OceanView Dinner Menu

Oct. 26 - Nov. 1 - Week 5

MONDAY

Mushroom Marsala Soup ~ House Salad *(gf,df)* ~ Fresh Fruit Cup *(gf,df)*
Cobb Salad *(gf)*
Shrimp Burger (df)
Creamy Corn Polenta*(gf)* ~ Peas *(gf,df)* ~ Carrots *(gf,df)*
Blueberry Cobbler ~ Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

TUESDAY

Minestrone Soup *(df)* ~ House Salad *(gf,df)* ~ Fresh Fruit Cup *(gf,df)*
Savory Pork Tenderloin *(gf,df)*
Caprese Chicken Salad *(gf)*
Mashed Sweet Potato*(gf)* ~Vegetable Medley*(gf,df)* ~ Napa Cabbage*(gf,df)*
Lemon Cupcake ~ Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

WEDNESDAY

Sweet Potato and Leek Soup *(gf)* ~ House Salad *(gf,df)* ~ Fresh Fruit Cup*(gf,df)*
Roast Beef Ribeye au Jus *(gf,df)*
Baked Haddock with Crumb Topping
Whipped Yukon Gold Potatoes *(gf)*~ Summer Squash *(gf,df)* ~
Chick Pea & Roasted Red Pepper Salad *(gf,df)*
Strawberry Shortcake ~ Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

THURSDAY

Ham and Bean Soup *(gf,df)* ~ House Salad *(gf,df)* ~ Fresh Fruit Cup *(gf,df)*
Baked Shrimp with Feta & Vegetables *(gf)*
Roast Duck Salad with Raspberries *(gf,df)*
Orzo *(df)* ~ Blistered Cherry Tomatoes *(gf,df)* ~ Baby Spinach Sauté *(gf,df)*
Peach Raspberry Crisp ~ Cookies and Ice Cream Selections
Gluten Free and Sugar Free Available

FRIDAY

Clam Chowder ~ House Salad *(gf,df)* ~ Fresh Fruit Cup *(gf,df)*
Chicken A la King
Baked Mahi Mahi with Scallion & Ginger Butter *(gf)*
Egg Noodles ~ Fresh Green Beans *(gf,df)* ~Roasted Cauliflower *(gf,df)*
Home Made Chocolate Pudding~ Cookies and Ice Cream Selections
GF and Sugar Free Available

SATURDAY BREAKFAST

Baked Pastry Selection
Fresh Berries, Greek Yogurt
Old Fashioned Oatmeal
Blueberry Pancakes
Scrambled Eggs
Chef's Special Breakfast
Bacon, Sausage

Sunday Brunch

Cream of Tomato Soup ~
House Salad*(gf,df)* ~ Fresh Fruit Cup *(gf,df)*
Baked Ham *(gf,df)*
Pasta Primavera
Fruit & Berry Salad Plate w/ Cottage Cheese &
Grilled Banana Bread
Baked Sweet Potato *(gf,df)* ~
Fresh Asparagus *(gf,df)*
Roasted Vegetables *(gf,df)*
Peach Pie ~ Cookies and Ice Cream Selections

OceanView
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