

OV & CC LIFESTYLE CALENDAR—SEPTEMBER 2026

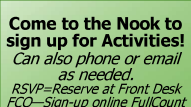
COLOR CODE:
Red—Entertainment
Blue—Education/
 Informative/ Instruction
Green—Wellness
Purple—Social
Black—Services
Orange—@CCNW

LOCATION CODES:
 BBC—Commons Room in
 Blueberry Commons
 CC—Cumberland Crossing
 CR—Card Rm behind LIB
 DR—Dining Room, Main
 Lodge
 FH—Falmouth House
 FS—Fitness Studio, Hilltop
 GG—Gazebo Grille
 GR—Game Room
 HFP—Hager Fitness Pavilion
 HTL—Community Room in
 Hilltop Lodge
 HTLa—Hilltop Amenities
 Room, lower level
 LIB—Library on ML2
 LUNT—Lunt Auditorium
 ML1c—Main Lodge 1st
 Floor Conference Room
 ML2—Main Lodge
 Activity Room, 2nd Floor
 ML3e—Main Lodge
 Conference Room, 3rd floor
 ML3s—Main Lodge Salon
 NW—Northwind Farm@CC
 SR—Screening Room
 WF—Whipple Farm
 WO—Wellness Office ML3

RS = Resident-Sponsored
 Private = Reserved for
 Family, Staff, etc.

Religious services
 at Falmouth House
 A Catholic Communion
 Service is offered in the
 Activity Room at Falmouth
 House Tuesdays at 4pm
 Open to all residents

**Whipple
 Farmhouse Dining**
 Lunch Fri-Sat 11:30a-1:30p
 Thurs-Fri-Sat 4:30-7pm
 Fine Dining & Carry Out
 Order/RSVP **anytime!**
 Call (207) 274-4935

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 OV On-Campus Walk Thurs 9/24, 2:00-4:00p Lunt Auditorium Rain date 9/25	 Labor Day - OV Offices/Front Desk Closed - Gazebo Grille Closed - No Mail, No Bank, No Metro - Lodges, Trash pick-up -> Tuesday - 5:00p Dinner as usual for Meal Plan Residents 6:30 Bridge CR	9-10:00 Bath Savings ML3c 1 9:15 Van—Parkinson's Group at Val Halla 10:00 Art for Fun/Dabblers ML2 1:00 Van—Walmart 2:00 Sfr/ RS Concert Lunt 3:00 Library Committee LIB 6:30 Game Night CR	9:30-11 @CC Amy Office Hrs NW 2 1:00 Mahjong CR 1:00 Caregivers' Support ML1c 4:00 Wine & Cheese Party Birthdays HTL fco All Welcome— Please sign up! 6:30 Movie: 9 to 5 SR	9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 3 10:00 Men's Discussion Group HTL 10:00 @CC Stitches 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: Marie Antoinette SR rescheduled 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	9:30-11:30 Tech Help w/ 4 Matt LIB 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 2:00 Van—Walk at Mackworth Island weather permitting 4:30-7 Whipple Farmhouse Dining 5:00 BBC BYOB in HTL	11:30-1:30 Lunch at WFH 5 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: The Christophers SR
6:30 Resident Movie TBA SR 6  Come to the Nook to sign up for Activities! Can also phone or email as needed. RSVP—Reserve at Front Desk FCO—Sign-up online FullCount	Labor Day - OV Offices/Front Desk Closed - Gazebo Grille Closed - No Mail, No Bank, No Metro - Lodges, Trash pick-up -> Tuesday - 5:00p Dinner as usual for Meal Plan Residents 6:30 Bridge CR	Taking Appointments for Vaccine Clinic Begins 8 9-10:00 Bath Savings ML3c 10:00 Art for Fun/Dabblers ML2 10:00 @CC Men's Discussion Grp 2:30-4p Gazebo Grille Music with Jud Caswell 5:00 Schoolhouse BYOB Lunt 6:30 Dance/Opera on Film SR Alley American Dance Theater 6:30 Game Night CR	 American Red Cross Lunt Auditorium 12:00-5:00p 9 8:30 Saddleback Mountain Trip departs (return ~4:30p) 9:30-11 @CC Amy Office Hrs NW 10:00 @FH German Conversation Group 11:00 Women's Disc. Group 1:00 Mahjong CR 6:30 Movie: Ticket to Paradise SR	9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 10 10:00 Men's Discussion Group HTL 10:00 @CC Stitches 10:00 AARP Fraud Watch Zoom 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:00 Balance Screenings HTLa 2:00 Tech Talk w/ Lindsey HTL 2:30 Movie: Unbroken SR doc 3:00 OV Expans. Resident Drop-in ML1c 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	Rosh Hashanah begins at sundown Patriot Day 11 9-11 Second Chance Gift Shop Donations Accepted ML1c 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 2:00 Marketing Event: Death with Dignity Lunt RSVP 4:30-7 Whipple Farmhouse Dining	11:30-1:30 Lunch at WFH 12 12:45 Van—MSMT & Public Theater "Million Dollar Quartet" 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: The Founder SR
12:00 Van—Sea Dogs Game vs. Binghamton Rumble Ponies @CC p/4 11:30 3:00 Fall izōsh Lunt 6:30 Resident Movie TBA SR 13	9:30 Van—Falmouth Trails Walk "Falmouth Community Park" Winn Rd 1:00 Handcrafters Group CR 1:30-00 Wellness Clinic WO 3:00 Community Council fco HTL Neighbor to Neighbor Voter Registration after Council ML1c 3:30 @CC Mainese Movie Monday The Boys in the Boat NW Doors at 3:00p FCO 6:30 Bridge CR	9-10:00 Bath Savings ML3c 15 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 1:00 Van—Walmart 2:00 Sfr/ RS Concert Lunt Adam Swanson 3:00 OV +The Environment SR 6:30 Game Night CR	9:30-11 @CC Amy Office Hrs NW 16 10:00 Caregivers' Support ML1c 11:00 @CC Book Group NW 11:00 Women's Book Group HTL 1:00 Mahjong CR 2:30 Bone & Ivory Concert at the Gazebo (if rain-HTL) 6:30 FCP Travelogue HTL: African Camera w/Rick Scala	9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 17 10:00 Men's Discussion Group HTL 10:00 @CC Stitches 12:30 All Support Painting ML2 12:45 Van—Hannaford 2:30 Movie: A Dogs Purpose SR 3:00 OV Expans. Resident Drop-in ML1c 4:00 @CC Women's Group NW 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	9:30-11:30 Tech Help w/ Matt LIB 18 11:30-1:30 Lunch at WFH 12:30 Duplicate Bridge CR 1:30 Sfr/ RS Concert HTL Adam Swanson 4:30-7 Whipple Farmhouse Dining 5:00 BBC BYOB in HTL	11:30-1:30 Lunch at WFH 19 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 5:00 Community Supper GG "McDinner" RSVP 6:30 Movie: Ever After SR
Yom Kippur begins at sundown 20 6:30 Resident Movie TBA SR  Please wear your NAME TAG to all social activities! Everyone will find it helpful.	1:00 Poetry Group HTL 21 1-3:00 Wellness Clinic WO 1:30 @CC Cribbage NW 3:00 @CC Coffee w/Don NW fco 6:30 Bridge CR	9a-12p HTL Vaccine Clinic 9a & 12p groups—see updates Sign-up w/ Activities Starting 9/8 22 Autumn Begins 10:00 Bible Fellowship ML1c 9-10:00 Bath Savings ML3c 10:00 Art for Fun/Dabblers ML2 1:00 Food Forum MLDL 1:00 Grief Support HTL 1:30 Van—Trader Joe's or—WF 2:00 Artists' Dialogue Group 6:30 Game Night CR	Podiatrist Dr. Rybka HTLa 23 9:30-11 @CC Amy Office Hrs NW 10:00 @FH German Conversation Group 11:00 Fraud & Scam Protection Training w/Bath Savings HTL 1:00 Mahjong CR 3:30 @CC CC Speaker Series NW fco The Galapagos Islands with Betsey Harding 3:30 Block Party @ Falmouth House 6:30 Movie: 3 Musketeers SR	9:30 Van—Shaw's 10-12:00 Wellness Clinic WO 24 10:00 Men's Discussion Group HTL 12:30 All Support Painting ML2 12:45 Van—Hannaford 1:30-3 OV Writers Group HTL 2-4:00 On-Campus "Walk to End Alzheimer's" starts at Lunt 3:00 OV Expans. Resident Drop-in ML1c 3:00 OVRAF Meeting ML3c 4:00 Save Democracy HTL 4:30-7 Whipple Farmhouse Dining 6:30 Bridge CR	11:30-1:30 Lunch at WFH 25 12:30 Duplicate Bridge CR 1:30 Fitness Talk: SMART Goals HTL Rain date—ALZ Walk 4:30-7 Whipple Farmhouse Dining	11:30-1:30 Lunch at WFH 26 1:00 Bridge CR 4:30-7 Whipple Farmhouse Dining 5:00 HTL BYOB 6:30 Movie: I'm Still Here SR foreign/Brazil
1:30 Vans—PSO Sunday Resurgam 27 6:30 Resident Movie TBA SR	1:00 Handcrafters Group CR 28 1-3:00 Wellness Clinic WO 2-3:30 Maine HHRC "Dismantling Democracy" HTL 4:00 Wine Tasting Group RS HTL Sign-up/Cancel by 9/21 6:30 Bridge CR	8:30 Men's Breakfast DR Sign-up/Cancel by 9/25 29 No Bath Savings today 10:00 Bible Fellowship HTL 10:00 Art for Fun/Dabblers ML2 1:00 Van—Walmart 4-6:00 @CC Firefly Lane Block Party 6:00 Vans—PSO Tuesday Resurgam 6:30 Game Night CR	9:30-11 @CC Amy Office Hrs NW 30 1:00 Mahjong CR 6:30 Movie: Mr. Holland's Opus SR	SEPTEMBER 2026 BIRTHDAYS 1 Molly McDuffie, 53 LAD 1 Dixon Riley, 131 LAD 1 Linda Lewis, 1240 2 Nancy Gregory, C30 3 Sheri Fietal, 55 LAD 3 Jonas Klein, 19 WF 3 Robin Ratcliffe, 31 Marion 5 Tom Kirkpatrick, 82 LAD 5 Mike Ryan, L110 6 Andrea Gathany, 2 Monarch 6 Bobbe Miller, L103 7 Carlos Quijano, 29 LAD 8 Alice Belknap, 2 Weathervane	8 Eileen Crowley, 77 LAD 9 Henry Rhoads, 1 WF 10 Nancy Cline, C33 10 Sue Comstock, L221 10 Steve Pinto, 44 WF 11 Michael Beaudoin, C37 11 Carole Slayton, 7 Mallard 11 Pam Strayer, HTL 1D 12 Nancy Struve, 29 WF 13 John German, 21 WF 13 Judy Parkhill, B5401 13 Donald Ferro, C202 14 Andrea McCall, C44 15 Ave Glasstetter, 7 Monarch 15 Jean Leslie, 3 Honeysuckle 15 Charles Sawyer, 58 LAD 17 Pat Ledlie, 35 WF 17 Stephen Jenks, 45 WF 19 Joan Teare, C41	20 Carolyn Davis, B7303 20 Rick McDennis, 140 LAD 21 Nancy Cline, C33 22 Mary Brown, 3 Homestead 22 Susan Sanders, C56 23 Jeanette Wiggin, L229 24 Alice Bredenberg, 4 Elementary 25 Ken Gordon, FP 201 25 Dolores Rinkunas, C57 25 Susan Saltontall, 138 LAD 25 Hank Schmitt, L353 26 Ann Levy, 38 Marion 26 Joan Winters, 3 Mallard 26 Margo Meehan, C104 27 Nina Scribner, 4 Ivy 28 Janet Greene, 1 Periwinkle 28 Sarah James, C100 30 Joan Davies, 2 Scholar 30 Debbie Carr, 32 Marion