The link remains the same:

<https://us02web.zoom.us/j/6041960161pwd=T3gwK3pMY1gxeUc0bk9uRUZxc2k2dz09>

Fitness also has a lot of *recorded classes* for you to enjoy if you can't make it in-person or on Zoom.

They can be found here:

<https://www.youtube.com/playlist?list=PL-mw-XsFMrFjXc5lgKa6mPQItNre2QZ9K>

(Continued on page 7)

## THEATER & TICKETED EVENTS

### Van— Maine State Music Theater Concert Series *Johnny Cash's America*

Mon., 7/6, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$156-138, *7 van seats remaining*  
After dazzling MSMT audiences in 2025 with his unforgettable Neil Diamond concert, Scott Moreau returns to the stage with *Johnny Cash's America*—a heartfelt tribute to one of country music's most iconic voices. With signature grit and rich storytelling, Moreau channels the spirit of Johnny Cash through classics like "Folsom Prison Blues," "I Walk the Line," and "Ring of Fire," while exploring the man behind the music. Backed by a powerhouse band and a deep reverence for the legend himself, this concert is more than a tribute—it's a journey through the soul of America.

### Van— Maine State Music Theater *1776* *3rd Friday*

Fri., 7/10, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$125-80, *van is full*  
Before there was a nation, there was a room full of arguments. In this stirring and surprisingly humorous musical, the Founding Fathers come to life as real, flawed, passionate individuals, clashing over independence, ideals, and the shape of a new country. With soaring songs and sharp dialogue, *1776* offers a powerful reminder that democracy is messy—and worth it. A fresh look at the birth of America that feels urgently relevant today.

### Van— Maine State Music Theater *Frozen* *1st Friday*

Fri., 7/17, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$125-80 *van is full*  
Enter a world of icy magic, heartfelt adventure, and the bond of two sisters who must discover the strength within—and in each other. Based on the beloved Disney film, *Frozen* brings Elsa, Anna, Olaf, and all your favorites to life on stage with stunning visuals, showstopping songs like "Let It Go," and dazzling theatrical surprises. Whether you're experiencing it for the first time or all over again, *Frozen* is a spellbinding celebration of love, courage, and letting go.

Van—Portland Sea Dogs  
Sun., 7/19, 12:00p (11:30a @CC)  
vs. Somerset Patriots



### Van\* - Opera Maine— *Roméo et Juliette* by C. Gounod

Thurs., 7/23 6:30p and  
Sun., 7/26 1:30p  
at Merrill Auditorium  
Tickets \$175-35 at Porttix (see page 8)

Experience the timeless passion of Shakespeare's most popular love story through the beautiful music of Charles Gounod's *Roméo et Juliette*. With soaring melodies and heart-stopping drama, Opera Maine's 2026 production of this renowned classic will celebrate the power of young love and the price of destiny.

\*Tentative—We will send a van to each of the performances, pending 6 signed up.

### Van—Portland Sea Dogs

Thurs., 7/30, 5:00p (4:30p @CC)  
vs. Harrisburg Senators

### Van— Maine State Music Theater *Frozen* *3rd Friday*

Fri., 7/31, Van 12:45p, Pickard Theater, Brunswick  
Single Tickets: \$125-80, *van is full*  
See description, above



## UPCOMING TICKETED EVENTS

### Good Theater 2026-27 Season

Professional Theater, Box Office 835-0895.

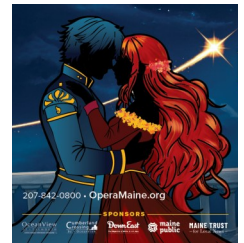
Performs at the Stevens Square Theater on Stevens Avenue in Portland. Dates 3rd (sometimes 2<sup>nd</sup>) Saturday Matinee 2:00p (will be a 1:00p van departure)

\$199.50 season (\$190+ fees) for six shows, or ~\$45 individual tickets.

- 10/17/26 *Little Shop of Horrors*
- 11/21/26 *Conversations with Mother*
- 01/30/27 *A Old Fashioned Family Murder*
- 02/14/27 Ken Ludwig's  
*Dear Jack, Dear Louise*
- 03/20/27 *Is He Dead?*
- 04/24/27 *The 25th Annual Putnam County Spelling Bee*

Please let Marcia know if you have already renewed your subscription on your own for the 2026-27 season, so you can be added to the van list. If you would like to join the group, please talk with Activities and then make your check payable to "Good Theater" for \$199.50 and bring it to Activities, putting the check in Marcia/Diane/Amy/Ryan's hand, or take it to the Front Desk – PLEASE DO NOT LEAVE CHECKS IN OUR

(Continued on page 8)



UNSECURE DOOR BASKET. We are currently only taking full season subscriptions. Individual tickets will be on sale at a future date.

**Portland Symphony Orchestra 2026-27**

Individual tickets for PSO went on sale June 15. If you have already bought or renewed your PSO season tickets and would like to ride the van to the concerts, please tell Activities so we can get you on the van list. Season ticket holders should have priority on the vans, but we can't reserve a van seat for you unless you let us know. Thank you.



**More MSMT**

**Special Event Added Concert**

**DIAMOND: Songs of Neil Diamond**

Mon., 8/17, 12:00p curtain (Van @ 10:45a)

Pickard Theater, Brunswick

Tickets \$81-139 need 6 to send a van

After a record-breaking SRO run in 2025, Maine's favorite Scott Moreau returns to Maine State Music Theatre for an encore performance of DIAMOND: Songs of Neil Diamond, a concert event audiences couldn't stop talking about.

A native of Bath, raised in Litchfield, and a proud product of Maine's vibrant arts community, Moreau's journey began right here at Maine State Music Theatre, where he made his professional debut. Now a nationally acclaimed performer known for his powerful tribute performances and starring roles across the country, Moreau brings both world-class artistry and deeply personal roots to this unforgettable evening.

MSMT fun continues into the fall at the Donald M. Gay Performing Arts Center in Auburn! Get ready to

rock and roll in the aisles as we celebrate legendary sounds! (*the other two Auburn concerts are Journey & Queen, which we can pursue if there's any interest.*)

**Yellow Brick Road: A Tribute to Elton John**

Sun., 8/30, 2:30p curtain (Van 1:15p)

Donald M. Gay PAC at ELHS in Auburn

Tickets \$45-130 need 6 to send a van

A Rocket Man experience that will have you still standing. This electrifying tribute celebrates the legendary career of Elton John, bringing his greatest hits to life with dazzling musicianship and high-energy performance. From "Bennie and the Jets" and "Crocodile Rock" to "Your Song" and "Tiny Dancer," every note captures the spirit, spectacle, and heart of one of music's most iconic artists. With stunning vocals, dynamic piano, and all the flair you'd expect, this concert is more than a tribute—it's a full-throttle celebration of a musical legend.

**MSMT collaboration with The Public Theatre  
Million Dollar Quartet**

Sat., 9/12, 2:00p curtain (Van 12:45p)

Public Theater, Lewiston

Tickets \$55-85 need 6 to send a van

Step into the legendary night where rock 'n' roll history was made! On December 4, 1956, an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley together in a recording studio in Memphis for one of the greatest jam sessions ever.

**Portland Ovation**

Sign up sheets are out on the Blue Clipboard; the following are all ticketed through Porttix (please see page 8 for contact info):

**Portland Ovation**

Thurs	10/22/2026	Cirque Alfonse "La Noce d'Alfonse"	Merrill
Thurs	11/5/2026	American Ballet Theater Studio Company	Merrill
Tues	11/17/2026	Hadestown Broadway National Tour	Merrill
Tues	1/12/2027	Waitress Broadway National Tour	Merrill
Wed	3/3/2027	The Wiz Broadway National Tour	Merrill
Sat	3/27/2027	Jersey Boys Broadway National Tour	Merrill
Thurs	4/8/2027	MOMIX Botanica Dance	Merrill
Sat	4/17/2027	Beethoven & Correia Classical	Hannaford Hall
Wed	4/28/2027	An Evening with Audra McDonald	Merrill *will sell out early

(Continued on page 9)

Looking for tickets for a Merrill Auditorium or a greater Portland event? **Be sure to start at**



**Porttix!**

**Don't overpay at a 3rd party site**

Porttix is open Mon-Fri 11:00a-3:00p and 90 minutes before shows. 207-842-0800, bookmark <https://www.porttix.com/>

Tickets for **PSO, Portland Ovation, Opera Maine, the Koltzschmar Organ**, and even some area companies such as **Portland Ballet** at Westbrook Performing Arts Center and **Portland Conservatory of Music**, use Porttix as their trusted ticket partner.

(Continued from page 8)

Tues 5/4/2027 *Alvin Ailey American Dance Theater* Merrill \*will sell out early

**ONGOING/REPEAT ACTIVITIES**

**OV Community Council**

Mon. 7/13, 3:00p HTL

The July Community Council meeting will be held in Hilltop Community Room, at 3:00 pm on July 8th. Be sure to let Tom Belknap know if you would like to be on the agenda for that meeting.

To signup for meeting online please go to: <https://portal.fullcount.net/customer-portal/>

Also, Tom will be available for the June "President's Hour" in the same meeting room from 1:30-2:30p on Monday, July 6th. Please feel free to bring any and all questions and comments regarding your corner of OceanView life, especially those that aren't necessarily of interest to the entire community.



**OceanView Chorus on hiatus until Fall**

Mondays & Thursdays, 11:00a Lunt Auditorium Rehearsals are typically scheduled for Mondays and Thursdays from 11:00 to 12:30p. There are no auditions required, so please join us as we enjoy making music together. Questions? Please reach out to Tom Greig, Chorus Music Director.

**Handcrafters Group**

Second & Fourth Mondays (7/13, 7/27) 1:00-2:30p CR

The Handcrafters Group means to be inclusive of knitters, crocheters, those who do needle-point, cross-stitch, embroidery, who sew and quilt, spin, or any hand-crafts we have not thought of. If this includes you, we hope you will try our group out. We encourage and inspire each other and sometimes lend a helping hand or give a bit of advice while we work on our own projects. Questions? Call Donna Knoblock (797-2909).

**Duplicate Bridge**

Fridays at 12:30p CR

In the Card Room of the Library.

If you would like to know more or join in, please contact John Bischof at 781-2391.

**Bridge**

Mondays at 6:30p CR  
Thursdays at 6:30p CR  
Saturdays at 1:00p CR

**Mahjong**

Wednesdays at 1:00p CR

**Bible Fellowship**

Tuesdays, 10:00a HTL *on hiatus until September 15*  
This is a non-denominational study group led by a rotation of area pastors. Following the New Revised Common Lectionary, we first read and discuss the scriptures that will be used in the upcoming Sunday church services.

We explore and refresh participants' Bible knowledge that applies to the wide variety of faith backgrounds, beliefs, and experiences of those attending. Discussion is welcomed and encouraged, though not required.

Monthly lectionary readings will be available at the Sign-up Nook or delivered by request. You are encouraged to read each passage prior to the

(Continued on page 10)



**On-Campus Van Service available to select events! Questions? Call Jim at 781-4460**

There is no fee for this service! All we ask is that you be diligent about signing up and cancelling, so that the service can be run efficiently for everyone participating.

**COTTAGE RESIDENTS: During construction, as parking is affected, we are asking that you use this van (or walk) to Activities instead of bringing your car to the Lodges Complex. OV: If you haven't signed up for the van, please call 30 minutes in advance to be picked up: 955-0675.**

***When you sign up: please do so in the special column or slip marked "ON-CAMPUS VAN"***

Pick-ups start approx. 30 minutes before the event starts—please be ready! Return trips will be made when the festivities end.

**JULY OV ON-CAMPUS VAN pick-up time:**

- ◆ Thursdays 9:30a Men's Discussion HTL
- ◆ Thu/Fri Movies SR *see list pg. 17-18*
- 7/1 3:30p Wine & Cheese Birthday—HTL
- 7/8 10:30a Women's Discussion Group—HTL
- 7/13 2:30p Community Council—HTL
- 7/15 10:00a Garden Party—C56
- 7/15 11:00a Women's Book Group—HTL
- 7/16 1:30p Bowdoin Music Fest. Concert—HTL
- 7/17 1:00p Fitness Presentation—HTL
- 7/17 2:30p Bill Maxwell Talk: Johnny Cash—HTL

(Continued from page 9)

meeting; bring your Bible with you. Questions? Please call Tom Simmonds, 781-0044. The monthly lectionary is available on the OV Portal.

**Art for Fun/Dabbler’s Group**

Tuesdays at 10:00a ML2

*Art for Fun* is our resident dabbler's gathering.

No pressure—stop by and explore painting, pastels, or any other portable medium. Please bring your own art supplies.

**Artist Dialogue Group**

*Art Dialogue* is on hiatus for the Summer.

Bi-monthly activities will resume the second week of September. Any questions? Please contact Christine Bradbury (330) 389-9864 or Robin Ratcliffe. (617-821-7090) by text message.

**OV & the Environment** on summer hiatus

We’ll be back after the summer break in September.

Our meetings from then on will be held on third Tuesdays. Contact: knoblock.b@yahoo.com bonnie.yelverton@gmail.com

**Game Night**

Tuesdays 6:30p CR

Come to the OV Library to socialize and play games! We have a backgammon set, cribbage boards, a deluxe Scrabble board and more in the storage room. Choose a game or bring a favorite, bring your coloring or your crosswords... and play on!

**German Conversation Group**

Meets 2nd & 4th Wednesdays

7/8, 7/22, 10:00a @FH

*Group will meet in July, and take August off.*

OV staff member Lisa Theiler Ertman facilitates a gathering of German-speaking residents. All levels of proficiency are welcome. Speaking or practicing a foreign language is great brain exercise as well as a lot of fun!

**Women’s Discussion Group**

Wed., 7/8, 11:00a, HTL

The purpose of The Women’s Discussion Group is to engage in civil discourse in order to educate ourselves on subjects of mutual interest, while remembering to respect and encourage different points of view. All women are invited. Please sign up, and come join us.

**Men’s Discussion Group**

Thursdays at 10:00a HTL

An unscripted discussion on a wide variety of topics of interest among OceanView men from varied backgrounds: businessmen, doctors, professors, soldiers, liberals, conservatives, and men who just want to chat. Please join us!

**AARP Fraud Alert Show w/ Phil & Pam**

Thurs., 7/9, 10:00a Zoom

An AARP Fraud Watch monthly update program with (OV resident) Phil Chin and Pam Partridge. To learn more about the program and register: <https://states.aarp.org/maine/monthly-fraud-watch>



(Continued on page 11)



**We are on hiatus from our pop-up shop sale dates while the Blueberry Commons Room is closed. Donations can be made on Friday, July 17th from 9:00-11:00a in the ML Conference Room**

Residents, families and staff can always see gift items for sale at our display case near the Gazebo Grille in the Main Lodge—inventory changes regularly.

The Front Desk will hold any item you are interested in until you have paid; please leave exact cash or a check [confirm to whom to write the check at the Front Desk].

**Nonprofit recipient for the second half of 2026 is the OceanView Community Council Gift Fund**

Your suggestions and volunteering are encouraged and welcome because “it takes a village”. Here is a good opportunity to meet and talk with fellow residents and our OV staff.—Donna K, Mabel G, Judy P, Jane H, & Lise K. For inquiries or to volunteer:

**d.knoblock@yahoo.com**

Thank you for your support—the Gift Shop Committee.

(Continued from page 10)

### Van—Grocery Shopping

Thursdays 7/2, 9, 16, 23, 30

**Shaw's @ 9:30a**

**Hannaford @ 12:45p**

Trips to the Falmouth grocery stores usually run 35-45 minutes at the store for basic items pick-up. Personal transportation can be scheduled for other times.

### Van—Walmart

Tuesdays, 1:00p: 7/7, 7/21

You can also ask to go to the Falmouth Memorial Library or your Route 1 banking institution instead, please note it when you sign up.

### Van—Trader Joe's –OR– Whole Foods

Tues., 7/28, 1:30p

Note: This van will concierge to either store.

Please mark your preference when you sign up so that the driver will know how many are going to each place: there is not time for you to visit both stores on one trip. The van drops off at Whole Foods first, then goes to Trader Joe's.

Departing from Trader Joe's when shoppers are finished, they will pick up at Whole Foods on the way home. *There are seats to wait at Whole Foods.*

PLEASE SIGN UP FOR ACTIVITIES & WEAR YOUR NAMETAG!

### ACTIVITIES—NEW

#### Quebec Trip

We are excited about our upcoming trip to Québec! At this time, the trip has reached full capacity. For those who are registered, we will be reaching out soon



with information regarding room assignments. Thank you for your patience as we finalize these details. If you would like to be added to the waitlist or have any questions about the trip, please contact Ryan.

#### Fraud Prevention

Phil Chin presented a workshop for AARP on Fraud Prevention on June 23rd.. We learned that more than 1 in 3 people have reported losing money to a scam. Phil discussed how we can prevent falling for these scams. The scams often instill urgency in you. It is important to not make decisions in a heightened emotional state. Do your research before making decisions that involve someone asking for money or personal information. Contact the organization or company directly through known channels before sharing sensitive info. Phil will

**For any in-person activities at OV, please sign-up at the Nook by the Activities Office, or call/email [dianem@oceanviewrc.com](mailto:dianem@oceanviewrc.com)**



In addition to the usual notice that you can sign up by calling or emailing if you are unable to get to the sign up nook, we are excited to introduce, due to popular demand, our new **on-line sign up** through the same application which Dining Services is launching for dining reservations, called **FullCount**. When you log into **FullCount**, you will see Dining as well as Activities programs, which you can sign up to attend. You can add a one (1) for just yourself, or if you are signing up yourself and a spouse, you can indicate two (2), and there may be a prompt for you to note if you need a ride to the event, to include the pick-up location. The login page is <https://portal.fullcount.net/customer-portal/> Please take some time to try out your information and learn how to use the platform. We are working to make any needed adjustments as we receive feedback. We appreciate your patience and flexibility as we work to improve your overall experience.

Please remember, signing up in advance allows us to efficiently plan set up of seating, refreshments and van needs. Thank you.

be back again to present on scam prevention in August. Look for it in the August Updates and Calendar!

#### Wine & Cheese Party—July Birthdays

Wed., 7/1, 4:00p, Hilltop Community Room

Join us for our monthly wine and cheese party and help celebrate those with July birthdays!

All residents are invited to attend this monthly gathering—**please sign up**.

To sign up online please go to:

<https://portal.fullcount.net/customer-portal/>

Or call Activities

#### Readers Theater Group

Mon., 7/6, 3:00p HTL

What is reader's theater?

Readers Theater is a style of theater in which the actors present dramatic readings of narrative material without costumes, props, scenery, or special lighting. Actors use only their scripts and vocal expression to help an audience understand the story. This "performance of the voice" does not require memorization. At this time, the group will be gathering monthly to read plays and other materials out loud together for themselves, with no planned performances.

(Continued on page 12)

**Women’s Discussion Group**

Wed., 7/8, 11:00a, HTL

The July Meeting of the Women’s Discussion Group will be a gathering of women discussing “Summer Reading”- What you are reading now and perhaps what you have loved in the past and what you would like to read. Judy Parkhill will be with you as a moderator.

**Downbeat; S'forzando Sfz! Concert Series**

**Cello Duets**

Wed., 7/8, 2:30p, HTL

A classical "S'forzando; Sfz!" concert in HTL on Wednesday afternoon, July 8 at 2:30, will be performed by a pair of accomplished cellists who have frequented the Merrill stage at many PSO concerts that CC'ers & OV'ers have attended. Katie Kennedy earned her B.M. in cello performance at Oberlin College Conservatory, and continued her studies at the Franz Liszt Academy in Budapest, Hungary. Her cello stand partner, Adam Willson, is also an Oberlin graduate, who completed his graduate studies at Rice University. Highlights on the program they have prepared will be Luigi Boccherini's *Sonata in Eb flat major* (so be certain to beforehand "order Italian" for lunch at the Gazebo-Grille). The duo will also feature a five-piece collection of romantic duets by NH-composer Amy Beach. This event is resident sponsored by the "Downbeat; S'forzando Sfz! Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use and on-campus Transportation [please make reservations with Transportation well in advance if you need a ride, and expect the program to extend to 75 minutes or so], the members of the Sfz! group itself financially support their own content. All residents are welcome to join "S'forzando Sfz!" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]



**Singer/Songwriters of the 1970's**

**Gazebo Concert with Barney Martin**

Thurs., 7/9, 2:30p, outside at the Gazebo (rain location—HTL)

Bring your lawn chairs if you have them and join us for a wonderful concert with local legend Barney Martin. (we'll have our block party lawn chairs available, too)

<b>LOCATION CODES:</b>	Room, lower level
<b>BBC</b> —Commons Room in Blueberry Commons	<b>LIB</b> —Library on ML2
<b>CC</b> —Cumberland Crossing	<b>LUNT</b> —Lunt Auditorium
<b>CR</b> —Card Room behind Library	<b>ML1c</b> —Main Lodge 1st Floor Conference Room
<b>DR</b> —Dining Room, Main Lodge	<b>ML2</b> —Main Lodge Activity Room, 2nd Floor
<b>FH</b> —Falmouth House	<b>ML3c</b> —Main Lodge Conference Room, 3rd floor
<b>FS</b> —Fitness Studio - Hilltop	<b>ML3S</b> —Main Lodge Salon, 3rd floor
<b>GG</b> —Gazebo Grille	<b>NW</b> —Northwind Farm CC
<b>GR</b> —Game Room	<b>SR</b> —Screening Room
<b>HFP</b> —Hager Fitness Pavilion	<b>WF</b> —Whipple Farm
<b>HTL</b> —Community Room in Hilltop Lodge	<b>WO</b> —Wellness Office ML3
<b>HTLa</b> —Hilltop Amenities	

Barney Martin has been entertaining audiences in Maine, New England, the Maritimes and Europe for over forty years. As a founding member of the comedy troupe The Maine Hysterical Society and the band Coos Canyon, his talent has brought joy to many people. He currently is performing a solo acoustical act performing the songs of the seventies including James Taylor, Jim Croce, John Denver, Dan Fogelberg and many others. He also has gathered an all star band performing a tribute to the music of James Taylor. He is looking forward to performing at Ocean View.

**Guided Walk with Falmouth Land Trust**

Mon., 7/13, depart 9:30a

We are once again partnering with Falmouth Land Trust for a series of walks in the lovely Falmouth woods. This month: Suckfish Brook Conservation Area (184 Mast Road, Falmouth) Join Falmouth Land Trust staff for a guided walk out to the Suckfish Bog viewing platform. This out-and-back walk is about 1/2 mile, has a few roots and rocks, and features little elevation change. There are 3 steps to get onto the viewing platform, which offers a lovely view over the bog. We should hopefully get to see some sheep laurel in bloom on this walk!

**Van—"Mailboat Run" Casco Bay Lines Ferry**

(weather permitting) \$17.50 senior ticket

Tues., 7/14 – Van(s) depart 11:00a sharp!

OV vans will take you to the Ferry where you will

(Continued from page 12)

purchase your ticket for the 12:00p “Mailboat Run”. Duration: 2.5-3.5 hrs. (times vary based upon route and cargo volume).

“An integral part of our island communities, the Mailboat is a true working boat carrying passengers, mail and freight to the islands of Casco Bay—Little Diamond, Great Diamond, Long, Cliff and Chebeague. As the longest-operating service of its kind, this narrated tour is a wonderful way to see the sights of the Bay.”

Eat a late breakfast before you go or bring some lunch with you. There is a restroom and vending machines on board. Dress casually in layers and rubber-soled walking shoes. Bring: windbreaker, hat, sunglasses, sunscreen, snack & water bottle. Optional: binoculars, camera. Speak to Activities about accessibility.

### **Downbeat; *S'forzando Sfz!* Concert Series Jazz Orchestra Concert**

Tues., 7/14, 6:30p, Lunt Auditorium  
Expect to be thrilled, and delightfully reminisce when ballroom and stage hits from 30's &-40's are performed during a "*S'forzando; Sfz!* Concert" at Lunt Auditorium on July 14 at 6:30. The "*real-deal*" full-size 18-piece professional Portland Jazz Orchestra will play a variety of contemporary and traditional Swing-Era literature. OV'ers can expect to enjoy classic works from big band libraries and long-ago-happily-crowded dance-era podiums of legends such as Glenn Miller, Count Basie, Woody Herman and Stan Kenton. The "PJO" includes members who have performed with numerous big-name bands and entertainers. This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use, the members of the *Sfz!* group itself financially support their own content. All residents are welcome to join "*S'forzando Sfz!*" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: [ragtimersue@gmail.com](mailto:ragtimersue@gmail.com); Hank: [kingpenguinpops@gmail.com](mailto:kingpenguinpops@gmail.com); both 619-7334.]



### **OV Garden Party**

Wed., 7/15 10:30a C56  
*Rain Date Thursday 7/16*

It's time for our summer neighborhood parties! Residents Nancy Wanderer & Susan Sanders with their neighbors invite residents from across the OceanView community to join them for a Garden Party outside their cottage, supported by Activities.

Refreshments will be served. Please sign up to attend. Residents are encouraged to use the on-campus van or walk to the party to reduce the number of vehicles parked on the road.

### **Cumberland Crossing Community Book Group**

Wed., 7/15, 11:00a, Northwind Farm

We encourage new residents to join us for our 11 AM discussions at Northwind Farm, which are also offered on Zoom.

#### July's Book

*The Lion Women of Tehran* by Marjan Kamali at 11 AM on Wednesday, July 15 at Northwind Farm. As a novel covering the lives of two women over three decades of societal and political upheavals in Iran, it seems like a timely book in our current world.

### **OV Women's Book Discussion Group**

#### **Meeting 11:30-12:30 in July to accommodate the Garden Party**

We alternate fiction and non-fiction and all books are readily available by request at the Falmouth Public Library, most appearing also in Large Print, E-book, Audio Book or Spoken CD. Come and join us for a lively, informative discussion!

The 2026 reading schedule is available in the OV Library and in the Signup Nook. See you there! Questions? Marta Bent at 781-2912.

#### July's Book

Wed., 7/15, \*11:30a—HTL

**Remarkable Creatures: A Novel** by Tracy Chevalier, led by Bobbe Miller

#### August's Book

Wed., 8/19, 11:00a—HTL

**The Art Thief: A True Story of Love, Crime, and a Dangerous Obsession** by Michael Finkel, led by Dace Weiss

*The Art Thief* chronicles one of the most outrageous crime sprees in history: In the late 1990s and early 2000s, Stéphane Breitwieser stole from more than 200 museums and galleries across Europe, amassing a collection worth an estimated \$2 billion.

### **Downbeat; *S'forzando Sfz!* Concert Series A Franz Schubert Classic**

Wed., 7/15, 2:00p, Lunt Auditorium

High-level professional musicians, participants traveling from afar to perform in the Sebago-Long-Lake Music Festival, will return to Lunt for a "*S'forzando; Sfz!* Concert", another of their annual summer-detours from the rustic Deertrees Theatre in Harrison. There, popular five-week chamber-music series have happened for 54 consecutive years. On Wednesday, July 15 at 2:00, five musicians will

(Continued on page 14)

(Continued from page 13)

perform the entire five-movement (yes, "5" not "4") *Quintet for Piano and Strings in A Major*, widely known as the "Trout" *Quintet* (come and find out "Why This Name?"). This 38-minute classic was composed in 1819 for piano, violin, viola, cello, and double bass, the latter a rarely-called-for chamber-music instrument. This event is resident sponsored by the "Downbeat; *S'forzando Sfz!* Music Series" group; resident music lovers who support classical music performances...

### FCP Travelogue

#### **New Zealand with Rick Scala**

Wed., 7/15, 6:30p, HTL

The Falmouth Community Programs *Travelogue Series* offers the opportunity to explore the beauty and customs of lands both far and near, as presented by guest speakers. Do you have a travel adventure to share? Contact Kim Doyon at FCP, 207-699-5302.

### Bowdoin International Music Festival Community Concert

Thurs. 7/16, 2:00p HTL

The BIMF Community Concert series offers students the opportunity to engage with various audiences in non-traditional venues such as arts centers, coastal resorts, community centers, libraries, museums, retirement communities, and breweries. Through these opportunities, students widen their reach and identify entrepreneurial ways to interact and grow through music. Concerts feature a variety of traditional classical repertoire and are typically 45 minutes to 1 hour in length. For Resident signup online please go to: <https://portal.fullcount.net/customer-portal/> or call Activities

### Van—Yarmouth Clam Festival Craft Show

Fri. 7/17, 9:30a drop-off, pick-up

Part of the Yarmouth Clam Festival is a juried Fine Arts & Crafts Show, so we go early to beat the heat and the crowds and enjoy early browsing, as the show area opens at 10:00a. Browse and shop, then get in line early for a first pass the fried clams for lunch. We usually pick up around noon, pending consensus.

### Fitness Presentation—*Fitness Jeopardy!*

Fri., 7/17, 1:30p HTL

Please see page 6 for description

### Bill Maxwell Lecture Series

#### **Topic: Johnny Cash**

Fri., 7/17, 3:00p HTL

The Man in Black, in full color. Bill Maxwell, a fellow teacher with Jerry Wiles in the Cumberland School District, has been presenting on various topics of interest in senior communities, and we are thrilled he is coming to OceanView. Living bi-coastally, sharing his time between California and Cape Elizabeth, we are excited to have Bill join our calendar when he's in Maine.

### Van\*—Paris Hill Founder's Day & Classic Car Exhibit

Sat., 7/18, 9:30a (return ~4:00 or earlier)

Paris Hill, ME

\*need 6 to send a van

[https://www.hamlin.lib.me.us/founders\\_day.html](https://www.hamlin.lib.me.us/founders_day.html)

Tickets for car exhibit: \$15

The 47th annual Founder's Day to support the Hamlin Library and Museum in Paris, Maine, will be held rain or shine Saturday July 18, 2026. The showpiece of the charity event is The Bahre Collection of antique and Classic cars. The collection, housed at the birthplace of Hannibal Hamlin, Abraham Lincoln's first vice-president, is open once a year to the public at the Founder's Day event.

The collection of over fifty vehicles includes one of the world's finest assemblages of Packards; highlights American Classics, foreign Classics, and an eclectic grouping of brass-era cars (including two electric cars), a Tucker, a Harley-Davidson, the original Chitty-Chitty-Bang-Bang II from 1921, and later-model sports cars. Along with the vehicles there is an antique doll and toy collection, horse-drawn carriages, player pianos, old phonographs, table-top instruments and a jukebox. Lunch options are available and there will be a craft fair on the Village Green with vendors selling a variety of handcrafted items.



### Poetry Reading Group

Mon., 7/20, 1:00p, HTL

Join us as we gather to share poetry out loud, either our own or our favorites. We'll be by the fireplace - check around the corner.

### Cumberland Crossing Monthly Coffee with Don

Mon., 7/20, 3:00p Northwind Farm

Guests Speakers TBD

Space is limited—please sign up with Amy or

To signup online please go to:

<https://portal.fullcount.net/customer-portal/>

### Van—Falmouth Historical Society

Fri., 7/24, 1:30p

We will visit the newly updated Falmouth Historical Society exhibits with a private visit to Woods Road. "The Falmouth Historical Society is one of 179 town

(Continued on page 15)

and community historical societies in Maine which—along with the flagship Maine Historical Society—preserve artifacts and documents related to Maine's history to inform present and future generations of our state's heritage.”

**Downbeat; S'forzando Sfz! Concert Series  
Violin & Piano Duets**

Sat., 7/25, 1:00p, Hilltop Lodge Community Room  
On Saturday afternoon, two Highly-Respected and accomplished professional musicians will combine to perform a "S'forzando; Sfz! Concert". This will be a bold and poetic program, including a major sonata by Johannes Brahms; followed by shorter works from composers Jean Sibelius, Claude Debussy and Harold Arlen (Yes! Classical Music purists, that is not a typo). PSO and PSQ (Portland String Quartet) violinist Callie Brennan and prominent pianist Laura Kargul (a longtime favorite of "Sfz!" audiences) will reprise a recent concert that entertained an audience at Meetinghouse Arts in Freeport (\$30 for tix there), and subsequently at an event in Boston. The rarely-performed (it has a difficult reputation, deservedly so) *Sonata, for Violin and Piano in G major*. From 1879 when Brahms was already in his late 40s, this work is heralded for showing its composer in his most genial mood and is remarkable for an extraordinary predominance of lyrical cantabile playing. This event is resident sponsored by the "Downbeat; S'forzando Sfz! Music Series" group; resident music lovers who support classical music performances. While the group is assisted by OceanView Activities with scheduling of room use, the members of the Sfz! group itself financially support their own content. All residents are welcome to join "S'forzando Sfz!" and attend its concerts. For information about participating or signing up for these concerts, contact Sue or Hank Schmitt. [Sue: ragtimersue@gmail.com; Hank: kingpenguinpops@gmail.com; both 619-7334.]



**Wine Tasting Group on hiatus for July**

**Men's Breakfast**

Tues., 7/28, 8:30a DR  
Breakfast Buffet and Men's Fellowship. OV Chefs will be cooking up fresh omelets, crispy bacon, delicious pancakes or French toast with Maine maple syrup, and more. *Please sign up by Friday 7/24 for this tasty activity.*

**Food Forum with Dining Services**

Wed., 7/29, 11:00a MLDR

Discussion with Director of Dining regarding cuisine and service for those who partake in any aspect of Dining Services. Also, **Demystify Your Dining Plan**—come with your questions and learn how to get the most out of your meal plan. You may call Ed Fertig, Dining Director, at 207-332-6115 with your questions.

**Cumberland Crossing Speaker Series  
Connecting North America and Europe by Wire**

Wed., 7/29, 3:30 PM, Northwind Farm  
Cumberland Crossing resident Mary Morton Cowan will share the amazing story of the first transatlantic telegraph cable. Cyrus Field, a paper merchant in New York City who conducted business with European companies, was frustrated that it took weeks to get messages across the ocean. He wanted instant communication, but in the early 1850s laying an underwater cable across the Atlantic Ocean seemed impossible. Determined, he forged ahead, despite numerous setbacks: years of delays, failed attempts, millions of dollars lost, technological problems—and more. Final success in 1866 was one of the greatest technical achievements of the nineteenth century. Mary's slide presentation is based on her award-winning biography, Cyrus Field's Big Dream. Please sign up with Amy at amyc@oceanviewrc.com

**OV Writers Group**

Thurs., 7/30, 1:30-3:00p HTL  
Welcoming OV writers and would-be writers who are willing to share ongoing efforts in finding the right words for writing reminiscences, stories, poetry, or essays. Part of our meeting is actively writing to a prompt, and the other part is sharing our writings with the group without criticism. As we have time to reflect on past experiences and adventures, writing can be a most satisfying activity.

**Save Democracy Group on hiatus for July**

SAVE DEMOCRACY is a group of women who assemble every month to discuss and implement plans for supporting local, state and national pro-democracy efforts. If you want to receive the emailed newsletter, which has lots of info, analysis and action ideas, send an email to [savedemocracyov@gmail.com](mailto:savedemocracyov@gmail.com) and ask to be added to the list.

**Michael Perry Travelogue  
Exploring the Beauty of British Columbia-  
Montana-South Dakota**

Fri., 7/31, 6:30p HTL  
Join Freeport's Michael Perry for a beautiful journey from the Pacific Ocean to the Mississippi River. We

will travel from Prince Rupert BC eastward through the Canadian Rockies following BC's incredible Icefield Parkway to famed Lake Louise, and from there cross into the United States at Glacier National Park in Montana. In South Dakota we will visit majestic Mt Rushmore, tourist magnet Wall Drug, and the Little House on the Prairie in De Smet. Our slides end up in the beautiful capitol city of Madison, Wisconsin.

### SCREENING ROOM

**Welcome to the Screening Room!** With full capacity to seat attendees in our 36 seat theater, we have returned to single showings of most films in the Screening Room; showing newer or anticipated popular films twice. *Please be sure to sign up for movies at the sign-up nook.*

*We want you!* Do you enjoy coming to the movies? Are you technically inclined? Can you manage your TV remote at home, switching from cable to your DVD or Blu-ray player, or locating streaming services? In just a few short steps we can teach you how to run the movies in the Screening Room—key to having our night and weekend films up and running. Please talk to Amy or Marcia in Activities if you would like to learn how.

### At Cumberland Crossing—Northwind Farm

#### Matinee Movie Monday

Mon., 7/13, 3:30p door at 3:00p

#### *The Hunt for Red October*

1990 PG 135 minutes

Monday, July 13th (rescheduled from June), brings high suspense, an edge-of-your-seat plot, good script and superb cast to the June's Movie Night at Northwind Farm. During the height of the Cold War, in Tom Clancy's "The Hunt for Red October" a Soviet nuclear submarine captain is trying to sneak his entire ship and missiles into U.S waters so he can defect. Success depends on deceiving his entire crew while also avoiding detection by the CIA and American military which assumes the sub will launch an attack on America. Filmed in 1990 and winner of an Oscar, the cast includes Sean Connery, Alec Baldwin, Scott Glenn, James Earl Jones and Sam Neill. Doors open at 3pm for snacks, showtime promptly at 3:30p. Sign up at <https://portal.fullcount.net/customer-portal/> or Sign up with Amy at [amyC@oceanviewrc.com](mailto:amyC@oceanviewrc.com)

### Opera, Dance & Theater on Film

#### Screening Room

Tues., 7/14 – 6:30p *The Marriage of Figaro*

2010 NR 180 minutes Opera Buffa Charming, lighthearted, and fizzing with subversive wit, Neil Armfield's sparkling production of *The Marriage of Figaro* masterfully captures Mozart's most popular comic opera. Mozart *Marriage of Figaro* (Le nozze di Figaro) opera to libretto by Lorenzo Da Ponte. Directed 2010 by Neil Armfield (with Associate Director Roger Press) at the Sydney Opera House. **Stars** Teddy Tahu Rhodes (Figaro), Taryn Feibig (Susanna), Warwick Fyfe (Dr. Bartolo), Jacqueline Dark (Marcellina), Sian Pendry (Cherubino), Peter Coleman-Wright (Count Almaviva), Kanen Breen (Don Basilio), Rachele Durkin (Countess Almaviva). Patrick Summers conducts the Australian Opera and Ballet Orchestra (Concertmaster Aubrey Murphy) and the Opera Australia Chorus (Chorus Master Michael Black with Assistant Anthony Hunt).

### Limited Series—Death by Lightning

Presenting the story of James Garfield, who rose from obscurity to become America's 20th President and Charles Guiteau, the man who assassinated him.

Wed., 7/22 – 2:30p *The Man from Ohio* (52m)  
*Party Faithful* (47m)

Wed., 7/29 – 2:30p *Casus Belli* (47m)  
*Destiny of the Republic* (66m)



### Quick Reference List

Wed., 7/1 – 6:30p	<i>Remarkably Bright Creatures</i>	2026 Drama
Thurs., 7/2 – 2:30p	<i>The Kid</i>	2000 Comedy
Sat., 7/4 – 6:30p	<i>1776</i>	1972 Musical
Sun., 7/5 – 6:30p	Resident Movie –	
	<i>M*A*S*H</i>	1970 Drama
Wed., 7/8 – 2:30p	<i>Jobs</i>	2016 Drama
Sat., 7/11 – 6:30p	<i>Ella McCay</i>	2025 Comedy
Sun., 7/12 – 6:30p	Resident Movie	TBA
Sat., 7/18 – 6:30p	<i>Four Weddings &amp; A Funeral</i>	
Sun., 7/19 – 6:30p	Resident Movie	TBA
Wed., 7/22 – 6:30p	<i>Fried Green Tomatoes</i>	
Thurs., 7/23 – 2:30p	<i>Golda</i>	2023 Drama
Sat., 7/25 – 6:30p	<i>The Devil Wears Prada</i>	2006 Comedy
Sun., 7/26 – 6:30p	Resident Movie	TBA
Wed., 7/29 – 6:30p	<i>American Graffiti</i>	1973 Classics
Thurs., 7/30 – 2:30p	<i>Loving Vincent</i>	2017 Drama

Wed., 7/1 – 6:30p *Remarkably Bright Creatures*  
2026 PG-13 113 min. *Encore showing*  
A willy octopus brings together two lost souls in this "warm and rather wonderfully old-fashioned movie winner". *Cast: Sally Field, Lewis Pullman, Alfred*

(Continued from page 16)

*Molina, Colm Meaney, Joan Chen, Kathy Baker, Beth Grant, Sofia Black-Elia, Brannan McEwan, Donald Sales, Mapuana Makia*

**Thurs., 7/2 – 2:30p** *The Kid*

2000 PG 106 min Comedy

A man's life is upended when he meets an 8-year-old version of himself. **Cast:** *Bruce Willis, Spencer Breslin, Emily Mortimer, Lily Tomlin, Chi McBride, Jean Smart*

**Sat., 7/4 – 1:30p** 1776

1970 PG 141 min. Musical

A musical retelling of the American Revolution's political struggle in the Continental Congress to declare independence. **Cast:** *William Daniels, Howard Da Silva, Ken Howard, Donald Madden*

**Wed., 7/8 – 6:30p** *Jobs*

2026 NR 127 min. Drama

Silicon Valley genius Steve Jobs changes the world but alienates the people around him as he rises from college dropout to the head of Apple. **Cast:** *Ashton Kutcher, Dermot Mulroney, Josh Gad, Lukas Haas, J.K. Simmons, Lesley Ann Warren, Ron Eldard, Ahna O'Reilly, Victor Rasuk, John Getz, James Woods, Matthew Modine*

**Sat., 7/11 – 6:30p** *Ella McCay*

2025 PG-13 115 min. Comedy

A comedy about those you love and how to survive them from James L. Brooks. **Cast:** *Emma Mackey, Jamie Lee Curtis, Jack Lowden, Kumail Nanjiani, Ayo Edebiri, Woody Harrelson*

**Sat., 7/18 – 6:30p** *Four Weddings and a Funeral*

1994 R 117 min. Comedy

Over the course of five social occasions, a committed bachelor must consider the notion that he may have discovered love. **Cast:** *Hugh Grant, Andie MacDowell, James Fleet, Simon Callow, John Hannah, Kristin Scott Thomas*

**Wed., 7/22 – 6:30p** *Fried Green Tomatoes*

1991 PG-13 130 min. Drama

Evelyn, an ordinary housewife, visits a nursing home and befriends the old lady Ninny. Together, they bond over stories from the past about two intrepid women of Whistle Stop Cafe. **Cast:** *Kathy Bates, Jessica Tandy, Mary Stuart Masterson, Mary-Louise Parker, Cicely Tyson, Chris O'Donnell, Stan Shaw, Gailard Sartain*

**Thurs., 6/25 – 2:30p** *Golda*

2023 PG-13 100 min Drama

Focuses on the intensely dramatic and high-stakes responsibilities and decisions that Golda Meir, also known as the 'Iron Lady of Israel,' faced during the Yom Kippur War. **Cast:** *Helen Mirren, Zed Josef, Henry Goodman, Olivia Brody, Emma Davies, Rotem Keinan*

**Sat., 6/27 – 6:30p** *The Devil Wears Prada*

2006 PG-13 111 min. Drama

Andy, a smart but sensible young journalist, starts working as an assistant to the cynical high fashion magazine editor Miranda Priestly. **Cast:** *Anne Hathaway, Meryl Streep, Adrian Grenier, Emily Blunt, Stanley Tucci, Simon Baker, Tracie Thomas, Rich Sommer*

**Marcia says:** *it looks like we'll have access to the sequel next month, so let's refresh our memories.*

**Wed., 7/29 – 6:30p** *American Graffiti*

1973 PG 112 min. Classics

A group of teenagers in California's central valley spend one final night after their 1962 high school graduation cruising the strip with their buddies before they pursue their varying goals. **Cast:** *Richard Dreyfuss, Ron Howard, Paul Le Mat, Charles Martin Smith, Cindy Williams, Candy Clark, Mackenzie Phillips, Wolfman Jack*

**Thurs., 7/30 – 2:30p** *Loving Vincent*

2017 PG-13 93 min. Drama/ Animation

In a story depicted in oil painted animation, a young man comes to the last hometown of painter Vincent van Gogh to deliver the troubled artist's final letter and ends up investigating his final days there. **Cast:** *Douglas Booth, Jerome Flynn, Robert Gulaczyk, Josh Burdett, Holly Earl, Robin Hodges, Chris O'Dowd*

PLEASE SIGN UP  
FOR ACTIVITIES  
& WEAR YOUR  
NAMETAG!

(Continued on page 18)

**JULY 2026 BIRTHDAYS**

2 Elaine Ayer, C47A  
3 Gail Ring, C51  
3 Brian Williamson, 2 Honeysuckle  
4 Betsy Kyle, HTL3G  
5 Sam Harding, 56 LAD  
5 Peter Johnson, 40 WF  
6 Dody Grier, 139 LAD  
6 Brian Leary, 132 LAD  
6 John Perkins, C106  
6 Alan Willemsen, 3 Scholar  
7 John Wasileski  
9 Judy Jones, B3203  
10 Gail Ogilvie, 2 Luna  
11 Alan Levenson, B5102  
13 Tim O'Neil, L218  
13 Judy Gass, 37 WF  
13 Florence Donigan, C61  
15 Jan Hapke, L223  
16 Wit Bond, 78 LAD  
16 Bev Wakely, HTL1C  
19 Jim Paley, B3301  
19 Lana Yaceshyn, 3 Elementary  
20 Rae Garcelon, C53  
20 Martha Greenleaf, 1 Mallard  
21 Tricia Bullis, L339  
22 Don Bittermann, 1 Mallard  
22 Ron Dillon, 5 Periwinkle  
23 Anne Dean 1 Firefly  
23 Starr Stevens, HTL3A  
24 Marion Olen, L106  
24 Byron Borst, HTL1F  
26 Dave Bush, 28 Marion  
27 Pam Bacharach, HTL2E  
28 Peggy Paules, L116  
29 Bernard Givertz, 28 WF  
30 Pam Horrisberger, 16 Monarch  
30 Carolyn Larochele, 4 Periwinkle

